

CALIFORNIA HEALTHY KIDS SURVEY



Strandwood Elementary Elementary 2024-2025 Main Report





This report was prepared by WestEd, a research, development, and service agency, under contract from the California Department of Education School Health Office. For contract information, contact:

Hilva Chan California Department of Education School Health and Safety Office Educator Excellence and Equity Division 1430 N Street Sacramento, CA 95814 hchan@cde.ca.gov

Recommended citation:

Strandwood Elementary School. *California Healthy Kids Survey, 2024-2025: Main Report.* San Francisco: WestEd for the California Department of Education.

Date prepared: 3 Feb 2025 CDS code: 07617546004311

Contents

Pa	ge
List of Tables	II
PREFACE	V
Survey Module Administration	1
A. Core Module Results	2
1. Survey Sample	2
2. Summary of Key Indicators	3
3. Demographics	5
4. Health Routines	7
5. Remote Schooling	8
6. School Performance, Supports, and Engagements	10
	20
8. Fairness, Rule Clarity, and Positive Student Behavior	22
•	26
10. Home Supports and Involvement in Schooling	30
	32
12. Tobacco Use and Vaping	33
	34
	35
	49
Z. Mt. Diablo Unified Custom Questions	52
1. Module Sample	52
2. Custom Questions	53

List of Tables

		Page
Survey Mo	dule Administration	
A. Core Mo	odule Results	. 2
1. Survey Sa	ample	. 2
A1.1	Student Sample Characteristics	
A1.2	Number of Respondents by Instructional Model	
2. Summary	y of Key Indicators	. 3
A2.1	Key Indicators of School Climate	. 3
A2.2	Key Indicators of Substance Use, Health Routines, Remote Schooling, and Student	
	Well-Being	. 4
3. Demogra	phics	. 5
A3.1	School Schedule, Past 30 Days	
A3.2	Gender of Sample	. 5
A3.3	Race or Ethnicity	. 6
A3.4	Number of Days Attending Afterschool Program	. 6
4. Health Ro	outines	. 7
A4.1	Eating of Breakfast	. 7
A4.2	Bedtime	. 7
5. Remote S	Schooling	
A5.1	Remote Schooling Schedule and Instructional Time	
A5.2	Interesting Activities Provided for Student in Remote Schooling	. 9
6. School Pe	erformance, Supports, and Engagements	
A6.1	Perceived School Performance	
A6.2	Truancy, Past 30 Days	
A6.3	School Environment, School Connectedness, and Academic Motivation Scales	
A6.4	Caring Adults in School Scale Questions	
A6.5	High Expectations-Adults in School Scale Questions	
A6.6	Meaningful Participation at School Scale Questions	
A6.6	Meaningful Participation at School Scale Questions – Continued	
A6.7	School Connectedness Scale Questions	
A6.7	School Connectedness Scale Questions – Continued	
A6.8	Academic Motivation Scale Questions	
A6.9	School Boredom	
A6.10	Quality of School Physical Environment	
7. Supports	for Learning at School	
A7.1	Social and Emotional Learning Supports Scale Questions	
A7.2	Teachers Checking on how Students are Feeling	. 21

A7.3	Students at School Motivated to Learn	21
8. Fairness, A8.1 A8.2 A8.3 A8.4	Rule Clarity, and Positive Student Behavior	22 23 24
9. School V A9.1 A9.2 A9.3 A9.4 A9.5 A9.6	iolence, Victimization, and Safety	26 27 28 28 28 28
10. Home S A10.1 A10.2	upports and Involvement in Schooling	30
11. Alcohol A11.1 A11.2	and Other Drug (AOD) Use	32
12. Tobacco A12.1 A12.2	Use and Vaping	33
13. Other Pl A13.1 A13.2	hysical and Mental Health Risks	34
14. Race/Et A14.1 A14.1 A14.1 A14.1 A14.2 A14.2 A14.2 A14.2 A14.3 A14.4 A14.4 A14.5 A14.5 A14.5 A14.6 A14.7 A14.8	hnic Breakdowns	35 36 37 38 39 40 41 42 43 44 45 46 47
15. Gender	Breakdowns	49

A15.1	School Engagement and Supports by Gender	49
A15.2	School Safety, Cyberbullying, School Disciplinary Environment, and Substance Use	
	by Gender	50
A15.3	Health Routines, Remote Schooling, and Mental Health by Gender	51
Z. Mt. Diab	lo Unified Custom Questions	52
1. Module S	ample	52
Z1.1	Student Sample for Custom Questions	
2. Custom Q	Questions	53

PREFACE

HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2024-25 *California Healthy Kids Survey* (CHKS) for schools within this school. The CHKS, along with its two companion surveys— the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education's *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS.

These surveys grew out of the California Department of Education's (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and Local Control and Accountability Plan (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (calschls.org). The California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS technical advisor team offers data workshops and coaching to help identify local needs and develop action plans to meet those needs.

THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The elementary school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules, including a Social Emotional Health Module (SEHM) and Mental Health Supports Module, that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

Core Module

As outlined in Exhibit 1, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, positive development, and well-being. The primary focus of the survey is assessing student perceptions and experiences related to:

- school climate, connectedness, and learning engagement;
- perceived school safety and frequency of, and reasons for, harassment and bullying at school;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- mental health, supports for social-emotional learning, and positive behavior; and
- health-related and behavioral learning barriers (e.g., substance use, violence at school, physical health, mental health).

Social Emotional Health Module (Supplementary)

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strengthbased assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and life satisfaction. It includes 39 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

Mental Health Supports Module (Supplementary)

The Mental Health Supports Module (MHSM) assesses students' mental health, openness to utilizing mental health supports and services, and access to mental health services at school and elsewhere. This 12-item module was developed by the University of California, San Francisco Institute for Health Policy Studies.

SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

Table A1.1 gives the target sample of students and the final number and percentage of students who completed the survey (the participation response rate).

THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option. Percentages are rounded to the nearest whole number.

