

CALIFORNIA HEALTHY KIDS SURVEY



El Monte Elementary Elementary 2024-2025 Main Report

This report was prepared by WestEd, a research, development, and service agency, under contract from the California Department of Education School Health Office. For contract information, contact:

Hilva Chan
California Department of Education
School Health and Safety Office
Educator Excellence and Equity Division
1430 N Street
Sacramento, CA 95814
hchan@cde.ca.gov

Recommended citation:

El Monte Elementary School. *California Healthy Kids Survey, 2024-2025: Main Report*. San Francisco: WestEd for the California Department of Education.

Date prepared: 3 Feb 2025
CDS code: 07617546004048

Contents

	Page
List of Tables	II
PREFACE	V
Survey Module Administration	1
A. Core Module Results	2
1. Survey Sample	2
2. Summary of Key Indicators	3
3. Demographics	5
4. Health Routines	7
5. Remote Schooling	8
6. School Performance, Supports, and Engagements	10
7. Supports for Learning at School	20
8. Fairness, Rule Clarity, and Positive Student Behavior	22
9. School Violence, Victimization, and Safety	26
10. Home Supports and Involvement in Schooling	30
11. Alcohol and Other Drug (AOD) Use	32
12. Tobacco Use and Vaping	33
13. Other Physical and Mental Health Risks	34
14. Race/Ethnic Breakdowns	35
15. Gender Breakdowns	49
Z. Mt. Diablo Unified Custom Questions	52
1. Module Sample	52
2. Custom Questions	53

List of Tables

	Page
Survey Module Administration	1
1 CHKS Survey Modules Administered	1
A. Core Module Results	2
1. Survey Sample	2
A1.1 Student Sample Characteristics	2
A1.2 Number of Respondents by Instructional Model	2
2. Summary of Key Indicators	3
A2.1 Key Indicators of School Climate	3
A2.2 Key Indicators of Substance Use, Health Routines, Remote Schooling, and Student Well-Being	4
3. Demographics	5
A3.1 School Schedule, Past 30 Days	5
A3.2 Gender of Sample	5
A3.3 Race or Ethnicity	6
A3.4 Number of Days Attending Afterschool Program	6
4. Health Routines	7
A4.1 Eating of Breakfast	7
A4.2 Bedtime	7
5. Remote Schooling	8
A5.1 Remote Schooling Schedule and Instructional Time	8
A5.2 Interesting Activities Provided for Student in Remote Schooling	9
6. School Performance, Supports, and Engagements	10
A6.1 Perceived School Performance	10
A6.2 Truancy, Past 30 Days	10
A6.3 School Environment, School Connectedness, and Academic Motivation Scales	11
A6.4 Caring Adults in School Scale Questions	12
A6.5 High Expectations-Adults in School Scale Questions	13
A6.6 Meaningful Participation at School Scale Questions	14
A6.6 Meaningful Participation at School Scale Questions – Continued	15
A6.7 School Connectedness Scale Questions	16
A6.7 School Connectedness Scale Questions – Continued	17
A6.8 Academic Motivation Scale Questions	18
A6.9 School Boredom	19
A6.10 Quality of School Physical Environment	19
7. Supports for Learning at School	20
A7.1 Social and Emotional Learning Supports Scale Questions	20
A7.2 Teachers Checking on how Students are Feeling	21

A7.3	Students at School Motivated to Learn	21
8.	Fairness, Rule Clarity, and Positive Student Behavior	22
A8.1	Fairness Scale Questions	22
A8.2	Clarity of Rules	23
A8.3	Positive Behavior Scale Questions	24
A8.4	Students at School Well Behaved	25
9.	School Violence, Victimization, and Safety	26
A9.1	Perceived Safety at or Outside of School	26
A9.2	Violence Victimization Scale Questions	27
A9.3	Cyberbullying, Past 30 Days	28
A9.4	Been Teased About Body Image	28
A9.5	Weapons (Gun or Knife) on School Property, Past Year	28
A9.6	Antibullying Climate Scale Questions	29
10.	Home Supports and Involvement in Schooling	30
A10.1	High Expectations-Adults at Home Scale Questions	30
A10.2	Parent Involvement in Schooling Scale Questions	31
11.	Alcohol and Other Drug (AOD) Use	32
A11.1	Use of Alcohol or Other Drugs, Lifetime	32
A11.2	Perception of Health Risk of Alcohol and Marijuana Use	32
12.	Tobacco Use and Vaping	33
A12.1	Cigarette Use and Vaping, Lifetime	33
A12.2	Perception of Health Risk of Cigarette Use and Vaping	33
13.	Other Physical and Mental Health Risks	34
A13.1	Frequent Sadness	34
A13.2	Wellness	34
14.	Race/Ethnic Breakdowns	35
A14.1	School Engagement and Supports by Race/Ethnicity	35
A14.1	School Engagement and Supports by Race/Ethnicity – Continued	36
A14.1	School Engagement and Supports by Race/Ethnicity – Continued	37
A14.1	School Engagement and Supports by Race/Ethnicity – Continued	38
A14.2	School Safety by Race/Ethnicity	39
A14.2	School Safety by Race/Ethnicity – Continued	40
A14.3	Cyberbullying by Race/Ethnicity	41
A14.4	School Disciplinary Environment by Race/Ethnicity	42
A14.4	School Disciplinary Environment by Race/Ethnicity – Continued	43
A14.5	Substance Use by Race/Ethnicity	44
A14.5	Substance Use by Race/Ethnicity – Continued	45
A14.6	Health Routines by Race/Ethnicity	46
A14.7	Remote Schooling by Race/Ethnicity	47
A14.8	Mental Health by Race/Ethnicity	48
15.	Gender Breakdowns	49

A15.1	School Engagement and Supports by Gender	49
A15.2	School Safety, Cyberbullying, School Disciplinary Environment, and Substance Use by Gender	50
A15.3	Health Routines, Remote Schooling, and Mental Health by Gender	51
Z.	Mt. Diablo Unified Custom Questions	52
1.	Module Sample	52
Z1.1	Student Sample for Custom Questions	52
2.	Custom Questions	53

PREFACE

HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2024-25 *California Healthy Kids Survey* (CHKS) for schools within this school. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education’s *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS.

