

## MAY 2025 DYSPHAGIA MENU

## 2024-2025 Meal Prices:

Paid Elementary Breakfast: \$1.00 // Paid Elementary Lunch: \$2.25 Paid Secondary Breakfast: \$1.25 // Paid Secondary Lunch: \$2.50

| MONDAY                   | TUESDAY                        | WEDNESDAY                     | THURSDAY                        | FRIDAY                              |
|--------------------------|--------------------------------|-------------------------------|---------------------------------|-------------------------------------|
|                          |                                |                               | 1                               | 2                                   |
|                          |                                |                               | Cream of Wheat w/ Fruit Compote | Pancakes & Sausage                  |
|                          |                                |                               | Applesauce                      | Pureed Yogurt Meal                  |
|                          |                                |                               | Juice                           | Applesauce                          |
|                          |                                |                               | Milk                            | Juice                               |
|                          |                                |                               |                                 | Milk                                |
|                          |                                |                               | Chili                           |                                     |
|                          |                                |                               | Mashed Potatoes w/ Gravy        | Green Chili Cheese Burrito w/ Nacho |
|                          |                                |                               | Glazed Carrots                  | Cheese                              |
|                          |                                |                               | Fruit Cocktail                  | Mixed Vegetables                    |
|                          |                                |                               |                                 | Green Beans                         |
|                          |                                |                               |                                 | Mandarin Oranges                    |
| 5                        | 6                              | 7                             | 8                               | 9                                   |
| Fruit & Yogurt Parfait   | Sausage Biscuit                | French Toast w/ Fruit Compote | Chicken Biscuit w/ Gravy        | Blueberry Muffin w/ Fruit Compote   |
| Applesauce               | Pureed Yogurt                  | Cream of Wheat                | Applesauce                      | Pureed Yogurt Meal                  |
| Juice                    | Applesauce                     | Applesauce                    | Juice                           | Applesauce                          |
| Milk                     | Juice                          | Juice                         | Milk                            | Juice                               |
|                          | Milk                           | Milk                          |                                 | Milk                                |
| Cheese Enchiladas        |                                |                               | Chicken Nugget                  |                                     |
| Seasoned Black Beans     | Spaghetti                      | Salisbury Steak               | Green Beans                     | Macaroni & Cheese                   |
| Green Beans              | Glazed Carrots                 | Green Beans                   | Mashed Potatoes w/ Gravy        | Tomato Soup                         |
| Canned Peaches           | Green Beans                    | Mashed Potatoes               | Fruit Cobbler                   | Creamed Spinach                     |
|                          | Canned Pears                   | Fruit Cobbler                 | Milk                            | Fruit Cobbler                       |
| 12                       | 13                             | 14                            | 15                              | 16                                  |
| Oatmeal w/ Fruit Compote | Chicken & Waffles              | Cinnamon Roll w/ Sausage      | Cream of Wheat w/ Fruit Compote | Pancakes & Sausage                  |
| Applesauce               | Applesauce                     | Pureed Fruit & Yogurt         | Applesauce                      | Pureed Yogurt Meal                  |
| Juice                    | Juice                          | Applesauce                    | Juice                           | Applesauce                          |
| Milk                     | Milk                           | Juice                         | Milk                            | Juice                               |
|                          |                                | Milk                          |                                 | Milk                                |
| Beef & Cheese Nachos     | Mashed Potato Bowl w/ Cheese & |                               | Chili                           |                                     |
| Seasoned Black Beans     | Chicken                        | Turkey Alfredo                | Mashed Potatoes w/ Gravy        | Green Chili Cheese Burrito w/ Nacho |
| Cauliflower              | Glazed Carrots                 | Green Beans                   | Glazed Carrots                  | Cheese                              |
| Sliced Peaches           | Green Beans                    | Glazed Carrots                | Fruit Cocktail                  | Mixed Vegetables                    |
|                          | Spiced Applesauce              | Fruit Cobbler                 |                                 | Green Beans                         |
|                          |                                |                               |                                 | Mandarin Oranges                    |
| 19                       | 20                             | 21                            | 22                              | 23                                  |
| Fruit & Yogurt Parfait   | Sausage Biscuit                | French Toast w/ Fruit Compote | Chicken Biscuit w/ Gravy        | Blueberry Muffin w/ Fruit Compote   |
| Applesauce               | Pureed Yogurt                  | Cream of Wheat                | Applesauce                      | Pureed Yogurt Meal                  |
| Juice                    | Applesauce                     | Applesauce                    | Juice                           | Applesauce                          |
| Milk                     | Juice                          | Juice                         | Milk                            | Juice                               |
|                          | Milk                           | Milk                          |                                 | Milk                                |

| <b>Cheese Enchiladas</b><br>Seasoned Black Beans<br>Green Beans<br>Canned Peaches | <b>Spaghetti</b><br>Glazed Carrots<br>Green Beans<br>Canned Pears   | <b>Salisbury Steak</b><br>Green Beans<br>Mashed Potatoes<br>Fruit Cobbler  | <b>Chicken Nugget</b><br>Green Beans<br>Mashed Potatoes w/ Gravy<br>Fruit Cobbler<br>Milk   | Macaroni & Cheese<br>Tomato Soup<br>Creamed Spinach<br>Fruit Cobbler |
|---|---|--|---|--|
| <sup>26</sup> NO SCHOOL   | 27<br>Holiday Meal<br>Yogurt<br>Applesauce<br>Milk<br>Mashed Potato Bowl w/ Cheese &<br>Chicken<br>Glazed Carrots<br>Green Beans<br>Spiced Applesauce | 28<br>Cinnamon Roll w/ Sausage<br>Pureed Fruit & Yogurt<br>Applesauce<br>Juice<br>Milk<br>Turkey Alfredo<br>Green Beans<br>Glazed Carrots<br>Fruit Cobbler | 29<br>Cream of Wheat w/ Fruit Compote<br>Applesauce<br>Juice<br>Milk<br>Chili<br>Mashed Potatoes w/ Gravy<br>Glazed Carrots<br>Fruit Cocktail | 30<br>NO SCHOOL  |

\*All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.\* \*\*All meals come with a choice of 1% white milk or fat free chocolate milk\*\*

\*\*\*Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk\*\*\*

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