



MONTHLY DINING MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			May 1 Pancakes & Turkey Bacon Apple Clementine	May 2 WG Muffin Assorted Flavors String Cheese Pear Applesauce Cup Assorted Flavors
May 5 Blueberry Mini Waffles Clementine Apple Juice	May 6 Egg & Cheese Bagel Apple Assorted Fruit Cups	May 7 WG Granola Bar Assorted Flavors String Cheese Pear That's It Bar	May 8 French Toast Sticks Apple Clementine	May 9 Assorted Breakfast Bread Pear Applesauce Cup Assorted Flavors
May 12 Cinnamon Raisin Bagel Cream Cheese Cup Clementine Apple Juice	May 13 Chicken & Cheese Waffle Apple Assorted Fruit Cups	May 14 WG Cereal Assorted Flavors String Cheese Pear That's It Bar	May 15 Egg Bites Cornbread Muffin Apple Clementine	May 16 Stuffed Mini Bagels Strawberry Cream Cheese Pear Applesauce Cup Assorted Flavors
May 19 Yogurt Cup Assorted Flavors Granola Clementine Applesauce Cup Assorted Flavors	May 20 Caramel Cinnis Apple Assorted Fruit Cups	May 21 Assorted Oatmeal Rounds Pear That's It Bar	May 22 Maple Biscuit String Cheese Apple Clementine	May 23 WG Cereal Assorted Flavors String Cheese Pear Applesauce Cup Assorted Flavors
May 26	May 27	May 28	May 29	May 30

Chicken products are No Antibiotic Ever (NAE) or No Antibiotics Important to Human Medicine (NAIHM).

All menus are pork-free.

Grain/bread items served are Whole Grain Rich.

Our milk options include 1% and Skim.

Not all offerings may be available in all buildings and menu offerings may change with little to no notice.

This institution is an equal opportunity provider.



MONTHLY DINING MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			May 1 Chicken Sandwich Banana Tater Tots	May 2 Galaxy Pizza Turkey & Beef Pepperoni Mixed Greens Salad Grape Juice
May 5 Turkey Carnitas Salsa Cup Corn Jalapeno Blend That's It Bar	May 6 Vienna Beef Hot Dog Edamame Pear	May 7 Teriyaki Ginger Chicken White Rice Mixed Greens Salad Clementine	May 8 Rotisserie Drumstick Sister Schubert's Roll Pizza Green Beans Banana	May 9 Turkey Sausage Pancake Sandwich Baby Carrots Grape Juice
May 12 Chicken Egg Rolls Sweet & Sour Sauce Edamame That's It Bar	May 13 Galaxy Pizza Turkey & Beef Pepperoni Red Pepper Strips Pear	May 14 Korean Meatballs White Rice Broccoli Clementine	May 15 Turkey Sloppy Joe Hamburger Bun Snap Peas Banana	May 16 Breakfast Sandwich Seasoned Diced Potatoes Grape Juice
May 19 Turkey Kielbasa Roasted Peppers & Onions That's It Bar	May 20 Southwestern Mac & Cheese Cherry Tomatoes Pear	May 21 Chicken & Waffles Mixed Greens Salad Clementine	May 22 Thai Chili Drumstick Sister Schubert's Roll Edamame Banana	May 23 Hamburger Tater Tots Grape Juice
May 26	May 27	May 28	May 29	May 30

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Monday	Tuesday	Wednesday	Thursday	Friday
			May 1 Chicken Sandwich Grilled Cheese Banana Tater Tots	May 2 Galaxy Pizza Turkey & Beef Pepperoni Galaxy Pizza Cheese Mixed Greens Salad Grape Juice
May 5 Turkey Carnitas Salsa Cup Bean & Cheese Tacos Corn Jalapeno Blend That's It Bar	May 6 Vienna Beef Hot Dog Grilled Cheese Edamame Pear	May 7 Teriyaki Ginger Chicken White Rice Chicken Chef Salad Veggie Crackers Mixed Greens Salad Clementine	May 8 Rotisserie Drumstick Sister Schubert's Roll Cinnamon Bagel Yogurt & Wowbutter Cream Cheese Cup Pizza Green Beans Banana	May 9 Turkey Sausage Pancake Sandwich Yogurt & Cheese Protein Kit Baby Carrots Grape Juice
May 12 Chicken Egg Rolls Vegetable Potstickers Sweet & Sour Sauce Edamame That's It Bar	May 13 Galaxy Pizza Turkey & Beef Pepperoni Galaxy Pizza Cheese Red Pepper Strips Pear	May 14 Korean Meatballs White Rice Chicken Chef Salad Veggie Crackers Broccoli Clementine	May 15 Turkey Sloppy Joe Hamburger Bun Cheese Quesadilla Snap Peas Banana	May 16 Fiesta Breakfast Taco Yogurt & Cheese Protein Kit Seasoned Diced Potatoes Grape Juice
May 19 Turkey Kielbasa Grilled Cheese Roasted Peppers & Onions That's It Bar	May 20 Southwestern Mac & Cheese Yogurt & Cheese Protein Kit Cherry Tomatoes Pear	May 21 Chicken & Waffles Chicken Chef Salad Veggie Crackers Mixed Greens Salad Clementine	May 22 Thai Chili Drumstick Sister Schubert's Roll Cinnamon Bagel Yogurt & Wowbutter Cream Cheese Cup Edamame Banana	May 23 Hamburger Yogurt & Cheese Protein Kit Tater Tots Grape Juice
May 26	May 27	May 28	May 29	May 30

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			May 1 Pancakes & Turkey Bacon Applesauce Cup	May 2 WG Muffin Assorted Flavors Assorted Fruit Cups
May 5 Blueberry Mini Waffles Clementine	May 6 Egg & Cheese Bagel Apple Slices	May 7 Yogurt Cup Assorted Flavors Granola Assorted Fruit Cups	May 8 WG Cereal Assorted Flavors Applesauce Cup	May 9 Assorted Breakfast Bread Assorted Fruit Cups
May 12 Cinnamon Raisin Bagel Cream Cheese Cup Clementine	May 13 Chicken & Cheese Waffle Apple Slices	May 14 WG Cereal Assorted Flavors Assorted Fruit Cups	May 15 Egg Bites Cornbread Muffin Applesauce Cup	May 16 Stuffed Mini Bagels Strawberry Cream Cheese Assorted Fruit Cups
May 19 Snackn Waffles Assorted Flavors Clementine	May 20 Yogurt Cup Assorted Flavors Granola Apple Slices	May 21 Cinnamon Raisin Bagel Cream Cheese Cup Assorted Fruit Cups	May 22 Maple Biscuit Applesauce Cup	May 23 WG Cereal Assorted Flavors Assorted Fruit Cups
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Monday	Tuesday	Wednesday	Thursday	Friday
			May 1 Chicken Sandwich Emoticon Potatoes Banana	May 2 Galaxy Pizza Turkey & Beef Pepperoni Mixed Greens Salad Apple Slices
May 5 Turkey Carnitas Salsa Cup Applesauce Cup Assorted Flavors	May 6 Yogurt & Sunflower Seeds Protein Kit Red Pepper Strips Assorted Fruit Cups	May 7 Teriyaki Ginger Chicken White Rice Diced Celery Clementine	May 8 Diced Rotisserie Chicken Sister Schubert's Roll Pizza Green Beans Banana	May 9 Turkey Sausage Pancake Sandwich Crinkle Carrot Coins Apple Slices
May 12 Chicken Egg Rolls Sweet & Sour Sauce Diced Celery Applesauce Cup Assorted Flavors	May 13 Galaxy Pizza Turkey & Beef Pepperoni Red Pepper Strips Assorted Fruit Cups	May 14 Korean Meatballs White Rice Broccoli Clementine	May 15 Turkey Sloppy Joe Hamburger Bun Cucumber Slices Banana	May 16 Breakfast Sandwich Seasoned Diced Potatoes Apple Slices
May 19 Turkey Coins & Cheese Veggie Crackers Pickles Applesauce Cup Assorted Flavors	May 20 Southwestern Mac & Cheese Broccoli Assorted Fruit Cups	May 21 Chicken & Waffles Cucumber Slices Clementine	May 22 Thai Chili Chicken Sister Schubert's Roll Red Pepper Strips Banana	May 23 Hamburger Tater Tots Apple Slices
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MONTHLY DINING MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			May 1 Blueberry Lemon Bites String Cheese	May 2 Yogurt Cup Assorted Flavors Granola
May 5 Goldfish 1% Milk	May 6 WG Muffin Assorted Flavors 1% Milk	May 7 String Cheese Crackers, Assorted, 1BG - OKI	May 8 Celery Sticks Wowbutter	May 9 Crunchy Corn Buffalo Ranch Fruit Punch Juice
May 12 Banana Bread Mini Loaf 1% Milk	May 13 Educational Grahams Fruit Punch Juice	May 14 Cheddar Cheese Cup Soft Mini Pretzel	May 15 Blueberry Lemon Bites Yogurt Cup Assorted Flavors	May 16 Openfaced Turkey Sandwich Mayo Mustard Packet
May 19 WG Muffin Assorted Flavors 1% Milk	May 20 Goldfish Fruit Punch Juice	May 21 Crackers, Assorted, 1BG - OKI String Cheese	May 22 Cucumber Slices Sea Salt Cobbers Ranch Dressing	May 23 Educational Grahams 1% Milk
May 26	May 27	May 28	May 29	May 30

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Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

Menu Name: Cicero Hot Breakfast K-8

Include Cost: No

Site:

Use Alternate Menu Name: No

Thursday - 05/01/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991309 Pancakes, Bacon, Turkey - OKI	2BG	200	260	2.00	890	7	*1	12.00	0.00	41	27.00	2.00	14.00	*N/A*	*0.0	*N/A*	*0.40
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			394	2.03	893	34	*1	12.41	*0.00	41	61.93	7.53	15.54	*65	*7.2	*5.50	*0.54
% of Calories				4.64%		34.5%	*1.0%	28.3%	*0.0%		62.9%		15.8%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 05/02/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	200	30958	149.64	21213	2446	2346	973.40	0.00	2998	5093.44	99.80	499.60	*N/A*	3593.8	*N/A*	199.80
999655 Cheese, String - OKI	1MMA	200	16000	800.00	40000	200	*N/A*	1200.00	0.00	4000	400.00	0.00	1200.00	*N/A*	39600.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	15513	5.98	272	2654	*N/A*	38.10	0.00	0	4144.92	843.60	98.00	*N/A*	2449.4	1170.20	49.00

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999478 Applesauce, Cup, Assort - OKI	1/2c	200	9983	0.00	0	2396	*0	0.00	0.00	0	2795.32	199.60	0.00	*N/A*	998.4	*N/A*	0.00
Weighted Daily Average			72454	955.62	61485	7696	*2346	2211.50	0.00	6998	12433.68	1143.00	1797.60	*N/A*	46641.6	*1170.20	248.80
% of Calories				11.87%		42.5%	*13.0%	27.5%	0.0%		68.6%		9.9%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 05/05/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999765 Waffles, Blueberry, Mini, IW - OKI	2BG	200	210	1.00	170	12	11	6.00	0.00	0	37.00	2.00	4.00	*N/A*	30.0	*N/A*	1.40
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
991824 Juice, Apple, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13	0	0.00	0.00	0	13.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			342	1.00	177	39	*11	6.20	0.00	0	68.41	4.66	5.23	*N/A*	*30.0	*N/A*	*1.40
% of Calories				2.63%		45.6%	*12.9%	16.3%	0.0%		80.0%		6.1%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 05/06/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991654 Bagel, Breakfast, Egg, Cheese, Tony's - OKI	1MMA, 1.25BG	200	180	3.00	380	6	1	6.00	0.00	55	23.00	2.00	9.00	40	200.0	*N/A*	1.30
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			307	3.03	381	31	*1	6.20	*0.00	55	55.32	5.77	*9.51	*105	*214.6	*5.50	*1.70
% of Calories				8.88%		40.4%	*1.3%	18.2%	*0.0%		72.1%		*12.4%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 05/07/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999492 Bars, Granola, Assorted - OKI	1BG	200	140	0.63	79	9	8	4.50	0.00	5	23.00	1.00	2.25	*N/A*	10.3	*N/A*	1.00
999655 Cheese, String - OKI	1MMA	200	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999442 Bar, That's It, Assorted - OKI	1/2c	200	90	0.00	18	16	0	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
Weighted Daily Average			388	4.66	298	40	*8	10.69	0.00	25	68.06	7.22	8.74	*N/A*	227.2	*5.85	1.51
% of Calories				10.81 %		41.2%	*8.2%	24.8%	0.0%		70.2%		9.0%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 05/08/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991118 Toast, French, Sticks, WG - OKI	2BG	200	240	1.00	260	12	*N/A*	7.00	0.00	10	38.00	2.00	6.00	*N/A*	21.0	*N/A*	0.60

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			374	1.03	263	39	*N/A*	7.41	*0.00	10	72.93	7.53	7.54	*65	*28.2	*5.50	*0.74
% of Calories				2.48%		41.7%	*N/A*	17.8%	*0.0%		78.0%		8.1%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 05/09/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999424 Bread, Breakfast, Assorted - OKI	2BG	200	260	1.50	243	23	23	8.00	0.00	0	44.33	2.33	5.00	*N/A*	107.0	*N/A*	1.36
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			387	1.53	245	49	*23	8.19	0.00	0	79.03	7.55	5.49	*N/A*	124.2	*5.85	1.60
% of Calories				3.56%		50.6%	*23.8%	19.0%	0.0%		81.7%		5.7%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 05/12/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991059 Bagel, Cinnamon Raisin - OKI	2BG	200	171	0.00	282	7	2	1.01	0.00	0	37.22	3.02	5.03	*N/A*	50.3	*N/A*	2.01