These surveys grew out of the California Department of Education’s (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (calschls.org). The California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS technical advisor team offers data workshops and coaching to help identify local needs and develop action plans to meet those needs.

THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The elementary school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules, including a Social Emotional Health Module (SEHM) and Mental Health Supports Module, that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

Core Module

As outlined in Exhibit 1, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, positive development, and well-being. The primary focus of the survey is assessing student perceptions and experiences related to:

- school climate, connectedness, and learning engagement;
- perceived school safety and frequency of, and reasons for, harassment and bullying at school;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- mental health, supports for social-emotional learning, and positive behavior; and
- health-related and behavioral learning barriers (e.g., substance use, violence at school, physical health, mental health).

Social Emotional Health Module (Supplementary)

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and life satisfaction. It includes 39 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

Mental Health Supports Module (Supplementary)

The Mental Health Supports Module (MHSM) assesses students' mental health, openness to utilizing mental health supports and services, and access to mental health services at school and elsewhere. This 12-item module was developed by the University of California, San Francisco Institute for Health Policy Studies.

SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

Table A1.1 gives the target sample of students and the final number and percentage of students who completed the survey (the participation response rate).

THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option. Percentages are rounded to the nearest whole number.

Race/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

ONLINE DATA DASHBOARDS

Public Dashboard. Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard (calschls.org/my-surveys). The dashboard can be used to graphically display statewide, county, and district key indicators and item-level results, trends over time, and differences in survey outcomes by race/ethnicity, gender, afterschool program participation, and other characteristics. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

The District Dashboard Option. Districts may also purchase a two-year subscription to a password-protected, private data dashboard that displays up to 11 years of CalSCHLS data at not only the district level but also the individual school level. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons by gender, race/ethnicity, afterschool participation, and other characteristics; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

UNDERSTANDING AND USING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

Representativeness

Among the most important factors affecting the quality of survey results is the level of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the

questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

RESOURCES

[CalSCHLS.org](https://calschls.org) contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate (data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf).
- The **California Center for School Climate** (ccsc.wested.org) website houses school climate resources and guides, and archived virtual events.
- The *California Safe and Supportive Schools Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on ca-safe-supportive-schools.wested.org/subscribe/.
- CDE's **California Safe and Supportive Schools** website (ca-safe-supportive-schools.wested.org) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The **CalSCHLS Item Crosswalk** (calschls.org/resources/#resources_and_tools) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS technical advisor team. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- **Staff and Parent Surveys.** If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk (calschls.org/resources/#resources_and_tools) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- **Secondary CHKS Results.** Examine how the results for 5th graders compare with those for 7th, 9th, and 11th graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- **Other Data.** Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- **Similar District and Statewide Results.** The aggregated results from the 2021-2023 statewide CHKS elementary survey administration can be downloaded from the CalSCHLS website (calschls.org/docs/statewide_2123_elem_chks.pdf) to help interpret your results. If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS technical advisor to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

School Climate Report Card

In addition to this school-level report with all the survey results, a short, user-friendly, graphic **School Climate Report Card** is also available. The School Climate Report Card provides trends across key indicators of school climate and provides two-year state averages on those indicators (calschls.org/reports-data/#slcr).

Disaggregated Reports

CalSCHLS staff can produce reports that show how results vary by subgroups. For example, what are the characteristics of youth who are low in perceived safety, school connectedness, or academic motivation compared to those who are high? This is particularly important given the LCAP requirements to address these needs. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

Additional Analysis of Data

The complete dataset is available electronically for additional analysis (calschls.org/reports-data). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

Add Questions to Your Next Surveys

Determine what additional information is needed to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (562.799.5460) or email calschls@wested.org.

Exhibit 1

Major School-Related Domains and Constructs Assessed by CalSCHLS in Elementary Schools

	Student Core	Student Social Emotional Health	Staff Survey	Parent Survey
Student Learning Engagement				
Academic mindset		✓		
Academic motivation	✓		✓	✓
Academic performance	✓			
Attendance	✓		✓	
School boredom	✓			
School connectedness	✓			
Student Social-Emotional and Physical Well-being				
Alcohol, tobacco, and drug use	✓		✓	✓
Bedtime	✓			
Collaboration		✓		
Empathy		✓		
Gratitude		✓		
Life satisfaction		✓		
Optimism		✓		
Perceived safety	✓		✓	✓
Persistence		✓		
Problem solving		✓		
Self-efficacy		✓		
Social-emotional competencies and health		✓	✓	
Social-emotional distress		✓		
Violence and victimization (bullying)	✓		✓	✓
Zest		✓		
School Climate Conditions				
Academic rigor and norms			✓	✓
High expectations	✓		✓	✓
Meaningful participation and decision-making	✓		✓	✓
Parent involvement	✓		✓	✓
Physical environment	✓		✓	✓
Relationships among staff			✓	
Relationships among students		✓	✓	✓
Relationships between students and staff	✓		✓	✓
Respect for diversity and cultural sensitivity			✓	✓
Teacher and other supports for learning	✓		✓	✓
School Climate Improvement Practices				
Bullying prevention	✓		✓	✓
Discipline and order (policies, enforcement)	✓		✓	✓
Services and policies to address student needs			✓	
Social-emotional/behavioral supports	✓		✓	✓
Staff supports			✓	

ACKNOWLEDGMENTS

The CHKS and this report were developed by WestEd, under contract from the California Department of Education, School Health and Safety Office. Special recognition to Cindy Zheng, at WestEd, who oversees the generation of CalSCHLS reports and data quality assurance.