Race/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

ONLINE DATA DASHBOARDS

Public Dashboard. Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard (<u>calschls.org/my-surveys</u>). The dashboard can be used to graphically display statewide, county, and district key indicators and item-level results, trends over time, and differences in survey outcomes by race/ethnicity, gender, afterschool program participation, and other characteristics. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

The District Dashboard Option. Districts may also purchase a two-year subscription to a passwordprotected, private data dashboard that displays up to 11 years of CalSCHLS data at not only the district level but also the individual school level. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons by gender, race/ethnicity, afterschool participation, and other characteristics; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

UNDERSTANDING AND USING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

Representativeness

Among the most important factors affecting the quality of survey results is the level of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

RESOURCES

<u>CalSCHLS.org</u> contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate (<u>data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf</u>).
- The **California Center for School Climate** (<u>ccsc.wested.org</u>) website houses school climate resources and guides, and archived virtual events.
- The *California Safe and Supportive Schools Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on <u>ca-safe-supportive-schools.wested.org/subscribe/</u>.
- CDE's **California Safe and Supportive Schools** website (<u>ca-safe-supportive-</u> <u>schools.wested.org</u>) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The CalSCHLS Item Crosswalk (<u>calschls.org/resources/#resources_and_tools</u>) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS technical advisor team. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- Staff and Parent Surveys. If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk (calschls.org/resources/#resources_and_tools) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- Secondary CHKS Results. Examine how the results for 5th graders compare with those for 7th, 9th, and 11th graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- Other Data. Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- Similar District and Statewide Results. The aggregated results from the 2021-2023 statewide CHKS elementary survey administration can be downloaded from the CalSCHLS website (calschls.org/docs/statewide_2123_elem_chks.pdf) to help interpret your results. If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS technical advisor to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (<u>calschls.org/contact</u>) or email <u>calschls@wested.org</u>.

Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

School Climate Report Card

In addition to this school-level report with all the survey results, a short, user-friendly, graphic **School Climate Report Card** is also available. The School Climate Report Card provides trends across key indicators of school climate and provides two-year state averages on those indicators (calschls.org/reports-data/#slcr).

Disaggregated Reports

CalSCHLS staff can produce reports that show how results vary by subgroups. For example, what are the characteristics of youth who are low in perceived safety, school connectedness, or academic motivation compared to those who are high? This is particularly important given the LCAP requirements to address these needs. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

Additional Analysis of Data

The complete dataset is available electronically for additional analysis (<u>calschls.org/reports-data</u>). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

Add Questions to Your Next Surveys

Determine what additional information is needed to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (562.799.5460) or email <u>calschls@wested.org</u>.

Exhibit 1

	Student Core	Student Social Emotional Health	Staff Survey	Parent Survey
Student Learning Engagement				
Academic mindset		\checkmark		
Academic motivation	\checkmark		✓	✓
Academic performance	\checkmark			
Attendance	\checkmark		\checkmark	
School boredom	\checkmark			
School connectedness	\checkmark			
Student Social-Emotional and Physical Well-being				
Alcohol, tobacco, and drug use	\checkmark		\checkmark	✓
Bedtime	✓			
Collaboration		✓		
Empathy		✓		
Gratitude		✓		
Life satisfaction		\checkmark		
Optimism		\checkmark		
Perceived safety	\checkmark		\checkmark	✓
Persistence		\checkmark		
Problem solving		\checkmark		
Self-efficacy		\checkmark		
Social-emotional competencies and health		\checkmark	\checkmark	
Social-emotional distress		\checkmark		
Violence and victimization (bullying)	\checkmark		\checkmark	\checkmark
Zest		\checkmark		
School Climate Conditions				
Academic rigor and norms			\checkmark	\checkmark
High expectations	\checkmark		\checkmark	\checkmark
Meaningful participation and decision-making	\checkmark		\checkmark	\checkmark
Parent involvement	\checkmark		\checkmark	\checkmark
Physical environment	\checkmark		\checkmark	\checkmark
Relationships among staff			\checkmark	
Relationships among students		\checkmark	\checkmark	✓
Relationships between students and staff	\checkmark		\checkmark	\checkmark
Respect for diversity and cultural sensitivity			\checkmark	\checkmark
Teacher and other supports for learning	\checkmark		\checkmark	\checkmark
School Climate Improvement Practices				
Bullying prevention	\checkmark		\checkmark	✓
Discipline and order (policies, enforcement)	✓		✓	\checkmark
Services and policies to address student needs			\checkmark	
Social-emotional/behavioral supports	✓		\checkmark	\checkmark
Staff supports			\checkmark	

Major School-Related Domains and Constructs Assessed by CalSCHLS in Elementary Schools

ACKNOWLEDGMENTS

The CHKS and this report were developed by WestEd, under contract from the California Department of Education, School Health and Safety Office. Special recognition to Cindy Zheng, at WestEd, who oversees the generation of CalSCHLS reports and data quality assurance.

Thomas Hanson, Ph.D. CalSCHLS Director, WestEd

Tom Herman Administrator, School Health and Safety Office California Department of Education

Survey Module Administration

Survey Module	Administered
A. Core (Required)	Х
B. District Afterschool Module (DASM)	
C. Gang Risk Awareness Module (GRAM)	
D. Mental Health Supports Module	
E. Military-Connected School Module	
F. Social Emotional Health Module (SEHM)	
G. Supplemental Health Module	
H. Tobacco-Use Prevention Education (TUPE) Module	
Z. Custom Questions	Х

