

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2025 Cheeseburger week 2 - ServingDate: 05/01/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	60	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	250	345.44	14.53	6.27	0.00	563.78	27.21	29.53
Cycle menu cold alternate - LR100183 (1 serv.)	35	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	25	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Baked Beans WYASD - LR100107 (1 c.)	300	119.63	0.35	0.06	0.00(M)	255.70	27.32	3.86
Potatoes, Ovations Reduced Sodium Crinkle Cut French Fries, 2.06 oz., McCain, MCF03761,Veg-S - SR104149 (2.06 oz.)	375	90.00	3.50	0.50	0.00	25.00	13.00	0.00
Juice, Apple, 4.23 oz Carton, Juicy Juice, 00055, F - SR109396 (1 ea.)	375	60.00	0.00	0.00	0.00(M)	10.00	15.00	0.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	375	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	420	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025 Chicken Bites - ServingDate: 05/02/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	10	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	15	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2025 Chicken Bites - ServingDate: 05/02/2025								
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	70	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Tyson Chicken Bites - LR100221 (3 3/4 oz.)	300	210.00	6.00	1.50	0.00	570.00	17.00	18.00
Cornbread, Cornbread Poppers, Rich's, 18510, WGR - SR110083 (3 POPPERS)	400	150.00	8.00	3.50	0.00	200.00	19.00	2.00
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	260	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Juice, Apple, 4.23 oz Carton, Juicy Juice, 00055, F - SR109396 (1 ea.)	400	60.00	0.00	0.00	0.00(M)	10.00	15.00	0.00
Peaches, Sliced, Extra Light Syrup, Canned, USDA Foods, 100219, F - SR109119 (1/2 c.)	400	60.00	0.00	0.00	0.00	10.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	400	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	400	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025 Mashed Potato bowl - ServingDate: 05/05/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	70	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Chicken Popcorn with Dinner roll - LR100067 (1 item)	275	1.03	0.05	0.01	0.00	1.72	0.10	0.06
Cycle menu cold alternate - LR100183 (1 serv.)	40	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2025 Mashed Potato bowl - ServingDate: 05/05/2025								
Corn, golden or yellow, whole kernel, cooked from frozen, drained, without salt [100348, A130] - SR105269 (1 c.)	400	132.00	1.10	0.16	0.00	2.00	31.65	4.18
Vegetables, Mashed Potatoes, Veg-S - SR101979 (1/2 Cup (8 oz)	400	69.42	0.08	0.02	0.00	165.12	15.48	2.09
Juice, Apple, 4.23 oz Carton, Juicy Juice, 00055, F - SR109396 (1 ea.)	400	60.00	0.00	0.00	0.00(M)	10.00	15.00	0.00
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	400	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	400	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	120	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Gravy, Chicken Mix - Trio, Nestle, Prepared - SR100422 (1/4 c.)	325	35.09	0.50	0.00	0.00	242.77	7.02	0.00
2025 Walking Taco - ServingDate: 05/06/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	75	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Beef Soft Taco WYASD - LR100077 (1 piece)	238	387.44	18.82	9.33	0.00	855.31	33.51	21.19
Cycle menu cold alternate - LR100183 (1 serv.)	17	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	0	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)

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2025 Walking Taco - ServingDate: 05/06/2025								
Doritos, Nacho Cheese, Reduced Fat, Walking Taco, 1.4 oz., Pepsico, 028400648707 - SR109208 (1 pkg.)	238	190.00	7.00	1.00	0.00	280.00	28.00	3.00
Black Beans and Corn Mix - LR100038 (1 c.)	260	49.37	1.11	0.45	0.00(M)	71.22	8.50	2.06
Salsa, 103 oz., Red Gold, REDSC99, Veg-RO - SR100611 (1/8 c.)	230	10.00	0.00	0.00	0.00	70.00	2.00	0.00
Shredded Lettuce and Tomato, Veg-O - SR105405 (1 c.)	230	26.08	0.28	0.04	0.00	9.19	5.62	1.34
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4)	380	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	380	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	385	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	120	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiment, Sour Cream, Glennview Farms - SR100954 (2 Tbsp.)	230	60.00	5.00	3.50	(M)	20.00	2.00	1.00
2025-26 Ham and Cheese on pretzel Roll - ServingDate: 05/07/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	65	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	40	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Ham and Cheese on Pretzel Roll - LR100195 (1 sandwich)	210	342.01	11.91	5.27	0.00	948.96	36.29	20.25
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40

