



MOOD BOOST



Chartwells School Dining Services: Rochester Elementary Schools Lunch Menu May 2025

A full student lunch includes a choice of entrée supplying protein and grain, 3/4 cup vegetable side dishes, 1/2 cup fruit side dish, and milk.
Milk choices include 1% white and 1% chocolate.



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Alfredo On Rotini with Breadstick Seasoned Broccoli Fruit & Veggie Bar	2 WG Classic Cheese Pizza Seasoned Cauliflower School Lunch Hero Day! Fruit & Veggie Bar
5 WG French Toast Sticks with Syrup Turkey Sausage Cinco De Mayo! Crispy Tater Tots Fruit & Veggie Bar	6 Nachos with Queso Blanco & Taco Meat (Turkey) Seasoned Pinto Beans Fruit & Veggie Bar	7 WG Mini Cheese Ravioli in Marinara Sauce w/ Breadstick Seasoned Broccoli Fruit & Veggie Bar	8 WG Popcorn Chicken w/ Mashed Potatoes & Gravy WG Biscuit Seasoned Corn Fruit & Veggie Bar	9 WG Classic Cheese Pizza Seasoned Peas Fruit & Veggie Bar
12 WG Pancakes with Syrup Egg & Cheese Omelet Baked Emoji Fries Fruit & Veggie Bar	13 May is National Walking Month! Build Your Own Beef Taco Seasoned Black Beans Fruit & Veggie Bar	14 WG Breaded Chicken Drumstick Fluffy Breadstick Vegetarian Baked Beans Fruit & Veggie Bar	15 WG Chicken & Veggie Dumplings with Sweet & Sour Sauce Lucky Fried Rice Roasted Carrot Coins Fortune Cookie Fruit & Veggie Bar	16 WG Classic Cheese Pizza Seasoned Green Beans Fruit & Veggie Bar
19 WG Eggoji Waffles with Syrup Scrambled Eggs Waffle Fries Fruit & Veggie Bar	20 Totchos with BBQ Chicken & Cheddar Cheese with Tortilla Chins Seasoned Pinto Beans World Bee Day! Fruit & Veggie Bar	21 WG Boneless Chicken Wings with Buffalo Ranch (on side) with Fluffv Breadstick Seasoned Peas Fruit & Veggie Bar	22 Meatball (Chicken) Sub on WG Hoagie Roll Seasoned Green Beans Fruit & Veggie Bar	23 WG Classic Cheese Pizza Seasoned Carrots World Turtle Day! Fruit & Veggie Bar
26 No School	27 Build Your Own Chicken Taco Seasoned Black Beans Fruit & Veggie Bar	28 Homemade Mac & Cheese w/ Breadstick Seasoned Cauliflower Fruit & Veggie Bar International Burger Day!	29 BBQ Pulled Chicken Sandwich on WG Bun Seasoned Corn Fruit & Veggie Bar	30 WG Classic Cheese Pizza Seasoned Broccoli Fruit & Veggie Bar
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk):				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
B. Chicken Romaine Salad with Cheese & Fluffy Breadstick	B. WG Grilled Cheese Sandwich	B. Chicken Romaine Salad with Cheese & Fluffy Breadstick	B. WG Grilled Cheese Sandwich	B. Chicken Romaine Salad with Cheese & Fluffy Breadstick
C. WG Chicken Nuggets with WG Breadstick	C. Hot Dog (Beef) on WG Bun	C. WG Boscós with Pizza Dipping Sauce	C. Cheeseburger on WG Bun	C. WG Chicken Patty on WG Bun

A student must select 1/2 cup of fruit or vegetable to make a complete meal or a la carte pricing is applied.

Wowbutter & Jelly Sandwiches Available Daily

Questions? Please call the Food Service Office 248-726-4602

This institution is an equal opportunity employer

Please refer to Elementary Menus In Nutrislice which include allergen, carb counts, and nutritional information:



<https://rochesterk12.nutrislice.com/menu>



This month's food focus is: Summer Fun
Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.





Meet the Moodies!



This Month's Fruit and Vegetable Bar Featured Selections: ~Apples, Oranges, Celery and Carrots Available Every Day~

Monday	Tuesday	Wednesday	Thursday	Friday
May 1st-May 2nd				
			Fresh Strawberries	Cucumber Coins
			Dressed Caesar Salad	SideKick (100% Fruit Juice)
			Fresh Cut Seasonal Fruit	Tossed Romaine Salad
			Green Pepper Strips	Chilled Pineapple
May 5th-May 9th				
Broccoli Florets	Salsa	Red Pepper Strips	Dressed Caesar Salad	Cucumber Coins
Romaine and Spinach Salad	Chilled Applesauce	Chilled Peaches	Fresh Strawberries	SideKick (100% Fruit Juice)
Cherry Tomatoes	Chopped Romaine	Spinach Salad with Strawberries	Sugar Snap Peas	Fresh Banana
Orange Juice	Raisins	Chilled Mandarin Oranges	Fresh Cut Seasonal Fruit	Tossed Romaine Salad
May 12th-May 16th				
Broccoli Florets	Chopped Romaine	Spinach Salad with Strawberries	Fresh Strawberries	Tossed Romaine Salad
Cinnamon Bananas	Craisins	Chilled Mandarin Oranges	Cucumber Coins	SideKick (100% Fruit Juice)
Cherry Tomatoes	Chilled Power Peas	Red Pepper Strips	Fresh Cut Seasonal Fruit	Sugar Snap Peas
Grape Juice	Salsa	Chilled Cinnamon Applesauce	Dressed Caesar Salad	Chilled Pears
Raspberries w/ Chocolate & Fresh Basil	Raspberries w/ Chocolate & Fresh Basil	Raspberries w/ Chocolate & Fresh Basil	Raspberries w/ Chocolate & Fresh Basil	Raspberries w/ Chocolate & Fresh Basil
Romaine and Spinach Salad				
May 19th-May 23rd				
Apple Juice	Raisins	Red Pepper Strips	Fresh Strawberries	Sugar Snap Peas
Romaine and Spinach Salad	Chopped Romaine	Chilled Peaches	Cucumber Coins	SideKick (100% Fruit Juice)
Craisins	Chilled Applesauce	Spinach Salad with Strawberries	Fresh Cut Seasonal Fruit	Tossed Romaine Salad
Broccoli Florets	Salsa	Chilled Mandarin Oranges	Dressed Caesar Salad	Fresh Banana
Grape Tomatoes				
May 26th-May 30th				
Orange Juice	Chopped Romaine	Chilled Mandarin Oranges	Fresh Strawberries	Cucumber Coins
Chilled Power Peas	Chilled Peaches	Spinach Salad with Strawberries	Dressed Caesar Salad	SideKick (100% Fruit Juice)
Cinnamon Bananas	Salsa	Red Pepper Strips	Fresh Cut Seasonal Fruit	Tossed Romaine Salad
Romaine and Spinach Salad	Fresh Apple	Craisins	Green Pepper Strips	Chilled Pineapple