Core Module Results

1. Survey Sample

Table A1.1Student Sample Characteristics

	Grade 5
Student Sample Size	
Target sample	86
Final number	70
Response Rate	81%

Table A1.2Number of Respondents by Instructional Model

	Grade 5
In-school learning only	68
Remote learning only	2

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate

	Grade 5 %	Table
School Engagement and Supports	%	
School connectedness [†]	81	A6.3
School connectedness ^{†ψ} (<i>Remote Only</i>)		A6.3
Academic motivation [†]	91	A6.3
School boredom ^{σ}	38	A6.9
Caring adults in school ^{\dagger}	77	A6.3
High expectations-adults in school ^{\dagger}	84	A6.3
Meaningful participation [†]	38	A6.3
Facilities upkeep ^{σ}	82	A6.10
Parent involvement in schooling [†]	77	A10.2
Social and emotional learning supports [†]	72	A7.1
Antibullying climate ^{\dagger}	79	A9.6
School Safety and Cyberbullying		
Feel safe at school ^{σ}	86	A9.1
Feel safe on way to and from school ^{σ}	95	A9.1
Been hit or pushed	28	A9.2
Mean rumors spread about you	30	A9.2
Called bad names or target of mean jokes	30	A9.2
Saw a weapon at school [§]	11	A9.5
Cyberbullying [¶]	13	A9.3
School Disciplinary Environment		
Rule clarity ^{σ}	79	A8.2
Students well behaved ^{σ}	52	A8.4
Students treated fairly when break rules ^{σ}	60	A8.1
Students treated with respect ^{σ}	92	A8.1

Notes: Cells are empty if there are less than 10 respondents.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.

 $^{\sigma}$ Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

 ${}^{\psi}$ The scale was based on four questions for remote respondents.

§Past year.

¶Past 30 days.

Table A2.2

	Grade 5 %	Table
Substance Use		
Alcohol or drug use ^{ϕ}	13	A11.1
Marijuana use $^{\phi}$	0	A11.1
Cigarette use ^{ϕ}	0	A12.1
$Vaping^\phi$	0	A12.1
Health Routines		
Eating of breakfast	87	A4.1
Late bedtime (at 10 pm or later) $^{\pm}$	10	A4.2
Remote Schooling		
Remote learning frequency (5 days per week) ^{$\P\delta$}		A5.1
Synchronous instruction (4 days or more) ^{$\ \delta\$}		A5.1
Meaningful opportunities ^{$\sigma\delta$}		A5.2
Mental Health		
Frequent sadness ^{σ}	7	A13.1
Wellness ^σ	87	A13.2

Key Indicators of Substance Use, Health Routines, Remote Schooling, and Student Well-Being

Notes: Cells are empty if there are less than 10 respondents.

^{*\phi}Lifetime*.</sup>

This morning.

 \pm Last night.

¶Past 30 days.

^{II}Past 7 days.

[¶]Past 30 days.

 δ *Remote only.*

 $^{\sigma}$ Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

3. Demographics

Table A3.1

School Schedule, Past 30 Days

	Grade 5 %
In-School Model	97
Remote Learning Model	3

Question ES A.1: Which of the following best describes your school schedule during the past 30 days? Notes: Cells are empty if there are less than 10 respondents.

In-School Model - Respondents selecting "I went to school in person at my school building for the entire day, Monday through Friday."

Remote Learning Model - Respondents selecting "I participated in school from home for the entire day on most or all weekdays and did not go to school in person."

Table A3.2

Gender of Sample

	Grade 5 %
Female	50
Male	50

Question ES A.2: Are you female or male?

Table A3.3Race or Ethnicity

	Grade 5 %
American Indian or Alaska Native, non-Hispanic	2
Asian or Asian American, non-Hispanic	9
Black or African American, non-Hispanic	5
Hispanic or Latino/a	3
Native Hawaiian or Pacific Islander, non-Hispanic	2
White, non-Hispanic	58
Multiracial, non-Hispanic	14
Something else, non-Hispanic	9

Question ES A.4: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latino/a... Native Hawaiian or Pacific Islander... White... Something else.

Note: Cells are empty if there are less than 10 respondents.

Table A3.4Number of Days Attending Afterschool Program

	Grade 5 %
0 days	76
1 day	12
2 days	4
3 days	4
4 days	0
0 days 1 day 2 days 3 days 4 days 5 days	3

Question ES A.6: How many days a week do you usually go to your school's afterschool program? Note: Cells are empty if there are less than 10 respondents.

4. Health Routines

Table A4.1Eating of Breakfast

	Grade 5 %
No	13
Yes	87

Question ES A.5: Did you eat breakfast this morning? Note: Cells are empty if there are less than 10 respondents.

Table A4.2

Bedtime

	Grade 5 %
Before 9:00 pm	39
Between 9:00 pm and 10:00 pm	51
Between 10:00 pm and 11:00 pm	10
Between 11:00 pm and midnight	0
After 12:00 am	0
Late bedtime (at 10 pm or later)	10

Question ES A.7: What time did you go to bed last night? Note: Cells are empty if there are less than 10 respondents.

5. Remote Schooling

Results in this section are applicable to students who indicated that they attend school remotely. Responses from students attending school in-person are not included.

	Grade 5 %
ime spent on learning and completing schoolwork n the average weekday	
Less than 1 hour	
Between 1 and 2 hours	
Between 2 and 3 hours	
Between 3 and 4 hours	
Between 4 and 5 hours	
More than 5 hours	
Number of days in the past week participating in an rom home where your teacher talked to students 0 days	
1 day	
2 days	
3 days	
4 days	
4 days 5 days	
•	ome for the
5 days Sumber of weekdays participating in school from h	ome for the
5 days Number of weekdays participating in school from he ntire school day	ome for the
5 days Sumber of weekdays participating in school from he ntire school day 0 days	ome for the
5 days Sumber of weekdays participating in school from he ntire school day 0 days 1 day	ome for the
5 days Sumber of weekdays participating in school from he ntire school day 0 days 1 day 2 days	ome for the

Question ES A.9-11: In the past 30 days, how many weekdays in an average week did you participate in school from home for the entire school day?... On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)? Note: Cells are empty if there are less than 10 respondents.

Table A5.1

Table A5.2Interesting Activities Provided for Student in Remote Schooling (Remote Only)

	Grade 5 %
No, never	
Yes, some of the time	
Yes, most of the time	
Yes, all of the time	

Question ES A.14: Do the teachers and other grown-ups from your school provide you with interesting activities to do while you are learning from home?

