

# Teacher Academy

Experience transformational professional learning!

TEACH  
FROM YOUR  
BEST  
SELF

Want to create inclusive learning environments where all students experience purpose, safety, and community? Want to bring your best to the people you care about?

**Join this supportive professional learning community and learn to transform challenging situations into pivotal moments of possibility and change!**

## What's in it for you?

- ★ Discover how to work and teach from your best self with less stress, even in high-pressure situations
- ★ Learn strategies that bring out the best in students
- ★ Feel nourished and energized as you build resiliency and effectiveness
- ★ \$500 stipend, optional graduate credit (Southern Oregon University)

**Who:** South Coast Educators

**When:** August 11-15, 2025

**Where:** South Coast ESD

Apply by  
May 16,  
2025

[Click here](#) or use the  
QR code to apply!



**Jay Schroder**

Facilitator, Author

Jay is a 24-year veteran teacher, a teacher-consultant for the Oregon Writing Project at Southern Oregon University, and author of *Teach From Your Best Self: A Teacher's Guide to Thriving in the Classroom*.