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990784 Cream Cheese, Cup - OKI	1	200	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
991824 Juice, Apple, Citrus Sun, 1/2c - OKI	1/2c	200	60	0.00	5	13	0	0.00	0.00	0	13.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			373	4.01	404	35	*2	8.22	0.00	20	69.63	5.68	7.26	*N/A*	*50.3	*N/A*	*2.01
% of Calories				9.68%		37.5%	*2.1%	19.8%	0.0%		74.7%		7.8%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 05/13/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999422 Waffle, Stuffed, Chx & Cheese - OKI	1MMA, 1.5BG	200	190	4.00	330	9	8	8.00	0.00	55	23.00	1.00	9.00	*N/A*	*N/A*	*N/A*	*N/A*
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			317	4.03	331	34	*8	8.20	*0.00	55	55.32	4.77	*9.51	*65	*14.6	*5.50	*0.40
% of Calories				11.44 %		42.9%	*10.1%	23.3%	*0.0%		69.8%		*12.0%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 05/14/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999504 Cereal, Assorted, Fall - OKI	1BG	200	108	0.00	168	5	5	1.51	0.00	0	22.57	2.00	2.50	*2	*21.5	*1.52	*14.09
999655 Cheese, String - OKI	1MMA	200	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999442 Bar, That's It, Assorted - OKI	1/2c	200	90	0.00	18	16	0	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
Weighted Daily Average			355	4.03	388	35	*5	7.70	0.00	20	67.63	8.22	8.99	*2	*238.4	*7.37	*14.60
% of Calories				10.22 %		39.4%	*5.6%	19.5%	0.0%		76.2%		10.1%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 05/15/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991060 Egg, Bites, Sunny Fresh- OKI	1.5MMA	200	119	2.49	189	1	*N/A*	8.95	0.00	129	2.98	1.00	5.97	*N/A*	*N/A*	*N/A*	*N/A*
991546 Muffin, Cornbread, IW, WG - OKI	1BG	200	150	0.50	90	9	*9	5.00	0.00	15	23.01	0.00	3.00	*N/A*	21.0	*N/A*	1.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			403	3.02	282	37	*9	14.36	*0.00	144	60.93	6.52	10.51	*65	*28.2	*5.50	*1.14
% of Calories				6.74%		36.7%	*8.9%	32.1%	*0.0%		60.5%		10.4%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 05/16/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999764 Bagels, Mini, Stuffed, Strawberry, IW - OKI	2BG	200	230	2.00	190	13	12	6.00	0.00	10	42.00	2.00	6.00	*N/A*	30.0	*N/A*	1.60
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			357	2.03	191	38	*12	6.19	0.00	10	76.70	7.22	6.49	*N/A*	47.2	*5.85	1.84
% of Calories				5.12%		42.6%	*13.4%	15.6%	0.0%		85.9%		7.3%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Monday - 05/19/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	200	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	200	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			312	0.00	137	42	*10	4.20	0.00	0	62.39	5.66	6.23	*N/A*	*325.0	*N/A*	*0.70
% of Calories				0.00%		53.8%	*12.8%	12.1%	0.0%		80.0%		8.0%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Tuesday - 05/20/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999425 Cinnis, Caramel, Mini - OKI	2BG	200	210	1.00	280	10	8	6.00	0.00	0	35.03	2.00	5.00	*N/A*	30.0	*N/A*	1.50
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			337	1.03	281	35	*8	6.21	*0.00	0	67.35	5.77	*5.52	*65	*44.6	*5.50	*1.90
% of Calories				2.75%		41.5%	*9.5%	16.6%	*0.0%		79.9%		*6.6%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Wednesday - 05/21/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999812 Rounds, Oatmeal, Assorted - OKI	2BG	200	273	4.23	239	15	13	11.93	0.00	15	38.77	3.98	4.97	*N/A*	29.8	*N/A*	1.49
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999442 Bar, That's It, Assorted - OKI	1/2c	200	90	0.00	18	16	0	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
Weighted Daily Average			441	4.26	258	45	*13	12.12	0.00	15	81.83	10.20	5.46	*N/A*	48.7	*5.85	2.00
% of Calories				8.69%		40.8%	*11.8%	24.7%	0.0%		74.2%		5.0%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Thursday - 05/22/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991007 Biscuit, Maple, IW - OKI	2BG	200	200	2.50	300	8	5	5.00	0.00	0	33.00	2.00	4.00	*N/A*	170.0	*N/A*	2.00
999655 Cheese, String - OKI	1MMA	200	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990648 Apple, Fresh, 138CT, - OKI	1/2c	200	62	0.03	1	12	*N/A*	0.20	*N/A*	0	16.52	2.87	0.31	65	7.2	5.50	0.14
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			414	6.53	503	36	*5	11.41	*0.00	20	69.93	7.53	11.54	*65	*375.2	*5.50	*2.14
% of Calories				14.20 %		34.8%	*4.8%	24.8%	*0.0%		67.6%		11.1%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Friday - 05/23/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999504 Cereal, Assorted, Fall - OKI	1BG	200	108	0.00	168	5	5	1.51	0.00	0	22.57	2.00	2.50	*2	*21.5	*1.52	*14.09
999655 Cheese, String - OKI	1MMA	200	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
990652 Pear, Fresh, 150ct, - OKI	1/2c	200	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
999478 Applesauce, Cup, Assort - OKI	1/2c	200	50	0.00	0	12	*0	0.00	0.00	0	13.98	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			315	4.03	369	31	*5	7.70	0.00	20	59.27	7.22	8.99	*2	*236.8	*7.37	*14.34
% of Calories				11.51 %		39.4%	*6.3%	22.0%	0.0%		75.3%		11.4%				
Weekly Nutrient Guideline			450 - 500	<10	540			<=0									

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	4604	59	3934	488	145	138.17	*0.00	437	794.73	73.65	*113.54	*29	*2863.6	*73.34	*17.49
% of Calories		11.52%		42.4%	*12.6%	27.0%	*0.0%		69.0%		*9.9%				

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

Menu Name: Cicero Elementary k-8 Lunch **Include Cost:** No
Site:
Use Alternate Menu Name: No

Thursday - 05/01/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991030 Sandwich, Chicken, Breaded - OKI	3BG, 2MMA	500	389	2.50	699	4	*3	16.00	0.00	25	41.87	4.99	19.98	*N/A*	79.8	*N/A*	3.29
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
999686 Tater, Tots, 3/4c - OKI	3/4c	500	136	0.62	248	1	*N/A*	4.95	0.00	0	21.05	2.48	1.24	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			594	3.21	947	15	*3	21.21	0.00	25	80.60	9.48	22.06	*50	*83.6	*6.73	*3.50
% of Calories				4.86%		10.1%	*2.0%	32.1%	0.0%		54.3%		14.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 05/02/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991950 Pizza, Galaxy, Pepperoni - OKI	2BG, 2MMA	500	290	6.00	490	8	2	13.00	0.00	35	28.00	3.00	16.00	*N/A*	260.0	*N/A*	1.90
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			359	6.01	507	25	*2	13.07	0.00	35	45.75	3.68	17.58	*3955	*275.8	*3.86	*2.24
% of Calories				15.07 %		27.9%	*2.2%	32.8%	0.0%		51.0%		19.6%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Monday - 05/05/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
777288 Carnitas, Turkey, Cheese, Tortilla - OKI	2MMA, 2BG	500	300	5.52	658	3	*0	10.65	0.00	64	30.44	0.00	19.54	*N/A*	*111.3	*N/A*	*0.68
999646 Salsa Cup - OKI	1/4c Veg	500	15	0.00	100	2	0	0.00	0.00	0	3.00	1.00	1.00	*N/A*	0.0	*N/A*	0.00
991447 Corn, Jalapeno, Blend, 3/4c - OKI	3/4c	500	203	0.92	250	15	0	6.47	0.00	0	35.12	5.55	5.55	*N/A*	0.0	*N/A*	0.92
999442 Bar, That's It, Assorted - OKI	1/2c	500	90	0.00	18	16	0	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
Weighted Daily Average			609	6.44	1026	36	*0	17.12	0.00	64	90.90	8.55	26.08	*N/A*	*117.9	*N/A*	*1.87
% of Calories				9.52%		23.6%	*0%	25.3%	0.0%		59.7%		17.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Tuesday - 05/06/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991211 Hot Dog, Beef, Vienna - OKI	2BG, 2MMA	500	280	4.00	870	4	*3	12.50	0.00	30	29.00	3.00	14.00	*N/A*	*80.0	*N/A*	*1.40

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991174 Edamame, 3/4c - OKI	3/4c	500	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
Weighted Daily Average			498	4.03	878	20	*3	18.43	0.00	30	61.20	13.59	27.24	*N/A*	*168.7	*5.85	*4.20
% of Calories				7.28%		16.1%	*2.4%	33.3%	0.0%		49.2%		21.9%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 05/07/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
116814 Chicken, Diced, Teriyaki Ginger, Rice, White - OKI	2BG, 2MMA	500	307	1.16	172	1	*1	4.10	0.00	43	45.06	2.14	17.97	*N/A*	*N/A*	*N/A*	*0.78
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			387	1.17	190	16	*1	4.37	0.00	43	65.23	5.49	19.77	*3955	*15.8	*3.86	*1.12
% of Calories				2.72%		16.5%	*1.0%	10.2%	0.0%		67.4%		20.4%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 05/08/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999744 Chicken, Drumstick, Rotisserie - OKI	2MMA	500	178	2.72	250	*0	*N/A*	10.17	0.00	102	0.12	*0.00	19.99	*0	*8.8	*0.00	*0.78
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	500	170	0.00	210	5	4	2.00	0.00	5	32.00	3.00	5.00	*N/A*	0.0	*N/A*	1.70
762331 Beans, Green, Pizza, 3/4c - OKI	3/4c	500	49	0.00	7	4	*N/A*	0.01	0.00	0	10.26	4.78	2.46	*172	*15.5	*3.05	*0.17
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			466	2.81	468	*18	*4	12.43	0.00	107	60.06	*9.80	28.29	*221	*28.2	*9.79	*2.85
% of Calories				5.43%		*15.5%	*3.4%	24.0%	0.0%		51.6%		24.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 05/09/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
021611 Pancakes, Sausage, Egg - OKI	2BG, 2MMA	500	250	2.00	485	6	*0	11.50	0.00	136	26.00	2.00	13.00	*N/A*	*N/A*	*N/A*	*N/A*
999685 Carrots, Fresh, Baby, 3/4c - OKI	3/4c	500	35	0.02	77	5	*N/A*	0.13	0.00	0	8.18	2.88	0.64	13683	31.8	2.58	0.88
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			345	2.02	564	27	*0	11.63	0.00	136	50.18	4.88	14.64	*13683	*31.8	*2.58	*0.88
% of Calories				5.27%		31.3%	*0%	30.3%	0.0%		58.2%		17.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Monday - 05/12/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999770 Egg Roll, Chicken, WG - OKI	2MMA, 2BG	500	320	2.00	780	4	2	10.00	0.00	70	38.00	6.00	20.00	100	80.0	14.00	3.20
999806 Sauce, Sweet & Sour, PC - OKI	1each	500	10	0.00	15	2	2	0.00	0.00	0	2.40	0.00	0.00	*N/A*	0.5	*N/A*	0.00
991174 Edamame, 3/4c - OKI	3/4c	500	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
999442 Bar, That's It, Assorted - OKI	1/2c	500	90	0.00	18	16	0	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
Weighted Daily Average			560	2.00	820	25	*4	15.74	0.00	70	74.21	14.38	32.75	*100	163.7	*14.00	6.02
% of Calories				3.21%		17.9%	*2.9%	25.3%	0.0%		53.0%		23.4%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Tuesday - 05/13/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991950 Pizza, Galaxy, Pepperoni - OKI	2BG, 2MMA	500	290	6.00	490	8	2	13.00	0.00	35	28.00	3.00	16.00	*N/A*	260.0	*N/A*	1.90
991115 Pepper, Fresh, Red, Strip, 3/4c - OKI	3/4c	500	18	0.04	3	3	*N/A*	0.20	0.00	0	4.10	1.43	0.67	2130	4.8	86.89	0.29
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
Weighted Daily Average			385	6.07	494	24	*2	13.39	0.00	35	52.83	8.65	17.16	*2130	277.0	*92.74	2.44
% of Calories				14.19 %		24.9%	*2.1%	31.3%	0.0%		54.9%		17.8%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 05/14/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
254107 Meatballs, Beef, Korean, Rice, White - OKI	2BG, 2MMA	500	399	3.50	682	7	*6	9.00	0.00	36	60.09	3.00	16.42	*N/A*	*61.2	*N/A*	*1.18
991442 Broccoli, Fresh, 3/4c, IW - OKI	3/4c	500	29	0.12	28	1	*N/A*	0.31	0.00	0	5.65	2.21	2.40	530	40.0	75.86	0.62
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			500	3.62	712	23	*6	9.52	0.00	36	84.15	7.87	20.05	*530	*101.2	*75.86	*1.80
% of Calories				6.52%		18.4%	*4.8%	17.1%	0.0%		67.3%		16.0%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 05/15/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990842 Sloppy Joe, Turkey - OKI	4 oz	500	138	1.50	594	1	*N/A*	6.01	*0.00	45	8.96	0.54	12.51	*13	4.6	*3.11	0.46
999648 Bun, Hamburger, WG - OKI	2BG	500	149	0.00	259	3	3	1.99	0.00	0	25.86	1.99	5.97	*N/A*	49.7	*N/A*	1.39
999683 Peas, Snap, Fresh, 3/4c - OKI	3/4c	500	36	0.00	3	3	*N/A*	0.17	0.00	0	6.04	2.38	2.81	3	*N/A*	*N/A*	*N/A*
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			392	1.59	857	17	*3	8.43	*0.00	45	58.53	6.92	22.12	*66	*58.2	*9.84	*2.05
% of Calories				3.65%		17.3%	*3.1%	19.4%	*0.0%		59.7%		22.6%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 05/16/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999661 Sandwich, BKF, EM, Egg, Cheese - OKI	2BG, 2MMA	500	251	3.51	761	4	*0	10.06	0.00	91	24.01	1.00	16.04	*N/A*	474.4	*N/A*	1.60
991110 Potatoes, Diced, Seasoned, 3/4c - OKI	3/4c	500	182	0.00	136	0	*N/A*	4.55	0.00	0	31.84	3.03	3.03	*N/A*	15.2	*N/A*	0.91
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			493	3.51	899	20	*0	14.61	0.00	91	71.86	4.03	20.07	*N/A*	*489.5	*N/A*	*2.51
% of Calories				6.41%		16.2%	*0%	26.7%	0.0%		58.3%		16.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Monday - 05/19/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991626 Kielbasa, Turkey - OKI	2BG, 2MMA	500	270	2.00	900	4	4	9.50	0.00	60	32.00	3.00	18.00	*N/A*	110.0	*N/A*	2.50
991680 Peppers, Onions, Roasted, Frz, 3/4c - OKI	3/4c	500	90	0.00	15	10	0	0.00	0.00	0	18.00	4.50	3.00	*N/A*	45.0	*N/A*	0.90
999442 Bar, That's It, Assorted - OKI	1/2c	500	90	0.00	18	16	0	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
Weighted Daily Average			450	2.00	933	31	4	9.50	0.00	60	72.33	9.50	21.00	*N/A*	161.7	*N/A*	3.67
% of Calories				4.00%		27.6%	3.6%	19.0%	0.0%		64.3%		18.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Tuesday - 05/20/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999937 Pasta, Mac & Cheese, Southwestern - OKI	1c	500	224899	6015.40	389502	1324	*0	10035.55	0.00	30077	23438.35	3358.50	9776.00	*N/A*	*217141.0	*N/A*	*60.50
990655 Tomatoes, Cherry, 3/4 cup - OKI	3/4c	500	8841	13.75	2456	1292	*N/A*	98.25	*N/A*	0	1910.60	589.50	432.00	409132	4911.5	6729.00	132.50
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	38782	14.95	680	6634	*N/A*	95.25	0.00	0	10362.30	2109.00	245.00	*N/A*	6123.5	2925.50	122.50
Weighted Daily Average			272522	6044.10	392639	9249	*0	10229.05	*0.00	30077	35711.25	6057.00	10453.00	*409132	*228176.0	*9654.50	*315.50
% of Calories				19.96%		13.6%	*0%	33.8%	*0.0%		52.4%		15.3%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Wednesday - 05/21/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990827 Chicken & Waffles - OKI	3BG, 2MMA	500	470	4.00	750	12	*11	23.01	0.00	60	50.01	5.00	19.01	*N/A*	*30.0	*N/A*	*1.90
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			550	4.01	768	27	*11	23.29	0.00	60	70.17	8.35	20.81	*3955	*45.8	*3.86	*2.24
% of Calories				6.56%		19.6%	*8.0%	38.1%	0.0%		51.0%		15.1%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Thursday - 05/22/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991281 Drumstick, Thai, Chili - OKI	1 each	500	222	2.72	428	11	*11	10.17	0.00	102	11.02	0.12	20.10	*0	14.6	*0.00	0.78
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	500	170	0.00	210	5	4	2.00	0.00	5	32.00	3.00	5.00	*N/A*	0.0	*N/A*	1.70
991174 Edamame, 3/4c - OKI	3/4c	500	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			602	2.80	645	28	*15	18.16	0.00	107	72.17	11.50	38.70	*50	95.0	*6.73	5.24
% of Calories				4.19%		18.6%	*10.0%	27.1%	0.0%		48.0%		25.7%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

