

MPCSD
MAY

BREAKFAST K-12
2024 - 2025 AC



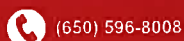
Date	Menu Item	Allergens
Monday 28	Bagel W/ Cream Cheese	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Tuesday 29	Concha	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Wednesday 30	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Thursday 1	Sunbutter & Jelly Sandwich	Wheat, Soy, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Friday 2	Cinnamon Raisin Bagel W/ Cream Cheese	Wheat, Soy, Milk, Pork, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef

Monday 5	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Tuesday 6	Bagel W/ Cream Cheese	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Wednesday 7	Apple Cinnamon Frudel	Veg Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Thursday 8	Pan De Elote	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Friday 9	String Cheese W/ Mini Muffin	Milk, Wheat, Soy, Egg
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef

Monday 12	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Tuesday 13	Concha	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Wednesday 14	Bagel W/ Cream Cheese	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Thursday 15	Glazed Donut Holes	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Friday 16	Breakfast Scone	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef

Monday 19	Bagel W/ Cream Cheese	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Tuesday 20	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Wednesday 21	Cherry Frudel	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef

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Thursday 22	Cinnamon Raisin Bagel W/ Cream Cheese Breakfast Cereal	Wheat, Soy, Milk, Pork, Sesame Wheat, Soy, Milk, Pork, Beef
Friday 23	Pan De Elote Breakfast Cereal	Wheat, Soy, Egg, Milk, Sesame Wheat, Soy, Milk, Pork, Beef
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Tuesday 27	Concha Breakfast Cereal	Wheat, Soy, Egg, Milk, Sesame Wheat, Soy, Milk, Pork, Beef
Wednesday 28	Breakfast Muffin Breakfast Cereal	Wheat, Soy, Egg, Milk Wheat, Soy, Milk, Pork, Beef
Thursday 29	Sunbutter & Jelly Sandwich Breakfast Cereal	Wheat, Soy, Sesame Wheat, Soy, Milk, Pork, Beef
Friday 30	Cinnamon Raisin Bagel W/ Cream Cheese Breakfast Cereal	Wheat, Soy, Milk, Pork, Sesame Wheat, Soy, Milk, Pork, Beef
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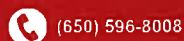
MPCSD
MAY

LUNCH K-8 2024 -
2025



Date	Menu Item	Allergens
Monday 28	Cheeseburger	Wheat, Soy, Milk, Beef, Sesame
	Chicken Enchiladas	Soy, Milk, Chicken, Tomato, Sesame
	Pasta X Plosion!	Veg Wheat, Milk, Tomato
	Sbj Sammie	Veg Wheat, Soy, Sesame
	Cobb Salad Wrap	Wheat, Soy, Egg, Milk, Tomato, Turkey
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Tuesday 29	Spaghetti W/ Beef Meatsauce	Wheat, Egg, Beef, Milk, Tomato, Soy
	Beef Hot Dog	Wheat, Soy, Beef, Sesame
	Black Bean & Veggie Burrito	Veg Milk, Wheat, Tomato
	Teriyaki Chicken Sushi Bowl	Wheat, Soy, Chicken, Sesame
	Cali Bistro Box	Wheat, Soy, Egg, Milk, Sesame
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Wednesday 30	Sesame Orange Chicken W/ Rice	Wheat, Soy, Chicken, Sesame
	Mr. Mike's Bbq Chicken Sandwich	Wheat, Soy, Milk, Chicken, Tomato, Sesame
	Cheese Wrapadilla	Wheat, Milk
	Farmer's Market Chicken Salad W/ Dinner Roll	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Turkey & Cheese On Dutch Crunch	Wheat, Soy, Milk, Turkey, Sesame
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Thursday 1	Chicken Nuggets W/ Olive Oil & Parmesan Pasta	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Beef Chili W/ Cornbread	Wheat, Soy, Egg, Milk, Beef, Tomato
	B& C Burrito	Veg Milk, Wheat, Soy
	Hummus Rainbow Wrap	Veg Wheat
	Southwest Veggie Taco Salad W/ Tortilla Chips	Milk, Soy, Tomato, Egg
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Friday 2	Pepperoni Pizza	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg Wheat, Soy, Milk, Tomato
	Bbq Chicken W/ Rice Pilaf	Chicken, Tomato
	Chicken Caesar Wrap	Wheat, Chicken, Milk, Egg, Fish
	Italian Market Salad	Wheat, Soy, Milk, Pork, Beef, Turkey
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Monday 5	Hamburger	Wheat, Soy, Beef, Sesame
	Pasta W/ Olive Oil & Parmesan Pasta	Veg Wheat, Milk
	Curry Fried Rice	Veg Wheat, Soy, Egg, Sesame
	Sbj Sammie	Veg Wheat, Soy, Sesame
	Chicken Bacon Ranch Wrap	Wheat, Milk, Pork, Chicken, Egg, Tomato
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Tuesday 6	Chicken Corn Dog	Wheat, Soy, Egg, Chicken, Turkey, Sesame
	Chicken Burrito	Milk, Chicken, Wheat, Tomato
	Veggie Chow Mein	Veg Wheat, Soy, Egg, Sesame
	Bbq Chicken Wrap	Milk, Chicken, Wheat, Soy, Egg, Fish, Shellfish
	Athenian Chicken Salad W/ Pita Triangles	Wheat, Milk, Chicken, Tomato
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame

