

**ALL STUDENTS EAT AT NO COST!!**

**Adult Lunch \$5.75**  
**Adult Breakfast \$4.25**  
**Milk \$0.50**



**GRAND OAKS ELEMENTARY MENU**



**STUDENTS CHOOSE MINIMUM OF 3 OF THE 4 ITEMS OFFERED FOR BREAKFAST**

(IE. PROTEIN, GRAIN, FRUIT/VEGETABLE, MILK)

2 GRAIN COMPONENTS MAY BE TAKEN

2 FRUIT COMPONENTS MAY BE TAKEN

ANY ITEM MAY BE 2 COMPONENTS

(IE. PROTEIN/GRAIN = 2 GRAIN)

**STUDENTS MUST TAKE 1/2 CUP OF FRUIT OR VEGETABLE**

**BREAKFAST INCLUDES FRESH FRUIT and/or JUICE (CANNED FRUIT MAY ALSO BE AVAILABLE)**

**(VEGETABLES ARE INCLUDED IN THIS GROUPING) GRAIN Item/s; DAIRY Item/s (MILK)**

NUTRITIONAL INFORMATION AVAILABLE FROM DISTRICT NURSE OR DISTRICT OFFICE, FOOD SERVICE

**STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH**  
(IE. PROTEIN, GRAIN, VEGETABLE, FRUIT, MILK)


AN ENTREE' ITEM MAY ENCOMPASS 2 COMPONENTS  
(IE. PROTEIN/GRAIN)

**STUDENTS MUST TAKE 1/2 CUP OF FRUIT OR VEGETABLE AT THE MINIMUM; MORE IS ALLOWED AND BOTH ARE ALLOWED**

**SERVING FIVE STAR MEALS**



**LUNCH INCLUDES FRESH FRUIT (CANNED MAY BE AVAILABLE); FRESH SALAD and/or FRESH VEGETABLE(S)**

Monday		Tuesday		Wednesday		Thursday		Friday	
<div>PLEASE COME AND JOIN US FOR A NUTRITIOUS, HEALTHY BREAKFAST AND LUNCH! WE PROUDLY SERVE FRANZ BREAD ITEMS THAT ARE WHOLE WHEAT AND WHOLE GRAIN WE ALSO PROUDLY SERVE PRODUCER'S MILK AND DAIRY ITEMS</div> <div>CHILLED 1% WHITE MLK AND NONFAT CHOCOLATE MILK &amp; OTHER FLAVORS ARE SEASONAL (no high fructose corn syrup in chocolate milk) ALL MENU'S SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY</div>						1 COLD CEREAL CHOICES 1/2 BAGEL <u>LUNCH</u> SPAGHETTI W/MEAT SAUCE GREEN BEANS		2 CINNAMON ROLL <u>LUNCH</u> FRENCH BREAD PIZZA	
5 FRENCH TOAST <u>LUNCH</u> CHICKEN TENDERS STEAMED BROCCOLI		6 OATMEAL 1/2 ENGLISH MUFFIN <u>LUNCH</u> ENCHILLADAS		7 BREAKFAST WRAP <u>LUNCH</u> HOT DOG TATER TOTS		8 COLD CEREAL CHOICES 1/2 BAGEL <u>LUNCH</u> CHICKEN PORTIONS MASHED POTATOES ROLL, CORN		9 YOGURT PARFAITS (FRT.&GRAN.) <u>LUNCH</u> FRENCH BREAD PIZZA	
12 FRENCH TOAST STICKS <u>LUNCH</u> POPCORN CHICKEN CURLY NOODLES		13 COLD CEREAL CHOICES 1/2 ENGLISH MUFFIN <u>LUNCH</u> CHICKEN FAJITA		14 EGGSTRAVAGANZA CINNAMON TOAST SLICE <u>LUNCH</u> CORN DOG POTATO WEDGES		15 COLD CEREAL CHOICES 1/2 BAGEL <u>LUNCH</u> SALSBERY STEAK MASHED POTATOES GREEN BEANS, ROLL		16 CINNAMON SWEET ROLL <u>LUNCH</u> ORANGE CHICKEN RICE	
19 FRENCH TOAST STICKS <u>LUNCH</u> CHICKEN PATTY SAND. STEAMED CARROTS		20 COLD CEREAL CHOICES 1/2 ENGLISH MUFFIN <u>LUNCH</u> BEEFY NACHOS RICE		21 BREAKFAST BURRITO <u>LUNCH</u> SUB SANDWICH SUN CHIPS		22 COLD CEREAL CHOICES 1/2 BAGEL <u>LUNCH</u> MAC N CHEESE GREEN BEANS		23 CINNAMON ROLL <u>LUNCH</u> FRENCH BREAD PIZZA	
26  Memorial Day -----NO SCHOOL-----		27 COLD CEREAL CHOICES 1/2 ENGLISH MUFFIN <u>LUNCH</u> SOFT TACO		28 OMELET CINNAMON TOAST SLICE <u>LUNCH</u> HAMBURGER W/BUN CRINKLE CUT FRIES		29 COLD CEREAL CHOICES 1/2 BAGEL <u>LUNCH</u> TURKEY W/GRAVY, MASHED POTATOES WW DINNER ROLL, CORN		30 PANCAKE SAUS. ON A STICK <u>LUNCH</u> FRENCH BREAD PIZZA	