6. School Performance, Supports, and Engagements

Table A6.1

Perceived School Performance

	Grade 5 %
One of the best students	12
Better than most students	38
About the same as others	46
Don't do as well as most others	3

Question ES A.37: How well do you do in your schoolwork? Note: Cells are empty if there are less than 10 respondents.

Table A6.2Truancy, Past 30 Days

	Grade 5 %
I did not miss any days of school in the past 30 days	53
1 day	21
2 days	10
3 or more days	16

Question ES A.8, 12: In the past 30 days, how often did you miss an entire day of school for any reason? [In-school only]... In the past 30 days, how often did you miss an entire day of school from home for any reason? [Remote only]

Table A6.3

	Grade 5 %	Table
Total school supports	66	
Caring adults in school	77	A6.4
High expectations-adults in school	84	A6.5
Meaningful participation at school	38	A6.6
School connectedness	81	A6.7
School connectedness ^{ψ} (<i>Remote Only</i>)		A6.7
Academic motivation	91	A6.8

School Environment, School Connectedness, and Academic Motivation Scales

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Scales are based on the average percentage of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.

 ${}^{\psi}$ *The scale was based on four questions for remote respondents.*

Table A6.4

	Grade 5
Caring adults in school	%
Average reporting "Yes, most of the time" or "Yes, all of the time"	77
Do the teachers and other grown-ups at school	
care about you?	
No, never	0
Yes, some of the time	22
Yes, most of the time	23
Yes, all of the time	55
listen when you have something to say?	
No, never	0
Yes, some of the time	17
Yes, most of the time	43
Yes, all of the time	40
make an effort to get to know you?	
No, never	6
Yes, some of the time	25
Yes, most of the time	45
Yes, all of the time	23

Question ES A.28, 38, 42: Do the teachers and other grown-ups at school care about you?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school make an effort to get to know you?

Table A6.5High Expectations-Adults in School Scale Questions

	Grade 5 %
High expectations-adults in school	/0
Average reporting "Yes, most of the time" or "Yes, all of the time"	84
Do the teachers and other grown-ups at school	
tell you when you do a good job?	
No, never	3
Yes, some of the time	30
Yes, most of the time	43
Yes, all of the time	24
believe that you can do a good job?	
No, never	0
Yes, some of the time	12
Yes, most of the time	31
Yes, all of the time	57
want you to do your best?	
No, never	2
Yes, some of the time	3
Yes, most of the time	17
Yes, all of the time	78

Question ES A.29, 39, 43: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school believe that you can do a good job?... Do the teachers and other grown-ups at school want you to do your best?

Table A6.6Meaningful Participation at School Scale Questions

	Grade 5 %
Meaningful participation at school	70
Average reporting "Yes, most of the time" or "Yes, all of the time"	38
Are you given a chance to help decide school activities or rules?	
No, never	33
Yes, some of the time	42
Yes, most of the time	17
Yes, all of the time	8
Do the teachers and other grown-ups at school ask you about your ideas?	
No, never	14
Yes, some of the time	53
Yes, most of the time	25
Yes, all of the time	8
Do the teachers and other grown-ups give you a chance to solve school problems?	
No, never	11
Yes, some of the time	45
Yes, most of the time	25
Yes, all of the time	20
Do you get to do interesting activities at/when you participate in school?	
No, never	8
Yes, some of the time	41
Yes, most of the time	33
Yes, all of the time	19

Question ES A.26, 27, 30-33: Are you given a chance to help decide school activities or rules? [In-school only]... Are you given a chance to help decide school activities or rules when you participate in school? [Remote only]... Do the teachers and other grown-ups at school ask you about your ideas?... Do the teachers and other grown-ups give you a chance to solve school problems?... Do you get to do interesting activities at school? [In-school only]... Do you get to do interesting activities when you participate in school? [Remote only] Note: Cells are empty if there are less than 10 respondents.

	Grade 5 %
Are you given a chance to help decide class activities or rules?	
No, never	36
Yes, some of the time	36
Yes, most of the time	23
Yes, all of the time	5
Do your teachers ask you what you want to learn about?	
No, never	55
Yes, some of the time	33
Yes, most of the time	11
Yes, all of the time	2
Do you do things to be helpful at/in school?	
No, never	8
Yes, some of the time	23
Yes, most of the time	39
Yes, all of the time	30

Table A6.6Meaningful Participation at School Scale Questions – Continued

Question ES A.34-36, 40, 41: Are you given a chance to help decide class activities or rules? [In-school only]... Are you given a chance to help decide class activities or rules when you participate in school? [Remote only]... Do your teachers ask you what you want to learn about?... Do you do things to be helpful at school? [In-school only]... Do you do things to be helpful when you participate in school? [Remote only] Note: Cells are empty if there are less than 10 respondents.

Table A6.7

School Connectedness So	cale Questions
-------------------------	----------------

	Grade 5 %
School connectedness	
Average reporting "Yes, most of the time" or "Yes, all of the time"	81
School connectedness ^{ψ} (<i>Remote Only</i>)	
Average reporting "Yes, most of the time" or "Yes, all of the time"	
Do you feel close to people at/from this school?	
No, never	3
Yes, some of the time	33
Yes, most of the time	45
Yes, all of the time	19
Are you happy to be at/with this school?	
No, never	1
Yes, some of the time	12
Yes, most of the time	40
Yes, all of the time	47
Do you feel like you are part of this school?	
No, never	3
Yes, some of the time	18
Yes, most of the time	28
Yes, all of the time	51
Do teachers treat students fairly?	
No, never	0
Yes, some of the time	8
Yes, most of the time	35
Yes, all of the time	58

Question ES A.15-19, 22, 23: Do you feel close to people at school? [In-school only]... Do you feel close to people from this school? [Remote only]... Are you happy to be at this school? [In-school only]... Are you happy with this school? [Remote only]... Do you feel like you are part of this school?... Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]

Notes: Cells are empty if there are less than 10 respondents.

 ${}^{\psi}$ The scale was based on four questions for remote respondents.

