

Each day OUSD students will be served a compliant breakfast made up of minimally 2 oz of grains and or meat/meat alternate, 1 cup of milk, and 1 cup of fruit.

# May 2025

## K-12 Satellite & Finishing Breakfast Menu

May's Flower is Hawthorn





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Everyday Students will be served one of the following: Red Apples, Petite Bananas, <b>HOTM Strawberries</b>, or Oranges along with Dried Fruit.</p>			1 Blueberry Muffin	2 Cinnamon Roll
	5 Honey Bunches of Oats Cereal	6 Blueberry Yogurt	7 Honey Cheerios	8 Apple Muffin
	12 Cinnamon Toast Crunch	13 Strawberry Yogurt	14 Golden Grahams Cereal	15 Blueberry Muffin
	19 Honey Bunches of Oats Cereal	20 Blueberry Yogurt	21 Honey Cheerios	22 Apple Muffin
	26  Holiday No School	27 Strawberry Yogurt	28 Golden Grahams Cereal	29 Blueberry Muffin
				30 <p>May 29<sup>th</sup> is the last day of school for OUSD. Summer School starts on June 9<sup>th</sup> for most sites.</p>



Use the QR Code to see more Nutritional Information and to View Menus

We serve items that are Whole Grain Rich

1% & Nonfat Milk are available every day

### Fun Family Things to do in Oakland

-5/2 6 -10 pm Head up to Chabot Space and Science Center celebrate "May the Fourth" early with fun space activities. \$10 for adults and \$5 for kids

-5/3 Come to The Center (2850 West Street) for OUSD Climate Action Day. Volunteer from 10-12 pm and get Free Pizza. Edible plants for sale \$4

-5/10 11 am - 4 pm Check out Arts and Eats at Pomella (3770 Piedmont Ave) there will be music, makers selling their art, and food.

5/24 4:35 pm Watch the Oakland Ballers at Raimondi Park in West Oakland. Tickets start at \$10 a person. Check their website for more info.

5/30 6 - 7 pm Listen to The Whoadees at the Oakland Museum for Free. There will be food trucks and Free hands on activities & games.



Use the QR Code to Register for Climate Day

Menu Subject to change

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# May 2025

## K-8 Cooking Breakfast Menu



May's Flower is Hawthorn

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>Everyday Students will be served one of the following:</b> Red Apples, Petite Bananas, <b>HOTM Strawberries</b>, or Oranges along with Dried Fruit.</p>			1 Blueberry Muffin	2 Cinnamon Roll
5 Honey Bunches of Oats Cereal	6 Blueberry Yogurt	7 Honey Cheerios	8 Blueberry Muffin	9 Oatmeal Cranberry Granola Bake
12 Cinnamon Toast Crunch	13 Strawberry Yogurt	14 Golden Grahams Cereal	15 Blueberry Muffin	16 Cinnamon Roll
19 Honey Bunches of Oats Cereal	20 Blueberry Yogurt	21 Honey Cheerios	22 Blueberry Muffin	23 Oatmeal Cranberry Granola Bake
26  <b>Holiday</b> <b>No School</b>	27 Strawberry Yogurt	28 Golden Grahams Cereal	29 Blueberry Muffin	30 <p>May 29<sup>th</sup> is the last day of school for OUSD. Summer School starts on June 9<sup>th</sup> for most sites.</p>



