



May
2025
SCHS

This institution is an equal opportunity provider.

Queen
for a
Day!



Mother's Day 🍷 Sunday, May 11

Thursday, May 1

Lunch
Brunch
for
Lunch

Friday, May 2

Lunch
Chicken Sandwich
(Regular/Spicy)
Pizza Variety
Lettuce/Tomato/
Pickles
Garden Salad
Corn
Fruit

Monday, May 5

Lunch
Hamburger or
Fish Sandwich
Coleslaw
Baked Beans
Tator Tots
Fruit

Tuesday, May 6

Lunch
Chicken Fajita Nachos
w/Topping Bar
Chips/Queso
Spanish Rice
Refried Beans
Corn
Fruit

Wednesday, May 7

Lunch
Spaghetti w/
Meatsauce
Garlic Toast
Glazed Carrots
Green Beans
Fruit

Thursday, May 8

Lunch
General Tso's Chicken
w/ Asian Rice
Spring Roll
Veggie Blend
Fruit
Fortune Cookie

Friday, May 9

Lunch
BBQ Sandwich
Pizza Variety
Lettuce/Tomato/
Pickles
Garden Salad
Corn
Fruit

Students:

Breakfast-No Charge
Lunch-No Charge

Daily Options:

PBJ Sandwich,
String Cheese &
Daily Fruit/Veggie Choices
or
Protein Power Pack
with Yogurt,
String Cheese,
Grain, & Daily
Fruit/Veggie Choices

All meals include milk choice

Harvest of the Month
Blueberries



Market conditions, delivery, and availability of food may require changes in menu.

Monday, May 12

Lunch
Sub Your Way
Lettuce/Tomato/
Pickles
Veggie Dippers
Baked Chips
Fruit

Tuesday, May 13

Lunch
Beef Nachos
w/Topping Bar
Chips & Queso
Spanish Rice
Black Beans
Jalapeno Corn
Fruit

Wednesday, May 14

Lunch
Rotini Pasta w/
Meatsauce or
Cheesy Breadsticks w/
Marinara
Garlic Toast
Glazed Carrots
Broccoli
Fruit

Thursday, May 15

Lunch
Chicken Tenders
w/Roll
Lima Beans
Roasted Potatoes
Fruit

Friday, May 16

Lunch
Corn Dog
or Chicken Sandwich
French Fries
Veggie Dippers
Fruit

Monday, May 19

Lunch
Manager's Choice

Tuesday, May 20

Lunch
Manager's Choice

Wednesday, May 21

Lunch
Sack Lunch
PBJ Sandwich
String Cheese
Veggie Dippers
Goldfish Crackers
Fruit
Mini RKT

Early Release
Last day of School

Thursday, May 22

Friday, May 23

SCHS Graduation

Monday, May 26



MEMORIAL DAY
NO SCHOOL TODAY

Tuesday, May 27

Wednesday, May 28


Thursday, May 29

Friday, May 30

VEGETABLE

Corn

Among the fantastic fresh summer foods we all anticipate, fresh corn on the cob is certainly a favorite. Technically, corn is a grain, but most often we use it like a vegetable. In most parts of the U.S., fresh sweet corn season is in full swing from July through September.



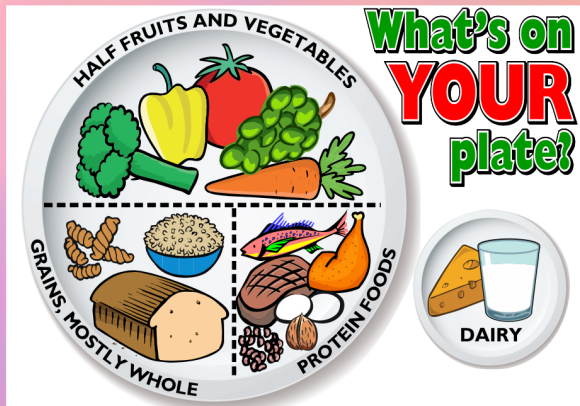
OF THE MONTH

ENJOY YOUR SUMMER!

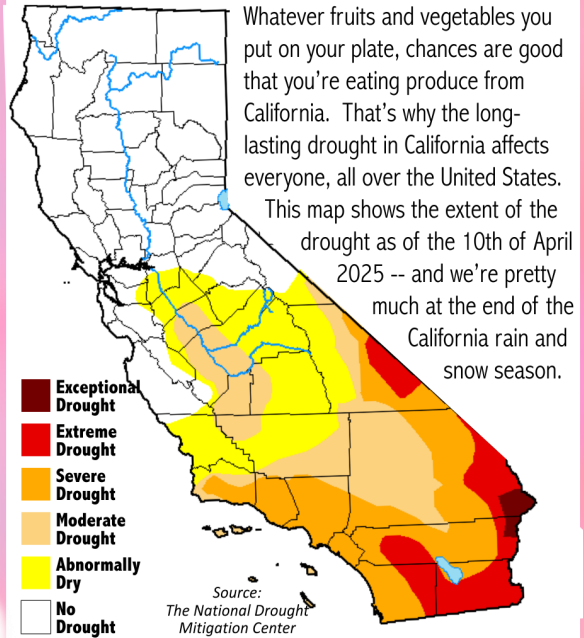
Thanks For Your Business This Year.



We'll Be Here Waiting For You When You Get Back!



When California is dry, we're all in a drought



Percentages of U.S. production that comes from California:

- | | |
|-----------------------|-------------------------|
| Walnuts 99% | Garlic 95% |
| Almonds 99% | Strawberries 92% |
| Artichokes 99% | Grapes 91% |
| Pistachios 98% | Tomatoes 90% |
| Kiwis 97% | Cauliflower 89% |
| Plums 97% | Lettuce 74% |
| Broccoli 95% | Spinach 71% |
| Celery 95% | Carrots 69% |

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html