	Grade 5 %
Do you feel safe at school?	
No, never	2
Yes, some of the time	12
Yes, most of the time	40
Yes, all of the time	47

Table A6.7School Connectedness Scale Questions – Continued

Question ES A.75: Do you feel safe at school? [In-school only] Note: Cells are empty if there are less than 10 respondents.

Table A6.8

	Grade	5
	%	
Academic motivation		
Average reporting "Yes, most of the time" or "Yes, all of the time"	91	
Do you finish all your school assignments?		
No, never	0	
Yes, some of the time	5	
Yes, most of the time	32	
Yes, all of the time	63	
When you get a bad grade, do you try even harder the next time?		
No, never	2	
Yes, some of the time	8	
Yes, most of the time	25	
Yes, all of the time	64	
Do you keep working and working on your schoolwork until you get it right?		
No, never	2	
Yes, some of the time	12	
Yes, most of the time	51	
Yes, all of the time	36	
Do you keep doing your schoolwork even when it's really hard for you?		
No, never	2	
Yes, some of the time	7	
Yes, most of the time	39	
Yes, all of the time	53	

Question ES A.59-62: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it's really hard for you?

Table A6.9School Boredom

	Grade 5 %
No, never	15
Yes, some of the time	48
Yes, most of the time	25
Yes, all of the time	13

Question ES A.13, 58: Do you get really bored participating in school from home? [Remote only]... Do you get really bored at school? [In-school only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.10

Quality of School Physical Environment

	Grade 5 %
Is your school building neat and clean?	
No, never	3
Yes, some of the time	15
Yes, most of the time	58
Yes, all of the time	23

Question ES A.24: Is your school building neat and clean? Note: Cells are empty if there are less than 10 respondents.

7. Supports for Learning at School

Table A7.1

Social and Emotional Learning Supports Scale Questions

	Grade 5
	%
Social and emotional learning supports	
Average reporting "Yes, most of the time" or "Yes, all of the time"	72
Does your school	
help students resolve conflicts with one another?	
No, never	0
Yes, some of the time	27
Yes, most of the time	40
Yes, all of the time	33
teach students to understand how other students think and feel?	
No, never	8
Yes, some of the time	38
Yes, most of the time	25
Yes, all of the time	28
teach students to feel responsible for how they act?	
No, never	3
Yes, some of the time	19
Yes, most of the time	34
Yes, all of the time	44
teach students to care about each other and treat each other with respect?	
No, never	2
Yes, some of the time	18
Yes, most of the time	23
Yes, all of the time	57

Question ES A.50-53: Does your school help students resolve conflicts with one another?... Does your school teach students to understand how other students think and feel?... Does your school teach students to feel responsible for how they act?... Does your school teach students to care about each other and treat each other with respect? Note: Cells are empty if there are less than 10 respondents.

Table A7.2Teachers Checking on how Students are Feeling

	Grade 5 %
No, never	10
Yes, some of the time	46
Yes, most of the time	28
Yes, all of the time	15

Question ES A.25: Do the teachers and other grown-ups from your school check on how you are feeling? Note: Cells are empty if there are less than 10 respondents.

Table A7.3

Students at School Motivated to Learn

	Grade 5 %
No, never	5
Yes, some of the time	30
Yes, most of the time	55
Yes, all of the time	11

Question ES A.20, 21: Are the students at your school motivated to learn? [In-school only]... Are the students from your school motivated to learn? [Remote only]

8. Fairness, Rule Clarity, and Positive Student Behavior

Table A8.1

Fairness Scale Questions

	Grade 5 %
Fairness	
Average reporting "Yes, most of the time" or "Yes, all of the time"	80
Do teachers treat students fairly?	
No, never	0
Yes, some of the time	8
Yes, most of the time	35
Yes, all of the time	58
Are the school rules fair?	
No, never	3
Yes, some of the time	22
Yes, most of the time	44
Yes, all of the time	31
Do teachers and other grown-ups at school treat students with respect?	
No, never	0
Yes, some of the time	8
Yes, most of the time	35
Yes, all of the time	57
Are students treated fairly when they break school rules?	
No, never	6
Yes, some of the time	34
Yes, most of the time	39
Yes, all of the time	21

Question ES A.22, 23, 44-46: Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]... Are the school rules fair?... Do teachers and other grown-ups at school treat students with respect?... Are students treated fairly when they break school rules? Note: Cells are empty if there are less than 10 respondents.

Table A8.2Clarity of Rules

	Grade 5 %
Do students know what the rules are?	
No, never	0
Yes, some of the time	21
Yes, most of the time	43
Yes, all of the time	37

Question ES A.49: Do students know what the rules are? Note: Cells are empty if there are less than 10 respondents.

Table A8.3

Positive	Behavior	Scale	Questions
----------	-----------------	-------	-----------

	Grade 5
Positive behavior	%
Average reporting "Yes, most of the time" or "Yes, all of the time"	96
Positive behavior ^{λ} (<i>Remote Only</i>)	
Average reporting "Yes, most of the time" or "Yes, all of the time"	
Do you follow the classroom rules?	
No, never	0
Yes, some of the time	7
Yes, most of the time	23
Yes, all of the time	70
Do you follow the playground rules at recess and lunch times?	
No, never	0
Yes, some of the time	5
Yes, most of the time	26
Yes, all of the time	68
Do you listen when your teacher is talking?	
No, never	2
Yes, some of the time	3
Yes, most of the time	41
Yes, all of the time	54
Are you nice to other students?	
No, never	0
Yes, some of the time	0
Yes, most of the time	18
Yes, all of the time	82

Question ES A.63-66: Do you follow the classroom rules?... Do you follow the playground rules at recess and lunch times? [In-School only]... Do you listen when your teacher is talking?... Are you nice to other students? Notes: Cells are empty if there are less than 10 respondents.