Friday - 05/23/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999627 Sandwich, Hamburger - OKI	2BG, 2MMA	500	266	2.70	490	3	*3	8.99	0.00	29	27.86	2.99	17.97	*N/A*	91.7	*N/A*	3.39
999686 Tater, Tots, 3/4c - OKI	3/4c	500	136	0.62	248	1	*N/A*	4.95	0.00	0	21.05	2.48	1.24	*N/A*	*N/A*	*N/A*	*N/A*
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			462	3.32	739	20	*3	13.94	0.00	29	64.91	5.47	20.21	*N/A*	*91.7	*N/A*	*3.39
% of Calories				6.47%		17.3%	*2.6%	27.2%	0.0%		56.2%		17.5%				
Weekly Nutrient Guideline			600 - 650	<10	1110			<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	16481	359	23770	*566	*4	614.93	*0.00	1826	2163.90	*364.07	636.56	*25755	*13551.9	*581.78	*21.27

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

% of Calories		19.59%	*13.7%	*0.1%	33.6%	*0.0%		52.5%		15.4%			
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**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

Menu Name: Cicero Jr High 6-8 Lunch 2 Entree **Include Cost:** No
Site:
Use Alternate Menu Name: No

Thursday - 05/01/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991030 Sandwich, Chicken, Breaded - OKI	3BG, 2MMA	400	311	2.00	559	3	*2	12.80	0.00	20	33.50	3.99	15.98	*N/A*	63.8	*N/A*	2.64
990841 Sandwich, Cheese, Grilled, American - OKI	2BG, 2MMA	50	28	0.50	106	1	*0	1.00	0.00	3	3.20	0.40	2.00	*N/A*	44.8	*N/A*	0.20
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
999686 Tater, Tots, 3/4c - OKI	3/4c	500	136	0.62	248	1	*N/A*	4.95	0.00	0	21.05	2.48	1.24	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			545	3.21	914	14	*3	19.01	0.00	23	75.42	8.88	20.06	*50	*112.5	*6.73	*3.04
% of Calories				5.30%		10.3%	*2.2%	31.4%	0.0%		55.4%		14.7%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 05/02/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991950 Pizza, Galaxy, Pepperoni - OKI	2BG, 2MMA	400	232	4.80	392	6	2	10.40	0.00	28	22.40	2.40	12.80	*N/A*	208.0	*N/A*	1.52
991951 Pizza, Galaxy, Cheese - OKI	2BG, 2MMA	50	28	0.60	41	1	0	1.20	0.00	3	2.80	0.30	1.50	*N/A*	28.0	*N/A*	0.17
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			329	5.41	450	24	*2	11.67	0.00	31	42.95	3.38	15.88	*3955	*251.8	*3.86	*2.03
% of Calories				14.80 %		29.2%	*2.4%	31.9%	0.0%		52.2%		19.3%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Monday - 05/05/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
777288 Carnitas, Turkey, Cheese, Tortilla - OKI	2MMA, 2BG	250	150	2.76	329	1	*0	5.33	0.00	32	15.22	0.00	9.77	*N/A*	*55.6	*N/A*	*0.34
999646 Salsa Cup - OKI	1/4c Veg	350	10	0.00	70	1	0	0.00	0.00	0	2.10	0.70	0.70	*N/A*	0.0	*N/A*	0.00
991326 Taco, Bean, Cheese, 6in Tort - OKI	2BG, 2MMA	200	130	2.40	290	1	*0	3.94	0.00	6	18.60	1.67	5.03	*0	*53.5	*0.00	*0.56
991447 Corn, Jalapeno, Blend, 3/4c - OKI	3/4c	500	203	0.92	250	15	0	6.47	0.00	0	35.12	5.55	5.55	*N/A*	0.0	*N/A*	0.92
999442 Bar, That's It, Assorted - OKI	1/2c	500	90	0.00	18	16	0	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
Weighted Daily Average			584	6.08	957	35	*0	15.73	0.00	38	93.37	9.92	21.04	*0	*115.8	*0.00	*2.09
% of Calories				9.37%		24.0%	*0%	24.2%	0.0%		64.0%		14.4%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Tuesday - 05/06/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991211 Hot Dog, Beef, Vienna - OKI	2BG, 2MMA	350	196	2.80	609	3	*2	8.75	0.00	21	20.30	2.10	9.80	*N/A*	*56.0	*N/A*	*0.98
990841 Sandwich, Cheese, Grilled, American - OKI	2BG, 2MMA	150	84	1.50	318	2	*1	3.00	0.00	9	9.60	1.20	6.00	*N/A*	134.4	*N/A*	0.60
991174 Edamame, 3/4c - OKI	3/4c	500	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
Weighted Daily Average			498	4.33	935	20	*3	17.68	0.00	30	62.10	13.89	29.04	*N/A*	*279.1	*5.85	*4.38
% of Calories				7.83%		16.1%	*2.4%	32.0%	0.0%		49.9%		23.3%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 05/07/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
116814 Chicken, Diced, Teriyaki Ginger, Rice, White - OKI	2BG, 2MMA	350	215	0.82	121	1	*1	2.87	0.00	30	31.54	1.50	12.58	*N/A*	*N/A*	*N/A*	*0.54
999436 Salad, Chef, Chicken, Cheese - OKI	2MMA, 1/2cVeg	50	17	0.66	25	0	*0	1.10	0.00	5	0.25	0.05	1.35	*277	*21.2	*0.34	0.07
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	50	21	0.10	25	0	0	0.70	0.00	0	3.40	0.40	*N/A*	0	1.8	*N/A*	0.20
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			333	1.58	188	16	*1	4.94	0.00	35	55.35	5.29	*15.73	*4233	*38.9	*4.21	*1.16
% of Calories				4.27%		19.2%	*1.2%	13.4%	0.0%		66.5%		*18.9%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

Thursday - 05/08/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999744 Chicken, Drumstick, Rotisserie - OKI	2MMA	350	125	1.90	175	*0	*N/A*	7.12	0.00	71	0.09	*0.00	13.99	*0	*6.2	*0.00	*0.55
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	350	119	0.00	147	4	3	1.40	0.00	4	22.40	2.10	3.50	*N/A*	0.0	*N/A*	1.19
991206 Bagel, Wowbutter, Yogurt, Pack - OKI	2BG, 2MMA	100	90	0.60	91	4	2	3.18	0.00	0	12.03	1.20	3.00	*N/A*	82.0	*N/A*	0.60
990784 Cream Cheese, Cup - OKI	1	100	14	0.80	23	0	*N/A*	1.40	0.00	4	0.20	0.00	0.20	*N/A*	*N/A*	*N/A*	*N/A*
762331 Beans, Green, Pizza, 3/4c - OKI	3/4c	500	49	0.00	7	4	*N/A*	0.01	0.00	0	10.26	4.78	2.46	*172	*15.5	*3.05	*0.17
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			465	3.39	444	*21	*5	13.36	0.00	79	62.66	*10.10	23.99	*221	*107.5	*9.79	*2.71
% of Calories				6.56%		*18.1%	*4.3%	25.9%	0.0%		53.9%		20.6%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 05/09/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
021611 Pancakes, Sausage, Egg - OKI	2BG, 2MMA	250	125	1.00	242	3	*0	5.75	0.00	68	13.00	1.00	6.50	*N/A*	*N/A*	*N/A*	*N/A*
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	50	40	0.60	46	2	1	1.55	0.00	3	4.80	0.40	1.40	*0	49.8	*0.00	0.47
999685 Carrots, Fresh, Baby, 3/4c - OKI	3/4c	500	35	0.02	77	5	*N/A*	0.13	0.00	0	8.18	2.88	0.64	13683	31.8	2.58	0.88

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			260	1.62	368	26	*1	7.43	0.00	71	41.98	4.28	9.54	*13683	*81.6	*2.58	*1.35
% of Calories				5.61%		40.0%	*1.5%	25.7%	0.0%		64.6%		14.7%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Monday - 05/12/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999770 Egg Roll, Chicken, WG - OKI	2MMA, 2BG	350	224	1.40	546	3	1	7.00	0.00	49	26.60	4.20	14.00	70	56.0	9.80	2.24
991540 Potsticker, Vegetable- OKI	2BG, 2MMA	100	59	0.00	187	3	2	1.05	0.00	0	9.00	0.90	3.47	*N/A*	12.9	*N/A*	0.73
999806 Sauce, Sweet & Sour, PC - OKI	1each	350	7	0.00	10	1	1	0.00	0.00	0	1.68	0.00	0.00	*N/A*	0.4	*N/A*	0.00
991174 Edamame, 3/4c - OKI	3/4c	500	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
999442 Bar, That's It, Assorted - OKI	1/2c	500	90	0.00	18	16	0	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
Weighted Daily Average			520	1.40	768	26	*5	13.79	0.00	49	71.09	13.48	30.22	*70	152.4	*9.80	5.79
% of Calories				2.42%		20.0%	*3.8%	23.9%	0.0%		54.7%		23.2%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Tuesday - 05/13/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991950 Pizza, Galaxy, Pepperoni - OKI	2BG, 2MMA	400	232	4.80	392	6	2	10.40	0.00	28	22.40	2.40	12.80	*N/A*	208.0	*N/A*	1.52
991951 Pizza, Galaxy, Cheese - OKI	2BG, 2MMA	50	28	0.60	41	1	0	1.20	0.00	3	2.80	0.30	1.50	*N/A*	28.0	*N/A*	0.17
991115 Pepper, Fresh, Red, Strip, 3/4c - OKI	3/4c	500	18	0.04	3	3	*N/A*	0.20	0.00	0	4.10	1.43	0.67	2130	4.8	86.89	0.29
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
Weighted Daily Average			355	5.47	437	23	*2	11.99	0.00	31	50.03	8.35	15.46	*2130	253.0	*92.74	2.23
% of Calories				13.87 %		25.9%	*2.3%	30.4%	0.0%		56.4%		17.4%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 05/14/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
254107 Meatballs, Beef, Korean, Rice, White - OKI	2BG, 2MMA	350	279	2.45	477	5	*4	6.30	0.00	25	42.06	2.10	11.50	*N/A*	*42.8	*N/A*	*0.83
999436 Salad, Chef, Chicken, Cheese - OKI	2MMA, 1/2cVeg	50	17	0.66	25	0	*0	1.10	0.00	5	0.25	0.05	1.35	*277	*21.2	*0.34	0.07
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	50	21	0.10	25	0	0	0.70	0.00	0	3.40	0.40	*N/A*	0	1.8	*N/A*	0.20
991442 Broccoli, Fresh, 3/4c, IW - OKI	3/4c	500	29	0.12	28	1	*N/A*	0.31	0.00	0	5.65	2.21	2.40	530	40.0	75.86	0.62
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			418	3.33	557	21	*4	8.62	0.00	30	69.77	7.42	*16.47	*807	*105.9	*76.21	*1.72
% of Calories				7.17%		20.1%	*3.8%	18.6%	0.0%		66.8%		*15.8%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