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2025-26 Ham and Cheese on pretzel Roll - ServingDate: 05/07/2025								
Protein pack meal - LR100252 (1 ea.)	10	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Chips, RF Doritos Tortilla Chips - Nacho Cheese, 1 oz Bag, PepsiCo, 31748, 1.5WGR - SR106484 (1 bag, singl)	375	130.00	5.00	0.50	0.00	190.00	20.00	2.00
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	300	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Potatoes, Reduced Sodium Tater Tots, 2.52 oz., McCain, 1000002789, Veg-S - SR103989 (8 pcs.)	375	90.00	3.50	0.00	0.00	160.00	14.00	1.00
Applesauce - LR100181 (4 1/2 oz.)	375	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4)	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	410	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025 Rib B Que Sandwich - ServingDate: 05/08/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	75	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	10	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	30	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	10	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)

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2025 Rib B Que Sandwich - ServingDate: 05/08/2025								
Sandwich, Pork BBQ Rib Sandwich, F-30, MMA, WG - SR106373 (1 sandwich)	225	359.89	10.91	3.04	0.10	1114.69	47.65	20.15
Green Beans, VO - LR100018 (1 c.)	250	13.09	0.26	0.14	0.00(M)	13.89	2.59	0.60
French Fries - SR101339 (2 3/8 ounces)	300	99.72	3.49	0.00	0.00	129.63	16.95	1.99
Juice, Apple, 4.23 oz Carton, Juicy Juice, 00055, F - SR109396 (1 ea.)	350	60.00	0.00	0.00	0.00(M)	10.00	15.00	0.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1 c.)	350	120.00	0.00	0.00	0.00	10.00	32.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	250	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025 HS Rotini w/meat sauce - ServingDate: 05/12/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	10	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	20	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
WG Pasta w/ Meat Sauce, MMA, WG, VRO - LR100007 (1 serv.)	290	355.06	8.95	2.40	0.00(M)	939.80	50.84	19.27
Garlic toast - LR100270 (1 piece)	370	90.00	3.00	0.00	0.00	100.00	14.00	3.00

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2025 HS Rotini w/meat sauce - ServingDate: 05/12/2025								
Green Beans, VO - LR100018 (1 c.)	250	13.09	0.26	0.14	0.00(M)	13.89	2.59	0.60
Juice, Apple, 4.23 oz Carton, Juicy Juice, 00055, F - SR109396 (1 ea.)	375	60.00	0.00	0.00	0.00(M)	10.00	15.00	0.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	375	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	370	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	90	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025 HS Breakfast for Lunch - ServingDate: 05/13/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	20	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	20	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Jones Dairy Sausage links - LR100178 (3 link)	285	150.00	10.50	4.50	0.00	255.00	1.50	10.50
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	40	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Bake crafters French toast sticks - LR100271 (3 oz.)	285	210.00	9.00	2.00	0.00	290.00	26.00	8.00
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	150	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Hash Brown Patty - SR101441 (1 patty)	370	110.00	6.00	1.00	0.00	280.00	12.00	0.96
Applesauce - LR100181 (4 1/2 oz.)	370	60.00	0.00	0.00	0.00	10.00	15.00	0.00

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2025 HS Breakfast for Lunch - ServingDate: 05/13/2025								
Juice, Apple, 4.23 oz Carton, Juicy Juice, 00055, F - SR109396 (1 ea.)	370	60.00	0.00	0.00	0.00(M)	10.00	15.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	370	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025 Spicy Chicken Patty - ServingDate: 05/14/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	30	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	15	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Spicy Chicken Patty on Roll 2MMA 2 WGR WYASD - LR100055 (1 sandwich)	300	387.88	15.64	2.91	0.00	656.00	42.47	20.14
Steamed Mixed Vegetables, VO - LR100001 (1 c.)	200	138.62	0.77	0.49	0.00(M)	104.33	27.24	6.81
Applesauce - LR100181 (4 1/2 oz.)	350	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, Apple, 4.23 oz Carton, Juicy Juice, 00055, F - SR109396 (1 ea.)	350	60.00	0.00	0.00	0.00(M)	10.00	15.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Sauce, BBQ, Low Sodium, Portion Cups, 1 oz., Red Gold, RED0A1Z - SR102279 (1 Tbsp.)	200	23.99	0.00	0.00	0.00	38.98	6.00	0.00

