

Explore

1st Time & 1st Gen Homebuyers: MN Grants & Funding Essentials

Wed, 7-9 pm, Jul 9 - once

\$5, 209-1

Bike Repair and Maintenance: age 18+

Sat, 9 am-12 pm, Jun 14 - once

\$85, 210-1

Sat, 9 am-12 pm, Jul 12 - once

\$85, 210-2

Clutter-Free with the 4 C's: Go from Chaos to Calm

Wed, 9:00-10:30am, June 11 - once

\$36, 211-1

Wed, 6:00-7:30 pm, June 11 - once

\$36, 211-2

Fantasy Football for Beginners

Wed, 8-9 pm, Aug 20 - once

\$29, 224-1

Finding Joy in Preparing to Sell Your Home

Wed, 10-11 am, Jun 25 - once

\$19, 212-1

Wed, 7-8 pm, Aug 13 - once

\$19, 212-2

Introduction to Senior Housing Options

Tue, 7-9 pm, Jun 3 - once

\$5, 213-1

Introduction to Lettering

Wed, 6:30-8 pm, Jun 4-Jun 25

\$99, 214-1

iPhone/iPad Fundamentals - for everyone

Wed, 6:30-8 pm, Jun 11 - once

\$45, 215-1

iPhone/iPad Intermediate

Wed, 6:30-8 pm, Jun 18 - once

\$45, 215-2

iPhone Photography and Editing (Virtual via Zoom)

Wed, 10-11:30 am, Jun 25 - once

\$36, 215-3

Mah Jongg for Beginners

Wed, 10 am-12:30 pm, Jun 4 - Jun 25

\$145, 216-1

Wed, 6:30-9 pm, Jun 4 - Jun 25

\$145, 216-2

Wed, 10 am-12:30 pm, Jul 9 - Jul 30

\$145, 216-3

Wed, 6:30-9 pm, Jul 9 - Jul 30

\$145, 216-4

Wed, 10 am-12:30 pm, Aug 6 - Aug 27

\$145, 216-5

Wed, 6:30-9 pm, Aug 6 - Aug 27

\$145, 216-6

Pollinator Path: Tour with U of St. Thomas

Thu, 10-12 pm, Jul 24 - once

Free, 217-1

Producing & Directing for the Screen: A Basic Overview

Thu, 6:30-9 pm, Jun 5-Jun 12

\$60, 218-1

Savvy Social Security Planning

Tue, 7-9 pm, Jul 8 - once

\$5, 219-1

The Baby Boomers Guide to Medicare Planning

Thu, 7-9 pm, Aug 7 - once

\$5, 220-1

We Need to Talk: Family Conversations with Older Drivers

Wed, 7-9 pm, July 9 - once

Free, 221-1

Writing The Short Ten-Minute Screenplay

Tue, 6:30-9 pm, Jun 3-Jun 24

\$120, 222-1

Zestfully Declutter

Mon, 6:30-8 pm, Jun 2 - once

\$30, 223-1

Zero to Zero Accent: Casual French Conversation

Wed, 9:15-10:15 am, Jun 18 & July 16

\$27, 226-1

Registration Opens May 13

To register, visit edina.ce.eleyo.com

Scan here or visit edinacommunityed.com/catalog for summer class descriptions



Adults with Disabilities

Edina Community Ed is a **place to belong**. With all of the classes, programs and activities we organize, we are a step closer to our vision: for each and every learner to discover their possibilities and thrive.

While we regularly provide reasonable accommodations to support adults participating in our Community Ed programs, our newly revitalized **Adults with Disabilities** program offers classes specifically designed to serve adults with physical, developmental or cognitive disabilities. Our goal is to encourage communitywide inclusion through a well-curated menu of educational, social and recreational opportunities.

Join our supportive community of learners! Add yourself to our distribution list at edinacommunityed.com/awdlist

Edina Public Schools

DEFINING EXCELLENCE

5701 Normandale Road

Edina, MN 55424

Non Profit

U.S. Postage

PAID

Twin Cities, MN

Permit No. 91349

Edina Community Ed

Adult Summer 2025

Registration Opens May 13

Class, Programs and Events for Adults



Cardio/Strength

A Walk in the Park, Centennial Lakes Park

Tue, 5-6 pm, Jun 17-Jul 29 \$49, 100-1

Body Strength 55+

Mon, 12-12:50 pm, Jun 2-Aug 18 \$110, 101-1
Wed, 12-12:50 pm, Jun 4-Aug 20 \$110, 101-2

Casual Indoor Basketball

Mon, 6-7:30 pm, Jun 2-Aug 25 \$120, 102-1
Thu, 6-7:30 pm, Jun 5-Aug 28 \$110, 102-2

Learn to Unicycle, SV

Wed, 6-8 pm, Jun 11-Aug 27 \$30, 103-1

Over 50 Fitness and Fun

Tue, 10:30-11:15 am, Jun 3-Jun 24 \$91, 104-1
Tue, 10:30-11:15 am, Jul 1-Jul 22 \$91, 104-2
Tue, 10:30-11:15 am, Jul 29-Aug 19 \$91, 104-3

