



Menus are Subject To Change Due Scheduled Field Days at Schools **And Unforeseen Circumstances** For Individual Detailed School Menus and Nutrition information visit https://rcstn.nutrislice.com

This institution is an equal opportunity provider.

For complete USDA Non-Discrimination statement please Visit our website

Mandarin Orange Chicken Brown Rice

½ cup Steamed Broccoli ½ cup Fruit 1 cup 1% White Milk

Cheeseburger Macaroni and Cheese ½ cup Fresh Cucumbers W/ Ranch ½ cup Fruit 1cup 1% White Milk

Grilled Cheese Sandwich On Whole Grain Bread ½ cup Refried Beans ½ cup Fruit 1 cup 1% White Milk

Whole Grain Cheese Pizza ½ cup Corn ½ cup Fruit 1 cup 1% White Milk

Whole Grain Cheese Pizza

½ cup Corn

½ cup Fruit

1 cup 1% White Milk

Chicken Sandwich On Whole Grain Bun ½ cup French Fries ½ cup Fruit 1cup 1% White Milk

Chicken Sausage Patty

Biscuit

½ cup Tator Tots

½ cup Fruit

1 cup 1% White Milk

Whole Grain Chicken Tenders ½ cup Mashed Potatoes ¼ cup Brown Gravy

½ cup Fruit 1 cup 1% White Milk Whole Grain Chicken ½ cup Alfredo Pasta

½ cup Broccoli and Cheese ½ cup Fruit 1 cup 1% White Milk

Meatball Sub

On Whole Grain Bread ½ cup Fresh Baby Carrots w/ Ranch ½ cup Fruit 1 cup 1% White Milk

15

Whole Grain Cheese Pizza ½ cup Corn ½ cup Fruit 1 cup 1% White Milk

16

Hamburger On Whole Grain Bun 1/2 cup Baked Beans ½ cup Fruit 1 cup 1% White Milk

Whole Grain Popcorn Chicken

½ cup Broccoli and Cheese ½ cup Fruit 1cup 1% White Milk

20 Taco Meat w/Tortilla Chips

½ cup Pinto Beans ½ cup Fruit 1 cup 1% White Milk **Salisbury Steak**

on Whole Grain Roll ½ Cup Green Beans 1 cup 1% White Milk

Whole Grain Cheese Pizza

½ cup Corn ½ cup Fruit 1 cup 1% White Milk 23

Report Card Day No Lunch Served



