

MAY 2025 DYSPHAGIA MENU

2024-2025 Meal Prices:

Paid Elementary Breakfast: \$1.00 // Paid Elementary Lunch: \$2.25 Paid Secondary Breakfast: \$1.25 // Paid Secondary Lunch: \$2.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Cream of Wheat w/ Fruit Compote	Pancakes & Sausage
			Applesauce	Pureed Yogurt Meal
			Juice	Applesauce
			Milk	Juice
				Milk
			Chili	
			Mashed Potatoes w/ Gravy	Green Chili Cheese Burrito w/ Nacho
			Glazed Carrots	Cheese
			Fruit Cocktail	Mixed Vegetables
				Green Beans
				Mandarin Oranges
5	6	7	8	9
Fruit & Yogurt Parfait	Sausage Biscuit	French Toast w/ Fruit Compote	Chicken Biscuit w/ Gravy	Blueberry Muffin w/ Fruit Compote
Applesauce	Pureed Yogurt	Cream of Wheat	Applesauce	Pureed Yogurt Meal
Juice	Applesauce	Applesauce	Juice	Applesauce
Milk	Juice	Juice	Milk	Juice
	Milk	Milk		Milk
Cheese Enchiladas			Chicken Nugget	
Seasoned Black Beans	Spaghetti	Salisbury Steak	Green Beans	Macaroni & Cheese
Green Beans	Glazed Carrots	Green Beans	Mashed Potatoes w/ Gravy	Tomato Soup
Canned Peaches	Green Beans	Mashed Potatoes	Fruit Cobbler	Creamed Spinach
	Canned Pears	Fruit Cobbler	Milk	Fruit Cobbler
12	13	14	15	16
Oatmeal w/ Fruit Compote	Chicken & Waffles	Cinnamon Roll w/ Sausage	Cream of Wheat w/ Fruit Compote	Pancakes & Sausage
Applesauce	Applesauce	Pureed Fruit & Yogurt	Applesauce	Pureed Yogurt Meal
Juice	Juice	Applesauce	Juice	Applesauce
Milk	Milk	Juice	Milk	Juice
		Milk		Milk
Beef & Cheese Nachos	Mashed Potato Bowl w/ Cheese &		Chili	
Seasoned Black Beans	Chicken	Turkey Alfredo	Mashed Potatoes w/ Gravy	Green Chili Cheese Burrito w/ Nacho
Cauliflower	Glazed Carrots	Green Beans	Glazed Carrots	Cheese
Sliced Peaches	Green Beans	Glazed Carrots	Fruit Cocktail	Mixed Vegetables
	Spiced Applesauce	Fruit Cobbler		Green Beans
				Mandarin Oranges
19	20	21	22	23
Fruit & Yogurt Parfait	Sausage Biscuit	French Toast w/ Fruit Compote	Chicken Biscuit w/ Gravy	Blueberry Muffin w/ Fruit Compote
Applesauce	Pureed Yogurt	Cream of Wheat	Applesauce	Pureed Yogurt Meal
Juice	Applesauce	Applesauce	Juice	Applesauce
Milk	Juice	Juice	Milk	Juice
	Milk	Milk		Milk

Cheese Enchiladas Seasoned Black Beans Green Beans Canned Peaches	Spaghetti Glazed Carrots Green Beans Canned Pears	Salisbury Steak Green Beans Mashed Potatoes Fruit Cobbler	Chicken Nugget Green Beans Mashed Potatoes w/ Gravy Fruit Cobbler Milk	Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler
²⁶ NO SCHOOL	27 Holiday Meal Yogurt Applesauce Milk Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Green Beans Spiced Applesauce	28 Cinnamon Roll w/ Sausage Pureed Fruit & Yogurt Applesauce Juice Milk Turkey Alfredo Green Beans Glazed Carrots Fruit Cobbler	29 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk Chili Mashed Potatoes w/ Gravy Glazed Carrots Fruit Cocktail	30 NO SCHOOL

All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders. **All meals come with a choice of 1% white milk or fat free chocolate milk**

Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk

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