

MAY 2025

BLUE MOUNTAIN UNION SCHOOL

All Student Meals are Free
 Adult Breakfast: \$ 4.00
 Adult Lunch: \$5.50

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Broccoli Alfredo Or Broccoli Alfredo 5
 Garlic Bread
 Fresh Fruit & Salad Bar

Walking Beef or Bean Tacos 6
 Corn, Rice
 Guacamole
 Salsa, Sour Cream
 Fresh Fruit & Salad Bar

Early Release Day 7
Fresh Pizza
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad

Crispy Chicken Bites 1
 Biscuits
 Corn
 Mashed Potato
 Fresh Fruit & Salad Bar

Cheesy Breadsticks 2
 Marinara Sauce
 Roasted Green Beans
 Fresh Fruit & Salad Bar

Penne with Meat Sauce or Marinara 12
 Roasted Greens
 Bread Roll
 Fresh Fruit & Salad Bar

BMU Bowls 13
 Crispy Chicken
 Mashed Potato, Corn, Gravy
 Fresh Fruit & Salad Bar
 Menu Items]

Fresh Pizza 14
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Traditional Grilled Cheese or Pesto Tomato Grilled Cheese 8
 Tomato Soup
 Grilled Asparagus
 Fresh Fruit & Salad Bar

Brunch for Lunch 9
 French Toast Sticks
 Scrambled Eggs
 Sausage
 Roasted Home fries
 Fresh Fruit & Salad Bar

Mac and Cheese 19
 Sweet Peas
 Garlic Toast
 Fresh Fruit & Salad Bar

Ultimate Nachos 20
 Beef or Bean
 Corn
 Cheddar Cheese Sauce
 Rice, Salsa and Sour Cream
 Fresh Fruit & Salad Bar

Fresh Pizza 21
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Generals Chicken w/ Broccoli 15
 Fried Rice
 Spring Rolls
 Fresh Fruit & Salad Bar

100% Beef Burger or Impossible Veggie Burger 16
 Tater Tots
 Fresh Fruit & Salad Bar



Brunch for Lunch 27
 French Toast Sticks
 Scrambled Eggs
 Sausage
 Roasted Home fries
 Fresh Fruit & Salad Bar

Fresh Pizza 28
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Meatball Sub w/ Marinara 22
 Green Beans
 Fresh Fruit & Salad Bar

HotDogs 23
 Roasted Potato Wedges
 Potato Salad
 Fresh Roasted Veggies
 Fresh Fruit & Salad Bar

Crispy Chicken Sandwich On a Bun 19
 Parmesan Broccoli
 Fresh Fruit & Salad Bar

Cheesy Breadsticks 30
 Marinara Sauce
 Roasted Green Beans
 Fresh Fruit & Salad Bar

Breakfasts Available Everyday

Choices Like:
 Breakfast Sandwiches, Bagels, Cereal, Yogurt
 with Granola, Muffins & Breakfast Breads
 1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any
 questions or comments.
paul.pellegrino@oesu.org
 This Institution is an equal opportunity provider

Full Custom Sandwich Station available
 every day for grades 5-12
 Peanut Butter & Jelly or Ham & Cheese
 Sandwiches are always available everyday as
 a substitute for any entrée meal.