Lunch Menu

Suffern Middle School



WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Barbecue Rib Sandwich (P) Sweet Corn Celery Sticks Pear and Pineapple Cup

Thursday

Friday

2 Classic Cheese Pizza Pepperoni Pizza 🕑

Steamed Broccoli Fresh Baby Carrots Fresh NY Ocal Apple

Or Pizza Sticks

- Mozzarella stick with 6 french fries 🐶 Steamed Carrots Chilled Red Pepper Strips Strawberries
 - Baked Scoops Turkey Taco Filling Shredded Cheddar Cheese Salsa Black Beans Sweet Corn Fresh Orange
- Homemade Pasta & Meatballs 🤭 Steamed Carrots **Cucumber Coins** Pear and Pineapple Cup
- **BBQ** Chicken Sweet Corn Fresh Baby Carrots Side Salad Fresh NY Local Apple
- 9 Classic Cheese Pizza Pepperoni Pizza P

Chilled Red Pepper Strips **Cucumber Coins** Fresh NY Local Apple

12 Chicken Bowl with Gravy chicken layered with mashed potatoes and corn, smothered in gravy 🤔 Fresh Baby Carrots Cinnamon

Applesauce

- Soft Tacos Turkey Taco Filling Fiesta Corn Black Beans Fresh Orange
- Homemade Mac & Cheese 🔗 🤔 Cucumber Coins Dinner Rolls Crispy Potato Puffs Pineapple and Grapes Cup
- Chicken Faiita Dinner Rolls Fajita Style Onions and Peppers Diced Pear Cup
- 16 Classic Cheese Pizza **P**

Pepperoni Pizza P Green Beans Fresh Baby Carrots Fresh Strawberries

Or Pizza Sticks

- 19 Baked Chicken Tenders Crispy Potato Puffs Veggie Dippers Pineapple and Grapes Cup
- Turkey Taco Filling 20 Black Beans Soft Tacos Fiesta Corn Fresh Orange
- Steamed Carrots Homemade Pasta & Meatballs 🤔 Cucumber Coins Pear and Pineapple Cup
- 22 Cheese Pizza 🚱 Pepperoni Pizza 🕑 Chilled Red Pepper Strips Garden Salad Fresh Strawberries



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SCHOOL CLOSED TODAY

- Homemade Mac & Cheese 🚱 🤔 Steamed Carrots **Cucumber Coins** Pear and Pineapple Cup
- Turkey Taco Filling Black Beans Fresh Orange Baked Scoops Shredded Cheddar Cheese Salsa Sweet Corn
- 30 Cheese Pizza 🚱 Pepperoni Pizza 🕑 Mixed Vegetables Caesar Salad Fresh Strawberries

Or Pizza Sticks



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

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*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orienta-

Lunch consists of:

Choice of entree * 100% Juice * Choice of Milk: Low Fat White, Fat Free Chocolate or White * Fruit * Grain * Vegetable

If you have any questions please Contact your Food Service Director

Made With

Lunch Daily Offerings: Assorted Sandwiches, Peanut Butter & Jelly, Cheese Sandwiches

. Bagel Lunch w/ Yogurt &Cheese Stick Yogurt Parfait w/ Fruit & Granola

Assorted Salads Garden Side Salad, Variety of Veggies & Fruits (Sliced Apples, Oranges & Bananas) All grains are whole grains or whole wheat

Janet Ginocchio, Food Service Director @ jginocchio1@sufferncentral.org



or 845-35747783 ext 11247 Made With Organic Ingredients

tion), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.