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2025 Hot dog meal - ServingDate: 05/15/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	65	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	20	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
low Sodium Hot dog - LR100154 (1 ea.)	245	270.00	13.50	5.00	0.00	610.00	25.00	12.00
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Baked Beans WYASD - LR100107 (1 c.)	300	119.63	0.35	0.06	0.00(M)	255.70	27.32	3.86
Potatoes, Reduced Sodium Tater Tots, 2.52 oz., McCain, Ore-Ida, 1000002789, Veg-S - SR107909 (8 pcs.)	250	90.00	3.50	0.00	0.00	160.00	14.00	1.00
Sauerkraut, Canned, Solids And Liquids, Veg-O - SR103154 (1/2 c.)	100	13.49	0.10	0.02	(M)	469.31	3.04	0.65
Juice, Apple, 4.23 oz Carton, Juicy Juice, 00055, F - SR109396 (1 ea.)	300	60.00	0.00	0.00	0.00(M)	10.00	15.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	300	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	385	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	150	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025 Pizza Crunchers - ServingDate: 05/16/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	50	267.72	11.76	4.13	0.00	471.89	20.11	22.27

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2025 Pizza Crunchers - ServingDate: 05/16/2025								
Cycle menu cold alternate - LR100183 (1 serv.)	40	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	55	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Pizza, Cheese Crunchers Whole Grain, Rich's Foodservice, 65225, WGR, MMA - SR100373 (4 piece whol)	250	420.00	20.00	8.00	0.50	770.00	41.00	20.00
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Broccoli, Broccoli Frozen Boiled, Veg-DG - SR102476 (1 cup servin)	250	147.20	7.97	1.49	1.41(M)	412.28	15.23	8.80
Juice, Apple 100% 6.75 oz, Juicy Juice, 00060, F - SR106030 (1 Box)	350	100.00	0.00	0.00	0.00(M)	15.00	24.00	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1 c.)	350	120.00	0.00	0.00	0.00	10.00	32.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	375	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	50	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Sauce, Marinara Sauce, 2.5 oz. cups, Red Gold, REDNA2ZC168, VEG-RO - SR108770 (1 Container)	100	40.00	1.00	0.00	0.00	200.00	7.00	1.00
2025 HS General Tso Chicken - ServingDate: 05/19/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	50	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	15	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2025 HS General Tso Chicken - ServingDate: 05/19/2025								
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	35	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	10	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Sweet and Sour Chicken WYASD - LR100120 (5 oz.)	250	343.40	13.00	2.50	0.00	557.35	40.46	14.00
Asian Rice WYASD - LR100106 (1/2 c.)	275	240.14	3.29	0.42	0.04(M)	335.47	45.85	8.00
Broccoli, cooked, boiled, drained, without salt - SR106362 (1 cup, chopp)	300	54.60	0.64	0.12	0.00	63.96	11.20	3.71
Applesauce - LR100181 (4 1/2 oz.)	360	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, Apple, 4.23 oz Carton, Juicy Juice, 00055, F - SR109396 (1 ea.)	350	60.00	0.00	0.00	0.00(M)	10.00	15.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	360	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	50	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025 HS cheesesteak sandwich - ServingDate: 05/20/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	35	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cheesesteak sandwich - LR100272 (1 sandwich (2)	250	377.50	19.57	8.84	0.05(M)	379.80	29.36	20.75
Cycle menu cold alternate - LR100183 (1 serv.)	20	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	70	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2025 HS cheesesteak sandwich - ServingDate: 05/20/2025								
Baked Beans WYASD - LR100107 (1 c.)	250	119.63	0.35	0.06	0.00(M)	255.70	27.32	3.86
Potatoes, Crinkle Cut French Fries, 1/2", 1.98 oz, McCain, Ore-Ida, OIF00055A, Veg-S - SR109288 (1.98 ounces)	350	59.96	2.00	0.00	0.00	14.99	11.99	1.00
Juicy Juice Apple - LR100310 (4.23 oz.)	350	60.03	0.00	0.00	0.00	10.01	15.01	0.00
Pears, Diced, Extra Light Syrup, Canned, USDA Foods, 100225, F - SR109120 (1/2 c.)	350	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	320	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025 Ham and cheese sub - ServingDate: 05/21/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	40	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	25	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Ham and Cheese Sub - LR100208 (1 sandwich)	267	269.94	9.32	3.50	0.00	859.13	22.93	16.86
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	38	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Corn, golden or yellow, whole kernel, cooked from frozen, drained, without salt [100348, A130] - SR105269 (1 c.)	250	132.00	1.10	0.16	0.00	2.00	31.65	4.18