Pump it Up

Thu, 10:30-11:20 am, Jun 5-Jul 24 \$155, 105-1

TRX-Strength

Tue, 5:30-6:15pm, Jun 3-Jul 15 \$155, 105-2

Wedding Day Dance Rescue: Eisenhower Community Center

Sun, 6-8 pm, Jun 1 \$39, 106-1

Zumba with Martha

Wed, 9-9:50 am, Jun 4-Jun 25 \$64, 107-1
Wed, 9-9:50 am, Jul 9-Jul 30 \$64, 107-2
Wed, 9-9:50 am, Aug 6-Aug 27 \$48, 107-3

Tai Chi, Qigong & Martial Arts

5 Element Qigong

Fri, 11 am-12 pm, Jun 6-Aug 1 \$145, 111-1

Outdoor Qigong

Wed, 6:30-7:30 pm, Jun 4-Jul 23 \$145, 111-2

Tai Chi Mix It Up - formerly Tai Chi Sampler

Mon, 5:30-6:30 pm, Jul 7-Aug 18 \$99, 112-1

The Victor Zone: Martial Arts for over 50

Tue, 12:30-1:15 pm, Jun 3-Jun 24 \$91, 113-1
Tue, 12:30-1:15 pm, Jul 1-Jul 22 \$91, 113-2
Tue, 12:30-1:15 pm, Jul 29-Aug 19 \$91, 113-3

The Victor Zone: Self Defense for Women

Tue, 11:30-12:15pm , Jun 3-Jun 24 \$91, 114-1
Tue, 11:30-12:15pm, Jul 1-Jul 22 \$91, 114-2
Tue, 11:30-12:15pm, Jul 29-Aug 19 \$91, 114-3

Tai Chi for Arthritis, Chronic Pain, & Balance

Wed, 10:30-11:30 am, Jun 4-Jul 16 \$84, 112-2
Wed, 10:30-11:30 am, Jul 23-Aug 20 \$70, 112-3

Wu Style Tai Chi Chuan

Wed, 7-8 pm, Jun 4-Aug 20 \$137, 115-1
Thu, 10:30-11:30 am, Jun 5-Aug 21 \$125, 115-2

Yoga & Wellness

Ashtanga Yoga

Thu, 6:45-7:45 pm, Jun 5-Aug 21 \$171, 117-1

Calm & Composed Yin Yoga

Tue, 10:30-11:30 am, Jun 3-Jun 24 \$69, 118-1
Tue, 10:30-11:30 am, July 1-29 \$85, 118-2
Tue, 10:30-11:30 am, Aug 5 \$20, 119-1
Tue, 10:30-11:30 am, Aug 19 \$20, 119-2

Dynamic Vinyasa Flow

Tue, 9:30-10:20 am, Jun 3-Jun 24 \$69, 120-1
Tue, 9:30-10:20 am, July 1-29 \$85, 120-2
Tue, 9:30-10:20 am, Aug 5 - once \$20, 121-1
Tue, 9:30-10:20am, Aug 19 - once \$20, 121-2

Gain Without Pain: Improve Your Body & Life

Mon, 10:30-11:30 am, Jun 30-Aug 18 \$115, 122-1

Gentle Kripalu Yoga Mornings- Online

Tue, 10:00-11:00 am, Jun 3-Jul 8 \$103, 123-1
Tue, 10:00-11:00 am, Jul 15-Aug 19 \$103, 123-2
Thu, 10:00-11:00 am, Jun 5-Jul 17 \$103, 123-3
Thu, 10:00-11:00 am, Jul 24-Aug 28 \$103, 123-4

Gentle Kripalu Yoga Evenings- Online

Tue, 8:30-9:30pm, Jun 3-Jul 8 \$103, 123-5
Tue, 8:30-9:00pm, Jul 15-Aug 19 \$103, 123-6

Guided Meditation for Stress Reduction - Online

Mon, 11:15-11:45 am, Jun 2-Jul 7 \$103, 124-1
Mon, 11:15-11:45 am, Jul 14-Aug 25 \$120, 124-2

Posture Perfect

Fri, 10:30-11:20am, Jun 13 - once \$23, 125-1

Redefine Strength. Empower Your Midlife.

Tue, 6:00-8:00pm, Aug 19 -once \$49, 126-1

Restorative Deep Stretch

Thu, 5:15-6:05 pm, Jun 5-Jul 24 \$155, 127-1

Restore Your Core® - Yoga for Core & Pelvic Floor

Mon/Wed, 9:30-10:30 am, Jun 9-Jun 25 \$109, 128-1
Mon/Wed, 9:30-10:30 am, Jul 14-Jul 30 \$109, 128-2
Mon/Wed, 9:30-10:30 am, Aug 4-Aug 20 \$109, 128-3

Stay Centered: Tools for Grounding & Energetic Balance

Tue, 10:30-11:45 am, Jun 24 - once \$15, 129-1
Wed, 10:30-11:45 am, Jul 9 - once \$15, 129-2