Thomas Hanson, Ph.D.
CalSCHLS Director, WestEd

Tom Herman
Administrator, School Health and Safety Office
California Department of Education

Survey Module Administration

Table 1

CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. District Afterschool Module (DASM)	
C. Gang Risk Awareness Module (GRAM)	
D. Mental Health Supports Module	
E. Military-Connected School Module	
F. Social Emotional Health Module (SEHM)	
G. Supplemental Health Module	
H. Tobacco-Use Prevention Education (TUPE) Module	
Z. Custom Questions	X

Core Module Results

1. Survey Sample

Table A1.1

Student Sample Characteristics

	Grade 5
<i>Student Sample Size</i>	
Target sample	53
Final number	26
Response Rate	49%

Table A1.2

Number of Respondents by Instructional Model

	Grade 5
In-school learning only	26
Remote learning only	0

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate

	Grade 5 %	Table
School Engagement and Supports		
School connectedness [†]	83	A6.3
School connectedness ^{†ψ} (<i>Remote Only</i>)		A6.3
Academic motivation [†]	85	A6.3
School boredom ^σ	29	A6.9
Caring adults in school [†]	81	A6.3
High expectations-adults in school [†]	93	A6.3
Meaningful participation [†]	58	A6.3
Facilities upkeep ^σ	92	A6.10
Parent involvement in schooling [†]	77	A10.2
Social and emotional learning supports [†]	82	A7.1
Antibullying climate [†]	86	A9.6
School Safety and Cyberbullying		
Feel safe at school ^σ	88	A9.1
Feel safe on way to and from school ^σ	92	A9.1
Been hit or pushed	25	A9.2
Mean rumors spread about you	42	A9.2
Called bad names or target of mean jokes	42	A9.2
Saw a weapon at school [§]	4	A9.5
Cyberbullying [¶]	29	A9.3
School Disciplinary Environment		
Rule clarity ^σ	79	A8.2
Students well behaved ^σ	67	A8.4
Students treated fairly when break rules ^σ	79	A8.1
Students treated with respect ^σ	96	A8.1

Notes: Cells are empty if there are less than 10 respondents.

[†]Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time” across survey questions that comprise the scale.

^σPercent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

^ψThe scale was based on four questions for remote respondents.

[§]Past year.

[¶]Past 30 days.

Table A2.2**Key Indicators of Substance Use, Health Routines, Remote Schooling, and Student Well-Being**

	Grade 5 %	Table
Substance Use		
Alcohol or drug use ^ϕ	8	A11.1
Marijuana use ^ϕ	0	A11.1
Cigarette use ^ϕ	0	A12.1
Vaping ^ϕ	0	A12.1
Health Routines		
Eating of breakfast ^l	65	A4.1
Late bedtime (at 10 pm or later) [±]	27	A4.2
Remote Schooling		
Remote learning frequency (5 days per week) ^{¶δ}		A5.1
Synchronous instruction (4 days or more) ^{¶δ}		A5.1
Meaningful opportunities ^{σδ}		A5.2
Mental Health		
Frequent sadness ^σ	25	A13.1
Wellness ^σ	79	A13.2

Notes: Cells are empty if there are less than 10 respondents.

^ϕLifetime.

^lThis morning.

[±]Last night.

[¶]Past 30 days.

[¶]Past 7 days.

[¶]Past 30 days.

^δRemote only.

^σPercent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

3. Demographics

Table A3.1

School Schedule, Past 30 Days

	Grade 5 %
In-School Model	100
Remote Learning Model	0

Question ES A.1: Which of the following best describes your school schedule during the past 30 days?

Notes: Cells are empty if there are less than 10 respondents.

In-School Model - Respondents selecting “I went to school in person at my school building for the entire day, Monday through Friday.”

Remote Learning Model - Respondents selecting “I participated in school from home for the entire day on most or all weekdays and did not go to school in person.”

Table A3.2

Gender of Sample

	Grade 5 %
Female	50
Male	50

Question ES A.2: Are you female or male?

Note: Cells are empty if there are less than 10 respondents.

Table A3.3***Race or Ethnicity***

	Grade 5 %
American Indian or Alaska Native, non-Hispanic	0
Asian or Asian American, non-Hispanic	8
Black or African American, non-Hispanic	8
Hispanic or Latino/a	42
Native Hawaiian or Pacific Islander, non-Hispanic	0
White, non-Hispanic	35
Multiracial, non-Hispanic	0
Something else, non-Hispanic	8

Question ES A.4: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latino/a... Native Hawaiian or Pacific Islander... White... Something else.

Note: Cells are empty if there are less than 10 respondents.

Table A3.4***Number of Days Attending Afterschool Program***

	Grade 5 %
0 days	38
1 day	0
2 days	0
3 days	0
4 days	0
5 days	62

Question ES A.6: How many days a week do you usually go to your school's afterschool program?

Note: Cells are empty if there are less than 10 respondents.

4. Health Routines

Table A4.1

Eating of Breakfast

	Grade 5 %
No	35
Yes	65

Question ES A.5: Did you eat breakfast this morning?

Note: Cells are empty if there are less than 10 respondents.

Table A4.2

Bedtime

	Grade 5 %
Before 9:00 pm	15
Between 9:00 pm and 10:00 pm	58
Between 10:00 pm and 11:00 pm	15
Between 11:00 pm and midnight	8
After 12:00 am	4
<i>Late bedtime (at 10 pm or later)</i>	27

Question ES A.7: What time did you go to bed last night?

Note: Cells are empty if there are less than 10 respondents.

