



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1st</b> Selection of Cereals Cheese Stick Fresh Fruit	<b>2nd</b> Continental Breakfast Assorted muffins Granola Bars Fresh Fruit
<b>5th</b> Yogurt and Berry Parfait Topped with Granola Fresh Fruit	<b>6th</b> French Toast Sticks Sausage Available Yogurt Fresh Fruit	<b>7th</b> Continental Breakfast Assorted muffins Granola Bars Fresh Fruit	<b>8th</b> Breakfast Sandwich Egg, Cheese & Bacon No Meat Available Fresh Fruit	<b>9th</b> Yogurt and Berry Parfait Topped with Granola Fresh Fruit
<b>12th</b> Continental Breakfast Assorted muffins Granola Bars Fresh Fruit	<b>13th</b> Fruit and Yogurt Smoothie Assorted Muffins Fresh Fruit	<b>14th</b> Cheesy Hashbrowns Yogurt Fresh Fruit	<b>15th</b> Yogurt and Berry Parfait Topped with Granola Fresh Fruit	<b>16th</b> Continental Breakfast Assorted muffins Granola Bars Fresh Fruit
<b>19th</b> Yogurt and Berry Parfait Topped with Granola Fresh Fruit	<b>20th</b> Fresh Baked Muffins Yogurt Fresh Fruit	<b>21st</b> Breakfast Sandwich Egg, Cheese & Bacon No Meat Available Fresh Fruit	<b>22nd</b> Continental Breakfast Assorted muffins Granola Bars Fresh Fruit	<b>23rd</b> Yogurt and Berry Parfait Topped with Granola Fresh Fruit
<b>26th</b> Continental Breakfast Assorted muffins Granola Bars Fresh Fruit	<b>27th</b> Breakfast Burrito Egg, cheese & Spicy Chicken No Meat available Fresh Fruit	<b>28th</b> Yogurt and Berry Parfait Topped with Granola Fresh Fruit	<b>29th</b> Warm Cinnamon Buns Yogurt Fresh Fruit	<b>30th</b> Continental Breakfast Assorted muffins Granola Bars Fresh Fruit

LUNCHES ARE SERVED WITH 1% WHITE OR FAT FREE CHOCOLATE MILK (0.50 IF PURCHASED ALONE) VEGETABLE OF THE DAY AND FRUIT. LUNCH WILL BE FREE TO ALL STUDENTS UNTIL 6/30/2025. OUR MEALS ARE PLANNED TO COMPLY WITH THE USDA DAILY RECOMMENDED GUIDELINES. SUNBUTTER AND JELLY SANDWICH, ASSORTED SUBS, HOMEMADE PIZZA & FRESH SALAD OF THE DAY WILL BE OFFERED DAILY AS AN ALTERNATE. ALL MEALS ARE OFFERED FREE TO QUALIFYING STUDENTS. PLEASE VISIT OUR WEBSITE FOR MORE INFORMATION. WE WELCOME YOUR COMMENTS & QUESTIONS, PLEASE FEEL FREE TO CALL ANYTIME AT 978-402-8666 OR EMAIL SBARDZIK@CARLISLE.K12.MA.US. OUR PREPAYMENT OPTION TAKES A LOAD OFF YOUR MIND, PLEASE VISIT THE CARLISLE SCHOOL WEB-SITE FOR MORE INFORMATION. Civil rights law and U.S. Department of Agriculture (USDA) Civil Rights