

May Snack



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Sunflower Seeds & Fruit	Goldfish Pretzels & Fruit
5	6	7	8	9
Giant Cinnamon Grahams & Fruit	Goldfish Cheddar & Fruit	Cinnamon Granola & Fruit	Cheese Puffs	Pizza Crackers & Fruit
12	13	14	15	16
Educational Snacks & Fruit	Wheat Crackers & Seed Butter Pouch	Cheese Stick & Fruit	Sunflower Seeds & Fruit	Goldfish Pretzels & Fruit
19	20	21	22	23
Giant Cinnamon Grahams & Fruit	Chili Lime Rings & Fruit Goldfish Cheddar & Fruit	BBQ Poptillas & Fruit	Cheese Puffs	NO SCHOOL
26	27	28	29	30
NO SCHOOL	Wheat Crackers & Seed Butter Pouch	Cinnamon Granola & Fruit	Sunflower Seeds & Fruit	Goldfish Pretzels & Fruit

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: Apple (3/4 Cup), 100% Fruit Juice 6 oz, Orange (3/4 Cup)
 *All fruits meet 3/4 cup equivalent
 *All Grains Are Whole Grain Rich

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