 $^{\lambda}$ *The scale was based on three questions for remote respondents.*

Table A8.4

Students at School Well Behaved

	Grade 5 %
No, never	6
Yes, some of the time	41
Yes, most of the time	52
Yes, all of the time	0

Question ES A.47, 48: Are students at this school well behaved? [In-school only]... Are students from this school well behaved? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

9. School Violence, Victimization, and Safety

Table A9.1

Perceived Safety at or Outside of School

	Grade 5
	%
Do you feel safe at school?	
No, never	2
Yes, some of the time	12
Yes, most of the time	40
Yes, all of the time	47
Do you feel safe on your way to and from school?	
No, never	0
Yes, some of the time	5
Yes, most of the time	19
Yes, all of the time	76

Question ES A.75, 76: Do you feel safe at school?... Do you feel safe on your way to and from school? Note: Cells are empty if there are less than 10 respondents.

Table A9.2

	Grade 5
Violence victimization	%
Average reporting "Yes"	28
Do other kids hit or push you at school when they are not just playing around?	
No, never	72
Yes, some of the time	25
Yes, most of the time	2
Yes, all of the time	2
Do other kids at/from school spread mean rumors or lies about you?	
No, never	70
Yes, some of the time	23
Yes, most of the time	2
Yes, all of the time	5
Do other kids at/from school call you bad names or make mean jokes about you?	
No, never	70
Yes, some of the time	27
Yes, most of the time	2
Yes, all of the time	2

Question ES A.68-70, 72, 73: Do other kids hit or push you at school when they are not just playing around? [In-school only]... Do other kids at school spread mean rumors or lies about you? [In-school only]... Do other kids from your school spread mean rumors or lies about you? [Remote only]... Do other kids at school call you bad names or make mean jokes about you? [In-school only]... Do other kids from your school call you bad names or make mean jokes about you? [Remote only]...

Note: Cells are empty if there are less than 10 respondents.

Table A9.3Cyberbullying, Past 30 Days

	Grade 5
	%
No, never	87
Yes, some of the time	10
Yes, most of the time	2
Yes, all of the time	2

Question ES A.67: During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

Note: Cells are empty if there are less than 10 respondents.

Table A9.4

Been Teased About Body Image

	Grade 5 %
No	85
Yes	15

Question ES A.77, 78: Have other kids at school ever teased you about what your body looks like? [In-school only]... Have other kids from your school ever teased you about what your body looks like? [Remote only] Note: Cells are empty if there are less than 10 respondents.

Table A9.5

Weapons (Gun or Knife) on School Property, Past Year

	Grade 5 %
Brought a gun or knife to school	
No	100
Yes	0
Saw another kid with a gun or knife at school	
No	89
Yes	11

Question ES A.71, 74: During the past year, did you ever bring a gun or knife to school?... During the past year, have you ever seen another kid with a gun or knife at school? Note: Cells are empty if there are less than 10 respondents.

Table A9.6Antibullying Climate Scale Questions

	Grade 5 %
Antibullying climate	70
Average reporting "Yes, most of the time" or "Yes, all of the time"	79
Teachers and other grown-ups make it clear that bullying is not allowed.	
No, never	0
Yes, some of the time	3
Yes, most of the time	22
Yes, all of the time	75
If you tell a teacher that you've been bullied, the teacher will do something to help.	
No, never	2
Yes, some of the time	10
Yes, most of the time	32
Yes, all of the time	56
Students at/from your school try to stop bullying when they see it happening.	
No, never	14
Yes, some of the time	36
Yes, most of the time	31
Yes, all of the time	20

Question ES A.54-57: Do the teachers and other grown-ups make it clear that bullying is not allowed?... If you tell a teacher that you've been bullied, will the teacher do something to help?... Do students at your school try to stop bullying when they see it happening? [In-school only]... Do students from your school try to stop bullying when they see it happening? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

10. Home Supports and Involvement in Schooling

Table A10.1

High Expectations-Adults at Home Scale Questions

	Grade 5 %
High expectations-adults at home	70
Average reporting "Yes, most of the time" or "Yes, all of the time"	95
Does a parent or some other grown-up at home	
believe that you can do a good job?	
No, never	0
Yes, some of the time	5
Yes, most of the time	7
Yes, all of the time	88
want you to do your best?	
No, never	2
Yes, some of the time	3
Yes, most of the time	5
Yes, all of the time	90

Question ES A.91, 92: Does a parent or some other grown-up at home believe that you can do a good job?... Does a parent or some other grown-up at home want you to do your best? Note: Cells are empty if there are less than 10 respondents.

Table A10.2

Parent Involvement in Schooling Scale Questions

	Grade 5 %
Parent involvement in schooling	70
Average reporting "Yes, most of the time" or "Yes, all of the time"	77
Does a parent or some other grown-up at home	
care about your schoolwork?	
No, never	2
Yes, some of the time	8
Yes, most of the time	20
Yes, all of the time	69
ask if you did your homework/schoolwork?	
No, never	5
Yes, some of the time	7
Yes, most of the time	29
Yes, all of the time	59
check your homework/schoolwork?	
No, never	10
Yes, some of the time	29
Yes, most of the time	36
Yes, all of the time	24
ask you about school?	
No, never	2
Yes, some of the time	14
Yes, most of the time	32
Yes, all of the time	53
ask you about your grades?	
No, never	19
Yes, some of the time	21
Yes, most of the time	42
Yes, all of the time	18

Question ES A.90, 93-98: Does a parent or some other grown-up at home care about your schoolwork?... Does a parent or some other grown-up at home ask if you did your homework? [In-school only]... Does a parent or some other grown-up at home check your homework? [In-school only]... Does a parent or some other grown-up at home ask if you did your schoolwork? [Remote only]... Does a parent or some other grown-up at home check your schoolwork? [Remote only]... Does a parent or some other grown-up at home check your schoolwork? [Remote only]... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about your grades? Note: Cells are empty if there are less than 10 respondents. Strandwood Elementary Page 31

11. Alcohol and Other Drug (AOD) Use

Table A11.1

Use of Alcohol or Other Drugs, Lifetime

	Grade 5 %
Alcohol, one or two sips	13
Alcohol, a full glass	0
Inhalants (to get high)	0
Marijuana (smoke, vape, eat, or drink)	0
None of the above	87
Any of the above	13

Question ES A.83-85: Have you ever drunk beer, wine, or other alcohol?... Have you ever sniffed something through your nose to get "high"?... Have you ever used any marijuana (smoke, vape, eat, or drink)? Note: Cells are empty if there are less than 10 respondents.