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# May 2025

## Child Development Center Breakfast Menu



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>  <p>Everyday Students will be served one of the following: Red Apples, Petite Bananas, <b>HOTM Strawberries</b>, or Oranges along with Dried Fruit.</p> </div>			1 <b>Cereal</b> (1 oz eq)	2 Strawberry Banana Yogurt (1 oz eq)
	5 <b>Cereal</b> (1 oz eq)	6 <b>Bagel</b> (2oz eq) w/ Cream Cheese	7 <b>Maple Waffle</b> (2 oz eq)	8 <b>Blueberry Muffin</b> (2 oz eq)
	12 <b>Bagel</b> (2oz eq) w/ Cream Cheese	13 <b>Cereal</b> (1 oz eq)	14 <b>Banana Muffin</b> (2 oz eq)	15 <b>Cereal</b> (1 oz eq)
	19 <b>Cereal</b> (1 oz eq)	20 <b>Bagel</b> (2oz eq) w/ Cream Cheese	21 <b>Maple Waffle</b> (2 oz eq)	22 <b>Blueberry Muffin</b> (2 oz eq)
	26 <div>  <p>Holiday No School</p> </div>	27 <b>Cereal</b> (1 oz eq)	28 <b>Banana Muffin</b> (2 oz eq)	29 <b>Cereal</b> (1 oz eq)
				30 Strawberry Banana Yogurt (1 oz eq)



Use the QR Code to see more Nutritional Information and to View Menus

Whole Grain  
Rich Items  
are **Bolded**

Students are  
served 11% Milk  
every day



### Fun Family Things to do in Oakland

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# May 2025

## Secondary Cooking Breakfast Menu



May's Flower is Hawthorn

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>  <p>Everyday Students will be served one of the following: Red Apples, Petite Bananas, <b>HOTM Strawberries</b>, or Oranges along with Dried Fruit.</p> </div>			1 French Toast Sticks  Cereal	2 Cereal  Cinnamon Roll
	5 Cereal  Mini Maple Pancakes	6 Bagel w/ Cream Cheese  Cereal	7 Cereal  Maple Waffle	8 Blueberry Muffin  Cereal
	12 Apple Frudel  Cereal	13 Cereal  Yogurt Parfait	14 Banana Muffin  Cereal	15 French Toast Sticks  Cereal
	19 Cereal  Mini Maple Pancakes	20 Bagel w/ Cream Cheese  Cereal	21 Cereal  Maple Waffle	22 Blueberry Muffin  Cereal
	26 <div>  <p>Holiday No School</p> </div>	27 Cereal  Yogurt Parfait	28 Banana Muffin  Cereal	29 Blueberry Muffin  Cereal
				30 <div> <p>May 29<sup>th</sup> is the last day of school for OUSD. Summer School starts on June 9<sup>th</sup> for most sites.</p> </div>



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# May 2025

## K-8th Grade Satellite Lunch Menu





Use the QR Code to see more Nutritional Information and to View Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Each day students will be given a variety of the following on their Produce Bar: Romaine Lettuce, Red Apples, Edamame, Oranges, Cherry Tomatoes, Snap Peas, <b>HOTM Strawberries</b>, Corn, Petite Bananas, and Celery Sticks</p> 			<p>1 Honey Sriracha Drumstick w/ Cornbread</p> <p>Chix Tenders w/ Cornbread</p>	<p>2 Beef Taco Bowl w/ Rice</p> <p>Bean &amp; Green Chili Burrito (Vegan)</p>
<p>5 Turkey Pepperoni Pizza</p> <p>Cheese Pizza</p>	<p>6 Crispy Chicken Sandwich</p> <p>Lasagna Rollup w/ Roll</p>	<p>7 Penne w/ Meat Sauce</p> <p>Veggie Chicken Burger</p>	<p>8 BBQ Drumstick w/Cornbread</p> <p>Chix Tenders w/ Cornbread</p>	<p>9 Teriyaki Chicken w/ Veggie Rice Bowl</p> <p>Veggie Rice Bowl</p>
<p>12 Turkey Pepperoni Pizza</p> <p>Cheese Pizza</p>	<p>13 Hamburger</p> <p>Grilled Cheese Sandwich</p>	<p>14 Chicken &amp; Waffles</p> <p>Mac &amp; Cheese w/ Roll</p>	<p>15 Honey Sriracha Drumstick w/ Cornbread</p> <p>Chix Tenders w/ Cornbread</p>	<p>16 Beef Taco Bowl w/ Rice</p> <p>Bean &amp; Green Chili Burrito (Vegan)</p>
<p>19 Turkey Pepperoni Pizza</p> <p>Cheese Pizza</p>	<p>20 Crispy Chicken Sandwich</p> <p>Lasagna Rollup w/ Roll</p>	<p>21 Penne w/ Meat Sauce</p> <p>Veggie Chicken Burger</p>	<p>22 BBQ Drumstick w/Cornbread</p> <p>Chix Tenders w/ Cornbread</p>	<p>23 Teriyaki Chicken w/ Veggie Rice Bowl</p> <p>Veggie Rice Bowl</p>
<p><b>Holiday</b></p> <p>26 </p> <p>No School</p>	<p>27 Turkey Pepperoni Pizza</p> <p>Cheese Pizza</p> 	<p>28 Chicken &amp; Waffles</p> <p>Mac &amp; Cheese w/ Roll</p>	<p>29 Honey Sriracha Drumstick w/ Cornbread</p> <p>Chix Tenders w/ Cornbread</p> 	<p>30 May 29<sup>th</sup> is the last day of school for OUSD. Summer School starts on June 9<sup>th</sup> for most sites.</p> 