Thursday - 05/15/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990842 Sloppy Joe, Turkey - OKI	4 oz	300	83	0.90	357	1	*N/A*	3.61	*0.00	27	5.37	0.32	7.50	*8	2.7	*1.86	0.27
999648 Bun, Hamburger, WG - OKI	2BG	300	90	0.00	155	2	2	1.19	0.00	0	15.52	1.19	3.58	*N/A*	29.8	*N/A*	0.84
991127 Quesadilla, chile, cheese - OKI	2BG, 2MMA	100	64	1.38	81	0	*N/A*	2.80	0.00	6	6.44	0.89	3.37	*N/A*	*N/A*	*N/A*	*N/A*
999683 Peas, Snap, Fresh, 3/4c - OKI	3/4c	500	36	0.00	3	3	*N/A*	0.17	0.00	0	6.04	2.38	2.81	3	*N/A*	*N/A*	*N/A*
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			341	2.37	597	16	*2	8.03	*0.00	33	51.05	6.80	18.10	*60	*36.5	*8.60	*1.31
% of Calories				6.26%		18.8%	*2.3%	21.2%	*0.0%		59.9%		21.2%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 05/16/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991417 Taco, Fiesta, Egg - OKI	2BG, 2MMA	100	70	1.52	123	1	*N/A*	3.10	0.00	26	7.80	0.80	2.80	*N/A*	49.4	*N/A*	0.48
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	100	80	1.20	92	4	3	3.10	0.00	6	9.60	0.80	2.80	*0	99.6	*0.00	0.94
991110 Potatoes, Diced, Seasoned, 3/4c - OKI	3/4c	500	182	0.00	136	0	*N/A*	4.55	0.00	0	31.84	3.03	3.03	*N/A*	15.2	*N/A*	0.91

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			392	2.72	354	21	*3	10.75	0.00	32	65.24	4.63	9.63	*0	*164.2	*0.00	*2.33
% of Calories				6.24%		21.4%	*3.1%	24.7%	0.0%		66.6%		9.8%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Monday - 05/19/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991626 Kielbasa, Turkey - OKI	2BG, 2MMA	350	189	1.40	630	3	3	6.65	0.00	42	22.40	2.10	12.60	*N/A*	77.0	*N/A*	1.75
990841 Sandwich, Cheese, Grilled, American - OKI	2BG, 2MMA	100	56	1.00	212	1	*0	2.00	0.00	6	6.40	0.80	4.00	*N/A*	89.6	*N/A*	0.40
991680 Peppers, Onions, Roasted, Frz, 3/4c - OKI	3/4c	500	90	0.00	15	10	0	0.00	0.00	0	18.00	4.50	3.00	*N/A*	45.0	*N/A*	0.90
999442 Bar, That's It, Assorted - OKI	1/2c	500	90	0.00	18	16	0	0.00	0.00	0	22.33	2.00	0.00	*N/A*	6.7	*N/A*	0.27
Weighted Daily Average			425	2.40	875	31	*3	8.65	0.00	48	69.13	9.40	19.60	*N/A*	218.3	*N/A*	3.32
% of Calories				5.08%		29.2%	*2.8%	18.3%	0.0%		65.1%		18.4%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Tuesday - 05/20/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999937 Pasta, Mac & Cheese, Southwestern - OKI	1c	400	360	9.62	623	2	*0	16.06	0.00	48	37.50	5.37	15.64	*N/A*	*347.4	*N/A*	*0.10
991141 Yogurt, Granola, CJCheese, Crackers Kit-OKI	2BG, 2MMA	100	80	1.20	92	4	3	3.10	0.00	6	9.60	0.80	2.80	*0	99.6	*0.00	0.94
990655 Tomatoes, Cherry, 3/4 cup - OKI	3/4c	500	18	0.03	5	3	*N/A*	0.20	*N/A*	0	3.82	1.18	0.86	818	9.8	13.46	0.26
990652 Pear, Fresh, 150ct, - OKI	1/2c	500	78	0.03	1	13	*N/A*	0.19	0.00	0	20.72	4.22	0.49	*N/A*	12.2	5.85	0.24
Weighted Daily Average			535	10.88	721	22	*3	19.54	*0.00	54	71.65	11.57	19.80	*818	*469.1	*19.31	*1.55
% of Calories				18.30 %		16.4%	*2.2%	32.9%	*0.0%		53.6%		14.8%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Wednesday - 05/21/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990827 Chicken & Waffles - OKI	3BG, 2MMA	350	329	2.80	525	8	*8	16.11	0.00	42	35.01	3.50	13.31	*N/A*	*21.0	*N/A*	*1.33
999436 Salad, Chef, Chicken, Cheese - OKI	2MMA, 1/2cVeg	50	17	0.66	25	0	*0	1.10	0.00	5	0.25	0.05	1.35	*277	*21.2	*0.34	0.07
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	50	21	0.10	25	0	0	0.70	0.00	0	3.40	0.40	*N/A*	0	1.8	*N/A*	0.20
999651 Greens, Mixed, Raw, Chopped 3/4c - OKI	1.5c	500	9	0.01	15	1	*N/A*	0.07	0.00	0	1.75	0.68	0.58	3955	15.8	3.86	0.34
991204 Clementine, Fresh - OKI	1/2c	500	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			447	3.57	592	23	*8	18.18	0.00	47	58.82	7.29	*16.46	*4233	*59.9	*4.21	*1.94
% of Calories				7.19%		20.6%	*7.2%	36.6%	0.0%		52.6%		*14.7%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

Thursday - 05/22/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991281 Drumstick, Thai, Chili - OKI	1 each	350	156	1.90	299	8	*7	7.12	0.00	71	7.71	0.08	14.07	*0	10.2	*0.00	0.55
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	400	136	0.00	168	4	3	1.60	0.00	4	25.60	2.40	4.00	*N/A*	0.0	*N/A*	1.36
991206 Bagel, Wowbutter, Yogurt, Pack - OKI	2BG, 2MMA	100	90	0.60	91	4	2	3.18	0.00	0	12.03	1.20	3.00	*N/A*	82.0	*N/A*	0.60
990784 Cream Cheese, Cup - OKI	1	100	14	0.80	23	0	*N/A*	1.40	0.00	4	0.20	0.00	0.20	*N/A*	*N/A*	*N/A*	*N/A*
991174 Edamame, 3/4c - OKI	3/4c	500	140	0.00	6	3	*N/A*	5.74	0.00	0	11.48	6.38	12.75	*N/A*	76.5	*N/A*	2.55
990651 BANANAS, Fresh 150ct - OKI	1/2c	500	69	0.09	1	9	*N/A*	0.26	0.00	0	17.68	2.01	0.84	50	3.9	6.73	0.20
Weighted Daily Average			605	3.38	589	28	*13	19.29	0.00	79	74.70	12.07	34.86	*50	*172.6	*6.73	*5.26
% of Calories				5.03%		18.5%	*8.6%	28.7%	0.0%		49.4%		23.0%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

Friday - 05/23/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999627 Sandwich, Hamburger - OKI	2BG, 2MMA	350	186	1.89	343	2	*2	6.29	0.00	20	19.50	2.09	12.58	*N/A*	64.2	*N/A*	2.38
991141 Yogurt, Granola, CJCheese, Crackers Kit - OKI	2BG, 2MMA	50	40	0.60	46	2	1	1.55	0.00	3	4.80	0.40	1.40	*0	49.8	*0.00	0.47
999686 Tater, Tots, 3/4c - OKI	3/4c	500	136	0.62	248	1	*N/A*	4.95	0.00	0	21.05	2.48	1.24	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999429 Juice, Grape, Citrus Sun, 4oz - OKI	1/2c	500	60	0.00	2	16	*N/A*	0.00	0.00	0	16.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			423	3.11	638	21	*3	12.80	0.00	23	61.35	4.97	16.22	*0	*114.0	*0.00	*2.85
% of Calories				6.62%		19.9%	*2.8%	27.2%	0.0%		58.0%		15.3%				
Weekly Nutrient Guideline			600 - 700	<10	1225			<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	440	4	611	*23	*4	13.03	*0.00	43	63.33	*8.34	*19.54	*1783	*160.8	*14.74	*2.65
% of Calories		7.73%		*20.9%	*3.6%	26.7%	*0.0%		57.6%		*17.8%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

Menu Name: Cicero Hot Breakfast Pre-k **Include Cost:** No

Site:

Use Alternate Menu Name: No

Thursday - 05/01/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991309 Pancakes, Bacon, Turkey - OKI	2BG	200	260	2.00	890	7	*1	12.00	0.00	41	27.00	2.00	14.00	*N/A*	*0.0	*N/A*	*0.40
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			310	2.00	890	19	*1	12.00	0.00	41	41.00	3.00	14.00	*N/A*	*5.0	*N/A*	*0.40
% of Calories				5.81%		24.5%	*1.3%	34.8%	0.0%		52.9%		18.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/02/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	200	30958	149.64	21213	2446	2346	973.40	0.00	2998	5093.44	99.80	499.60	*N/A*	3593.8	*N/A*	199.80
991461 Fruit, Cups, Assorted - OKI	1/2c	200	12920	0.00	0	2600	*0	0.00	0.00	0	3160.00	180.00	*40.00	*N/A*	*1480.0	*N/A*	*50.40
Weighted Daily Average			43878	149.64	21213	5046	*2346	973.40	0.00	2998	8253.44	279.80	*539.60	*N/A*	*5073.8	*N/A*	*250.20
% of Calories				3.07%		46.0%	*21.4%	20.0%	0.0%		75.2%		*4.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 05/05/2025

Reimbursable Meal Total 200

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999765 Waffles, Blueberry, Mini, IW - OKI	2BG	200	210	1.00	170	12	11	6.00	0.00	0	37.00	2.00	4.00	*N/A*	30.0	*N/A*	1.40
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			282	1.00	172	26	*11	6.20	0.00	0	55.41	4.66	5.23	*N/A*	*30.0	*N/A*	*1.40
% of Calories				3.19%		36.9%	*15.6%	19.8%	0.0%		78.6%		7.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 05/06/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991654 Bagel, Breakfast, Egg, Cheese, Tony's - OKI	1MMA, 1.25BG	200	180	3.00	380	6	1	6.00	0.00	55	23.00	2.00	9.00	40	200.0	*N/A*	1.30
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	200	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*
Weighted Daily Average			210	3.00	380	6	1	6.00	0.00	55	29.96	3.00	9.00	*40	*200.0	*38.79	*1.30
% of Calories				12.86%		11.4%	1.9%	25.7%	0.0%		57.1%		17.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 05/07/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	200	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990723 Granola, WG, 1BG- OKI	1BG	200	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			255	0.00	135	29	*10	4.00	0.00	0	45.80	2.90	*5.20	*N/A*	*327.4	*N/A*	*0.95
% of Calories				0.00%		45.5%	*15.7%	14.1%	0.0%		71.8%		*8.2%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 05/08/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999504 Cereal, Assorted, Fall - OKI	1BG	200	108	0.00	168	5	5	1.51	0.00	0	22.57	2.00	2.50	*2	*21.5	*1.52	*14.09
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			158	0.00	168	17	*5	1.51	0.00	0	36.57	3.00	2.50	*2	*26.5	*1.52	*14.09
% of Calories				0.00%		43.0%	*12.7%	8.6%	0.0%		92.6%		6.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/09/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999424 Bread, Breakfast, Assorted - OKI	2BG	200	260	1.50	243	23	23	8.00	0.00	0	44.33	2.33	5.00	*N/A*	107.0	*N/A*	1.36

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			325	1.50	243	36	*23	8.00	0.00	0	60.13	3.23	*5.20	*N/A*	*114.4	*N/A*	*1.61
% of Calories				4.15%		44.3%	*28.3%	22.2%	0.0%		74.0%		*6.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 05/12/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991059 Bagel, Cinnamon Raisin - OKI	2BG	200	171	0.00	282	7	2	1.01	0.00	0	37.22	3.02	5.03	*N/A*	50.3	*N/A*	2.01
990784 Cream Cheese, Cup - OKI	1	200	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			313	4.01	399	22	*2	8.22	0.00	20	56.63	5.68	7.26	*N/A*	*50.3	*N/A*	*2.01
% of Calories				11.53 %		28.1%	*2.6%	23.6%	0.0%		72.4%		9.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 05/13/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999422 Waffle, Stuffed, Chx & Cheese - OKI	1MMA, 1.5BG	200	190	4.00	330	9	8	8.00	0.00	55	23.00	1.00	9.00	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	200	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*
Weighted Daily Average			220	4.00	330	9	8	8.00	0.00	55	29.96	2.00	9.00	*N/A*	*N/A*	*38.79	*N/A*
% of Calories				16.36 %		16.4%	14.5%	32.7%	0.0%		54.5%		16.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 05/14/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999504 Cereal, Assorted, Fall - OKI	1BG	200	108	0.00	168	5	5	1.51	0.00	0	22.57	2.00	2.50	*2	*21.5	*1.52	*14.09
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			172	0.00	168	18	*5	1.51	0.00	0	38.37	2.90	*2.70	*2	*28.9	*1.52	*14.34
% of Calories				0.00%		41.9%	*11.6%	7.9%	0.0%		89.2%		*6.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 05/15/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991060 Egg, Bites, Sunny Fresh- OKI	1.5MMA	200	119	2.49	189	1	*N/A*	8.95	0.00	129	2.98	1.00	5.97	*N/A*	*N/A*	*N/A*	*N/A*
991546 Muffin, Cornbread, IW, WG - OKI	1BG	200	150	0.50	90	9	*9	5.00	0.00	15	23.01	0.00	3.00	*N/A*	21.0	*N/A*	1.00

