

GROWING STRONG TOGETHER: **A DAY OF**

GARDENING AND FITNESS

Join us on Monday, **May 5, 2025** from <u>5:30</u> PM to 6:30 PM for an energizing Fitness Class and a hands-on Gardening Class — two great ways to grow stronger together.



BEGINNER GARDENING CLASS

LEARN HOW TO START AND CARE FOR A GARDEN SUCCESSFULLY.

CCPS CAFE' 1098 Fifth Ave Jonesboro, GA 30236



FITNESS & FUN

GET READY TO MOVE, SWEAT AND SMILE WITH OUR FITNESS WORKOUT.

North Clayton Middle School Gym 5517 W. Fayetteville Road College Park, GA 30349



HOSTED BY
FIVE STAR FTINESS
& CONDITIONING