We serve items that are Whole Grain Rich

1% & Nonfat Milk are available every day

**May's Harvest of the Month: Strawberries**

Strawberries are beneficial for your overall health due to their high nutrient and antioxidant content. They are a good source of Vitamin C which supports your immune system and may lower your chances of getting sick. Strawberries also provide fiber for digestion. They may also help curb inflammation, manage your blood sugar and guard against health conditions like heart disease, high cholesterol, and diabetes. Try these delicious berries from your Produce Bar today.

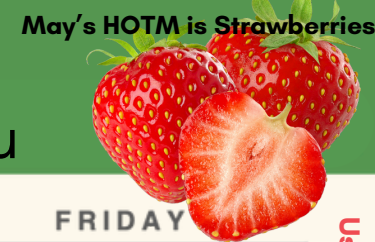
Menu Subject to change

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Every day OUSD Students will be offered a compliant lunch made up of minimally 1 oz of meat or meat alternate, 1 oz grains, 1/2 cup of fruit, 3/4 cup of vegetables, and 1 cup of milk

# May 2025

## K-8th Cooking and Finishing Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Each day students will be given a variety of the following on their Produce Bar: Romaine Lettuce, Red Apples, Edamame, Oranges, Cherry Tomatoes, Snap Peas, <b>HOTM Strawberries</b>, Corn, Petite Bananas, and Celery Sticks</p> 			<p>Honey Sriracha Drumstick w/ Cornbread <sup>1</sup></p> <p>Chix Tenders w/ Cornbread</p>	<p>Beef Taco Bowl w/ Rice <sup>2</sup></p> <p>Bean &amp; Green Chili Burrito (Vegan)</p>
<p>Turkey Pepperoni Pizza <sup>5</sup></p> <p>Cheese Pizza</p>	<p>Crispy Chicken Sandwich <sup>6</sup></p> <p>Lasagna Rollup w/ Roll</p>	<p>Penne w/ Meat Sauce <sup>7</sup></p> <p>Veggie Chicken Burger</p>	<p>BBQ Drumstick w/Cornbread <sup>8</sup></p> <p>Chix Tenders w/ Cornbread</p>	<p>Manager's Choice <sup>9</sup></p> <p>Manager's Choice (Vegetarian)</p>
<p>Turkey Pepperoni Pizza <sup>12</sup></p> <p>Cheese Pizza</p>	<p>Hamburger <sup>13</sup></p> <p>Grilled Cheese Sandwich</p>	<p>Chicken &amp; Waffles <sup>14</sup></p> <p>Mac &amp; Cheese w/ Roll</p>	<p>Honey Sriracha Drumstick w/ Cornbread <sup>15</sup></p> <p>Chix Tenders w/ Cornbread</p>	<p>Manager's Choice <sup>16</sup></p> <p>Manager's Choice (Vegetarian)</p>
<p>Turkey Pepperoni Pizza <sup>19</sup></p> <p>Cheese Pizza</p>	<p>Crispy Chicken Sandwich <sup>20</sup></p> <p>Lasagna Rollup w/ Roll</p>	<p>Penne w/ Meat Sauce <sup>21</sup></p> <p>Veggie Chicken Burger</p>	<p>BBQ Drumstick w/Cornbread <sup>22</sup></p> <p>Chix Tenders w/ Cornbread</p>	<p>Manager's Choice <sup>23</sup></p> <p>Manager's Choice (Vegetarian)</p>
<p><b>Holiday</b> <sup>26</sup></p>  <p>No School</p>	<p>Turkey Pepperoni Pizza <sup>27</sup></p> <p>Cheese Pizza</p> 	<p>Chicken &amp; Waffles <sup>28</sup></p> <p>Mac &amp; Cheese w/ Roll</p>	<p>Manager's Choice <sup>29</sup></p> <p>Manager's Choice (Vegetarian)</p> 	<p>May 29<sup>th</sup> is the last day of school for OUSD. Summer School starts on June 9<sup>th</sup> for most sites. <sup>30</sup></p> 