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			319	2.99	279	22	*9	13.96	0.00	144	40.00	2.00	8.97	*N/A*	*26.0	*N/A*	*1.00
% of Calories				8.44%		27.6%	*11.3%	39.4%	0.0%		50.2%		11.2%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/16/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999764 Bagels, Mini, Stuffed, Strawberry, IW - OKI	2BG	200	230	2.00	190	13	12	6.00	0.00	10	42.00	2.00	6.00	*N/A*	30.0	*N/A*	1.60
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			295	2.00	190	26	*12	6.00	0.00	10	57.80	2.90	*6.20	*N/A*	*37.4	*N/A*	*1.85
% of Calories				6.10%		35.3%	*16.3%	18.3%	0.0%		78.4%		*8.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 05/19/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999771 Waffle, Snackn, Assorted - OKI	2BG	200	250	4.00	290	15	14	9.00	0.00	44	37.00	2.00	6.00	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991204 Clementine, Fresh - OKI	1/2c	200	72	0.00	2	14	*N/A*	0.20	0.00	0	18.41	2.66	1.23	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			322	4.00	292	29	*14	9.20	0.00	44	55.41	4.66	7.23	*N/A*	*N/A*	*N/A*	*N/A*
% of Calories				11.18 %		36.0%	*17.4%	25.7%	0.0%		68.8%		9.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 05/20/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	200	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	200	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	200	30	0.00	0	0	0	0.00	0.00	0	6.96	1.00	0.00	*N/A*	*N/A*	38.79	*N/A*
Weighted Daily Average			220	0.00	135	16	*10	4.00	0.00	0	36.96	3.00	5.00	*N/A*	*320.0	*38.79	*0.70
% of Calories				0.00%		29.1%	*18.2%	16.4%	0.0%		67.2%		9.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 05/21/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991059 Bagel, Cinnamon Raisin - OKI	2BG	200	171	0.00	282	7	2	1.01	0.00	0	37.22	3.02	5.03	*N/A*	50.3	*N/A*	2.01
990784 Cream Cheese, Cup - OKI	1	200	70	4.01	115	1	*N/A*	7.01	0.00	20	1.00	0.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			306	4.01	397	21	*2	8.02	0.00	20	54.02	3.92	*6.23	*N/A*	*57.7	*N/A*	*2.26
% of Calories				11.79 %		27.5%	*2.6%	23.6%	0.0%		70.6%		*8.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 05/22/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991007 Biscuit, Maple, IW - OKI	2BG	200	200	2.50	300	8	5	5.00	0.00	0	33.00	2.00	4.00	*N/A*	170.0	*N/A*	2.00
990653 Applesauce, Cup - OKI	1/2c	200	50	0.00	0	12	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	5.0	*N/A*	0.00
Weighted Daily Average			250	2.50	300	20	*5	5.00	0.00	0	47.00	3.00	4.00	*N/A*	175.0	*N/A*	2.00
% of Calories				9.00%		32.0%	*8.0%	18.0%	0.0%		75.2%		6.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/23/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999504 Cereal, Assorted, Fall - OKI	1BG	200	108	0.00	168	5	5	1.51	0.00	0	22.57	2.00	2.50	*2	*21.5	*1.52	*14.09

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991461 Fruit, Cups, Assorted - OKI	1/2c	200	65	0.00	0	13	*0	0.00	0.00	0	15.80	0.90	*0.20	*N/A*	*7.4	*N/A*	*0.25
Weighted Daily Average			172	0.00	168	18	*5	1.51	0.00	0	38.37	2.90	*2.70	*2	*28.9	*1.52	*14.34
% of Calories				0.00%		41.9%	*11.6%	7.9%	0.0%		89.2%		*6.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	2824	11	1521	316	145	63.33	0.00	199	528.05	19.56	*37.65	*3	*382.4	*7.11	*18.14
% of Calories		3.39%		44.8%	*20.5%	20.2%	0.0%		74.8%		*5.3%				

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- * - denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ - denotes required nutrient values
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

Menu Name: Cicero Pre-K Lunch **Include Cost:** No

Site:

Use Alternate Menu Name: No

Thursday - 05/01/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991030 Sandwich, Chicken, Breaded - OKI	3BG, 2MMA	200	156	1.00	280	2	*1	6.40	0.00	10	16.75	2.00	7.99	*N/A*	31.9	*N/A*	1.32
999798 Potatoes, Emoticon, 1/2c - OKI	1/2c	200	45	0.32	31	0	0	1.62	0.00	0	7.46	0.65	6.48	*N/A*	3.2	*N/A*	0.23
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	28	0.03	0	4	*N/A*	0.10	0.00	0	7.07	0.80	0.34	20	1.5	2.69	0.08
Weighted Daily Average			229	1.36	311	5	*1	8.12	0.00	10	31.28	3.45	14.81	*20	36.7	*2.69	1.62
% of Calories				5.34%		8.7%	*1.7%	31.9%	0.0%		54.6%		25.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/02/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991950 Pizza, Galaxy, Pepperoni - OKI	2BG, 2MMA	200	116	2.40	196	3	1	5.20	0.00	14	11.20	1.20	6.40	*N/A*	104.0	*N/A*	0.76
999673 Greens, Mixed, Raw, Chopped 1/2c - OKI	1c	200	2	0.00	4	0	*N/A*	0.02	0.00	0	0.42	0.17	0.15	957	4.0	0.98	0.09

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	200	12	0.00	0	0	0	0.00	0.00	0	2.79	0.40	0.00	*N/A*	*N/A*	15.52	*N/A*
Weighted Daily Average			130	2.40	200	3	*1	5.22	0.00	14	14.40	1.76	6.55	*957	*108.0	*16.50	*0.85
% of Calories				16.62 %		9.2%	*3.1%	36.1%	0.0%		44.3%		20.2%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 05/05/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
777288 Carnitas, Turkey, Cheese, Tortilla - OKI	2MMA, 2BG	200	120	2.21	263	1	*0	4.26	0.00	26	12.18	0.00	7.81	*N/A*	*44.5	*N/A*	*0.27
999646 Salsa Cup - OKI	1/4c Veg	200	6	0.00	40	1	0	0.00	0.00	0	1.20	0.40	0.40	*N/A*	0.0	*N/A*	0.00
999478 Applesauce, Cup, Assort - OKI	1/2c	200	20	0.00	0	5	*0	0.00	0.00	0	5.59	0.40	0.00	*N/A*	2.0	*N/A*	0.00
Weighted Daily Average			146	2.21	303	7	*0	4.26	0.00	26	18.97	0.80	8.21	*N/A*	*46.5	*N/A*	*0.27
% of Calories				13.62 %		19.2%	*0%	26.3%	0.0%		52.0%		22.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 05/06/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991444 Yogurt, Granola, SF Seeds, Crackers Kit - OKI	2BG, 2MMA	200	196	1.00	162	8	5	9.40	0.00	2	22.40	3.20	5.60	*0	131.6	*0.00	2.28

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991098 Pepper, Fresh, Red, Strip, 1/2c - OKI	1/2c	200	5	0.01	1	1	*N/A*	0.05	0.00	0	1.09	0.38	0.18	568	1.3	23.17	0.08
991461 Fruit, Cups, Assorted - OKI	1/2c	200	26	0.00	0	5	*0	0.00	0.00	0	6.32	0.36	*0.08	*N/A*	*3.0	*N/A*	*0.10
Weighted Daily Average			227	1.01	163	14	*5	9.45	0.00	2	29.81	3.94	*5.86	*568	*135.8	*23.17	*2.46
% of Calories				4.00%		24.7%	*8.8%	37.5%	0.0%		52.5%		*10.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 05/07/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
116814 Chicken, Diced, Teriyaki Ginger, Rice, White - OKI	2BG, 2MMA	200	123	0.47	69	1	*0	1.64	0.00	17	18.02	0.86	7.19	*N/A*	*N/A*	*N/A*	*0.31
991149 Celery, Diced, 1/2c - OKI	1/2c	200	4	0.01	22	0	*N/A*	0.05	0.00	0	0.84	0.45	0.19	126	11.2	0.87	0.06
991204 Clementine, Fresh - OKI	1/2c	200	29	0.00	1	6	*N/A*	0.08	0.00	0	7.36	1.06	0.49	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			155	0.48	92	7	*0	1.77	0.00	17	26.22	2.37	7.87	*126	*11.2	*0.87	*0.37
% of Calories				2.79%		18.1%	*0%	10.3%	0.0%		67.7%		20.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 05/08/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999910 Chicken, Diced, Rotisserie - OKI	2MMA	200	40	0.47	92	*0	*0	1.55	0.00	17	0.31	*0.00	5.59	*N/A*	*N/A*	*N/A*	*0.31
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	200	68	0.00	84	2	2	0.80	0.00	2	12.80	1.20	2.00	*N/A*	0.0	*N/A*	0.68
762331 Beans, Green, Pizza, 3/4c - OKI	3/4c	200	20	0.00	3	1	*N/A*	0.00	0.00	0	4.11	1.91	0.98	*69	*6.2	*1.22	*0.07
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	28	0.03	0	4	*N/A*	0.10	0.00	0	7.07	0.80	0.34	20	1.5	2.69	0.08
Weighted Daily Average			155	0.50	179	*7	*2	2.46	0.00	19	24.29	*3.92	8.91	*88	*7.7	*3.91	*1.14
% of Calories				2.90%		*18.1%	*5.2%	14.3%	0.0%		62.7%		23.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/09/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
021611 Pancakes, Sausage, Egg - OKI	2BG, 2MMA	200	100	0.80	194	2	*0	4.60	0.00	54	10.40	0.80	5.20	*N/A*	*N/A*	*N/A*	*N/A*
854359 Carrots, Crinkle, Fresh, 1/2c- OKI	1/2c	200	12	0.00	24	2	*N/A*	0.00	0.00	0	2.77	1.19	0.40	*N/A*	11.9	*N/A*	0.16
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	200	12	0.00	0	0	0	0.00	0.00	0	2.79	0.40	0.00	*N/A*	*N/A*	15.52	*N/A*
Weighted Daily Average			124	0.80	218	4	*0	4.60	0.00	54	15.95	2.38	5.60	*N/A*	*11.9	*15.52	*0.16
% of Calories				5.81%		12.9%	*0%	33.4%	0.0%		51.5%		18.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 05/12/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999770 Egg Roll, Chicken, WG - OKI	2MMA, 2BG	200	128	0.80	312	2	1	4.00	0.00	28	15.20	2.40	8.00	40	32.0	5.60	1.28
999806 Sauce, Sweet & Sour, PC - OKI	1each	200	4	0.00	6	1	1	0.00	0.00	0	0.96	0.00	0.00	*N/A*	0.2	*N/A*	0.00
991149 Celery, Diced, 1/2c - OKI	1/2c	200	4	0.01	22	0	*N/A*	0.05	0.00	0	0.84	0.45	0.19	126	11.2	0.87	0.06
999478 Applesauce, Cup, Assort - OKI	1/2c	200	20	0.00	0	5	*0	0.00	0.00	0	5.59	0.40	0.00	*N/A*	2.0	*N/A*	0.00
Weighted Daily Average			156	0.81	340	8	*2	4.05	0.00	28	22.59	3.25	8.19	*166	45.4	*6.47	1.34
% of Calories				4.67%		20.5%	*5.1%	23.4%	0.0%		57.9%		21.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 05/13/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991950 Pizza, Galaxy, Pepperoni - OKI	2BG, 2MMA	200	116	2.40	196	3	1	5.20	0.00	14	11.20	1.20	6.40	*N/A*	104.0	*N/A*	0.76
991098 Pepper, Fresh, Red, Strip, 1/2c - OKI	1/2c	200	5	0.01	1	1	*N/A*	0.05	0.00	0	1.09	0.38	0.18	568	1.3	23.17	0.08
991461 Fruit, Cups, Assorted - OKI	1/2c	200	26	0.00	0	5	*0	0.00	0.00	0	6.32	0.36	*0.08	*N/A*	*3.0	*N/A*	*0.10
Weighted Daily Average			147	2.41	197	9	*1	5.25	0.00	14	18.61	1.94	*6.66	*568	*108.2	*23.17	*0.94
% of Calories				14.76 %		24.5%	*2.7%	32.1%	0.0%		50.6%		*18.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 05/14/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
254107 Meatballs, Beef, Korean, Rice, White - OKI	2BG, 2MMA	200	160	1.40	273	3	*2	3.60	0.00	14	24.04	1.20	6.57	*N/A*	*24.5	*N/A*	*0.47
991441 Broccoli, Fresh, 1/2c, IW - OKI	1/2c	200	8	0.03	7	0	*N/A*	0.08	0.00	0	1.51	0.59	0.64	141	10.7	20.23	0.17
991204 Clementine, Fresh - OKI	1/2c	200	29	0.00	1	6	*N/A*	0.08	0.00	0	7.36	1.06	0.49	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			196	1.43	281	9	*2	3.77	0.00	14	32.91	2.85	7.70	*141	*35.1	*20.23	*0.64
% of Calories				6.57%		18.4%	*4.1%	17.3%	0.0%		67.2%		15.7%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 05/15/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990842 Sloppy Joe, Turkey - OKI	4 oz	200	55	0.60	238	0	*N/A*	2.41	*0.00	18	3.58	0.22	5.00	*5	1.8	*1.24	0.18
999648 Bun, Hamburger, WG - OKI	2BG	200	60	0.00	103	1	1	0.80	0.00	0	10.35	0.80	2.39	*N/A*	19.9	*N/A*	0.56
990757 Cucumber, Fresh, Slices, 1/2c - OKI	1/2c	200	4	0.01	1	0	*N/A*	0.03	0.00	0	1.03	0.14	0.18	30	4.5	0.79	0.08
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	28	0.03	0	4	*N/A*	0.10	0.00	0	7.07	0.80	0.34	20	1.5	2.69	0.08
Weighted Daily Average			147	0.65	342	6	*1	3.33	*0.00	18	22.03	1.96	7.91	*55	27.8	*4.73	0.90
% of Calories				3.98%		16.3%	*2.7%	20.4%	*0.0%		59.9%		21.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/16/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999661 Sandwich, BKF, EM, Egg, Cheese - OKI	2BG, 2MMA	200	100	1.40	304	2	*0	4.02	0.00	36	9.60	0.40	6.41	*N/A*	189.7	*N/A*	0.64
991109 Potatoes, Diced, Seasoned, 1/2c - OKI	1/2c	200	48	0.00	36	0	*N/A*	1.21	0.00	0	8.45	0.80	0.80	*N/A*	4.0	*N/A*	0.24
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	200	12	0.00	0	0	0	0.00	0.00	0	2.79	0.40	0.00	*N/A*	*N/A*	15.52	*N/A*
Weighted Daily Average			160	1.40	341	2	*0	5.23	0.00	36	20.84	1.60	7.22	*N/A*	*193.8	*15.52	*0.88
% of Calories				7.88%		5.0%	*0%	29.4%	0.0%		52.1%		18.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 05/19/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991399 Kit, Turkey, Coins, Cheese, Cubes - OKI	2MMA	200	56	2.00	172	0	*0	3.20	0.00	18	0.00	0.00	6.80	*N/A*	81.6	*N/A*	0.00
991131 Crackers, Veggie, Darlington, 2BG - OKI	2BG	200	84	0.40	100	0	0	2.80	0.00	0	13.60	1.60	*N/A*	2	7.2	*N/A*	0.80
991216 Pickle, Spears - OKI	1/2c	200	5	0.00	270	0	*N/A*	0.00	0.00	0	18.00	0.00	0.00	*N/A*	11.0	*N/A*	0.00
999478 Applesauce, Cup, Assort - OKI	1/2c	200	20	0.00	0	5	*0	0.00	0.00	0	5.59	0.40	0.00	*N/A*	2.0	*N/A*	0.00
Weighted Daily Average			165	2.40	542	5	*0	6.00	0.00	18	37.19	2.00	*6.80	*2	101.8	*N/A*	0.80
% of Calories				13.09%		12.1%	*0%	32.7%	0.0%		90.2%		*16.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 05/20/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999937 Pasta, Mac & Cheese, Southwestern - OKI	1c	200	89960	2406.16	155801	529	*0	4014.22	0.00	12031	9375.34	1343.40	3910.40	*N/A*	*86856.4	*N/A*	*24.20
991441 Broccoli, Fresh, 1/2c, IW - OKI	1/2c	200	3856	16.32	3742	193	*N/A*	41.96	0.00	0	752.96	294.80	319.80	70647	5329.8	10115.20	82.80
991461 Fruit, Cups, Assorted - OKI	1/2c	200	12920	0.00	0	2600	*0	0.00	0.00	0	3160.00	180.00	*40.00	*N/A*	*1480.0	*N/A*	*50.40
Weighted Daily Average			106735	2422.48	159543	3322	*0	4056.18	0.00	12031	13288.30	1818.20	*4270.20	*70647	*93666.2	*10115.20	*157.40
% of Calories				20.43%		12.4%	*0%	34.2%	0.0%		49.8%		*16.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 05/21/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990827 Chicken & Waffles - OKI	3BG, 2MMA	200	188	1.60	300	5	*4	9.20	0.00	24	20.00	2.00	7.60	*N/A*	*12.0	*N/A*	*0.76
990757 Cucumber, Fresh, Slices, 1/2c - OKI	1/2c	200	4	0.01	1	0	*N/A*	0.03	0.00	0	1.03	0.14	0.18	30	4.5	0.79	0.08
991204 Clementine, Fresh - OKI	1/2c	200	29	0.00	1	6	*N/A*	0.08	0.00	0	7.36	1.06	0.49	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			221	1.61	301	11	*4	9.32	0.00	24	28.40	3.21	8.28	*30	*16.5	*0.79	*0.84
% of Calories				6.56%		19.9%	*7.2%	38.0%	0.0%		51.4%		15.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 05/22/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991336 Chicken, Diced, Thai Chili - OKI	3oz	200	67	0.47	225	6	6	1.55	0.00	17	6.85	0.07	5.66	*N/A*	*3.5	*N/A*	0.31
991627 Roll, Dinner, Schubert, 2BG - OKI	2BG	200	68	0.00	84	2	2	0.80	0.00	2	12.80	1.20	2.00	*N/A*	0.0	*N/A*	0.68
991098 Pepper, Fresh, Red, Strip, 1/2c - OKI	1/2c	200	5	0.01	1	1	*N/A*	0.05	0.00	0	1.09	0.38	0.18	568	1.3	23.17	0.08
990651 BANANAS, Fresh 150ct - OKI	1/2c	200	28	0.03	0	4	*N/A*	0.10	0.00	0	7.07	0.80	0.34	20	1.5	2.69	0.08
Weighted Daily Average			167	0.51	310	13	*8	2.51	0.00	19	27.81	2.46	8.18	*588	*6.3	*25.86	1.15
% of Calories				2.75%		31.1%	*19.2%	13.5%	0.0%		66.6%		19.6%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/23/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999627 Sandwich, Hamburger - OKI	2BG, 2MMA	200	106	1.08	196	1	*1	3.60	0.00	12	11.15	1.20	7.19	*N/A*	36.7	*N/A*	1.36
991000 Tater, Tots, 1/2c - OKI	1/2c	200	36	0.16	66	0	*N/A*	1.32	0.00	0	5.61	0.66	0.33	*N/A*	*N/A*	*N/A*	*N/A*
999408 Apple, Slices, IW, 1/2c - OKI	1/2c	200	12	0.00	0	0	0	0.00	0.00	0	2.79	0.40	0.00	*N/A*	*N/A*	15.52	*N/A*
Weighted Daily Average			155	1.24	262	2	*1	4.91	0.00	12	19.54	2.25	7.52	*N/A*	*36.7	*15.52	*1.36
% of Calories				7.20%		5.2%	*2.6%	28.5%	0.0%		50.4%		19.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	6436	144	9643	*202	*2	243.32	*0.00	727	804.66	*109.31	*258.62	*4350	*5564.4	*605.30	*10.18