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Wednesday 7	Chicken Calzone		Wheat, Soy, Egg, Milk, Pork, Chicken, Fish, Tomato, Sesame
	Chicken Chow Mein		Wheat, Soy, Egg, Chicken, Sesame
	Pasta W/ Marinara & Mozzarella	Veg	Wheat, Egg, Milk, Tomato
	Yogurt Berry Parfait W/ Muffin	Veg	Wheat, Egg, Milk, Soy
	Pesto Caprece Salad	Veg	Wheat, Milk, Tomato
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Thursday 8	Breaded Chicken Sandwich		Wheat, Soy, Milk, Chicken, Sesame
	Chicken Kapama W/ Olive Oil & Parmesan Pasta		Chicken, Wheat, Milk, Tomato
	Mac & Cheese	Veg	Wheat, Milk
	Tex Mex Bistro Box W/ Tortilla Chips		Soy, Milk, Tomato, Sesame
	Turkey & Cheese Hoagie		Wheat, Milk, Turkey, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Friday 9	Pepperoni Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg	Wheat, Soy, Milk, Tomato
	Bbq Chicken Pizza		Wheat, Soy, Milk, Pork, Chicken, Tomato
	Chicken Caesar Salad W/ Dinner Roll		Wheat, Soy, Milk, Chicken, Sesame
	Italian Deli Sub		Wheat, Soy, Milk, Pork, Beef, Turkey, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Monday 12	Bbq Cheeseburger		Wheat, Soy, Milk, Beef, Tomato, Sesame
	Greek Chicken W/ Rice Pilaf		Chicken
	Pasta X Plosion!	Veg	Wheat, Milk, Tomato
	Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
	Chicken Caesar Wrap		Wheat, Chicken, Milk, Egg, Fish
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Tuesday 13	Beef Hot Dog		Wheat, Soy, Beef, Sesame
	Bbq Chicken Pasta		Chicken, Wheat, Milk, Tomato
	Broccoli Cheddar Potato Bowl W/ Dinner Roll	Veg	Wheat, Soy, Egg, Milk, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Smoked Chicken Wrap		Wheat, Soy, Egg, Milk, Chicken, Tomato
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Wednesday 14	Popcorn Chicken & Tater Bowl		Soy, Milk, Chicken, Wheat
	Chicken Parm Hoagie		Wheat, Soy, Milk, Chicken, Tomato, Sesame
	Pasta Primavera	Veg	Wheat, Milk, Soy
	Chicken Bacon Ranch Salad W/ Dinner Roll		Wheat, Soy, Egg, Milk, Pork, Chicken, Tomato, Sesame
	Turkey & Cheese On Dutch Crunch		Wheat, Soy, Milk, Turkey, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Thursday 15	Chicken & Rice Soup		Wheat, Soy, Chicken, Sesame
	Chicken Nuggets W/ Rice Pilaf		Wheat, Soy, Egg, Milk, Chicken, Sesame
	Cheese Ravioli W/ Marinara Sauce	Veg	Egg, Milk, Wheat, Tomato
	Picnic Bistro Box		Wheat, Soy, Milk, Chicken, Sesame
	Cobb Salad Wrap		Wheat, Soy, Egg, Milk, Tomato, Turkey
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Friday 16	Pepperoni Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg	Wheat, Soy, Milk, Tomato
	Louisiana Jambalaya		Beef, Tomato, Turkey
	Asian Chicken Wrap		Wheat, Soy, Milk, Chicken, Sesame
	Santa Fe Chicken Salad		Chicken, Milk, Tomato, Soy, Egg
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