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Menu Subject to change

**May's Harvest of the Month: Strawberries**

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# May 2025

## CDC Lunch Menu

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

CDC Students will be served one of the following Fruits each day: Red Apples, Petite Bananas, Oranges or the **HOTM Strawberries**. They will be served **Carrots** or a **Mixed Green Salad** as their vegetable.



**Cheese Pizza**  
(2 oz eq)

**Crispy Chicken Sandwich**  
(Patty 2 oz eq)  
(**Bun** 2 oz eq)

**Penne Pasta** (2 oz eq)  
w/ Meat Sauce (2 oz eq)

Chix Tenders (2 oz eq)  
w/**Cornbread** (2 oz eq)

Bean & Green Chili  
(2 oz eq)  
**Burrito** (2.25 oz eq)

**Cheese Pizza**  
(2 oz eq)

**Hamburger**  
(Patty 2 oz eq)  
(**Bun** 2 oz eq)

**Mac & Cheese**  
(Pasta 2 oz eq)  
w/ Roll (2 oz)

Chix Tenders (2 oz eq)  
w/**Cornbread** (2 oz eq)

Bean & Green Chili  
(2 oz eq)  
**Burrito** (2.25 oz eq)

**Cheese Pizza**  
(2 oz eq)

**Crispy Chicken Sandwich**  
(Patty 2 oz eq)  
(**Bun** 2 oz eq)

**Penne Pasta** (2 oz eq)  
w/ Meat Sauce (2 oz eq)

BBQ Drumstick (2 oz eq)  
w/**Corn Bread** (2 oz eq)

Teriyaki Chicken (2 oz eq)  
w/ **Rice** (2 oz eq)



**Cheese Pizza**  
(2 oz eq)

**Mac & Cheese**  
(Pasta 2 oz eq)  
w/ Roll (2 oz)

Chix Tenders (2 oz eq)  
w/**Cornbread** (2 oz eq)

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Rich items are  
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# May 2025

