

Breakfast Menu

Suffern High School

**May
2025**

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday



Tuesday



Wednesday

Thursday

Friday

5 Mini Blueberry Bash Waffles
Chocolate Chip Muffin
Graham Crackers
Fresh Orange
100% Apple Juice

6 Egg and Cheese Sandwich
Raspberry Nutri-Grain Bar
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

7 Bacon, Egg and Cheese Breakfast Sandwich
WG Cherry Muffin
Graham Crackers
Fresh Banana
100% Apple Juice

1 Ham & Cheese Bagel Melt
WW Honey Bun
Fresh Orange
100% Apple Juice

2 Breakfast Burrito

Cocoa Puffs Cereal Bar
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

8 Sausage, Egg and Cheese Sandwich
Soft Filled Cinnamon Toast Crunch Bar
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

9 Fluffy Whole Grain Pancakes
Strawberry Pop Tart
Graham Crackers
Fresh Orange
100% Apple Juice

12 Ham & Cheese Bagel Melt
WW Honey Bun
Fresh Orange
100% Apple Juice

13 Ham and Egg Sandwich
Blueberry Muffin
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

14 Breakfast Burrito

Brown Sugar Cinnamon Pop Tart
Graham Crackers
Fresh Banana
100% Apple Juice

15 Whole Grain French Toast Slices
Strawberry Nutri-Grain Bar
Graham Crackers
Fresh Orange
100% Apple Juice

16 Sausage, Egg & Cheese Burrito*
Not-A-Nut Butter Bagel Sandwich
Fresh NY Local Apple
100% Orange
Tangerine
Graham Crackers

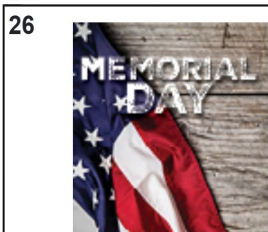
19 Mini Blueberry Bash Waffles
Chocolate Chip Muffin
Graham Crackers
Fresh Orange
100% Apple Juice

20 Bacon, Egg and Cheese Wrap
Strawberry Mini Bagel
Fresh NY Local Apple
100% Orange
Tangerine

21 Sausage, Egg and Cheese Sandwich
Cocoa Puffs Cereal Bar
Graham Crackers
Fresh Banana
100% Apple Juice

22 Egg and Cheese Sandwich
Blueberry Nutri-Grain Bar
Graham Crackers
Fresh Orange
100% Apple Juice

23 **SCHOOL CLOSED TODAY**



27 **SCHOOL CLOSED TODAY**

28 NY Fruity Yogurt Parfait with Graham Crackers
Golden Grahams Cereal
Graham Crackers
Fresh Banana
100% Apple Juice

29 Egg and Cheese Sandwich
Blueberry Nutri-Grain Bar
Graham Crackers
Fresh Orange
100% Apple Juice

30 Fluffy Whole Grain Pancakes
Brown Sugar Cinnamon Pop Tart
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

If you have questions regarding this menu please contact

Janet Ginocchio - Food Service Director
jginocchio1@sufferncentral.org

Available Daily

Egg Sandwiches Red. Sugar WG Cereal, Yogurt Parfait, Bagel w/butter or cream cheese Assorted Fresh Fruit(Sliced Oranges, Apples & Bananas) 100% Fruit Juice All Grain products are Whole Grain or Whole Wheat

Choice of Low Fat White Milk, Fat Free White or Chocolate Milk

