

PROTOTYPE

DIET PRESCRIPTION FOR MEALS AT SCHOOL

LOUISIANA DEPARTMENT OF EDUCATION
SCHOOL FOOD SERVICE SECTION

DIET PRESCRIPTION for MEALS at SCHOOL

Student's Name _____ Age _____

School _____ Grade/Classroom _____

Parent's Name _____

Address _____ Telephone _____
 Street or P. O. Box City State

Does the student have a disability that requires a special diet? Yes No

If Yes, describe the major life activities affected by the disability.

If the student is not disabled, list the medical condition that requires special nutritional or feeding needs.

Diet Prescription (Check all that apply):

- ☐ Diabetic
☐ Food Allergy
☐ Hypoglycemic
☐ PKU
☐ Other

☐ Increased Calorie _____ #kcal
☐ Reduced Calorie _____ #kcal
☐ Texture Modification
 Chopped _____ Ground _____
 Pureed _____ Liquefied _____
☐ Tube Feeding
 Liquefied Meal Formula _____

Foods Omitted and Substitutions

(Please check food groups to be omitted. Identify specific foods to omit and list foods to be substituted. If necessary, attach additional information or instructions regarding the diet or feeding.)

Food Groups to Omit ☐ Meat and Meat Alternatives
 ☐ Bread and Cereal Products

☐ Milk and Milk Products

☐ Fruits and Vegetables

Specific Foods to Omit

Specific Foods to Substitute

I certify that the above named student needs special school meals prepared as described above because of the student's disability or chronic medical condition.

Office Address _____ Office Telephone # _____

Licensed Physician/Recognized Medical Authority Signature

Date _____