5. Remote Schooling

Results in this section are applicable to students who indicated that they attend school remotely. Responses from students attending school in-person are not included.

Table A5.1

Remote Schooling Schedule and Instructional Time (Remote Only)

	Grade 5 %
Time spent on learning and completing schoolwork from home on the average weekday	
Less than 1 hour	
Between 1 and 2 hours	
Between 2 and 3 hours	
Between 3 and 4 hours	
Between 4 and 5 hours	
More than 5 hours	
Number of days in the past week participating in an online class from home where your teacher talked to students	
0 days	
1 day	
2 days	
3 days	
4 days	
5 days	
Number of weekdays participating in school from home for the entire school day	
0 days	
1 day	
2 days	
3 days	
4 days	
5 days	

Question ES A.9-11: In the past 30 days, how many weekdays in an average week did you participate in school from home for the entire school day?... On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?

Note: Cells are empty if there are less than 10 respondents.

Table A5.2

Interesting Activities Provided for Student in Remote Schooling (Remote Only)

	Grade 5 %
No, never	
Yes, some of the time	
Yes, most of the time	
Yes, all of the time	

Question ES A.14: Do the teachers and other grown-ups from your school provide you with interesting activities to do while you are learning from home?

Note: Cells are empty if there are less than 10 respondents.

6. School Performance, Supports, and Engagements

Table A6.1

Perceived School Performance

	Grade 5 %
One of the best students	21
Better than most students	17
About the same as others	46
Don't do as well as most others	17

Question ES A.37: How well do you do in your schoolwork?

Note: Cells are empty if there are less than 10 respondents.

Table A6.2

Truancy, Past 30 Days

	Grade 5 %
I did not miss any days of school in the past 30 days	46
1 day	27
2 days	15
3 or more days	12

Question ES A.8, 12: In the past 30 days, how often did you miss an entire day of school for any reason? [In-school only]... In the past 30 days, how often did you miss an entire day of school from home for any reason? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.3***School Environment, School Connectedness, and Academic Motivation Scales***

	Grade 5 %	Table
Total school supports	77	
Caring adults in school	81	A6.4
High expectations-adults in school	93	A6.5
Meaningful participation at school	58	A6.6
School connectedness	83	A6.7
School connectedness ^ψ (<i>Remote Only</i>)		A6.7
Academic motivation	85	A6.8

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Scales are based on the average percentage of respondents reporting “Yes, most of the time” or “Yes, all of the time” across survey questions that comprise the scale.

^ψThe scale was based on four questions for remote respondents.

Table A6.4
Caring Adults in School Scale Questions

	Grade 5 %
Caring adults in school	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	81
<i>Do the teachers and other grown-ups at school... care about you?</i>	
No, never	0
Yes, some of the time	12
Yes, most of the time	21
Yes, all of the time	67
<i>listen when you have something to say?</i>	
No, never	0
Yes, some of the time	17
Yes, most of the time	25
Yes, all of the time	58
<i>make an effort to get to know you?</i>	
No, never	0
Yes, some of the time	29
Yes, most of the time	38
Yes, all of the time	33

Question ES A.28, 38, 42: Do the teachers and other grown-ups at school care about you?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school make an effort to get to know you?

Note: Cells are empty if there are less than 10 respondents.

Table A6.5***High Expectations-Adults in School Scale Questions***

	Grade 5 %
High expectations-adults in school	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	93
<i>Do the teachers and other grown-ups at school... tell you when you do a good job?</i>	
No, never	0
Yes, some of the time	12
Yes, most of the time	42
Yes, all of the time	46
<i>believe that you can do a good job?</i>	
No, never	0
Yes, some of the time	8
Yes, most of the time	25
Yes, all of the time	67
<i>want you to do your best?</i>	
No, never	0
Yes, some of the time	0
Yes, most of the time	21
Yes, all of the time	79

Question ES A.29, 39, 43: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school believe that you can do a good job?... Do the teachers and other grown-ups at school want you to do your best?

Note: Cells are empty if there are less than 10 respondents.

Table A6.6***Meaningful Participation at School Scale Questions***

	Grade 5 %
Meaningful participation at school	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	58
Are you given a chance to help decide school activities or rules?	
No, never	21
Yes, some of the time	17
Yes, most of the time	29
Yes, all of the time	33
Do the teachers and other grown-ups at school ask you about your ideas?	
No, never	0
Yes, some of the time	33
Yes, most of the time	33
Yes, all of the time	33
Do the teachers and other grown-ups give you a chance to solve school problems?	
No, never	4
Yes, some of the time	33
Yes, most of the time	25
Yes, all of the time	38
Do you get to do interesting activities at/when you participate in school?	
No, never	0
Yes, some of the time	33
Yes, most of the time	38
Yes, all of the time	29

Question ES A.26, 27, 30-33: Are you given a chance to help decide school activities or rules? [In-school only]... Are you given a chance to help decide school activities or rules when you participate in school? [Remote only]... Do the teachers and other grown-ups at school ask you about your ideas?... Do the teachers and other grown-ups give you a chance to solve school problems?... Do you get to do interesting activities at school? [In-school only]... Do you get to do interesting activities when you participate in school? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.6***Meaningful Participation at School Scale Questions – Continued***

	Grade 5 %
Are you given a chance to help decide class activities or rules?	
No, never	25
Yes, some of the time	29
Yes, most of the time	25
Yes, all of the time	21
Do your teachers ask you what you want to learn about?	
No, never	42
Yes, some of the time	29
Yes, most of the time	21
Yes, all of the time	8
Do you do things to be helpful at/in school?	
No, never	0
Yes, some of the time	25
Yes, most of the time	29
Yes, all of the time	46