Table A11.2Perception of Health Risk of Alcohol and Marijuana Use

	Grade 5 %
Alcohol	
No, not bad	2
Yes, a little bad	44
Yes, very bad	54
Marijuana (smoke, vape, eat, or drink)	
No, not bad	2
Yes, a little bad	2
Yes, very bad	52
I don't know what marijuana is	45

Question ES A.88, 89: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?... Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person's health? Note: Cells are empty if there are less than 10 respondents.

12. Tobacco Use and Vaping

Table A12.1

Cigarette Use and Vaping, Lifetime

	Grade 5 %
Ever smoked a cigarette	0
Part of a cigarette, like one or two puffs	0
A whole cigarette	0
Ever vaped	0

Question ES A.81, 82: Have you ever smoked a cigarette?... Have you ever vaped? Note: Cells are empty if there are less than 10 respondents.

Table A12.2Perception of Health Risk of Cigarette Use and Vaping

	Grade 5
Do you think smoking cigarettes is bad for a person's health?	%
No, not bad	0
Yes, a little bad	0
Yes, very bad	100
Do you think vaping is bad for a person's health?	
No, not bad	0
Yes, a little bad	7
Yes, very bad	93

Question ES A.86, 87: Do you think smoking cigarettes is bad for a person's health?... Do you think vaping is bad for a person's health?

Note: Cells are empty if there are less than 10 respondents.

13. Other Physical and Mental Health Risks

Table A13.1

Frequent Sadness

	Grade 5 %
No, never	28
Yes, some of the time	65
Yes, most of the time	7
Yes, all of the time	0

Question ES A.80: Do you feel sad? Note: Cells are empty if there are less than 10 respondents.

Table A13.2

Wellness

	Grade 5 %
Do you feel good and happy?	
No, never	0
Yes, some of the time	13
Yes, most of the time	60
Yes, all of the time	27

Question ES A.79: Do you feel good and happy? Note: Cells are empty if there are less than 10 respondents.

14. Race/Ethnic Breakdowns

Table A14.1

School Engagement and Supports by Race/Ethnicity

	Grade 5 %
School Connectedness [†]	70
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	86
Mixed (two or more) ethnics	
Something else	
School Connectedness ^{†ψ} (<i>Remote Only</i>)	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Academic motivation [†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	92
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.

 ${}^{\psi}$ *The scale was based on four questions for remote respondents.*

Table A14.1School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5
School boredom $^{\sigma}$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	32
Mixed (two or more) ethnics	
Something else	
Caring adults in school [†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	81
Mixed (two or more) ethnics	
Something else	
High expectations-adults in school [†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	86
Mixed (two or more) ethnics	
Something else	

 $^{\sigma}$ Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.

Table A14.1School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5 %
Meaningful participation [†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	40
Mixed (two or more) ethnics	
Something else	
Facilities upkeep $^{\sigma}$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	78
Mixed (two or more) ethnics	
Something else	
Parent involvement in schooling ^{\dagger}	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	78
Mixed (two or more) ethnics	
Something else	

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.

 $^{\sigma}$ Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.1School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5 %
Social and emotional learning supports †	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	69
Mixed (two or more) ethnics	
Something else	
Antibullying climate [†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	79
Mixed (two or more) ethnics	
Something else	

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.

Table A14.2

School Safety by Race/Ethnicity

	Grade 5 %
Feel safe at school ^{σ}	70
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	91
Mixed (two or more) ethnics	
Something else	
Feel safe on way to and from school $^{\sigma}$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	91
Mixed (two or more) ethnics	
Something else	
Been hit or pushed	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	30
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

 $^{\sigma}$ Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.2School Safety by Race/Ethnicity – Continued

	Grade 5 %
Mean rumors spread about you	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	33
Mixed (two or more) ethnics	
Something else	
Called bad names or target of mean jokes	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	30
Mixed (two or more) ethnics	
Something else	
Saw a weapon at school [§]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	12
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents. [§]*Past year.*

Table A14.3Cyberbullying by Race/Ethnicity

	Grade 5 %
Eyberbullying[¶]	70
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	12
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents. [¶]*Past 30 days.*

Table A14.4

School Disciplinary Environment by Race/Ethnicity

	Grade 5 %
Rule clarity ^{σ}	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	74
Mixed (two or more) ethnics	
Something else	
Students well behaved $^{\sigma}$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	57
Mixed (two or more) ethnics	
Something else	
Students treated fairly when break rules $^{\sigma}$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	54
Mixed (two or more) ethnics	
Something else	

 $^{\sigma}$ Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.4School Disciplinary Environment by Race/Ethnicity – Continued

	Grade 5 %
Students treated with respect $^{\sigma}$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	94
Mixed (two or more) ethnics	
Something else	

 $^{\sigma}$ Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.5

Substance Use by Race/Ethnicity

	Grade 5 %
Alcohol or drug use $^{\phi}$	10
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	18
Mixed (two or more) ethnics	
Something else	
Marijuana use $^{\phi}$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	0
Mixed (two or more) ethnics	
Something else	
Cigarette use $^{\phi}$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	0
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents. $^{\phi}$ Lifetime.

Table A14.5Substance Use by Race/Ethnicity – Continued

	Grade 5 %
V aping $^{\phi}$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	0
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents. ${}^{\phi}$ Lifetime.

Table A14.6

Health Routines by Race/Ethnicity

	Grade 5 %
Eating of breakfast	70
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	92
Mixed (two or more) ethnics	
Something else	
Late bedtime (at 10 pm or later) $^\pm$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	8
Mixed (two or more) ethnics	
Something else	

This morning.

