



Menu Name : Urban Academy K-8 Grades Lunch Menu Grade Level / Age Group : K-8 Grades		Options Provided : Hot & Hot Vegetarian Meals Meal Pattern : NSLP Meal : Lunch	
MAY - 2025			

Hot Meals	Milk in School Meals		Thursday, May 1, 2025 Premium Chicken Patty Sandwich	Friday, May 2, 2025 Fresh Hot Delivered Pizza	Week VI
	Milk is more than just a beverage; it's a powerhouse of essential nutrients crucial for growing bodies. From calcium and vitamin D to protein and potassium, milk offers a myriad of health benefits, supporting bone health, muscle function and overall growth. We offer fat-free and low-fat (unflavored or flavored) milk at mealtimes. This ensures students receive the nutritional benefits of milk without added fats. For students with a medically documented food allergy, we provide lactose-free milk as an alternative.		WG Bun & Ketchup Assorted Salad Bar Fresh Orange Choice Milk	Assorted Salad Bar Crisp Varietal Apple Choice Milk	
Hot Veg			Grilled Cheese Sandwich	Fresh Hot Cheese Pizza	

Hot Meals	Monday, May 5, 2025	Tuesday, May 6, 2025	Wednesday, May 7, 2025	Thursday, May 8, 2025	Friday, May 9, 2025	Week I
	Smoky Cheeseburger WG Bun, BBQ Sauce, Ketchup & Shred Cheese Assorted Salad Bar Chilled Peaches WG Ranch Crackers & Choice Milk	Brunch Lunch French Toast Sticks & Syrup Assorted Salad Bar Chilled Fruit Cocktail Choice Milk	All Beef Hot Dog WG Hot Dog Bun, Ketchup Potato Stix & Ketchup Assorted Salad Bar Banana & Choice Milk	Asian Noodles Bowl Teriyaki Noodles with Asian Sweet & Sour Chicken Assorted Salad Bar Fresh Orange Choice Milk	Pizza Hand Pie Assorted Salad Bar Crisp Varietal Apple Choice Milk	
Hot Veg	Vegetarian Croissant Sandwich	Pizza Crunchers	Cheese Hot Pocket w/ Dipping Sauce	Cheesy Quesadilla	Veggie & Cheese Lasagna	

Hot Meals	Monday, May 12, 2025	Tuesday, May 13, 2025	Wednesday, May 14, 2025	Thursday, May 15, 2025	Friday, May 16, 2025	Week II
	Beef Taco Stick Salsa Assorted Salad Bar Chilled Peaches Choice Milk	Mild Honey Sauced Drumstick Mildly Seasoned Flavorful Chicken Drumstick Assorted Salad Bar Animal Crackers Chilled Fruit Cocktail & Choice Milk	Spaghetti w/ Meatballs WG Buttered Spaghetti served with Marinara Meatballs Assorted Salad Bar Banana Choice Milk	Chicken Dumplings Teriyaki Sauce Dip Assorted Salad Bar Fresh Orange Choice Milk	Fresh Hot Delivered Pizza Assorted Salad Bar Crisp Varietal Apple Choice Milk	
Hot Veg	Bean & Cheese Burrito	Pizza Crunchers	Veggie Garden Burger w/Pickles & Ketchup	Max Cheese Breadsticks w/ Dip	Fresh Hot Cheese Pizza	

Hot Meals	Monday, May 19, 2025	Tuesday, May 20, 2025	Wednesday, May 21, 2025	Thursday, May 22, 2025	Friday, May 23, 2025	Week III
	Golden Chicken Tenders & Ketchup Assorted Salad Bar Chilled Peaches Choice Milk WG Bakery Roll	Classic Beef Sloppy Joe Traditional Sloppy Joe meat served on WG Bun & Shred Cheese served on side Assorted Salad Bar Chilled Fruit Cocktail Choice Milk	Hmong Sausage Steamed Seasoned Rice Assorted Salad Bar Banana Choice Milk	Pasta Bake w/ Red Sauce WG Penne w/ Grilled Chicken & Mozzarella Assorted Salad Bar Fresh Orange Choice Milk	Cheese Hot Pocket Warm Red Sauce Assorted Salad Bar Crisp Varietal Apple Choice Milk	
Hot Veg	Fluffy Omelet, Buttermilk Pancakes & Syrup	Cheesy Quesadilla	French Bread	Veg Garden Nuggets w/ Ketchup & WG Roll	Multi Cheese Croissant Sandwich	

Hot Meals	Monday, May 26, 2025	Tuesday, May 27, 2025	Wednesday, May 28, 2025	Thursday, May 29, 2025	Friday, May 30, 2025	Week IV
	Asian Drumstick Seasoned Rice Chilled Peaches Assorted Salad Bar Choice Milk	Chicken Enchilada Crunch Lunch Seasoned Chicken Enchilada with Fritos Corn Chips for a crunchy base Served with Cheese on side Assorted Salad Bar Chilled Fruit Cocktail & Choice Milk	The Cheeseburger , that Never Gets Old-Fashioned WG Bun, Cheese Slice & Ketchup Cheddar Goldfish Assorted Salad Bar Banana & Choice Milk	Golden Corn Dog WG Chicken Corn Dog served with Ketchup Wafers Assorted Salad Bar Fresh Orange & Choice Milk	Fresh Hot Delivered Pizza Assorted Salad Bar Crisp Varietal Apple Choice Milk	
Hot Veg	Cheese Mostaccioli	Easy-Cheesy Pull Aparts	Mac & Cheese Bites & Ranch	Three-Cheese Corn Enchilada	Fresh Hot Cheese Pizza	

*** Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.



JUNE 2025 Menu (Subject to Change)

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	Monday, June 2, 2025	Tuesday, June 3, 2025	Wednesday, June 4, 2025	Thursday, June 5, 2025	Friday, June 6, 2025	
Hot Meals	Golden Chicken Tenders & Ketchup	Walking Taco	Chinese Teriyaki Chicken	Creamy Mac & Cheese	Mini Cheese Pizza Triangles	Week V
	Assorted Salad Bar	Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese & Crema	Steamed Seasoned Rice	WG Roll	Assorted Salad Bar	
	Chilled Peaches	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Crisp Varietal Apple	
	Vanilla Chat-Snax	Chilled Fruit Cocktail	Banana	Fresh Orange	Choice Milk	
Choice Milk	Choice Milk	Choice Milk	Choice Milk			
Hot Veg	<i>Cheese Bites w/ Dip</i>	<i>Bean & Cheese Pupusa w/ Boom Sauce</i>	<i>Veg Garden Nuggets w/ Ketchup & Grahams</i>	<i>French Pizza Bread</i>	<i>Mini Waffles & Omelet</i>	
	Monday, June 9, 2025	Tuesday, June 10, 2025	Wednesday, June 11, 2025			
Hot Meals	Premium Chicken Nuggets	Mongolian Meatballs	Hmong Sausage			Week VI
	Ketchup	Mashed Potatoes	Steamed Seasoned Rice			
	Wheat Crackers	Assorted Salad Bar	Assorted Salad Bar			
	Assorted Salad Bar	Chilled Fruit Cocktail	Banana			
Chilled Peaches & Choice Milk	WG Roll & Choice Milk	Choice Milk				
Hot Veg	<i>Twisty Stuffed Breadsticks w/ Dip</i>	<i>Veggie Garden Burger w/ Ketchup</i>	<i>French Pizza Bread</i>			