Question ES A.34-36, 40, 41: Are you given a chance to help decide class activities or rules? [In-school only]... Are you given a chance to help decide class activities or rules when you participate in school? [Remote only]... Do your teachers ask you what you want to learn about?... Do you do things to be helpful at school? [In-school only]... Do you do things to be helpful when you participate in school? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.7
School Connectedness Scale Questions

	Grade 5 %
School connectedness	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	83
School connectedness^ψ (Remote Only)	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	
Do you feel close to people at/from this school?	
No, never	0
Yes, some of the time	38
Yes, most of the time	33
Yes, all of the time	29
Are you happy to be at/with this school?	
No, never	0
Yes, some of the time	17
Yes, most of the time	42
Yes, all of the time	42
Do you feel like you are part of this school?	
No, never	0
Yes, some of the time	17
Yes, most of the time	25
Yes, all of the time	58
Do teachers treat students fairly?	
No, never	0
Yes, some of the time	0
Yes, most of the time	33
Yes, all of the time	67

Question ES A.15-19, 22, 23: Do you feel close to people at school? [In-school only]... Do you feel close to people from this school? [Remote only]... Are you happy to be at this school? [In-school only]... Are you happy with this school? [Remote only]... Do you feel like you are part of this school?... Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]

Notes: Cells are empty if there are less than 10 respondents.

^ψThe scale was based on four questions for remote respondents.

Table A6.7***School Connectedness Scale Questions – Continued***

	Grade 5 %
Do you feel safe at school?	
No, never	0
Yes, some of the time	12
Yes, most of the time	29
Yes, all of the time	58

Question ES A.75: Do you feel safe at school? [In-school only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.8***Academic Motivation Scale Questions***

	Grade 5 %
Academic motivation	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	85
Do you finish all your school assignments?	
No, never	0
Yes, some of the time	17
Yes, most of the time	42
Yes, all of the time	42
When you get a bad grade, do you try even harder the next time?	
No, never	0
Yes, some of the time	8
Yes, most of the time	25
Yes, all of the time	67
Do you keep working and working on your schoolwork until you get it right?	
No, never	0
Yes, some of the time	21
Yes, most of the time	29
Yes, all of the time	50
Do you keep doing your schoolwork even when it’s really hard for you?	
No, never	0
Yes, some of the time	12
Yes, most of the time	42
Yes, all of the time	46

Question ES A.59-62: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it’s really hard for you?

Note: Cells are empty if there are less than 10 respondents.

Table A6.9***School Boredom***

	Grade 5 %
No, never	21
Yes, some of the time	50
Yes, most of the time	21
Yes, all of the time	8

Question ES A.13, 58: Do you get really bored participating in school from home? [Remote only]... Do you get really bored at school? [In-school only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.10***Quality of School Physical Environment***

	Grade 5 %
Is your school building neat and clean?	
No, never	0
Yes, some of the time	8
Yes, most of the time	58
Yes, all of the time	33

Question ES A.24: Is your school building neat and clean?

Note: Cells are empty if there are less than 10 respondents.

7. Supports for Learning at School

Table A7.1

Social and Emotional Learning Supports Scale Questions

	Grade 5 %
Social and emotional learning supports	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	82
<i>Does your school...</i>	
help students resolve conflicts with one another?	
No, never	0
Yes, some of the time	8
Yes, most of the time	33
Yes, all of the time	58
teach students to understand how other students think and feel?	
No, never	4
Yes, some of the time	21
Yes, most of the time	21
Yes, all of the time	54
teach students to feel responsible for how they act?	
No, never	0
Yes, some of the time	17
Yes, most of the time	33
Yes, all of the time	50
teach students to care about each other and treat each other with respect?	
No, never	0
Yes, some of the time	21
Yes, most of the time	21
Yes, all of the time	58

Question ES A.50-53: Does your school help students resolve conflicts with one another?... Does your school teach students to understand how other students think and feel?... Does your school teach students to feel responsible for how they act?... Does your school teach students to care about each other and treat each other with respect?

Note: Cells are empty if there are less than 10 respondents.

Table A7.2***Teachers Checking on how Students are Feeling***

	Grade 5 %
No, never	4
Yes, some of the time	46
Yes, most of the time	29
Yes, all of the time	21

Question ES A.25: Do the teachers and other grown-ups from your school check on how you are feeling?

Note: Cells are empty if there are less than 10 respondents.

Table A7.3***Students at School Motivated to Learn***

	Grade 5 %
No, never	0
Yes, some of the time	12
Yes, most of the time	62
Yes, all of the time	25

Question ES A.20, 21: Are the students at your school motivated to learn? [In-school only]... Are the students from your school motivated to learn? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

8. Fairness, Rule Clarity, and Positive Student Behavior

Table A8.1

Fairness Scale Questions

	Grade 5 %
Fairness	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	91
Do teachers treat students fairly?	
No, never	0
Yes, some of the time	0
Yes, most of the time	33
Yes, all of the time	67
Are the school rules fair?	
No, never	0
Yes, some of the time	13
Yes, most of the time	39
Yes, all of the time	48
Do teachers and other grown-ups at school treat students with respect?	
No, never	0
Yes, some of the time	4
Yes, most of the time	29
Yes, all of the time	67
Are students treated fairly when they break school rules?	
No, never	4
Yes, some of the time	17
Yes, most of the time	21
Yes, all of the time	58

Question ES A.22, 23, 44-46: Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]... Are the school rules fair?... Do teachers and other grown-ups at school treat students with respect?... Are students treated fairly when they break school rules?

Note: Cells are empty if there are less than 10 respondents.

Table A8.2
Clarity of Rules

	Grade 5 %
Do students know what the rules are?	
No, never	8
Yes, some of the time	12
Yes, most of the time	33
Yes, all of the time	46

Question ES A.49: Do students know what the rules are?

Note: Cells are empty if there are less than 10 respondents.