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2025 Ham and cheese sub - ServingDate: 05/21/2025								
Potatoes, Ovations Reduced Sodium Crinkle Cut French Fries, 2.06 oz., McCain, MCF03761,Veg-S - SR104149 (2.06 oz.)	350	90.00	3.50	0.50	0.00	25.00	13.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4)	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, diced in light syrup - LR100308 (1/2 c.)	375	51.87	0.12	0.01	0.00	6.17	13.71	0.49
Swiss Dairy Milk - LR100273 (8 oz.)	410	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	280	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025 Mozzarella sticks - ServingDate: 05/22/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	40	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cheese Sticks, Whole Grain Mozzarella, High Liner Foods, G1042DF, MMA, WGR - SR107394 (5 pcs.)	262	400.00	22.00	8.00	0.00	380.00	32.00	19.00
Cycle menu cold alternate - LR100183 (1 serv.)	20	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	43	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	370	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Green Beans, VO - LR100018 (1 c.)	150	13.09	0.26	0.14	0.00(M)	13.89	2.59	0.60

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2025 Mozzarella sticks - ServingDate: 05/22/2025								
Marinara Sauce, Portion Cup, 2.5oz, Red Gold, REDNA2ZC84, Veg-RO - SR107006 (1/4 c.)	262	40.00	1.00	0.00	0.00	200.00	7.00	1.00
Fruit Cup, Peaches, Diced in 100% Fruit Juice, 4oz, Del Monte Foods, 2005442, 1/2F - SR110659 (1 c.)	370	50.00	0.00	0.00	0.00	5.00	12.00	0.00
Juice, Apple, 4.23 oz Carton, Juicy Juice, 00055, F - SR109396 (1 ea.)	370	60.00	0.00	0.00	0.00(M)	10.00	15.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	370	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025 Chicken Bites - ServingDate: 05/23/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	10	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	15	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	70	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Tyson Chicken Bites - LR100221 (3 3/4 oz.)	300	210.00	6.00	1.50	0.00	570.00	17.00	18.00
Cornbread, Cornbread Poppers, Rich's, 18510, WGR - SR110083 (3 POPPERS)	400	150.00	8.00	3.50	0.00	200.00	19.00	2.00
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	260	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Juice, Apple, 4.23 oz Carton, Juicy Juice, 00055, F - SR109396 (1 ea.)	400	60.00	0.00	0.00	0.00(M)	10.00	15.00	0.00

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2025 Chicken Bites - ServingDate: 05/23/2025								
Peaches, Sliced, Extra Light Syrup, Canned, USDA Foods, 100219, F - SR109119 (1/2 c.)	400	60.00	0.00	0.00	0.00	10.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	400	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	400	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025-26 Ham and Cheese on pretzel Roll - ServingDate: 05/27/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	65	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cycle menu cold alternate - LR100183 (1 serv.)	40	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Ham and Cheese on Pretzel Roll - LR100195 (1 sandwich)	210	342.01	11.91	5.27	0.00	948.96	36.29	20.25
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	10	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Chips, RF Doritos Tortilla Chips - Nacho Cheese, 1 oz Bag, PepsiCo, 31748, 1.5WGR - SR106484 (1 bag, singl)	375	130.00	5.00	0.50	0.00	190.00	20.00	2.00
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	300	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Potatoes, Reduced Sodium Tater Tots, 2.52 oz., McCain, 1000002789, Veg-S - SR103989 (8 pcs.)	375	90.00	3.50	0.00	0.00	160.00	14.00	1.00
Applesauce - LR100181 (4 1/2 oz.)	375	60.00	0.00	0.00	0.00	10.00	15.00	0.00

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2025-26 Ham and Cheese on pretzel Roll - ServingDate: 05/27/2025								
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	410	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2025 Cheeseburger HS - ServingDate: 05/28/2025								
2019 Hot Alternate High School - LR100214 (1 ea.)	25	267.72	11.76	4.13	0.00	471.89	20.11	22.27
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	275	345.44	14.53	6.27	0.00	563.78	27.21	29.53
Cycle menu cold alternate - LR100183 (1 serv.)	20	864.39	43.98	10.53	0.00(M)	1474.66	71.16	47.14
Pizza, Big Daddys16" original - LR100244 (5.39 oz.)	50	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	9.54(M)	0.00(M)	1122.50 (M)	126.00 (M)	22.09 (M)
Broccoli, Broccoli Frozen Boiled, Veg-DG - SR102476 (1 cup servin)	250	147.20	7.97	1.49	1.41(M)	412.28	15.23	8.80
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	375	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	400	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21

Menu Calendar Nutrient Analysis Report - May, 2025

Generated on: 4/23/2025 6:37:46 AM by Sue Zimmerman

Site: ALL
Date: 05/01/2025 - 05/31/2025

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: High School
Menu Line: regular
Serving Group: 9-12
Nutrients Option: Expanded