

BREAKFAST MENU

5 Mini Pancake Bites with Syrup OR Teriyaki Chicken Rice Bowl Clementines	6 Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings Apple Slices	7 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana	8 Strawberry Cream Cheese Bagel OR Chicken & Vegetable Dumplings Apple Slices	9 Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl Banana
12 Saint Paul Sunrise Croissant OR Teriyaki Chicken Rice Bowl Clementines	13 Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings Apple Slices	14 Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana	15 Strawberry Cream Cheese Bagel OR Chicken & Vegetable Dumplings Apple Slices	16 Caramel Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl Banana
19 Mini Pancake Bites with Syrup OR Teriyaki Chicken Rice Bowl Clementines	20 Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings Apple Slices	21 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana	22 Strawberry Cream Cheese Bagel OR Chicken & Vegetable Dumplings Apple Slices	23 Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl Banana
26 	27 Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings Apple Slices	28 Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana	29 Strawberry Cream Cheese Bagel OR Chicken & Vegetable Dumplings Apple Slices	30 Caramel Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl Banana

DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

LUNCH MENU

5 Crispy Chicken Sandwich Choice Bar Soybutter Sandwich Choice Bar Potato Wedges	6 Country Fried Steak Mashed Potatoes Country Gravy Dinner Roll Choice Bar Soybutter Sandwich Choice Bar	7 NACHO DAY Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips Choice Bar Soybutter Sandwich Choice Bar	8 MN THURSDAY! Turkey Meatballs Marinara Sauce Penne Pasta Dinner Roll Choice Bar Soybutter Sandwich Choice Bar	9 Italian Dunker Marinara Sauce Choice Bar Soybutter Sandwich Choice Bar
12 Penne Pasta Meat Sauce or Marinara Sauce Choice Bar Soybutter Sandwich Choice Bar	13 Teriyaki Chicken or Tofu Jasmine Rice Hot Vegetable Choice Bar Soybutter Sandwich Choice Bar	14 TACO DAY Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell Choice Bar Soybutter Sandwich Choice Bar	15 Chicken Fingers or Plant Based Tenders Mac & Cheese Galaxy Sauce Choice Bar Soybutter Sandwich Choice Bar	16 Cheese or Turkey Sausage Pizza Choice Bar Soybutter Sandwich Choice Bar
19 Turkey Hot Dog Hot Vegetable Choice Bar Soybutter Sandwich Choice Bar <i>Pre-K Students</i> Grilled Cheese Potato Wedges Choice Bar	20 Cheeseburger or Veggie Burger Choice Bar Soybutter Sandwich Choice Bar Sweet Potato Wedges	21 Oven Fried Chicken Sweet Potato Wedges Corn Muffin Choice Bar Soybutter Sandwich Choice Bar <i>Pre-K Students</i> Chicken Fingers Sweet Potato Wedges Choice Bar	22 Cheeseburger or Veggie Burger Choice Bar Soybutter Sandwich Choice Bar Potato Wedges	23 Italian Dunker Marinara Sauce Choice Bar Soybutter Sandwich Choice Bar
26 	27 Corn Dog Choice Bar Soybutter Sandwich Choice Bar Sweet Potato Wedges <i>Pre-K Students</i> Grilled Cheese Sweet Potato Wedges Choice Bar	28 Chicken Tinga Tacos Refried Beans Tortilla Shell Choice Bar Soybutter Sandwich Choice Bar	29 Pancakes Chicken Sausages Hash Browns Choice Bar Soybutter Sandwich Choice Bar	30 Cheese or Turkey Sausage Pizza Choice Bar Soybutter Sandwich Choice Bar

Choice bar and milk are available at every meal.

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