Table A8.3**Positive Behavior Scale Questions**

	Grade 5 %
Positive behavior	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	97
Positive behavior^λ (Remote Only)	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	
Do you follow the classroom rules?	
No, never	0
Yes, some of the time	0
Yes, most of the time	38
Yes, all of the time	62
Do you follow the playground rules at recess and lunch times?	
No, never	0
Yes, some of the time	8
Yes, most of the time	29
Yes, all of the time	62
Do you listen when your teacher is talking?	
No, never	0
Yes, some of the time	0
Yes, most of the time	42
Yes, all of the time	58
Are you nice to other students?	
No, never	0
Yes, some of the time	4
Yes, most of the time	29
Yes, all of the time	67

Question ES A.63-66: Do you follow the classroom rules?... Do you follow the playground rules at recess and lunch times? [In-School only]... Do you listen when your teacher is talking?... Are you nice to other students?

Notes: Cells are empty if there are less than 10 respondents.

^λ*The scale was based on three questions for remote respondents.*

Table A8.4

Students at School Well Behaved

	Grade 5 %
No, never	0
Yes, some of the time	33
Yes, most of the time	54
Yes, all of the time	12

Question ES A.47, 48: Are students at this school well behaved? [In-school only]... Are students from this school well behaved? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

9. School Violence, Victimization, and Safety

Table A9.1

Perceived Safety at or Outside of School

	Grade 5 %
Do you feel safe at school?	
No, never	0
Yes, some of the time	12
Yes, most of the time	29
Yes, all of the time	58
Do you feel safe on your way to and from school?	
No, never	0
Yes, some of the time	8
Yes, most of the time	21
Yes, all of the time	71

Question ES A.75, 76: Do you feel safe at school?... Do you feel safe on your way to and from school?

Note: Cells are empty if there are less than 10 respondents.

Table A9.2***Violence Victimization Scale Questions***

	Grade 5 %
Violence victimization	
<i>Average reporting “Yes”</i>	36
Do other kids hit or push you at school when they are not just playing around?	
No, never	75
Yes, some of the time	17
Yes, most of the time	4
Yes, all of the time	4
Do other kids at/from school spread mean rumors or lies about you?	
No, never	58
Yes, some of the time	38
Yes, most of the time	0
Yes, all of the time	4
Do other kids at/from school call you bad names or make mean jokes about you?	
No, never	58
Yes, some of the time	42
Yes, most of the time	0
Yes, all of the time	0

Question ES A.68-70, 72, 73: Do other kids hit or push you at school when they are not just playing around? [In-school only]... Do other kids at school spread mean rumors or lies about you? [In-school only]... Do other kids from your school spread mean rumors or lies about you? [Remote only]... Do other kids at school call you bad names or make mean jokes about you? [In-school only]... Do other kids from your school call you bad names or make mean jokes about you? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A9.3
Cyberbullying, Past 30 Days

	Grade 5 %
No, never	71
Yes, some of the time	21
Yes, most of the time	4
Yes, all of the time	4

Question ES A.67: During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

Note: Cells are empty if there are less than 10 respondents.

Table A9.4
Been Teased About Body Image

	Grade 5 %
No	83
Yes	17

Question ES A.77, 78: Have other kids at school ever teased you about what your body looks like? [In-school only]... Have other kids from your school ever teased you about what your body looks like? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A9.5
Weapons (Gun or Knife) on School Property, Past Year

	Grade 5 %
Brought a gun or knife to school	
No	100
Yes	0
Saw another kid with a gun or knife at school	
No	96
Yes	4

Question ES A.71, 74: During the past year, did you ever bring a gun or knife to school?... During the past year, have you ever seen another kid with a gun or knife at school?

Note: Cells are empty if there are less than 10 respondents.

Table A9.6***Antibullying Climate Scale Questions***

	Grade 5 %
Antibullying climate	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	86
Teachers and other grown-ups make it clear that bullying is not allowed.	
No, never	0
Yes, some of the time	0
Yes, most of the time	8
Yes, all of the time	92
If you tell a teacher that you’ve been bullied, the teacher will do something to help.	
No, never	0
Yes, some of the time	4
Yes, most of the time	25
Yes, all of the time	71
Students at/from your school try to stop bullying when they see it happening.	
No, never	8
Yes, some of the time	29
Yes, most of the time	25
Yes, all of the time	38

Question ES A.54-57: Do the teachers and other grown-ups make it clear that bullying is not allowed?... If you tell a teacher that you’ve been bullied, will the teacher do something to help?... Do students at your school try to stop bullying when they see it happening? [In-school only]... Do students from your school try to stop bullying when they see it happening? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

10. Home Supports and Involvement in Schooling

Table A10.1

High Expectations-Adults at Home Scale Questions

	Grade 5 %
High expectations-adults at home	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	96
<i>Does a parent or some other grown-up at home... believe that you can do a good job?</i>	
No, never	4
Yes, some of the time	4
Yes, most of the time	25
Yes, all of the time	67
<i>want you to do your best?</i>	
No, never	0
Yes, some of the time	0
Yes, most of the time	17
Yes, all of the time	83

Question ES A.91, 92: Does a parent or some other grown-up at home believe that you can do a good job?... Does a parent or some other grown-up at home want you to do your best?

Note: Cells are empty if there are less than 10 respondents.

