



Creighton School District

Guidance for Parents and Guardians: Answers to Frequently Asked Questions

Healthy Relationships and Human Sexuality (Grades 5-8)

Why provide sexuality education?

Healthy relationships form the foundation upon which our children will build their lives. Creighton School District offers *Healthy Relationships and Human Sexuality* for children in grades 5-8. These courses are designed to help children develop the knowledge, skills and habits needed to form healthy relationships now and in the future.

Do students need parent/guardian permission to participate in *Healthy Relationships and Human Sexuality* courses?

Creighton School District respects the important role of the family in teaching children about sexuality. Therefore, students participating in sexuality education is voluntary. Parent/guardian permission is required for students to participate in the *Healthy Relationships and Human Sexuality* course. Students without parent/guardian permission will be placed in an alternate class (additional special, another class).

How is *Healthy Relationships and Human Sexuality* education provided?

Families have the opportunity to voluntarily participate in courses that are offered at school each spring. These courses use materials that are age appropriate for the children.

What materials are used in the *Healthy Relationships and Human Sexuality* classes?

The course is taught using a set of instructional materials. *Family Life and Sexual Health* is used for children in grades 5-8.

Who teaches the *Healthy Relationships and Human Sexuality* classes?

Classroom teachers who have received training in the course materials provide the instruction. This ensures that students taking the course are taught by someone they know and interact with regularly.

When will *Healthy Relationships and Human Sexuality* classes be taught?

Healthy Relationships and Human Sexuality is offered during the spring semester, with each site creating its own schedule.

Are boys and girls taught *Healthy Relationships and Human Sexuality* together?

Boys and girls must be taught separately for the general anatomy portion of the curriculum. However, both groups are taught the exact same lessons while separated.

How do teachers grade *Healthy Relationships and Human Sexuality* homework, classwork and tests?

All *Healthy Relationships and Human Sexuality* work is anonymous and may NOT be graded. Teachers assign homework to encourage families to communicate about sexual health issues, but the teacher does not ask what was discussed in the home.

How do teachers answer student questions?

In order to protect student privacy and respect the values of each family, sexuality education teachers are trained to set up an anonymous questions process and to use the "Values Question Protocol" to answer each student question.

Values Question Protocol

1. Read the question.
2. Validate the student for asking the question.
3. Identify the question as a belief or value question.
4. Answer the factual part of the question.
5. Describe the range of beliefs.
6. Refer the student to family, clergy, or other trusted adult.
7. Check to see if you answered the question.
8. Leave the door open.

***Healthy Relationships and Human Sexuality* teachers are trained to teach the following values:**

- Forcing someone to have sex with you is wrong.
- Knowingly spreading disease is wrong.
- It's safest and healthiest for school-age kids not to have sex.
- Taking care of your reproductive health is important.
- Sex between children and adults is wrong

**Creighton School District
Sexuality Education
2024-25 HRHS Scope & Sequence
Grades 5-8**

5th grade:	
Unit Introduction	Lesson 1
Family	Lesson 2
Friendship	Lesson 5
*Puberty	Lessons 9 & 10
*Reproductive System	Lessons 11 & 12
*Pregnancy	Lesson 13
HIV/AIDS	Lesson 14
Assessment & Wrap-up	

6th grade:	
Unit Introduction	Lesson 1
Gender Roles	Lesson 4
Decision Making	Lesson 6
Consent & Bystander Skills	Lesson 7
Reporting Sexual Abuse	Lesson 8
**Reproductive System	Lessons 11 & 12
HIV/AIDS	Lesson 15
Assessment & Wrap-up	

7th grade:	
Unit Introduction	
Reproductive System & Pregnancy	Lesson 1
Sexual Orientation & Gender Identity	Lesson 2
Rules of Dating	Lesson 3
Saying No	Lesson 4
Preventing STDs	Lesson 5
Condoms to Prevent HIV & Other STDs	Lesson 6
Assessment & Wrap-up	

8th grade:	
Unit Introduction	
Reproductive System & Pregnancy	Lesson 1
Rules of Dating	Lesson 3
Saying No	Lesson 4
Preventing STDs	Lesson 5
Condoms to Prevent HIV & Other STDs	Lesson 6
Birth Control Methods	Lesson 7
Assessment & Wrap-up	

**** Bold type indicates lessons that require boys and girls to be separated.**

All other lessons need to be facilitated with boys and girls mixed as it reinforces that there are more similarities than differences. All students need to hear each other's questions/answers.