

What's on the Menu?






Rochester Community Schools

High School Menu

May 5- 9, 2025

Allergy Alert: New Manufacturer Hamburger Buns, Hot Dog Buns, Sliced Bread and Hoagie Rolls CONTAIN WHEAT, SOY AND SESAME

A full student lunch includes a choice of entrée supplying protein and grain, 2(1/2) Cup vegetable side dishes, 2 (1/2) Cup fruit side dishes, and a choice of 1% white or chocolate milk. A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
	Available Daily: Favorite comfort foods and international flavors served your way				
	General Tso Chicken Yakisoba Noodles Garlic Ginger Bok Choy Green Onion Garish	Turkey Barbacoa Gochujang Style Lettuce Cups w/ Korean Bibimbap Sauce Edamame Green Onions Cucumber and Carrots Brown Rice	Whole Grain Chicken Tenders and Whole Grain Waffles with Hot Honey or Syrup Waffle Cut Sweet Potato Fries Warm Spiced Peaches	Popcorn Chicken Bowl Mashed Potato Savory Gravy Whole Grain Breadstick Seasoned Corn Shredded Cheddar Green Onion Garnish	Breaded Chicken Parmesan Roasted Potatoes Roasted Green Beans Whole Grain Dinner Roll Roma Cheese Blend
	Available Daily: Favorite latin flavors made your way; Whole grain soft tacos or nachos, Queso blanco and Fresh toppings				
	Served Daily Beef Taco Meat 2nd Choice Turkey Taco Meat Black Beans	Served Daily Beef Taco Meat 2nd Choice Turkey Taco Meat Black Beans	Served Daily Beef Taco Meat 2nd Choice Homemade Pork Carnitas Refried Beans	Served Daily Beef Taco Meat 2nd Choice Homemade Pork Carnitas Refried Beans	Served Daily Beef Taco Meat 2nd Choice Turkey Barbacoa Cilantro Rice Bowl
	Available Daily: Chicken (regular or spicy) Sandwiches and Classic burgers (regular or with cheese)				
	Corn Dog on a Stick Spiral Cut Fries	WG Mozzarella Cheese Sticks w/ Pizza Sauce Waffle Fries	Philly Beef and Cheese Sandwich Tater Tots	Beef Meatball Sub Sweet Potato Fries	Chicken Tenders w/ Soft Pretzel Potato Wedges
	Available Daily: Classic Whole Grain Cheese or Pepperoni Pizza or Whole Grain Bosco Sticks				
	Buffalo Chicken	Hawaiian Ham Pizza	Meatball Pizza	Turkey Bacon Pizza	Mushroom Pizza
	Available Daily: Prepared deli sandwiches and salads for a fresh and easy grab and go				
	WG Chicken Buffalo Wrap Chicken Salad Croissant Orange Crush Parfait Turkey American Sub WOWButter Sandwich	Ham (Pork) Croissant Garden Salad wPopcorn Chicken and Flatbread Turkey American Sub Berry Yogurt Parfait	WG Chicken Buffalo Wrap Chicken Salad Croissant Orange Crush Parfait Turkey American Sub WOWButter Sandwich	Ham (Pork) Croissant Garden Salad wPopcorn Chicken and Flatbread Turkey American Sub Berry Yogurt Parfait	WG Chicken Buffalo Wrap Chicken Salad Croissant Orange Crush Parfait Turkey American Sub WOWButter Sandwich
	Available Daily: Cold fruit and vegetable bar, featuring fresh apples, oranges celery and baby carrots daily				
	Spinach and Romaine Salad Citrus Kidney Bean Salad Cucumber Coins Applesauce	Spinach and Romaine Salad Citrus Kidney Bean Salad Cucumber Coins Applesauce	Potato Side Salad Aztec Quinoa Side Salad Fresh Broccoli Florets Fresh Fruit Salad	Spinach and Romaine Salad Red Pepper Strips Fresh Radish Fresh Blueberries	Spinach and Romaine Salad Red Pepper Strips Fresh Radish Fresh Blueberries



Questions? Food Service Office 248-726-4602
Make Checks Payable to RCS Foodservice for a la carte items.
This institution is an equal opportunity employer.



