



Cleveland Metro Remote School K8

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September!



Parent Ambassador Message

India Jones Parent Ambassador

We are entering our first full month of school. I hope everyone is off to a great start. This month's message will be all about how parents and caregivers can support our scholars for success this school year.

During the last week of August, the school hosted several orientation sessions. If you have not attended a session yet, please be on the lookout for more information about how to prepare for the school year. No new dates for orientation have been announced at this time. Call the school's front office if you have any questions.

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A Successful 2023-24 School Year

How Can CMRS K8 Parents Support Their Scholars?

Remote learning can be difficult to navigate. Parents sometimes have a tough time trying to figure out the best ways to support our kids' education. Sometimes it is hard to figure out how we should support. In some ways, remote learning is easier for us and more convenient, but that doesn't mean less involved or less work. It takes a few tries to really gain our footing as remote learning parents and in my personal experience, I have discovered some ways that we can best support our kids. I believe those ways are through attendance, being organized, making sure our scholars get a good night's rest and understanding the technology that is being used.

CMRS K8 faculty is always stressing the importance of attendance because it is the first and best way our kids learn. If our kids are not in class then they will miss out on very important lessons and skills. Always refer to our attendance expectations. Monday, Tuesday, Thursday and Friday are our live class days. Wednesday is not an off day, we still have to make sure our kids go to morning meetings and complete their assignments.

ATTENDANCE MATTERS
Missing a day of school here and there may not seem like much, but absences add up!

When a student misses 2 days a month..	When a student misses 4 days a month..
They will miss 20 DAYS a year.	They will miss 40 DAYS a year.
They will miss 30 HOURS of math over the school year.	They will miss 60 HOURS of math over the school year.
They will miss 60 HOURS of reading & writing over the school year.	They will miss 120 HOURS of reading & writing over the school year.
They will miss over 1 YEAR of school by graduation.	They will miss over 2 YEARS of school by graduation.

Remember to always work in a district issued device so that our kids' attendance can be officially tracked. Make sure that our kids are in class on time. School starts at 8:00 am everyday. Know that attendance is tracked by the hour, not just by showing up in the morning. Help your kids stay engaged and working all day from 8:00 am to 2:30 pm.

Another way that we can support our children's success is through ensuring that they get a good night's rest. Sleep is a biological necessity. Our bodies need to rest and kids need more rest than all of us. School aged kids, ages 5-11 need anywhere from 9-11 hours of sleep. Teens need 8 ½ to 9 ½ hours of sleep a night. Not getting enough sleep can lead to undesirable outcomes for our kids, like bad moods, getting sick, having a lack of energy and these things can eventually have an impact on our child's school performance. What can

we do as parents to ensure that our kids sleep well? First, create an evening routine where screen time is reduced and a routine of winding down and relaxation is encouraged. Get them to bed at a decent time so they can get at least 9 hours of sleep. We can help create comfortable conditions where our children sleep. Make it quiet, dim the lights and ask your child how soft they like their bed.

Encouraging our children to be more organized can help them succeed in remote school as well. Do as much as you can to help them find a nice, quiet place to learn. In my opinion it can be anywhere in the house that makes sense, just make it theirs. Find some containers for them to place their supplies in. Write out your child's class schedule and post it above their desk; create a copy for yourself too. You know your scholar best, so discuss with them what ways they like to stay organized. Motivate them to continue these behaviors.

Daily Schedule

TIME	ACTIVITY	NOTE

Lastly, know how technology is used at our school. Our students use Chromebooks that have a touch screen display. If you attended orientation this year, then your scholar also received a computer mouse and a headset. Our kids have email addresses, firstname.lastname@cmsdk12.org that are usernames and they have a password. Write both of those down somewhere and post it above their desk. Learn more about the platforms that are used for our school; Clever, Schoology and Seesaw (K-3). Clever is the place to find everything. Schoology is like the course landing page. Seesaw is the place our younger

scholars complete their assignments. If you can, download the Clever app to your phone and follow the instructions to create an account if you don't already have one. Refer to our school website often. It is frequently updated and contains very important information.

No matter what, if you try hard and encourage and motivate your child then they will be successful this school year. Do as much as you can with the resources that are available to you and your child will do well. Our students have great support in the CMRS K8 faculty and staff.

Important Dates This Month

Monday, September 4th, 2023: Labor Day- ALL FACILITIES ARE CLOSED

Thursday, September 14th, 2023: Open House- Early Dismissal For Students

Saturday, September 16th, 2023: Special Education Resource Fair at Max Hayes High School



[CMRS K8 Website](#)

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