

Wellness Committee – April 8, 2025

The Wellness Committee met on April 8, 2025. At the meeting the following topics were discussed:

- *The District continues to see increased participation in the food service program at all buildings.*
- *At the elementary schools they had a “Funky Chicken Sandwich Special” that was part of a disco theme. The food service department decorated with a disco theme and worked with the buildings and had music and dancing at all the lunches. They are going to look to create another theme day again as it was well received.*
- *The student committees in all buildings created a lunch menu option which was featured on building menus, all of which were highly successful, and this is something that will be continued each year.*
- *At the high school, the Health Fair is scheduled for April 28, 2025 from 9:00 a.m. to 1:30 p.m. Currently there are 29 vendors confirmed to attend.*
- *At the middle school, fitness testing is happening in PE and the nurse is creating a wall of healthy habits for students that will also include pamphlets.*
- *At the elementary schools, February focused on Heart Healthy month, March they created fun activity days with a focus on movement and wellness in all the buildings (for example unplug days). At Ostrander they had a Jump for Health day and about 130 students participated. Field Days will be coming up in June in all the buildings.*

The next committee meeting is scheduled for June 3, 2025, at 3:30 p.m., in high school room 102.