Table A10.2***Parent Involvement in Schooling Scale Questions***

	Grade 5 %
Parent involvement in schooling	
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	77
<i>Does a parent or some other grown-up at home... care about your schoolwork?</i>	
No, never	0
Yes, some of the time	12
Yes, most of the time	29
Yes, all of the time	58
<i>ask if you did your homework/schoolwork?</i>	
No, never	8
Yes, some of the time	12
Yes, most of the time	21
Yes, all of the time	58
<i>check your homework/schoolwork?</i>	
No, never	21
Yes, some of the time	17
Yes, most of the time	29
Yes, all of the time	33
<i>ask you about school?</i>	
No, never	0
Yes, some of the time	17
Yes, most of the time	21
Yes, all of the time	62
<i>ask you about your grades?</i>	
No, never	21
Yes, some of the time	8
Yes, most of the time	25
Yes, all of the time	46

Question ES A.90, 93-98: Does a parent or some other grown-up at home care about your schoolwork?... Does a parent or some other grown-up at home ask if you did your homework? [In-school only]... Does a parent or some other grown-up at home check your homework? [In-school only]... Does a parent or some other grown-up at home ask if you did your schoolwork? [Remote only]... Does a parent or some other grown-up at home check your schoolwork? [Remote only]... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about your grades?

Note: Cells are empty if there are less than 10 respondents.

11. Alcohol and Other Drug (AOD) Use

Table A11.1

Use of Alcohol or Other Drugs, Lifetime

	Grade 5 %
Alcohol, one or two sips	8
Alcohol, a full glass	0
Inhalants (to get high)	0
Marijuana (smoke, vape, eat, or drink)	0
<i>None of the above</i>	92
<i>Any of the above</i>	8

Question ES A.83-85: Have you ever drunk beer, wine, or other alcohol?... Have you ever sniffed something through your nose to get “high”?... Have you ever used any marijuana (smoke, vape, eat, or drink)?

Note: Cells are empty if there are less than 10 respondents.

Table A11.2

Perception of Health Risk of Alcohol and Marijuana Use

	Grade 5 %
Alcohol	
No, not bad	4
Yes, a little bad	26
Yes, very bad	70
Marijuana (smoke, vape, eat, or drink)	
No, not bad	0
Yes, a little bad	8
Yes, very bad	58
I don’t know what marijuana is	33

Question ES A.88, 89: Do you think drinking alcohol (beer, wine, liquor) is bad for a person’s health?... Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person’s health?

Note: Cells are empty if there are less than 10 respondents.

12. Tobacco Use and Vaping

Table A12.1

Cigarette Use and Vaping, Lifetime

	Grade 5 %
Ever smoked a cigarette	0
Part of a cigarette, like one or two puffs	0
A whole cigarette	0
Ever vaped	0

Question ES A.81, 82: Have you ever smoked a cigarette?... Have you ever vaped?

Note: Cells are empty if there are less than 10 respondents.

Table A12.2

Perception of Health Risk of Cigarette Use and Vaping

	Grade 5 %
Do you think smoking cigarettes is bad for a person's health?	
No, not bad	0
Yes, a little bad	8
Yes, very bad	92
Do you think vaping is bad for a person's health?	
No, not bad	0
Yes, a little bad	17
Yes, very bad	83

Question ES A.86, 87: Do you think smoking cigarettes is bad for a person's health?... Do you think vaping is bad for a person's health?

Note: Cells are empty if there are less than 10 respondents.

13. Other Physical and Mental Health Risks

Table A13.1

Frequent Sadness

	Grade 5 %
No, never	29
Yes, some of the time	46
Yes, most of the time	21
Yes, all of the time	4

Question ES A.80: Do you feel sad?

Note: Cells are empty if there are less than 10 respondents.

Table A13.2

Wellness

	Grade 5 %
Do you feel good and happy?	
No, never	0
Yes, some of the time	21
Yes, most of the time	38
Yes, all of the time	42

Question ES A.79: Do you feel good and happy?

Note: Cells are empty if there are less than 10 respondents.

14. Race/Ethnic Breakdowns

Table A14.1

School Engagement and Supports by Race/Ethnicity

	Grade 5 %
School Connectedness[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	87
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
School Connectedness^{†ψ} (<i>Remote Only</i>)	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Academic motivation[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	80
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time” across survey questions that comprise the scale.*

^ψ*The scale was based on four questions for remote respondents.*

Table A14.1***School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 5 %
School boredom^σ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	27
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Caring adults in school[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	79
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
High expectations-adults in school[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	88
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^σPercent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

[†]Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time” across survey questions that comprise the scale.

Table A14.1***School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 5 %
Meaningful participation[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	60
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Facilities upkeep^σ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	91
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Parent involvement in schooling[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	65
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†] *Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time” across survey questions that comprise the scale.*

^σ *Percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

Table A14.1***School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 5 %
Social and emotional learning supports[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	77
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Antibullying climate[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	91
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†]Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time” across survey questions that comprise the scale.

Table A14.2
School Safety by Race/Ethnicity

	Grade 5 %
Feel safe at school^σ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	91
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Feel safe on way to and from school^σ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	91
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Been hit or pushed	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	36
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^σ Percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

Table A14.2
School Safety by Race/Ethnicity – Continued

	Grade 5 %
Mean rumors spread about you	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	36
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Called bad names or target of mean jokes	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	27
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Saw a weapon at school[§]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	0
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[§]Past year.

Table A14.3
Cyberbullying by Race/Ethnicity

	Grade 5 %
Cyberbullying[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	18
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A14.4
School Disciplinary Environment by Race/Ethnicity

	Grade 5 %
Rule clarity^σ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	64
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Students well behaved^σ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	55
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Students treated fairly when break rules^σ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	73
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^σ Percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

Table A14.4

School Disciplinary Environment by Race/Ethnicity – Continued

	Grade 5 %
Students treated with respect^σ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	100
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^σ Percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

Table A14.5
Substance Use by Race/Ethnicity

	Grade 5 %
Alcohol or drug use^φ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	9
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Marijuana use^φ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	0
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Cigarette use^φ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	0
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^φLifetime.

Table A14.5
Substance Use by Race/Ethnicity – Continued

	Grade 5 %
Vaping^φ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	0
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^φLifetime.