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

% of Calories		20.10%	*12.6%	*0.1%	34.0%	*0.0%		50.0%		*16.1%			
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**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

Menu Name: Cicero Afterschool Snack

Include Cost: No

Site:

Use Alternate Menu Name: No

Thursday - 05/01/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991140 Crackers, Blueberry, Lemon - OKI	1BG	1	121	0.51	61	8	8	3.54	0.00	0	21.26	2.02	2.02	*N/A*	5.1	*N/A*	1.01
999655 Cheese, String - OKI	1MMA	1	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
Weighted Daily Average			201	4.51	261	9	*8	9.54	0.00	20	23.26	2.02	8.02	*N/A*	203.1	*N/A*	1.01
% of Calories				20.19 %		17.9%	*15.9%	42.7%	0.0%		46.3%		16.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/02/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
990723 Granola, WG, 1BG- OKI	1BG	1	110	0.00	60	4	*3	4.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	*N/A*	0.70
Weighted Daily Average			190	0.00	135	16	*10	4.00	0.00	0	30.00	2.00	5.00	*N/A*	320.0	*N/A*	0.70
% of Calories				0.00%		33.7%	*21.1%	18.9%	0.0%		63.2%		10.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 05/05/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990791 Cracker, Goldfish, WG - OKI	1BG	1	101	0.51	172	0	*N/A*	3.54	0.00	0	14.17	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			201	2.01	292	11	*N/A*	6.04	0.00	15	25.17	1.01	10.02	*220	152.5	*0.53	0.71
% of Calories				9.00%		21.9%	*N/A*	27.0%	0.0%		50.1%		19.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 05/06/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	1	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			255	2.25	226	23	*12	7.37	0.00	30	36.47	0.50	10.50	*220	150.2	*0.53	1.00
% of Calories				7.94%		36.1%	*18.8%	26.0%	0.0%		57.2%		16.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 05/07/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999655 Cheese, String - OKI	1MMA	1	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999725 Crackers, Assorted, 1BG - OKI	1BG	1	88	0.00	182	2	1	2.62	0.00	0	14.75	1.50	1.50	*93	11.8	*0.75	2.50
Weighted Daily Average			168	4.00	382	3	*1	8.62	0.00	20	16.75	1.50	7.50	*93	209.8	*0.75	2.50
% of Calories				21.43 %		7.1%	*2.4%	46.2%	0.0%		39.9%		17.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 05/08/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991113 Celery, Fresh, Sticks, 3/4c - OKI	3/4c	1	14	0.04	79	1	*N/A*	0.17	0.00	0	2.95	1.59	0.68	446	39.7	3.08	0.20
990769 Wowbutter, PC - OKI	1MMA	1	198	2.98	99	3	2	14.88	0.00	0	7.94	2.98	6.95	*N/A*	39.7	*N/A*	0.99
Weighted Daily Average			212	3.02	179	4	*2	15.05	0.00	0	10.88	4.56	7.63	*446	79.4	*3.08	1.19
% of Calories				12.82 %		7.5%	*3.8%	63.9%	0.0%		20.5%		14.4%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/09/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999368 Corn, Crunch, Buffalo, Ranch, IW - OKI	1BG	1	90	0.28	105	1	1	3.00	0.00	0	14.00	1.00	1.00	*N/A*	8.8	*N/A*	0.39

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991861 Juice, Fruit Punch, Citrus Sun, 6oz - OKI	3/4c	1	100	0.00	0	23	0	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			190	0.28	105	24	1	3.00	0.00	0	38.00	1.00	1.00	*N/A*	8.8	*N/A*	0.39
% of Calories				1.33%		50.5%	2.1%	14.2%	0.0%		80.0%		2.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 05/12/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999373 Bread, Mini Loaf, Banana, IW, SB - OKI	1BG	1	159	0.99	139	16	15	4.48	0.00	0	26.86	1.00	2.98	*N/A*	*N/A*	*N/A*	*N/A*
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			259	2.49	259	27	*15	6.98	0.00	15	37.86	1.00	10.98	*220	*132.3	*0.53	*0.00
% of Calories				8.65%		41.7%	*23.2%	24.3%	0.0%		58.5%		17.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 05/13/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991136 Crackers, Educational Snacks - OKI	1BG	1	120	0.00	65	6	*N/A*	4.00	0.00	0	22.00	2.00	2.00	*N/A*	4.0	*N/A*	1.00

Base Menu Spreadsheet

Open Kitchens Inc

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991861 Juice, Fruit Punch, Citrus Sun, 6oz - OKI	3/4c	1	100	0.00	0	23	0	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			220	0.00	65	29	*0	4.00	0.00	0	46.00	2.00	2.00	*N/A*	4.0	*N/A*	1.00
% of Calories				0.00%		52.7%	*0%	16.4%	0.0%		83.6%		3.6%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 05/14/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991739 Cheese, Cup, Cheddar - OKI	1MMA	1	190	6.00	570	10	*N/A*	10.00	0.00	30	14.00	0.00	10.00	*N/A*	333.0	*N/A*	0.00
991745 Pretzel, Soft, Mini, IW - OKI	1BG	1	70	0.00	90	0	0	0.00	0.00	0	14.00	1.00	2.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			260	6.00	660	10	*0	10.00	0.00	30	28.00	1.00	12.00	*N/A*	333.0	*N/A*	0.00
% of Calories				20.77%		15.4%	*0%	34.6%	0.0%		43.1%		18.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 05/15/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991140 Crackers, Blueberry, Lemon - OKI	1BG	1	121	0.51	61	8	8	3.54	0.00	0	21.26	2.02	2.02	*N/A*	5.1	*N/A*	1.01

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999479 Yogurt, Cups, Assorted - OKI	1MMA	1	80	0.00	75	12	7	0.00	0.00	0	15.00	0.00	3.00	*N/A*	320.0	*N/A*	0.00
Weighted Daily Average			201	0.51	136	20	15	3.54	0.00	0	36.26	2.02	5.02	*N/A*	325.1	*N/A*	1.01
% of Calories				2.28%		39.8%	29.9%	15.9%	0.0%		72.2%		10.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/16/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991274 Sandwich, Turkey, 1BG - OKI	1BG, 1MMA	1	97	0.17	263	1	*1	1.33	0.00	13	14.00	2.00	9.33	*0	32.0	*0.00	1.00
999657 Mayo, PKT - OKI	1	1	57	0.92	55	0	*N/A*	6.03	0.12	4	0.69	0.00	0.06	*N/A*	0.6	*N/A*	0.02
990679 Mustard, PKT - OKI	1	1	4	0.02	65	0	0	0.27	0.00	0	0.22	0.10	0.20	*N/A*	2.1	*N/A*	0.08
Weighted Daily Average			158	1.10	384	2	*1	7.64	0.12	17	14.91	2.10	9.58	*0	34.7	*0.00	1.10
% of Calories				6.27%		5.1%	*2.5%	43.5%	0.7%		37.7%		24.3%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Monday - 05/19/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999480 Muffin, Assorted, 1BG, BC - OKI	1BG	1	155	0.75	106	12	12	4.87	0.00	15	25.47	0.50	2.50	*N/A*	18.0	*N/A*	1.00

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			255	2.25	226	23	*12	7.37	0.00	30	36.47	0.50	10.50	*220	150.2	*0.53	1.00
% of Calories				7.94%		36.1%	*18.8%	26.0%	0.0%		57.2%		16.5%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Tuesday - 05/20/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990791 Cracker, Goldfish, WG - OKI	1BG	1	101	0.51	172	0	*N/A*	3.54	0.00	0	14.17	1.01	2.02	*N/A*	20.2	*N/A*	0.71
991861 Juice, Fruit Punch, Citrus Sun, 6oz - OKI	3/4c	1	100	0.00	0	23	0	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
Weighted Daily Average			201	0.51	172	23	*0	3.54	0.00	0	38.17	1.01	2.02	*N/A*	20.2	*N/A*	0.71
% of Calories				2.28%		45.8%	*0%	15.9%	0.0%		76.0%		4.0%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Wednesday - 05/21/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999725 Crackers, Assorted, 1BG - OKI	1BG	1	88	0.00	182	2	1	2.62	0.00	0	14.75	1.50	1.50	*93	11.8	*0.75	2.50

