



NYS Apples

May

2025


6-8



Lunch

Middle



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Hotdog on a wg bun Turkey & Cheese Wrap	2 Grilled Cheese w/ Alfredo Noodles Cheese pizza
			NYS Potatoes 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
5 Cinco de Mayo Taco's In a Bag	6 Breakfast For Lunch Sausage, Egg patty, & French Toast Sticks	7 Buffalo Chicken Mac & Cheese	8 Popcorn Chicken w/ Sea- soned Rice	9 Italian Dunkers
Cheese Pizza	Turkey & Cheese Sandwich	Pepperoni Pizza	Ham & cheese Sandwich	Cheese Pizza
Vegetarian 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Carrot Sticks 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Mixed Vegetables 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Romaine Lettuce 1c Fresh or Prepared Fruit 1/2c Milk-8oz
12 Chicken Nuggets w/buttered Noodles Cheese Pizza	13 Nacho 's Grande Turkey & Cheese Wrap	14 Chicken Alfredo & a dinner roll Pepperoni Pizza	15 Grilled Cheese Sandwich Ham & Cheese Wrap	16 National Pizza Day!! Assorted Pizza
Green Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz Hersey's Chocolate Sunday Cup
19 BBQ Chicken Tenders	20 Build Your Own Taco's	21 Mac & Cheese with a roll	22 Popcorn chicken w/ sea- soned rice	23 Half Day of School
Cheese Pizza	Turkey & Cheese Wrap	Pepperoni Pizza	Ham & Cheese Sandwich	
Carrot Sticks 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Green beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Roasted Corn 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	
26 Happy Memorial Day!	27 Taco's in a Bag Turkey & Cheese Wrap	28 Three Cheese Mac & Cheese Pepperoni Pizza	29 Baked Chicken Ham & cheese Wrap	30 Grilled cheese w/ Alfredo Noodles Cheese Pizza
	Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Fresh Baby Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes w/ Onion 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

The Following Entrees Served Daily:

6" Subs and Wraps (2M2G)

Salads Made to Order
(Includes Flatbread) 2M2G

Peanut Butter & Jelly
Sandwich (2M2G)

Fruit & Yogurt Parfait
w/Flatbread(2M2G)

Offered daily
with all School Lunches:

Fresh or Prepared Fruit
(Must take 1/2 cup of Fruit or Vegetable –
may take up to 1 cup)

NY State 8oz 1% or Skim
White Milk
Fat Free Chocolate Milk



Student \$3.00
Adult \$5.00

Approved by PTFS Dietitian: Perry Schmidt, MS,
RD, CDN

If your student has a particular food allergy, please contact the food service office @
(716)209-6251