

## BREAKFAST MENU

|                                                                                                                         |                                                                                                      |                                                                                                      |                                                                                                                |                                                                                                                        |
|-------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| <b>5</b><br>Mini Pancake Bites<br>with Syrup<br>OR<br>Teriyaki Chicken<br>Rice Bowl<br><br>Clementines                  | <b>6</b><br>Mini Cinnamon<br>Rolls<br>OR<br>Chicken &<br>Vegetable<br>Dumplings<br><br>Apple Slices  | <b>7</b><br>Chocolate Chocolate<br>Chip Muffin<br>OR<br>Teriyaki Chicken<br>Rice Bowl<br><br>Banana  | <b>8</b><br>Strawberry Cream<br>Cheese Bagel<br>OR<br>Chicken &<br>Vegetable<br>Dumplings<br><br>Apple Slices  | <b>9</b><br>NO SCHOOL<br>TODAY!<br> |
| <b>12</b><br>NO SCHOOL TODAY!<br>     | <b>Intersession (for registered students) May 13-16</b>                                              |                                                                                                      |                                                                                                                |                                                                                                                        |
|                                                                                                                         | <b>13</b><br>Mini Cinnamon<br>Rolls<br>OR<br>Chicken &<br>Vegetable<br>Dumplings<br><br>Apple Slices | <b>14</b><br>Banana Chocolate<br>Chip Muffin<br>OR<br>Teriyaki Chicken<br>Rice Bowl<br><br>Banana    | <b>15</b><br>Strawberry Cream<br>Cheese Bagel<br>OR<br>Chicken &<br>Vegetable<br>Dumplings<br><br>Apple Slices | <b>16</b><br>Caramel Mini<br>Cinnamon Rolls<br>OR<br>Teriyaki Chicken<br>Rice Bowl<br><br>Banana                       |
| <b>19</b><br>NO SCHOOL<br>TODAY!<br> | <b>Intersession (for registered students) May 20-23</b>                                              |                                                                                                      |                                                                                                                |                                                                                                                        |
|                                                                                                                         | <b>20</b><br>Mini Cinnamon<br>Rolls<br>OR<br>Chicken &<br>Vegetable<br>Dumplings<br><br>Apple Slices | <b>21</b><br>Chocolate Chocolate<br>Chip Muffin<br>OR<br>Teriyaki Chicken<br>Rice Bowl<br><br>Banana | <b>22</b><br>Strawberry Cream<br>Cheese Bagel<br>OR<br>Chicken &<br>Vegetable<br>Dumplings<br><br>Apple Slices | <b>23</b><br>Mini Cinnamon<br>Rolls<br>OR<br>Teriyaki Chicken<br>Rice Bowl<br><br>Banana                               |

## COMMUNITY FOOD RESOURCES

MINNESOTA FOOD HELPLINE

1-888-711-1151

MONDAY-FRIDAY

10:00 AM - 5:00 PM



RAMSEY COUNTY



### DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit [SchoolCafe.com/SPPS](http://SchoolCafe.com/SPPS).
- Menu subject to change.
- This institution is an equal opportunity provider.

## LUNCH MENU

**5**

Crispy Chicken Sandwich  
Choice Bar

Soybutter Sandwich  
Potato Wedges  
Choice Bar

**6**

Country Fried Steak  
Mashed Potatoes  
Country Gravy  
Dinner Roll  
Choice Bar

Soybutter Sandwich  
Choice Bar

**7**

**NACHO DAY**  
Seasoned Beef  
Refried Beans  
Cheese Sauce  
Tortilla Chips  
Choice Bar

Soybutter Sandwich  
Choice Bar

**8 MN THURSDAY!**

Turkey Meatballs  
Marinara Sauce  
Penne Pasta  
Choice Bar

Soybutter Sandwich  
Choice Bar

**9**

**NO SCHOOL TODAY!**



**12**



**Intersession (for registered students) May 13-16**

**13**

Teriyaki Chicken  
or Tofu  
Jasmine Rice  
Green Beans  
Choice Bar

Soybutter Sandwich  
Choice Bar

**14 TACO DAY**

Seasoned Beef  
Refried Beans  
Shredded Cheese  
Tortilla Shell  
Choice Bar

Soybutter Sandwich  
Choice Bar

**15**

Chicken Fingers or  
Plant Based Tenders  
Mac & Cheese  
Galaxy Sauce  
Choice Bar

Soybutter Sandwich  
Choice Bar

**16**

Cheese or  
Turkey Sausage  
Pizza  
Choice Bar

Soybutter Sandwich  
Choice Bar

**19**



**Intersession (for registered students) May 20-23**

**20**

Cheeseburger or  
Veggie Burger  
Choice Bar

Soybutter Sandwich  
Choice Bar

Sweet Potato Wedges

**21**

Oven Fried Chicken  
Sweet Potato Wedges  
Corn Muffin  
Choice Bar

Soybutter Sandwich  
Choice Bar

*Pre-K Students*  
Chicken Fingers  
Sweet Potato Wedges  
Choice Bar

**22**

Cheeseburger or  
Veggie Burger  
Choice Bar

Soybutter Sandwich  
Choice Bar

Potato Wedges

**23**

Italian Dunker  
Marinara Sauce  
Choice Bar

Soybutter Sandwich  
Choice Bar

**May 26 - May 30 No School**

Choice bar and milk are available at every meal.

Menu subject to change.

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