



Alaina's

RECIPE CARD

BERRY BERRY PARFAIT

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Servings: 2

YIELD

15 mins

PREP TIME

5 mins

TIME TO ASSEMBLE

EQUIPMENT

- 1 bowl
- Mixing tool (spoon or spatula)
- Cup or glass for serving

INGREDIENTS

- 1 container of Greek yogurt (any type)
- Your choice of berries (strawberries, blueberries, raspberries, etc.)
- Granola

INSTRUCTIONS

1. *Get a Bowl:* Start by selecting a nice bowl for your parfait.
1. *Prepare Your Mixing Tool:* Grab a spoon or any mixing utensil you have.
1. *Add Yogurt:* Open the container of Greek yogurt and pour the entire contents into the bowl
1. *Prepare the Berries:* Wash the berries. If you're using strawberries, cut them into smaller pieces, and then add them to the bowl with the yogurt.
1. *Mix It Up:* Use your mixing tool to stir the yogurt and berries together until well combined.
1. *Serve It:* Spoon the yogurt and berry mixture into a cup or glass.
1. *Top It Off:* Finish by sprinkling granola on top of the yogurt, then add a few more berries for decoration