Summer Outdoor Yoga 1 & 2

Tue, 6-7 pm, Jun 10-Jul 15 \$85, 130-1
Tue, 6-7 pm, Jul 22-Aug 19 \$85, 130-2

Aquatics

Water Wellness, Edinborough Park

Mon, 9:15-10:15 am, Jun 2-Jul 14 \$75, 116-1
Mon, 9:15-10:15 am, Jul 21-Aug 25 \$75, 116-2
Tue, 9:15-10:15 am, Jun 3-Jul 15 \$75, 116-3
Tue, 9:15-10:15 am, Jul 22-Aug 26 \$75, 116-4
Thu, 9:15-10:15 am, Jun 5-Jul 17 \$63, 116-5
Thu, 9:15-10:15 am, Jul 24-Aug 28 \$75, 116-6

Ballet, Pilates, Barre

Ballet 1 - Adult/Teen

Mon, 7-8:30 pm, Jun 2-Aug 25 \$278, 108-1

Ballet 2 Refresh - MWSB

Wed, 6-7:30 pm, Jun 11-Aug 20 \$199, 108-2
Thu, 7:30-9 pm, Jun 5-Aug 28 \$257, 108-3
Sat, 9:30-11 am, Jun 14-Aug 23 \$199, 108-4

Classical Ballet Variations

Mon, 8:30-9 pm, Jun 2-Aug 25 \$185, 108-5

Intro to Ballet - Adult

Tue, 7:30-9 pm, Jun 10-Aug 19 \$199, 108-6

Mat Pilates: Adult/Teen

Thu, 6:15-7:15 pm, Jun 5-Aug 28 \$257, 109-1

Pilates Barre

Tue, 9:15-10:15 am, Jun 3-Jul 29 \$154, 110-1
Thu, 9:15-10:15 am, Jun 5-Jul 31 \$120, 110-2

Language Learning

Berlitz Spanish for Travelers: A Beginner's guide

Mon/Wed, 10:45-11:45am, Jun 2 to June 25 \$320, 200-1
Mon/Wed, 7:15-8:15pm, Aug 4 to Aug 20 \$240, 200-2

Beginner Spanish Boost (Adult Live Virtual)

Wed, 6-7 pm, Jun 4-Jun 25 \$99, 201-1

Berlitz Beginner Somali for Everyday Communication

Mon/Wed, 7:00-8:00pm, Aug 4-Aug 20 \$240, 200-6

Berlitz Spanish for Everyday Communication

Mon/Wed, 9:30-10:30 am, June 2-Jun 25 \$320, 200-3
Mon/Wed, 6:00-7:00 pm, Aug 4-Aug 20 \$240, 200-4

Spanish for Travelers (Adult Live Virtual)

Tue, 6-7 pm, Jun 3-Jun 24 \$99, 201-2

Adults with Disabilities

Adults with Disabilities: My Choice, My Art, Me

Tue, 6-7:30 pm, Jun 10-Aug 12 \$25, 202-6

Adults with Disabilities: Special Olympics Summer Cornhole League

Fri, 5-6:30 pm, Jul 18-Aug 8 \$25, 202-7



Create

Beginning Woodcarving - Intergenerational

Wed, 6-9 pm, Jun 4 - once \$72, 204-1

Edina Open Woodshop: Summer Mornings

Mon-Fri, 8 am-12 pm, Jun 9 - Aug 22 \$91, 204-2

Introduction to Foraging: Discovering Wild Foods

Sat, 10 am-12 pm, Jun 7 -once \$40, 205-1

Pinterest-Inspired Crafts (Teens & Adults)

Thu, 6:30 -8:30 pm, Jul 10- Jul 31 \$227, 206-1

Savor Flavors of India: Delightful Appetizers

Thu, 6-8:30 pm, Jun 5 - once \$37, 207-1

Savor Flavors of India: Iconic Main Courses

Thu, 6-8:30 pm, Jun 12 - once \$37, 207-2

Savor Flavors of India: Sweet Indulgences

Thu, 6-8:30pm, Jun 26 - once \$37, 207-3

Savor Flavors of India: Flatbreads

Thu, 6-8:30 pm, July 24 - once \$37, 207-5

Savor Flavors of India: Lentils and Beans

Thu, 6-8:30 pm, July 17 - once \$37, 207-4

Sewing Machine Basics: Fun & Easy

Wed, 6:30-8 pm, Jul 16 - Jul 30 \$80, 208-1

Summer Simple Pasta Salads

Tue, 6-8 pm, Aug 19 - once \$45, 227-1
Thu, 10 am -12 pm, Aug 21 - once \$45, 227-2

Discover Edina

Edina: A Stroll through History

Sat, 11 am-12:30 pm, Aug 23 - once \$19, 203-1

Public Art in Edina Parks

Tue, 5:30-6:30 pm, Jun 10 - once \$15, 203-2

Walking Tour: Edina's Newest Restaurants

Wed, 1:30-3:30pm, Jun 11 \$29, 203-3



“Edith is very organized and an amazing yoga teacher. She brings amazing personal stories and touches to her classes. I can't wait to take another one.”