


Menus for May 2025



**Henry County
Elementary Schools**

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

Breakfast (in blue):
Assorted Cereal
100% Fruit Juice
Choice of Low Fat Milk

Lunch:
Choice of Low Fat Milk

*Pork products listed in pink.



2024-2025: School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.40	\$2.65
Students Grades 6-12	\$1.40	\$2.75
Student Reduced-Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.50	\$4.00
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.50	\$4.00

Featured Specials of the Day

Thursday, May 1
Blueberry Mini Pancakes, WG Muffin w/ Yogurt,
1. Orange Chicken & Rice, 2. PBJ/Wow Sandwich w/
Chips, Sweet Peas, Carrot Sticks, Frozen Juice Cup

Friday, May 2
Chicken Biscuit, Frosted Breakfast Pastry, 1. Stuffed Crust
Pizza, 2. PBJ/Wow Sandwich w/ Chips, 3. Hot Dog, Whole
Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

Monday, May 5
Sausage Biscuit, Chicken Biscuit, 1. Crisitos 2. PBJ/Wow
Sandwich w/ Chips, 3. MaxSnax Tacos, Salsa, Black Beans,
Carrot Sticks w/ Ranch, Watermelon Chunks

Tuesday, May 6
WG Muffin w/ Yogurt, Cheese Grits w/ Toast,
1. Spicy Chicken Sandwich 2. Deli Turkey Sandwich 3. PBJ/
Wow Sandwich w/ Chips, 4. Garden Salad w/ Chicken,
Potato Tots, Garden Salad w/ Ranch, Fresh Strawberries

Wednesday, May 7
Sausage Biscuit, Breakfast Frudel, 1. Ravioli w/ Roll 2. PBJ/
Wow Sandwich w/ Chips 3. Chicken Nuggets w/ Roll,
Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, May 8
WG Muffin w/ Yogurt, Breakfast Pizza,
1. Chicken & Waffles 2. PBJ/Wow Sandwich w/ Chips,
Sweet Potato Fries, Celery Sticks, Frozen Juice Cup

Friday, May 9
Chicken Biscuit, Frosted Breakfast Pastry,
1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips,
3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch,
100% Fruit Juice

LINQ Connect
Online School Meal Payment Portal: linqconnect.com

SCHOOL LUNCH HERO DAY™



First Friday in May

Cinco De Mayo

May 5

In Mexico, Cinco de Mayo marks a famous Mexican military victory. In the United States and elsewhere around the world, the day is a celebration of Mexican heritage and culture. Cinco de Mayo is really a bigger deal here than it is in Mexico!

DON'T 4 GET!

Take at least **ONE**
FRUIT or VEGGIE
and at least **THREE**
items total so your meal
counts as a complete lunch!

Queen for a Day!

Mother's Day
Sunday, May 11



Featured Specials of the Day

Monday, May 12

Sausage Biscuit, Chicken Biscuit,

1. BBQ Sandwich, 2. Chicken w/ Mac & Cheese,
Carrot Sticks w/ Ranch, Baked Beans (1/2 cup),
Sliced Peaches

Tuesday, May 13

WG Muffin w/ Yogurt, Cheese Grits w/ Toast

1. Cheeseburger, 2. Deli Turkey Sandwich,
3. Garden Salad w/ Chicken, Seasoned Fries,
Lettuce & Tomatoes, Fresh Strawberries

Wednesday, May 14

Sausage Biscuit, Mini Cinnis Bagels

1. Popcorn Chicken w/ Roll, 2. PBJ/Wow Sandwich w/
Chips 3. Ravioli w/ Roll, Steamed Broccoli,
Mashed Potatoes, Fresh Apple

Thursday, May 15

WG Muffin w/ Yogurt, Blueberry Pancake Stick

1. Beefy Nachos w/ Salsa 2. PBJ/Wow Sandwich w/
Chips, Black Beans, Carrot Sticks w/ Ranch,
Frozen Juice Cup

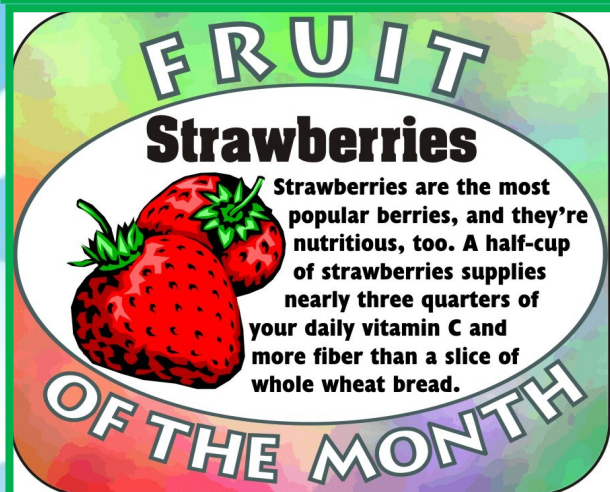
Friday, May 16

Chicken Biscuit, Frosted Breakfast Pastry,

1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips,
3. Hot Dog, Whole Kernel Corn, Garden Salad w/
Ranch, 100% Fruit Juice

*See front page for daily available options

LOCAL HARVEST OF THE MONTH



GOING NATURAL?

There's no legal definition of the word "natural" on a food label. So it doesn't really mean much at all. To truly "go natural," eat lots of whole foods

100% NATURAL
(like fruits, veggies, nuts, beans, lean protein) that don't have any other ingredients at all -- naturally.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Congratulations and best of luck to all members of the Class of 2025.



We'll look forward to seeing (and serving) the rest of you again next fall.

Thanks for your business this year!

Featured Specials of the Day

Monday, May 19

*Manager's Choice
Breakfast & Lunch Options

Tuesday, May 20

*Manager's Choice
Breakfast & Lunch Options

Wednesday, May 21

*Manager's Choice
Breakfast & Lunch Options

Thursday, May 22

*Manager's Choice
Breakfast & Lunch Options

Friday, May 23

*Manager's Choice
Breakfast & Lunch Options

*Contact your school's nutrition manager for the manager's choice options for the day

OR

*View menus on lingconnect.com:

1. Click "school services" in right hand corner, select "school menus" in drop down menu
2. Search for District, "Henry County Schools (McDonough, Georgia)" Click continue
3. The menus will pop up for a school. You can change the school by clicking the down arrow in the "school" box on right hand side of screen.
4. If you want to see the nutrients in an item, click on item & the nutrition information will pop up.