Early Childhood Family Education earlylearning@isd77.org | 507-625-4620

NEWBORN DISCOVERY FREE!

Wednesdays 9-10:30 (except federal Holidays and Winter break)

Join us for Newborn Discovery. An inclusive and informative class designed specifically for newborns aged 0-12 weeks and their parents or caregivers.

This class is a wonderful opportunity to connect with other parents, share experiences, and gain valuable insights from our knowledgeable licensed parent educator, public health nurse, and lactation specialist. We create a warm and inclusive atmosphere where questions and concerns are welcomed, providing a supportive community for each parent or caregiver.

The class will cover essential areas such as feeding, lactation information, weighing and growth monitoring, returning to work, sleep, family changes, and developmental milestones. This class is designed to provide you with practical knowledge and tools to navigate the early stages of parenthood with confidence and ease. 507-625-4620

> **Center for Learning** 15 Map Dr. Mankato, MN 56001

https://www.isd77.org/schools-programs/early-learning



MAPS

EARLY LEARNING

No registration required. Drop in. For parents, caregivers and infants ages 0-12 weeks.

Free Sibling care. Please call in advance if sibling care is needed. 507-625-4620