## Secondary Satellite Lunch Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Turkey Pepperoni Pizza <sup>5</sup> Cheese Pizza Turkey & Cheese Sandwich Hot Dog	Crispy Chicken Sandwich <sup>6</sup> Lasagna Rollup w/ Roll Turkey & Cheese Sandwich	Penne w/ Meat Sauce <sup>7</sup> Veggie Chicken Burger Turkey & Cheese Sandwich Chicken Caesar Salad	Honey Sriracha Drumstick <sup>1</sup> w/ Cornbread Chix Tenders w/ Cornbread Turkey & Cheese Sandwich Southwest Chicken Salad	Beef Taco Bowl w/ Rice <sup>2</sup> Bean Burrito (Vegan) Turkey & Cheese Sandwich Chef Salad w/ Romaine
Turkey Pepperoni Pizza <sup>12</sup> Cheese Pizza Turkey & Cheese Sandwich Hot Dog	Hamburger <sup>13</sup> Grilled Cheese Sandwich Turkey & Cheese Sandwich	Chicken & Waffles <sup>14</sup> Mac & Cheese w/ Roll Turkey & Cheese Sandwich Chicken Caesar Salad	Honey Sriracha Drumstick <sup>15</sup> w/ Cornbread Chix Tenders w/ Cornbread Turkey & Cheese Sandwich Southwest Chicken Salad	Beef Taco Bowl w/ Rice <sup>16</sup> Bean Burrito (Vegan) Turkey & Cheese Sandwich Chef Salad w/ Romaine
Turkey Pepperoni Pizza <sup>19</sup> Cheese Pizza Turkey & Cheese Sandwich Hot Dog	Crispy Chicken Sandwich <sup>20</sup> Lasagna Rollup w/ Roll Turkey & Cheese Sandwich	Penne w/ Meat Sauce <sup>21</sup> Veggie Chicken Burger Turkey & Cheese Sandwich Chicken Caesar Salad	BBQ Drumstick w/ Cornbread <sup>22</sup> Chix Tenders w/ Cornbread Turkey & Cheese Sandwich Southwest Chicken Salad	Teriyaki Chicken <sup>23</sup> w/ Veggie Rice Bowl Veggie Rice Bowl Turkey & Cheese Sandwich Chef Salad w/ Romaine
 <p><b>Holiday</b> <sup>26</sup>  <b>No School</b></p>	Hamburger <sup>27</sup> Grilled Cheese Sandwich Turkey & Cheese Sandwich	Chicken & Waffles <sup>28</sup> Mac & Cheese w/ Roll Turkey & Cheese Sandwich Chicken Caesar Salad	Honey Sriracha Drumstick <sup>29</sup> w/ Cornbread Chix Tenders w/ Cornbread Turkey & Cheese Sandwich Southwest Chicken Salad	<p><b>May 29<sup>th</sup> is the last day of school for OUSD. Summer School starts on June 9<sup>th</sup> for most sites.</b> <sup>30</sup></p> 

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# May 2025

## Secondary Cooking Lunch Menu



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Turkey Pepperoni Pizza <sup>5</sup> Cheese Pizza Turkey & Cheese Sandwich Hot Dog	Crispy Chicken Sandwich <sup>6</sup> Lasagna Rollup w/ Roll Tuna Salad Sandwich Chicken Caesar Salad	Penne w/ Meat Sauce <sup>7</sup> Veggie Chicken Burger Turkey & Cheese Sandwich Chef Salad w/ Romaine	Honey Sriracha Wings <sup>1</sup> w/ Cornbread Chix Tenders w/ Cornbread Chicken Salad Sandwich Southwest Chicken Salad	Beef Taco Bowl w/ Rice <sup>2</sup> Bean Burrito (Vegan) Turkey & Cheese Sandwich Chef Salad w/ Romaine
Turkey Pepperoni Pizza <sup>12</sup> Cheese Pizza Turkey & Cheese Sandwich Hot Dog	Hamburger <sup>13</sup> Grilled Cheese Sandwich Chicken Salad Sandwich Chicken Caesar Salad	Chicken & Waffles <sup>14</sup> Mac & Cheese w/ Roll Turkey & Cheese Sandwich Chef Salad w/ Romaine	Honey Sriracha Wings <sup>15</sup> w/ Cornbread Chix Tenders w/ Cornbread Chicken Salad Sandwich Southwest Chicken Salad	Manager's Choice <sup>9</sup> Manager's Choice (Vegetarian) Turkey & Cheese Sandwich Chef Salad w/ Romaine
Turkey Pepperoni Pizza <sup>19</sup> Cheese Pizza Turkey & Cheese Sandwich Hot Dog	Crispy Chicken Sandwich <sup>20</sup> Lasagna Rollup w/ Roll Tuna Salad Sandwich Chicken Caesar Salad	Penne w/ Meat Sauce <sup>21</sup> Veggie Chicken Burger Turkey & Cheese Sandwich Chef Salad w/ Romaine	BBQ Wings w/ Cornbread <sup>22</sup> Chix Tenders w/ Cornbread Tuna Salad Sandwich Southwest Chicken Salad	Manager's Choice <sup>23</sup> Manager's Choice (Vegetarian) Turkey & Cheese Sandwich Chef Salad w/ Romaine
<div>Holiday <sup>26</sup>  No School</div>	Turkey Pepperoni Pizza <sup>27</sup> Cheese Pizza Chicken Salad Sandwich Hot Dog 	Chicken & Waffles <sup>28</sup> Mac & Cheese w/ Roll Turkey & Cheese Sandwich Chef Salad w/ Romaine	Manager's Choice <sup>29</sup> Manager's Choice (Vegetarian) Chicken Salad Sandwich Southwest Chicken Salad 	<div>May 29<sup>th</sup> is the last day of school for OUSD. Summer School starts on June 9<sup>th</sup> for most sites.</div> 



