



May
2025
Liberty

This institution is an equal opportunity provider.

Queen
for a
Day!



Mother's Day 🍷 Sunday, May 11

Thursday, May 1

Breakfast

Cinni
Minni

Lunch

Hot Dog w/Bun
Baked Beans
Potato Smiles
Fruit

Friday, May 2

Breakfast

Chicken
Biscuit

Lunch

Pizza
Veggie Dipper
Corn
Fruit

Students:

Breakfast-No Charge
Lunch-No Charge

Daily Options:

PBJ Sandwich,
String Cheese, Grain,
Daily Fruit/Veggie Choices
Or
Protein Power Pack
w/Yogurt, String Cheese,
Grain, & Daily Fruit/Veggie Choices

Monday, May 5

Breakfast

Toaster
Pastry

Lunch

Deli Sandwich
Veggie Dippers
Cheez It Crackers
Fruit

Tuesday, May 6

Breakfast

Sausage
Biscuit

Lunch

Chicken Nachos
w/Salsa, Lettuce/
Cheese
Corn
Black Beans
Fruit

Wednesday, May 7

Breakfast

Muffin

Lunch

Fish Sticks
Hushpuppies
Black Eyed Peas
Mac N Cheese
Fruit

Thursday, May 8

Breakfast

French Toast
Stix

Lunch

Popcorn Chicken
w/ Asian Rice
Spring Roll
Broccoli
Fruit

Friday, May 9

Breakfast

Egg Cheese
Biscuit

Lunch

Rippinz Pizza
w/Marinara
Garden Salad
Corn Cob
Fruit

Breakfast includes assorted fruit/juice
All meals include milk choice

Harvest of the Month
Blueberries



Market conditions, delivery, and availability of food may require changes in menu.

Monday, May 12

Breakfast

Breakfast
Pullapart

Lunch

Cheeseburger
Baked Beans
French Fries
Fruit

Tuesday, May 13

Breakfast

Sausage
Biscuit

Lunch

Walking Taco
w/Salsa, Lettuce/
Cheese
Corn
Pinto Beans
Fruit

Wednesday, May 14

Breakfast

Breakfast
Strudel

Lunch

Spaghetti & Meat
Sauce
Garlic Knot
Peas & Carrots
Fruit

Thursday, May 15

Breakfast

Pancake
Pup

Lunch

Chicken Drumstick
w/Roll
Green Beans
Mashed Potatoes
Fruit

Friday, May 16

Breakfast

Chicken
Biscuit

Lunch

Pizza
Veggie Dipper
Corn
Fruit

Monday, May 19

Breakfast
Breakfast
Variety

Lunch
Chicken Sandwich
Veggie Dippers
Potato Variety
Fresh Fruit

Tuesday, May 20

Breakfast
Breakfast
Variety

Lunch
Manager's
Choice

Wednesday, May 21

Breakfast
Breakfast
Variety

Lunch
Sack Lunch
Sandwich
String Cheese
Veggie Dippers
Goldfish Crackers
Fruit
Mini RKT

Early Release
Last day of School

Thursday, May 22

Friday, May 23

SCHS Graduation

Monday, May 26



MEMORIAL DAY
NO SCHOOL TODAY

Tuesday, May 27


Wednesday, May 28

Thursday, May 29

Friday, May 30

VEGETABLE

Corn

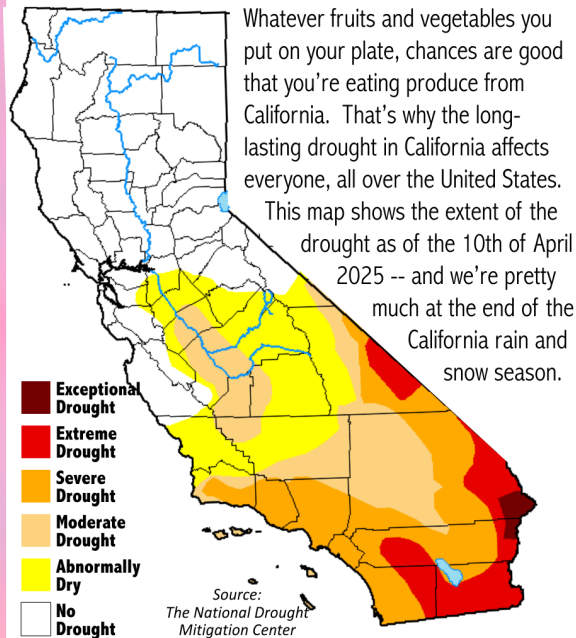


Among the fantastic fresh summer foods we all anticipate, fresh corn on the cob is certainly a favorite. Technically, corn is a grain, but most often we use it like a vegetable. In most parts of the U.S., fresh sweet corn season is in full swing from July through September.

OF THE MONTH



When California is dry, we're all in a drought



Percentages of U.S. production that comes from California:

- | | |
|-----------------------|-------------------------|
| Walnuts 99% | Garlic 95% |
| Almonds 99% | Strawberries 92% |
| Artichokes 99% | Grapes 91% |
| Pistachios 98% | Tomatoes 90% |
| Kiwis 97% | Cauliflower 89% |
| Plums 97% | Lettuce 74% |
| Broccoli 95% | Spinach 71% |
| Celery 95% | Carrots 69% |

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html