



DEER VALLEY
Unified School District

MAY 2025

K8 LUNCH & BREAKFAST MENU

Share some extra thanks with the School Lunch Heroes of DVUSD on Friday, May 2nd.

Monday

Tuesday

Wednesday

Thursday

Friday

ADDITIONAL ENTREE CHOICES

Monthly Entrée

Cheese Quesadillas w/ Salsa

Grab & Go:

- **Elementary:** Turkey Stick, String Cheese, Muffin, Fruit & Veggie
- **Middle Schools:** Chef Salad with Muffin

CHOW OPTIONS

Grades 7 & 8 only

- 4/28: Spicy Chicken Sandwich
- 5/5: Pork BBQ Rib Sandwich
- 5/12: Manager's Choice
- 5/19: Manager's Choice

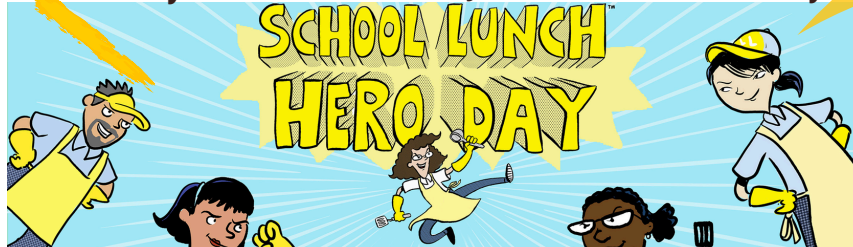
MEAL PRICES

Breakfast:

\$1.50 paid, \$.00 reduced

Lunch:

\$2.95 paid, \$.00 reduced



5 Fiesta Celebration
Beef & Cheese Tostada
Refried Beans
Warm Cinnamon Apple
English/Spanish Educational Snack

6 Star Shaped Chicken Nuggets & Maple Waffle
Cheesy Green Beans
Mixed Berry Cup

7 Ultimate Pizza Slice
Pepperoni OR Cheese
Roasted Carrot Fries
Fresh Fruit Salad with Diced Apples

12 BBQ Rib Patty Sandwich
Tossed Romaine Salad
Diced Peach Cup

13 Chicken Nuggets with Onion Rings
Baked Beans
Chilled Pears

14 Pizza Slice
Pepperoni OR Cheese
Cucumber Slices
Fresh Orange Wedges

19 **20** **21** **22**
MANAGER'S CHOICE WEEK

1 Dino Chicken Nuggets
Cheesy Cornbread Muffin
Ranchero Beans
Assorted Fruit

8 Teriyaki Chicken with Fried Rice
Roasted Broccoli
Assorted Fresh Fruit

15 3 Cheese Curly Mac & Cheese with Cheese Crackers
Roasted Carrot Fries
Assorted Fruit

2 Rotini Pasta with Italian Meat Sauce
Texas Toast
Tossed Romaine Salad
Fresh Strawberries
Not all Heroes Wear Capes!

9 BBQ Pulled Pork Sandwich
Seasoned French Fries
Fresh Strawberries

16 Chicken Sandwich
Crispy or Spicy Ranch Seasoned Mash Potatoes
Assorted Fresh Fruit

BREAKFAST

An assortment of site based favorites are offered daily, including Cereal, Oatmeal, Chocolate Chip Bars, and Bagels with Cream Cheese, in addition to this monthly feature:

Egg & Cheese Stuffed Potato Pocket

All Meals include fruit, juice & milk.

FRESH SIDES

Fresh baby carrots and garden side salads are offered daily in addition to the featured daily vegetable.

MILK

Local fat-free and 1% white or non-fat chocolate milk included with meals



FREE Breakfast & Lunch This Summer!

DVUSD is participating in the **Summer Food Service Program** again this summer to provide free meals to Arizona children. Children 0-18 years can join us for a free breakfast & lunch at Constitution Elementary School or Deer Valley Community Center. For dates, hours, and more information visit www.dvUSD.org/nutrition or call 623-445-5163.



Staying hydrated helps kids stay alert and focused, and may improve cognitive functioning. School-aged kids should be drinking at least six to eight cups of water each day. Consuming fruits in the summer can be a refreshing, low calorie treat and can also aid in keeping you hydrated. Melons such as watermelon & cantaloupe are more than 90% water.