 $^{\pm}Last$ night.

Table A14.7Remote Schooling by Race/Ethnicity (Remote Only)

	Grade 5 %
Remote learning frequency (5 days per week) [¶]	/0
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Synchronous instruction (4 days or more)	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Meaningful opportunities $^{\delta}$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

"Past 7 days.

¶Past 30 days.

 $^{\delta}$ Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.8

Mental Health by Race/Ethnicity

	Grade 5 %
Frequent sadness ^{δ}	70
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	3
Mixed (two or more) ethnics	
Something else	
${\sf Wellness}^\delta$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	88
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

 $^{\delta} Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."$

15. Gender Breakdowns

Table A15.1

School Engagement and Supports by Gender

	Grad Female %	le 5 Male %
School connectedness [†]	81	82
School connectedness ^{†ψ} (<i>Remote Only</i>)		
Academic motivation [†]	94	88
School boredom [†]	30	45
Caring adults in school [†]	75	79
High expectations-adults in school [†]	83	85
Meaningful participation at school [†]	35	39
Facilities upkeep ^{σ}	82	81
Parent involvement in schooling [†]	76	77
Social and emotional learning supports ^{\dagger}	69	74
Antibullying climate [†]	76	82

Notes: Cells are empty if there are less than 10 respondents.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.

 ${}^{\psi}$ *The scale was based on four questions for remote respondents.*

 $^{\sigma}$ Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

	Grade 5	
	Female Male	
	%	%
School Safety and Cyberbullying		
Feel safe at school ^{σ}	90	82
Feel safe on way to and from school ^{σ}	97	93
Been hit or pushed	21	36
Mean rumors spread about you	27	33
Called bad names or target of mean jokes	20	40
Saw a weapon at school [§]	14	7
Cyberbullying [¶]	13	13
School Disciplinary Environment		
Rule clarity ^{σ}	73	85
Students well behaved ^{σ}	53	52
Students treated fairly when break rules ^{σ}	73	47
Students treated with respect ^{σ}	93	91
Substance Use		
Alcohol or drug use ^{ϕ}	13	13
Marijuana use $^{\phi}$	0	0
Cigarette use ^{ϕ}	0	0
$\operatorname{Vaping}^{\phi}$	0	0

Table A15.2

School Safety, Cyberbullying, School Disciplinary Environment, and Substance Use by Gender

Notes: Cells are empty if there are less than 10 respondents.

 ${}^{\sigma} \textit{Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."$

§Past year.

¶Past 30 days.

 $^{\phi}Lifetime.$

Table A15.3

	Grade 5	
	Female	Male
	%	%
Health Routines		
Eating of breakfast	85	89
Late bedtime (after 10 pm) $^{\pm}$	6	14
Remote Schooling		
Remote learning frequency (5 days per week) ^{$\P \delta$}		
Synchronous instruction (4 days or more) ^{$\ \delta\$}		
Meaningful opportunities ^{$\dagger \delta$}		
Mental Health		
Frequent sadness ^{σ}	13	0
Wellness ^{σ}	87	87
Notes: Cells are empty if there are less than 10 respondents.		
This morning.		
[±] Last night.		
[¶] Past 30 days.		
δ^{δ} <i>Remote only.</i>		

Health Routines, Remote Schooling, and Mental Health by Gender

^{II}Past 7 days.

 $^{\sigma}$ *Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Z. Mt. Diablo Unified Custom Questions

1. Module Sample

Table Z1.1

Student Sample for Custom Questions

	Grade 5
Student Sample Size	
Target sample	86
Final number	58
Response Rate	67%

2. Custom Questions

Table Z.2.1

How often do you visit your school garden?

	Grade 5 %	Total %
Never	11	11
About one time every year	2	2
About one time every month	49	49
About one time every week	39	39

Question ES Z.1.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.2

During the school day, how often do you have lessons outside? (Do not count recess.)

	Grade 5	Total
	%	%
Never	9	9
About one time every year	7	7
About one time every month	29	29
About one time every week	25	25
About one time every day	29	29

Question ES Z.2.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.3

When you are not at school, how often do you spend time outside in yards, gardens or natural spaces like parks that have trees and plants?

	Grade 5 %	Total %
Never	3	3
About one time every year	7	7
About one time every month	9	9
About one time every week	41	41
About one time every day	40	40

Question ES Z.3. Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.4

When you are not at school, how close are you to a yard, a garden, or a natural space like a park where you can spend time with trees and plants?

	Grade 5 %	Total %
I have a yard, garden, or park where I live	57	57
I can walk there in less than 5 minutes	16	16
I can walk there in about 15 minutes	19	19
I need someone to drive me there	9	9

Question ES Z.4.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.5

Yesterday, did you eat fruit? (Include fresh, frozen, dried or canned. Do not count fruit juice. Think about everything you ate, including breakfast, lunch, dinner, and snacks.)

	Grade 5 %	Total %
No, I didn't eat any fruit yesterday.	9	9
Yes, I ate fruit 1 time yesterday.	24	24
Yes, I ate fruit 2 times yesterday.	22	22
Yes, I ate fruit 3 times yesterday.	22	22
Yes, I ate fruit 4 times yesterday.	12	12
Yes, I ate fruit 5 or more times yesterday.	10	10

Question ES Z.5.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.6

Yesterday, did you eat vegetables? Include cooked and uncooked vegetables, salads, and boiled, baked and mashed potatoes. (Do not count French fries or chips. Think about everything you ate, including breakfast, lunch, dinner, and snacks.)

	Grade 5 %	Total %
No, I didn't eat any vegetables yesterday.	19	19
Yes, I ate vegetables 1 time yesterday.	24	24
Yes, I ate vegetables 2 times yesterday.	22	22
Yes, I ate vegetables 3 times yesterday.	19	19
Yes, I ate vegetables 4 times yesterday.	7	7
Yes, I ate vegetables 5 or more times yesterday.	9	9

Question ES Z.6.

Note: Columns are not displayed if there are less than 10 respondents.