



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1st Chicken Caesar Salad Meatless Caesar Salad Garlic Bread Green Beans Orange Smiles	2nd Specialty Pizzas GF Pizza Garden Salad Red and Green Grapes Special Dessert
5th MEATLESS MONDAY Oven Baked Cheesy Fries Refried Beans Green Peas Pineapple	6th Chicken Nuggets or Veggie Nuggets Steamed Spring Vegetables Fluffy White Rice Strawberry Fruit Cup	7th Half Day Hamburger or Veggie Burger Bag of Pretzels Carrot Sticks Cranberries	8th Italian Chicken Sub Pasta Salad Steamed Broccoli Red and Green Grapes	9th Specialty Pizzas GF Pizza Fresh Spinach Salad Mixed Fruit Special Dessert
12th MEATLESS MONDAY Grilled Cheese Creamy Tomato Soup Lays Chips Carrots W/Dip Mixed Fruit	13th Cheese Steak Sub Oven Baked Fries Steamed Broccoli Red and Green Apples	14th Breakfast for Lunch French Toast Sticks Eggs Sausage links Red & Green Peppers Orange Slices	15th Chicken or Veggie Stir Fry Over White Rice Mixed Salad Chilled Pears	16th Specialty Pizzas GF Pizza Lentil Salad Orange Smiles Special Dessert
19th MEATLESS MONDAY Pasta With Marinara ChickPea Salad Fresh Strawberries & Peaches	20th Nachos Grande With or Without Beef Black Beans Sweet Corn Strawberry Fruit Cup	21st All Beef Hot Dogs Oven Baked Fries Boston Baked Beans Watermelon	22nd Chicken or Veggie Curry Over Rice Honey Glazed Carrots Orange Smiles	23rd Specialty Pizzas GF Pizza Mixed Salad Red and Green Grapes Special Dessert
26th No School Have A Great Day!	27th Chicken or Veggie Fried Rice Edamame Asian slaw Pineapple	28th Summer Strawberry Salad With or Without Chicken Bread Stick Roasted Chickpeas Cranberries	29th Hamburger, Cheese Burger Or Veggie Burger Oven Baked Fries Cole Slaw Watermelon	30th Specialty Pizzas GF Pizza Caesar Salad Special Dessert

LUNCHES ARE SERVED WITH 1% WHITE OR FAT FREE CHOCOLATE MILK (0.50 IF PURCHASED ALONE) VEGETABLE OF THE DAY AND FRUIT. LUNCH WILL BE FREE TO ALL STUDENTS UNTIL 6/30/2025. OUR MEALS ARE PLANNED TO COMPLY WITH THE USDA DAILY RECOMMENDED GUIDELINES. SUNBUTTER AND JELLY SANDWICH, ASSORTED SUBS, HOMEMADE PIZZA & FRESH SALAD OF THE DAY WILL BE OFFERED DAILY AS AN ALTERNATE. ALL MEALS ARE OFFERED FREE TO QUALIFYING STUDENTS. PLEASE VISIT OUR WEBSITE FOR MORE INFORMATION. WE WELCOME YOUR COMMENTS & QUESTIONS, PLEASE FEEL FREE TO CALL ANYTIME AT 978-402-8666 OR EMAIL SBARDZIK@CARLISLE.K12.MA.US. OUR PREPAYMENT OPTION TAKES A LOAD OFF YOUR MIND, PLEASE VISIT THE CARLISLE SCHOOL WEB-SITE FOR MORE INFORMATION. Civil rights law and U.S. Department of Agriculture (USDA) Civil Rights