May 2025

Please note that while the first meal is free, second meals, single milks, and single fruits or vegetables are **not free**.

Medford Public Schools K-5 Lunch Menu

Add student account funds at: <u>family.schoolcafe.com</u>

			<u>tamily.schoolcate.com</u>	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 28 French Toast Sticks* Tater tots Mixed Berry cup	April 29 Chicken Patty Sandwich* Local Lettuce Tomato Veg Baked Beans Fruit Selection	April 30 Beef & Cheese Nachos* Seasoned Black Beans Salsa Sour Cream Fruit Selection	1 Chicken and Broccoli Ziti* Garlic Bread* Fruit Selection	School LUNCH HERO DAY Cheese or Pepperoni Pizza Garden Salad Fresh Strawberrie
Chicken or Cheese Quesadilla* Pico de Gallo Sour Cream & Guacamole Applesauce	6 Popcorn Chicken & Dutch Waffle* Veg Baked Beans Fruit Selection	Farly Release! 7 Super SnackPack Pirate's Booty Sunflower Seeds Crunchy Chickpeas Apple Juice	8 Egg & Cheese Croissant* Tater Tots Orange Wedges	Pizza Crunchers Garden Salad Fruit Selection
12 Cheese Calzone* Garden Salad Sliced Peaches	13 Mac and Cheese w/ Deano's pasta Garlic Bread* Green Beans Fruit Selection	14 Orange Chicken* Seasoned Brown Rice* Steamed Broccoli Fortune Cookie Fruit Selection	15 Halal Hot Dog* Pretzel Stick* French Fries Fruit slush	Haitian- style Chicken Riz National* Plantains Pikliz Mandarin Orang
19 Hamburger* or Cheeseburger* w/ Local Lettuce Tomato & Pickles Green Beans Mixed Fruit	20 Chicken Enchilada Empanada* Corn Fruit Selection	21 Cheesesteak* French Fries Fruit Selection	22 Chicken Fajita Burrito Bowl Seasoned Brown Rice* Seasoned Black Beans Shredded Cheddar Sour Cream & Salsa Fruit Selection	Mable Roasted
Memorial Day 26	27 Chicken Patty Sandwich* Local Lettuce Tomato Corn Sliced Peaches	28 Beef & Cheese Nachos* Mango Salsa Sour Cream Fruit Selection	29 Hawaiian Chicken Bowl Brown Rice* Cucumber Rounds Fruit Slush	Cheese or Pepperoni Pizzo Garden Salad Fruit Selection

All meals include choice of milk, daily vegetable, baby carrots, and fruit selection.

V Ovo-lacto vegetarian option

*Whole-grain rich item

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