Table A14.6***Health Routines by Race/Ethnicity***

	Grade 5 %
Eating of breakfast^l	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	36
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Late bedtime (at 10 pm or later)[±]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	36
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^l*This morning.*

[±]*Last night.*

Table A14.7

Remote Schooling by Race/Ethnicity (Remote Only)

	Grade 5 %
Remote learning frequency (5 days per week)[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Synchronous instruction (4 days or more)[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Meaningful opportunities^δ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 7 days.

[¶]Past 30 days.

^δPercent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

Table A14.8***Mental Health by Race/Ethnicity***

	Grade 5 %
Frequent sadness^δ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	36
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Wellness^δ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	73
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^δPercent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

15. Gender Breakdowns

Table A15.1

School Engagement and Supports by Gender

	Grade 5	
	Female %	Male %
School connectedness [†]	83	83
School connectedness ^{†ψ} (<i>Remote Only</i>)		
Academic motivation [†]	81	90
School boredom [†]	25	33
Caring adults in school [†]	81	81
High expectations-adults in school [†]	89	97
Meaningful participation at school [†]	65	51
Facilities upkeep ^σ	92	92
Parent involvement in schooling [†]	72	82
Social and emotional learning supports [†]	83	81
Antibullying climate [†]	92	81

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time” across survey questions that comprise the scale.*

^ψ*The scale was based on four questions for remote respondents.*

^σ*Percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

Table A15.2***School Safety, Cyberbullying, School Disciplinary Environment, and Substance Use by Gender***

	Grade 5	
	Female %	Male %
School Safety and Cyberbullying		
Feel safe at school ^σ	83	92
Feel safe on way to and from school ^σ	92	92
Been hit or pushed	25	25
Mean rumors spread about you	33	50
Called bad names or target of mean jokes	42	42
Saw a weapon at school [§]	0	8
Cyberbullying [¶]	17	42
School Disciplinary Environment		
Rule clarity ^σ	67	92
Students well behaved ^σ	58	75
Students treated fairly when break rules ^σ	75	83
Students treated with respect ^σ	100	92
Substance Use		
Alcohol or drug use ^ϕ	8	8
Marijuana use ^ϕ	0	0
Cigarette use ^ϕ	0	0
Vaping ^ϕ	0	0

Notes: Cells are empty if there are less than 10 respondents.

^σ Percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

[§] Past year.

[¶] Past 30 days.

^ϕ Lifetime.

Table A15.3***Health Routines, Remote Schooling, and Mental Health by Gender***

	Grade 5	
	Female %	Male %
Health Routines		
Eating of breakfast ^l	46	85
Late bedtime (after 10 pm) [±]	23	31
Remote Schooling		
Remote learning frequency (5 days per week) ^{¶δ}		
Synchronous instruction (4 days or more) ^δ		
Meaningful opportunities ^{†δ}		
Mental Health		
Frequent sadness ^σ	25	25
Wellness ^σ	67	92

Notes: Cells are empty if there are less than 10 respondents.

^l*This morning.*

[±]*Last night.*

[¶]*Past 30 days.*

^δ*Remote only.*

^{||}*Past 7 days.*

^σ*Percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

Z. Mt. Diablo Unified Custom Questions

1. Module Sample

Table Z1.1

Student Sample for Custom Questions

	Grade 5
<i>Student Sample Size</i>	
Target sample	53
Final number	24
Response Rate	45%

2. Custom Questions

Table Z.2.1

How often do you visit your school garden?

	Grade 5 %	Total %
About one time every year	4	4
About one time every month	25	25
About one time every week	67	67
About one time every day	4	4

Question ES Z.1.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.2

During the school day, how often do you have lessons outside? (Do not count recess.)

	Grade 5 %	Total %
About one time every year	22	22
About one time every month	30	30
About one time every week	17	17
About one time every day	30	30

Question ES Z.2.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.3

When you are not at school, how often do you spend time outside in yards, gardens or natural spaces like parks that have trees and plants?

	Grade 5 %	Total %
Never	17	17
About one time every year	4	4
About one time every month	25	25
About one time every week	21	21
About one time every day	33	33

Question ES Z.3.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.4

When you are not at school, how close are you to a yard, a garden, or a natural space like a park where you can spend time with trees and plants?

	Grade 5 %	Total %
I have a yard, garden, or park where I live	33	33
I can walk there in less than 5 minutes	29	29
I can walk there in about 15 minutes	17	17
I need someone to drive me there	21	21

Question ES Z.4.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.5

Yesterday, did you eat fruit? (Include fresh, frozen, dried or canned. Do not count fruit juice. Think about everything you ate, including breakfast, lunch, dinner, and snacks.)

	Grade 5 %	Total %
No, I didn't eat any fruit yesterday.	25	25
Yes, I ate fruit 1 time yesterday.	29	29
Yes, I ate fruit 2 times yesterday.	21	21
Yes, I ate fruit 3 times yesterday.	4	4
Yes, I ate fruit 4 times yesterday.	8	8
Yes, I ate fruit 5 or more times yesterday.	12	12

Question ES Z.5.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z.2.6

Yesterday, did you eat vegetables? Include cooked and uncooked vegetables, salads, and boiled, baked and mashed potatoes. (Do not count French fries or chips. Think about everything you ate, including breakfast, lunch, dinner, and snacks.)

	Grade 5 %	Total %
No, I didn't eat any vegetables yesterday.	29	29
Yes, I ate vegetables 1 time yesterday.	25	25
Yes, I ate vegetables 2 times yesterday.	29	29
Yes, I ate vegetables 3 times yesterday.	4	4
Yes, I ate vegetables 4 times yesterday.	4	4
Yes, I ate vegetables 5 or more times yesterday.	8	8

Question ES Z.6.

Note: Columns are not displayed if there are less than 10 respondents.