

BREAKFAST MENU

5 Mini Pancake Bites with Syrup OR Teriyaki Chicken Rice Bowl Clementines	6 Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings Apple Slices	7 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana	8 Strawberry Cream Cheese Bagel OR Chicken & Vegetable Dumplings Apple Slices	9 Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl Banana
12 Saint Paul Sunrise Croissant OR Teriyaki Chicken Rice Bowl Clementines	13 Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings Apple Slices	14 Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana	15 Strawberry Cream Cheese Bagel OR Chicken & Vegetable Dumplings Apple Slices	16 Caramel Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl Banana
19 Mini Pancake Bites with Syrup OR Teriyaki Chicken Rice Bowl Clementines	20 Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings Apple Slices	21 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana	22 Strawberry Cream Cheese Bagel OR Chicken & Vegetable Dumplings Apple Slices	23 Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl Banana
26 NO SCHOOL TODAY! 	27 Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings Apple Slices	28 Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana	29 Strawberry Cream Cheese Bagel OR Chicken & Vegetable Dumplings Apple Slices	30 Caramel Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl Banana

DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

LUNCH MENU

5 Crispy Chicken Sandwich Soybutter Sandwich Potato Wedges Mango Applesauce	6 Country Fried Steak Mashed Potatoes Country Gravy Dinner Roll Soybutter Sandwich Applesauce	7 NACHO DAY Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips Soybutter Sandwich Sliced Apples	8 Meat or Marinara Sauce Penne Pasta Dinner Roll Soybutter Sandwich Banana	9 Italian Dunker Marinara Sauce Soybutter Sandwich Orange Wedges
12 Penne Pasta Meat Sauce or Marinara Sauce Dinner Roll Soybutter Sandwich Mango Applesauce	13 Teriyaki Chicken Jasmine Rice Soybutter Sandwich Hot Vegetable Applesauce	14 TACO DAY Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell Soybutter Sandwich Sliced Apples	15 Chicken Fingers Mac & Cheese Galaxy Sauce Soybutter Sandwich Salad Banana	16 Cheese or Turkey Sausage Pizza Choice Bar Soybutter Sandwich Choice Bar
19 Grilled Cheese Soybutter Sandwich Hot Vegetable Whole Orange	20 Cheeseburger Soybutter Sandwich Broccoli Applesauce	21 Chicken Fingers Soybutter Sandwich Sweet Potato Wedges Sliced Apples	22 Cheeseburger Soybutter Sandwich Potato Wedges Banana	23 Italian Dunker Marinara Sauce Soybutter Sandwich Orange Wedges
26 NO SCHOOL TODAY! 	27 Grilled Cheese Soybutter Sandwich Sweet Potato Wedges Applesauce	28 Chicken Tinga Tacos Refried Beans Tortilla Shell Soybutter Sandwich Salad Sliced Apples	29 Pancake Chicken Sausages Soybutter Sandwich Hash Browns Banana	30 Cheese or Turkey Sausage Pizza Choice Bar Soybutter Sandwich Choice Bar

*Plastic Free Lunch Day! plasticfreelunch.org

Choice bar and milk are available at every meal. Menu subject to change.

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