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
999655 Cheese, String - OKI	1MMA	1	80	4.00	200	1	*N/A*	6.00	0.00	20	2.00	0.00	6.00	*N/A*	198.0	*N/A*	0.00
Weighted Daily Average			168	4.00	382	3	*1	8.62	0.00	20	16.75	1.50	7.50	*93	209.8	*0.75	2.50
% of Calories				21.43 %		7.1%	*2.4%	46.2%	0.0%		39.9%		17.9%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Thursday - 05/22/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990847 Cucumber, Fresh, Slices, 3/4c - OKI	3/4c	1	15	0.04	2	2	*N/A*	0.11	0.00	0	3.60	0.50	0.64	104	15.9	2.78	0.28
991740 Cobbers, Sea Salt, IW - OKI	1BG	1	194	1.46	194	0	0	11.66	0.00	0	19.44	3.89	1.94	*N/A*	0.0	*N/A*	0.39
990678 Sauce, Ranch, PKT - OKI	1	1	9	0.00	126	1	*N/A*	0.01	0.00	0	2.23	0.24	0.19	*N/A*	6.5	*N/A*	0.02
Weighted Daily Average			219	1.50	323	3	*0	11.78	0.00	0	25.28	4.62	2.78	*104	22.4	*2.78	0.69
% of Calories				6.16%		5.5%	*0%	48.4%	0.0%		46.2%		5.1%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

Friday - 05/23/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991136 Crackers, Educational Snacks - OKI	1BG	1	120	0.00	65	6	*N/A*	4.00	0.00	0	22.00	2.00	2.00	*N/A*	4.0	*N/A*	1.00

Base Menu Spreadsheet

Weighted Values

May 1, 2025 thru May 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	CalcM (mg)	Vit-C (mg)	Iron (mg)
990668 Milk, 1/2PNT, 1% - OKI	1c	1	100	1.50	120	11	*N/A*	2.50	0.00	15	11.00	0.00	8.00	220	132.3	0.53	0.00
Weighted Daily Average			220	1.50	185	17	*N/A*	6.50	0.00	15	33.00	2.00	10.00	*220	136.3	*0.53	1.00
% of Calories				6.14%		30.9%	*N/A*	26.6%	0.0%		60.0%		18.2%				
Weekly Nutrient Guideline			0 - 0	<0				<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	CalcM (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	210	2	257	15	5	7.27	0.01	12	29.01	1.78	7.18	*108	*146.6	*0.59	*0.97
% of Calories		9.04%		28.6%	*9.5%	31.2%	0.0%		55.3%		13.7%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Thursday, May 1, 2025

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
991204	Clementine, Fresh - OKI	
991309	Pancakes, Bacon, Turkey - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Friday, May 2, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
999655	Cheese, String - OKI	Milk
999480	Muffin, Assorted, 1BG, BC - OKI	Milk, Soy, Wheat, Egg
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Monday, May 5, 2025

Recipe #	Recipe Name	Allergen(s)
991204	Clementine, Fresh - OKI	
991824	Juice, Apple, Citrus Sun, 1/2c - OKI	
999765	Waffles, Blueberry, Mini, IW - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Tuesday, May 6, 2025

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
991654	Bagel, Breakfast, Egg, Cheese, Tony's - OKI	Milk, Wheat, Egg
991461	Fruit, Cups, Assorted - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Wednesday, May 7, 2025

Recipe #	Recipe Name	Allergen(s)
999442	Bar, That's It, Assorted - OKI	
999492	Bars, Granola, Assorted - OKI	Egg, Milk, Soy, Wheat, Wheat
999655	Cheese, String - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Thursday, May 8, 2025

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
991204	Clementine, Fresh - OKI	
991118	Toast, French, Sticks, WG - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Friday, May 9, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
999424	Bread, Breakfast, Assorted - OKI	Egg, Milk, Soy, Wheat, Egg
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Monday, May 12, 2025

Recipe #	Recipe Name	Allergen(s)
991059	Bagel, Cinnamon Raisin - OKI	Wheat
991204	Clementine, Fresh - OKI	
990784	Cream Cheese, Cup - OKI	Milk
991824	Juice, Apple, Citrus Sun, 1/2c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Tuesday, May 13, 2025

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
991461	Fruit, Cups, Assorted - OKI	
999422	Waffle, Stuffed, Chx & Cheese - OKI	Egg, Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Wednesday, May 14, 2025

Recipe #	Recipe Name	Allergen(s)
999442	Bar, That's It, Assorted - OKI	
999504	Cereal, Assorted, Fall - OKI	Wheat
999655	Cheese, String - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Thursday, May 15, 2025

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
991204	Clementine, Fresh - OKI	
991060	Egg, Bites, Sunny Fresh- OKI	Milk, Egg
991546	Muffin, Cornbread, IW, WG - OKI	Milk, Soy, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Friday, May 16, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
999764	Bagels, Mini, Stuffed, Strawberry, IW - OKI	Milk, Wheat
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Monday, May 19, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991204	Clementine, Fresh - OKI	
990723	Granola, WG, 1BG- OKI	
999479	Yogurt, Cups, Assorted - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Tuesday, May 20, 2025

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
999425	Cinnis, Caramel, Mini - OKI	Milk, Wheat
991461	Fruit, Cups, Assorted - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Wednesday, May 21, 2025

Recipe #	Recipe Name	Allergen(s)
999442	Bar, That's It, Assorted - OKI	
990652	Pear, Fresh, 150ct, - OKI	
999812	Rounds, Oatmeal, Assorted - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Thursday, May 22, 2025

Recipe #	Recipe Name	Allergen(s)
990648	Apple, Fresh, 138CT, - OKI	
991007	Biscuit, Maple, IW - OKI	Milk, Soy, Wheat
999655	Cheese, String - OKI	Milk
991204	Clementine, Fresh - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast K-8' From: 5/1/2025 To: 5/31/2025

Friday, May 23, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
999504	Cereal, Assorted, Fall - OKI	Wheat
999655	Cheese, String - OKI	Milk
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Thursday, May 1, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991030	Sandwich, Chicken, Breaded - OKI	Soy, Wheat
999686	Tater, Tots, 3/4c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Friday, May 2, 2025

Recipe #	Recipe Name	Allergen(s)
999651	Greens, Mixed, Raw, Chopped 3/4c - OKI	
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
991950	Pizza, Galaxy, Pepperoni - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Monday, May 5, 2025

Recipe #	Recipe Name	Allergen(s)
999442	Bar, That's It, Assorted - OKI	
777288	Carnitas, Turkey, Cheese, Tortilla - OKI	Milk, Wheat
991447	Corn, Jalapeno, Blend, 3/4c - OKI	
999646	Salsa Cup - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Tuesday, May 6, 2025

Recipe #	Recipe Name	Allergen(s)
991174	Edamame, 3/4c - OKI	Soy
991211	Hot Dog, Beef, Vienna - OKI	Wheat
990652	Pear, Fresh, 150ct, - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Wednesday, May 7, 2025

Recipe #	Recipe Name	Allergen(s)
116814	Chicken, Diced, Teriyaki Ginger, Rice, White - OKI	Soy, Wheat, Sesame
991204	Clementine, Fresh - OKI	
999651	Greens, Mixed, Raw, Chopped 3/4c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Thursday, May 8, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
762331	Beans, Green, Pizza, 3/4c - OKI	
999744	Chicken, Drumstick, Rotisserie - OKI	
991627	Roll, Dinner, Schubert, 2BG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Friday, May 9, 2025

Recipe #	Recipe Name	Allergen(s)
999685	Carrots, Fresh, Baby, 3/4c - OKI	
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
21611	Pancakes, Sausage, Egg - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Monday, May 12, 2025

Recipe #	Recipe Name	Allergen(s)
999442	Bar, That's It, Assorted - OKI	
991174	Edamame, 3/4c - OKI	Soy
999770	Egg Roll, Chicken, WG - OKI	Egg, Milk, Soy, Wheat
999806	Sauce, Sweet & Sour, PC - OKI	Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Tuesday, May 13, 2025

Recipe #	Recipe Name	Allergen(s)
990652	Pear, Fresh, 150ct, - OKI	
991115	Pepper, Fresh, Red, Strip, 3/4c - OKI	
991950	Pizza, Galaxy, Pepperoni - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Wednesday, May 14, 2025

Recipe #	Recipe Name	Allergen(s)
991442	Broccoli, Fresh, 3/4c, IW - OKI	
991204	Clementine, Fresh - OKI	
254107	Meatballs, Beef, Korean, Rice, White - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Thursday, May 15, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
999648	Bun, Hamburger, WG - OKI	Wheat
999683	Peas, Snap, Fresh, 3/4c - OKI	
990842	Sloppy Joe, Turkey - OKI	Soy

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Friday, May 16, 2025

Recipe #	Recipe Name	Allergen(s)
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
991110	Potatoes, Diced, Seasoned, 3/4c - OKI	
999661	Sandwich, BKF, EM, Egg, Cheese - OKI	Milk, Soy, Wheat, Egg, Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Monday, May 19, 2025

Recipe #	Recipe Name	Allergen(s)
999442	Bar, That's It, Assorted - OKI	
991626	Kielbasa, Turkey - OKI	Wheat
991680	Peppers, Onions, Roasted, Frz, 3/4c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Tuesday, May 20, 2025

Recipe #	Recipe Name	Allergen(s)
999937	Pasta, Mac & Cheese, Southwestern - OKI	Milk, Wheat
990652	Pear, Fresh, 150ct, - OKI	
990655	Tomatoes, Cherry, 3/4 cup - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Wednesday, May 21, 2025

Recipe #	Recipe Name	Allergen(s)
990827	Chicken & Waffles - OKI	Soy, Wheat, Egg
991204	Clementine, Fresh - OKI	
999651	Greens, Mixed, Raw, Chopped 3/4c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Thursday, May 22, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991281	Drumstick, Thai, Chili - OKI	
991174	Edamame, 3/4c - OKI	Soy
991627	Roll, Dinner, Schubert, 2BG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Elementary k-8 Lunch' From: 5/1/2025 To: 5/31/2025

Friday, May 23, 2025

Recipe #	Recipe Name	Allergen(s)
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
999627	Sandwich, Hamburger - OKI	Soy, Wheat
999686	Tater, Tots, 3/4c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Thursday, May 1, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
990841	Sandwich, Cheese, Grilled, American - OKI	Soy, Wheat, Milk
991030	Sandwich, Chicken, Breaded - OKI	Soy, Wheat
999686	Tater, Tots, 3/4c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Friday, May 2, 2025

Recipe #	Recipe Name	Allergen(s)
999651	Greens, Mixed, Raw, Chopped 3/4c - OKI	
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
991951	Pizza, Galaxy, Cheese - OKI	Milk, Soy, Wheat
991950	Pizza, Galaxy, Pepperoni - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Monday, May 5, 2025

Recipe #	Recipe Name	Allergen(s)
999442	Bar, That's It, Assorted - OKI	
777288	Carnitas, Turkey, Cheese, Tortilla - OKI	Milk, Wheat
991447	Corn, Jalapeno, Blend, 3/4c - OKI	
999646	Salsa Cup - OKI	
991326	Taco, Bean, Cheese, 6in Tort - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Tuesday, May 6, 2025

Recipe #	Recipe Name	Allergen(s)
991174	Edamame, 3/4c - OKI	Soy
991211	Hot Dog, Beef, Vienna - OKI	Wheat
990652	Pear, Fresh, 150ct, - OKI	
990841	Sandwich, Cheese, Grilled, American - OKI	Soy, Wheat, Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Wednesday, May 7, 2025

Recipe #	Recipe Name	Allergen(s)
116814	Chicken, Diced, Teriyaki Ginger, Rice, White - OKI	Soy, Wheat, Sesame
991204	Clementine, Fresh - OKI	
991131	Crackers, Veggie, Darlington, 2BG - OKI	Milk, Soy, Wheat
999651	Greens, Mixed, Raw, Chopped 3/4c - OKI	
999436	Salad, Chef, Chicken, Cheese - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Thursday, May 8, 2025

Recipe #	Recipe Name	Allergen(s)
991206	Bagel, Wowbutter, Yogurt, Pack - OKI	Milk, Soy, Wheat
990651	BANANAS, Fresh 150ct - OKI	
762331	Beans, Green, Pizza, 3/4c - OKI	
999744	Chicken, Drumstick, Rotisserie - OKI	
990784	Cream Cheese, Cup - OKI	Milk
991627	Roll, Dinner, Schubert, 2BG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Friday, May 9, 2025

Recipe #	Recipe Name	Allergen(s)
999685	Carrots, Fresh, Baby, 3/4c - OKI	
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
21611	Pancakes, Sausage, Egg - OKI	Egg, Milk, Soy, Wheat
991141	Yogurt, Granola, CJCheese, Crackers Kit- OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Monday, May 12, 2025

Recipe #	Recipe Name	Allergen(s)
999442	Bar, That's It, Assorted - OKI	
991174	Edamame, 3/4c - OKI	Soy
999770	Egg Roll, Chicken, WG - OKI	Egg, Milk, Soy, Wheat
991540	Potsticker, Vegetable- OKI	Soy, Wheat, Sesame
999806	Sauce, Sweet & Sour, PC - OKI	Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Tuesday, May 13, 2025

Recipe #	Recipe Name	Allergen(s)
990652	Pear, Fresh, 150ct, - OKI	
991115	Pepper, Fresh, Red, Strip, 3/4c - OKI	
991951	Pizza, Galaxy, Cheese - OKI	Milk, Soy, Wheat
991950	Pizza, Galaxy, Pepperoni - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Wednesday, May 14, 2025

Recipe #	Recipe Name	Allergen(s)
991442	Broccoli, Fresh, 3/4c, IW - OKI	
991204	Clementine, Fresh - OKI	
991131	Crackers, Veggie, Darlington, 2BG - OKI	Milk, Soy, Wheat
254107	Meatballs, Beef, Korean, Rice, White - OKI	Milk, Soy, Wheat
999436	Salad, Chef, Chicken, Cheese - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Thursday, May 15, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
999648	Bun, Hamburger, WG - OKI	Wheat
999683	Peas, Snap, Fresh, 3/4c - OKI	
991127	Quesadilla, chile, cheese - OKI	Milk, Soy, Wheat
990842	Sloppy Joe, Turkey - OKI	Soy