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(650) 596-8008



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Monday 19	Hamburger		Wheat, Soy, Beef, Sesame
	Boneless Buffalo Chicken Wings & Rice Pilaf		Wheat, Soy, Milk, Chicken, Sesame
	Vegan Fried Rice	V	Soy, Sesame
	Breaded Chicken Salad		Wheat, Soy, Egg, Milk, Chicken, Tomato, Sesame
	Spicy Chicken Wrap		Wheat, Soy, Egg, Milk, Chicken, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Tuesday 20	Pesto Chicken Sandwich		Chicken, Milk, Wheat, Soy
	Sweet And Sour Chicken		Wheat, Soy, Egg, Milk, Chicken, Sesame
	Cheesy Breadsticks W/ Marinara Sauce	Veg	Wheat, Soy, Milk, Tomato, Sesame
	Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Wednesday 21	Buffalo Chicken Hoagie		Wheat, Soy, Milk, Chicken
	Teriyaki Chicken W/ Rice & Veggies		Wheat, Soy, Chicken, Sesame
	Minestrone Soup & Roll	Veg	Wheat, Soy, Egg, Tomato, Sesame
	Yogurt Berry Parfait W/ Muffin	Veg	Wheat, Egg, Milk, Soy
	Chicken Pesto Wrap		Chicken, Wheat, Milk, Soy
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Thursday 22	Breaded Chicken Sandwich		Wheat, Soy, Milk, Chicken, Sesame
	Western Wrap Up		Wheat, Soy, Milk, Chicken, Tomato, Sesame
	Cheesy Bean Dip W/ Tortilla Chips		Milk, Soy
	Confetti Bean And Rice Salad		Tomato
	Breaded Chicken Wrap		Wheat, Soy, Egg, Milk, Chicken, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Friday 23	Pepperoni Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg	Wheat, Soy, Milk, Tomato
	Bbq Chicken Pizza		Wheat, Soy, Milk, Pork, Chicken, Tomato
	Chicken Caesar Salad W/ Dinner Roll		Wheat, Soy, Milk, Chicken, Sesame
	Turkey & Cranberry Sandwich		Wheat, Soy, Turkey, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Tuesday 27	Spaghetti W/ Beef Meatsauce		Wheat, Egg, Beef, Milk, Tomato, Soy
	Beef Hot Dog		Wheat, Soy, Beef, Sesame
	Black Bean & Veggie Burrito	Veg	Milk, Wheat, Tomato
	Teriyaki Chicken Sushi Bowl		Wheat, Soy, Chicken, Sesame
	Cali Bistro Box		Wheat, Soy, Egg, Milk, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Wednesday 28	Sesame Orange Chicken W/ Rice		Wheat, Soy, Chicken, Sesame
	Mr. Mike's Bbq Chicken Sandwich		Wheat, Soy, Milk, Chicken, Tomato, Sesame
	Cheese Wrapadilla		Wheat, Milk
	Farmer's Market Chicken Salad W/ Dinner Roll		Wheat, Soy, Egg, Milk, Chicken, Sesame
	Turkey & Cheese On Dutch Crunch		Wheat, Soy, Milk, Turkey, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Thursday 29	Chicken Nuggets W/ Olive Oil & Parmesan Pasta		Wheat, Soy, Egg, Milk, Chicken, Sesame
	Beef Chili W/ Cornbread		Wheat, Soy, Egg, Milk, Beef, Tomato
	B& C Burrito	Veg	Milk, Wheat, Soy
	Hummus Rainbow Wrap	Veg	Wheat
	Southwest Veggie Taco Salad W/ Tortilla Chips		Milk, Soy, Tomato, Egg
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame



Friday 30	Pepperoni Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg	Wheat, Soy, Milk, Tomato
	Bbq Chicken W/ Rice Pilaf		Chicken, Tomato
	Chicken Caesar Wrap		Wheat, Chicken, Milk, Egg, Fish
	Italian Market Salad		Wheat, Soy, Milk, Pork, Beef, Turkey
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

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MPCSD
MAY

Vegan / Gluten
Free



Date	Menu Item	Allergens
Monday 28	Vegan 3 Bean Chili W/ Tortilla Chips	V Tomato
Tuesday 29	Vegan Fried Rice	V Soy, Sesame
Wednesday 30	Vegan Burrito Bowl	V Tomato
Thursday 1	Vegan Tikka Masala	V Tomato
Friday 2	Myo Vegan Tacos	V Tomato
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Monday 5	Vegan Pinto Pozole W/ Tortilla Chips	V Tomato
Tuesday 6	Vegan Spanish Beans W/ Cilantro Lime Rice	V Tomato
Wednesday 7	Vegan Red Beans & Rice	Tomato
Thursday 8	Vegan 3 Bean Chili W/ Tortilla Chips	V Tomato
Friday 9	Vegan Fried Rice	V Soy, Sesame
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Monday 12	Vegan Burrito Bowl	V Tomato
Tuesday 13	Vegan Tikka Masala	V Tomato
Wednesday 14	Myo Vegan Tacos	V Tomato
Thursday 15	Vegan Pinto Pozole W/ Tortilla Chips	V Tomato
Friday 16	Vegan Spanish Beans W/ Cilantro Lime Rice	V Tomato
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Monday 19	Vegan Red Beans & Rice	Tomato
Tuesday 20	Vegan 3 Bean Chili W/ Tortilla Chips	V Tomato
Wednesday 21	Vegan Fried Rice	V Soy, Sesame
Thursday 22	Vegan Burrito Bowl	V Tomato
Friday 23	Vegan Tikka Masala	V Tomato
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Tuesday 27	Vegan Fried Rice	V Soy, Sesame
Wednesday 28	Vegan Burrito Bowl	V Tomato
Thursday 29	Vegan Tikka Masala	V Tomato
Friday 30	Myo Vegan Tacos	V Tomato