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Friday, May 16, 2025

Recipe #	Recipe Name	Allergen(s)
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
991110	Potatoes, Diced, Seasoned, 3/4c - OKI	
991417	Taco, Fiesta, Egg - OKI	Egg, Wheat
991141	Yogurt, Granola, CJCheese, Crackers Kit- OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Monday, May 19, 2025

Recipe #	Recipe Name	Allergen(s)
999442	Bar, That's It, Assorted - OKI	
991626	Kielbasa, Turkey - OKI	Wheat
991680	Peppers, Onions, Roasted, Frz, 3/4c - OKI	
990841	Sandwich, Cheese, Grilled, American - OKI	Soy, Wheat, Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Tuesday, May 20, 2025

Recipe #	Recipe Name	Allergen(s)
999937	Pasta, Mac & Cheese, Southwestern - OKI	Milk, Wheat
990652	Pear, Fresh, 150ct, - OKI	
990655	Tomatoes, Cherry, 3/4 cup - OKI	
991141	Yogurt, Granola, CJCheese, Crackers Kit- OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Wednesday, May 21, 2025

Recipe #	Recipe Name	Allergen(s)
990827	Chicken & Waffles - OKI	Soy, Wheat, Egg
991204	Clementine, Fresh - OKI	
991131	Crackers, Veggie, Darlington, 2BG - OKI	Milk, Soy, Wheat
999651	Greens, Mixed, Raw, Chopped 3/4c - OKI	
999436	Salad, Chef, Chicken, Cheese - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Thursday, May 22, 2025

Recipe #	Recipe Name	Allergen(s)
991206	Bagel, Wowbutter, Yogurt, Pack - OKI	Milk, Soy, Wheat
990651	BANANAS, Fresh 150ct - OKI	
990784	Cream Cheese, Cup - OKI	Milk
991281	Drumstick, Thai, Chili - OKI	
991174	Edamame, 3/4c - OKI	Soy
991627	Roll, Dinner, Schubert, 2BG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Jr High 6-8 Lunch 2 Entree' From: 5/1/2025 To: 5/31/2025

Friday, May 23, 2025

Recipe #	Recipe Name	Allergen(s)
999429	Juice, Grape, Citrus Sun, 4oz - OKI	
999627	Sandwich, Hamburger - OKI	Soy, Wheat
999686	Tater, Tots, 3/4c - OKI	
991141	Yogurt, Granola, CJCheese, Crackers Kit- OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Thursday, May 1, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
991309	Pancakes, Bacon, Turkey - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Friday, May 2, 2025

Recipe #	Recipe Name	Allergen(s)
991461	Fruit, Cups, Assorted - OKI	
999480	Muffin, Assorted, 1BG, BC - OKI	Milk, Soy, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Monday, May 5, 2025

Recipe #	Recipe Name	Allergen(s)
991204	Clementine, Fresh - OKI	
999765	Waffles, Blueberry, Mini, IW - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Tuesday, May 6, 2025

Recipe #	Recipe Name	Allergen(s)
999408	Apple, Slices, IW, 1/2c - OKI	
991654	Bagel, Breakfast, Egg, Cheese, Tony's - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Wednesday, May 7, 2025

Recipe #	Recipe Name	Allergen(s)
991461	Fruit, Cups, Assorted - OKI	
990723	Granola, WG, 1BG- OKI	
999479	Yogurt, Cups, Assorted - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Thursday, May 8, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
999504	Cereal, Assorted, Fall - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Friday, May 9, 2025

Recipe #	Recipe Name	Allergen(s)
999424	Bread, Breakfast, Assorted - OKI	Egg, Milk, Soy, Wheat, Egg
991461	Fruit, Cups, Assorted - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Monday, May 12, 2025

Recipe #	Recipe Name	Allergen(s)
991059	Bagel, Cinnamon Raisin - OKI	Wheat
991204	Clementine, Fresh - OKI	
990784	Cream Cheese, Cup - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Tuesday, May 13, 2025

Recipe #	Recipe Name	Allergen(s)
999408	Apple, Slices, IW, 1/2c - OKI	
999422	Waffle, Stuffed, Chx & Cheese - OKI	Egg, Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Wednesday, May 14, 2025

Recipe #	Recipe Name	Allergen(s)
999504	Cereal, Assorted, Fall - OKI	Wheat
991461	Fruit, Cups, Assorted - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Thursday, May 15, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
991060	Egg, Bites, Sunny Fresh- OKI	Milk, Egg
991546	Muffin, Cornbread, IW, WG - OKI	Milk, Soy, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Friday, May 16, 2025

Recipe #	Recipe Name	Allergen(s)
999764	Bagels, Mini, Stuffed, Strawberry, IW - OKI	Milk, Wheat
991461	Fruit, Cups, Assorted - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Monday, May 19, 2025

Recipe #	Recipe Name	Allergen(s)
991204	Clementine, Fresh - OKI	
999771	Waffle, Snackn, Assorted - OKI	Egg, Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Tuesday, May 20, 2025

Recipe #	Recipe Name	Allergen(s)
999408	Apple, Slices, IW, 1/2c - OKI	
990723	Granola, WG, 1BG- OKI	
999479	Yogurt, Cups, Assorted - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Wednesday, May 21, 2025

Recipe #	Recipe Name	Allergen(s)
991059	Bagel, Cinnamon Raisin - OKI	Wheat
990784	Cream Cheese, Cup - OKI	Milk
991461	Fruit, Cups, Assorted - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Thursday, May 22, 2025

Recipe #	Recipe Name	Allergen(s)
990653	Applesauce, Cup - OKI	
991007	Biscuit, Maple, IW - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Hot Breakfast Pre-k' From: 5/1/2025 To: 5/31/2025

Friday, May 23, 2025

Recipe #	Recipe Name	Allergen(s)
999504	Cereal, Assorted, Fall - OKI	Wheat
991461	Fruit, Cups, Assorted - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Thursday, May 1, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
999798	Potatoes, Emoticon, 1/2c - OKI	
991030	Sandwich, Chicken, Breaded - OKI	Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Friday, May 2, 2025

Recipe #	Recipe Name	Allergen(s)
999408	Apple, Slices, IW, 1/2c - OKI	
999673	Greens, Mixed, Raw, Chopped 1/2c - OKI	
991950	Pizza, Galaxy, Pepperoni - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Monday, May 5, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
777288	Carnitas, Turkey, Cheese, Tortilla - OKI	Milk, Wheat
999646	Salsa Cup - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Tuesday, May 6, 2025

Recipe #	Recipe Name	Allergen(s)
991461	Fruit, Cups, Assorted - OKI	
991098	Pepper, Fresh, Red, Strip, 1/2c - OKI	
991444	Yogurt, Granola, SF Seeds, Crackers Kit - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Wednesday, May 7, 2025

Recipe #	Recipe Name	Allergen(s)
991149	Celery, Diced, 1/2c - OKI	
116814	Chicken, Diced, Teriyaki Ginger, Rice, White - OKI	Soy, Wheat, Sesame
991204	Clementine, Fresh - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Thursday, May 8, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
762331	Beans, Green, Pizza, 3/4c - OKI	
999910	Chicken, Diced, Rotisserie - OKI	
991627	Roll, Dinner, Schubert, 2BG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Friday, May 9, 2025

Recipe #	Recipe Name	Allergen(s)
999408	Apple, Slices, IW, 1/2c - OKI	
854359	Carrots, Crinkle, Fresh, 1/2c- OKI	
21611	Pancakes, Sausage, Egg - OKI	Egg, Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Monday, May 12, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991149	Celery, Diced, 1/2c - OKI	
999770	Egg Roll, Chicken, WG - OKI	Egg, Milk, Soy, Wheat
999806	Sauce, Sweet & Sour, PC - OKI	Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Tuesday, May 13, 2025

Recipe #	Recipe Name	Allergen(s)
991461	Fruit, Cups, Assorted - OKI	
991098	Pepper, Fresh, Red, Strip, 1/2c - OKI	
991950	Pizza, Galaxy, Pepperoni - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Wednesday, May 14, 2025

Recipe #	Recipe Name	Allergen(s)
991441	Broccoli, Fresh, 1/2c, IW - OKI	
991204	Clementine, Fresh - OKI	
254107	Meatballs, Beef, Korean, Rice, White - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Thursday, May 15, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
999648	Bun, Hamburger, WG - OKI	Wheat
990757	Cucumber, Fresh, Slices, 1/2c - OKI	
990842	Sloppy Joe, Turkey - OKI	Soy

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Friday, May 16, 2025

Recipe #	Recipe Name	Allergen(s)
999408	Apple, Slices, IW, 1/2c - OKI	
991109	Potatoes, Diced, Seasoned, 1/2c - OKI	
999661	Sandwich, BKF, EM, Egg, Cheese - OKI	Milk, Soy, Wheat, Egg, Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Monday, May 19, 2025

Recipe #	Recipe Name	Allergen(s)
999478	Applesauce, Cup, Assort - OKI	
991131	Crackers, Veggie, Darlington, 2BG - OKI	Milk, Soy, Wheat
991399	Kit, Turkey, Coins, Cheese, Cubes - OKI	Milk
991216	Pickle, Spears - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Tuesday, May 20, 2025

Recipe #	Recipe Name	Allergen(s)
991441	Broccoli, Fresh, 1/2c, IW - OKI	
991461	Fruit, Cups, Assorted - OKI	
999937	Pasta, Mac & Cheese, Southwestern - OKI	Milk, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Wednesday, May 21, 2025

Recipe #	Recipe Name	Allergen(s)
990827	Chicken & Waffles - OKI	Soy, Wheat, Egg
991204	Clementine, Fresh - OKI	
990757	Cucumber, Fresh, Slices, 1/2c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Thursday, May 22, 2025

Recipe #	Recipe Name	Allergen(s)
990651	BANANAS, Fresh 150ct - OKI	
991336	Chicken, Diced, Thai Chili - OKI	
991098	Pepper, Fresh, Red, Strip, 1/2c - OKI	
991627	Roll, Dinner, Schubert, 2BG - OKI	Milk, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Pre-K Lunch' From: 5/1/2025 To: 5/31/2025

Friday, May 23, 2025

Recipe #	Recipe Name	Allergen(s)
999408	Apple, Slices, IW, 1/2c - OKI	
999627	Sandwich, Hamburger - OKI	Soy, Wheat
991000	Tater, Tots, 1/2c - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Thursday, May 1, 2025

Recipe #	Recipe Name	Allergen(s)
999655	Cheese, String - OKI	Milk
991140	Crackers, Blueberry, Lemon - OKI	Milk, Soy, Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Friday, May 2, 2025

Recipe #	Recipe Name	Allergen(s)
990723	Granola, WG, 1BG- OKI	
999479	Yogurt, Cups, Assorted - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Monday, May 5, 2025

Recipe #	Recipe Name	Allergen(s)
990791	Cracker, Goldfish, WG - OKI	Gluten, Milk, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Tuesday, May 6, 2025

Recipe #	Recipe Name	Allergen(s)
990668	Milk, 1/2PNT, 1% - OKI	Milk
999480	Muffin, Assorted, 1BG, BC - OKI	Milk, Soy, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Wednesday, May 7, 2025

Recipe #	Recipe Name	Allergen(s)
999655	Cheese, String - OKI	Milk
999725	Crackers, Assorted, 1BG - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Thursday, May 8, 2025

Recipe #	Recipe Name	Allergen(s)
991113	Celery, Fresh, Sticks, 3/4c - OKI	
990769	Wowbutter, PC - OKI	Soy

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Friday, May 9, 2025

Recipe #	Recipe Name	Allergen(s)
999368	Corn, Crunch, Buffalo, Ranch, IW - OKI	
991861	Juice, Fruit Punch, Citrus Sun, 6oz - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Monday, May 12, 2025

Recipe #	Recipe Name	Allergen(s)
999373	Bread, Mini Loaf, Banana, IW, SB - OKI	Egg, Milk, Soy, Wheat
990668	Milk, 1/2PNT, 1% - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Tuesday, May 13, 2025

Recipe #	Recipe Name	Allergen(s)
991136	Crackers, Educational Snacks - OKI	Soy, Wheat, Egg
991861	Juice, Fruit Punch, Citrus Sun, 6oz - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Wednesday, May 14, 2025

Recipe #	Recipe Name	Allergen(s)
991739	Cheese, Cup, Cheddar - OKI	Milk
991745	Pretzel, Soft, Mini, IW - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Thursday, May 15, 2025

Recipe #	Recipe Name	Allergen(s)
991140	Crackers, Blueberry, Lemon - OKI	Milk, Soy, Wheat
999479	Yogurt, Cups, Assorted - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Friday, May 16, 2025

Recipe #	Recipe Name	Allergen(s)
999657	Mayo, PKT - OKI	Egg
990679	Mustard, PKT - OKI	
991274	Sandwich, Turkey, 1BG - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Monday, May 19, 2025

Recipe #	Recipe Name	Allergen(s)
990668	Milk, 1/2PNT, 1% - OKI	Milk
999480	Muffin, Assorted, 1BG, BC - OKI	Milk, Soy, Wheat, Egg

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Tuesday, May 20, 2025

Recipe #	Recipe Name	Allergen(s)
990791	Cracker, Goldfish, WG - OKI	Gluten, Milk, Wheat
991861	Juice, Fruit Punch, Citrus Sun, 6oz - OKI	

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Wednesday, May 21, 2025

Recipe #	Recipe Name	Allergen(s)
999655	Cheese, String - OKI	Milk
999725	Crackers, Assorted, 1BG - OKI	Wheat

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Thursday, May 22, 2025

Recipe #	Recipe Name	Allergen(s)
991740	Cobbers, Sea Salt, IW - OKI	May Contain Soy
990847	Cucumber, Fresh, Slices, 3/4c - OKI	
990678	Sauce, Ranch, PKT - OKI	Milk

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Open Kitchens Inc

Allergen List - for menu 'Cicero Afterschool Snack' From: 5/1/2025 To: 5/31/2025

Friday, May 23, 2025

Recipe #	Recipe Name	Allergen(s)
991136	Crackers, Educational Snacks - OKI	Soy, Wheat, Egg
990668	Milk, 1/2PNT, 1% - OKI	Milk

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