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# May 2025

## Secondary Finishing Lunch Menu

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**Each day students will be given a variety of the following on their Produce Bar:**

Romaine Lettuce, Red Apples, Edamame, Oranges, Cherry Tomatoes, Snap Peas, **HOTM Strawberries**, Corn, Petite Bananas, and Celery Sticks



Turkey Pepperoni Pizza <sup>5</sup>  
Cheese Pizza  
Turkey & Cheese Sandwich  
Hot Dog

Crispy Chicken Sandwich <sup>6</sup>  
Lasagna Rollup w/ Roll  
Tuna Salad Sandwich

Penne w/ Meat Sauce <sup>7</sup>  
Veggie Chicken Burger  
Turkey & Cheese Sandwich  
Chicken Caesar Salad

Honey Sriracha Wings <sup>1</sup> w/ Cornbread  
Chix Tenders w/ Cornbread  
Chicken Salad Sandwich  
Southwest Chicken Salad

Beef Taco Bowl w/ Rice <sup>2</sup>  
Bean Burrito (Vegan)  
Turkey & Cheese Sandwich  
Chef Salad w/ Romaine

Turkey Pepperoni Pizza <sup>12</sup>  
Cheese Pizza  
Turkey & Cheese Sandwich  
Hot Dog

Hamburger <sup>13</sup>  
Grilled Cheese Sandwich  
Chicken Salad Sandwich

Chicken & Waffles <sup>14</sup>  
Mac & Cheese w/ Roll  
Turkey & Cheese Sandwich

Honey Sriracha Wings <sup>15</sup> w/ Cornbread  
Chix Tenders w/ Cornbread  
Chicken Salad Sandwich  
Southwest Chicken Salad

Manager's Choice <sup>9</sup>  
Manager's Choice (Vegetarian)  
Turkey & Cheese Sandwich  
Chef Salad w/ Romaine

Turkey Pepperoni Pizza <sup>19</sup>  
Cheese Pizza  
Turkey & Cheese Sandwich  
Hot Dog

Crispy Chicken Sandwich <sup>20</sup>  
Lasagna Rollup w/ Roll  
Tuna Salad Sandwich

Penne w/ Meat Sauce <sup>21</sup>  
Veggie Chicken Burger  
Turkey & Cheese Sandwich  
Chef Salad w/ Romaine

BBQ Wings w/ Cornbread <sup>22</sup>  
Chix Tenders w/ Cornbread  
Tuna Salad Sandwich  
Southwest Chicken Salad

Manager's Choice <sup>23</sup>  
Manager's Choice (Vegetarian)  
Turkey & Cheese Sandwich  
Chef Salad w/ Romaine



Turkey Pepperoni Pizza <sup>27</sup>  
Cheese Pizza  
Chicken Salad Sandwich  
Hot Dog

Chicken & Waffles <sup>28</sup>  
Mac & Cheese w/ Roll  
Turkey & Cheese Sandwich  
Chef Salad w/ Romaine

Manager's Choice <sup>29</sup>  
Manager's Choice (Vegetarian)  
Chicken Salad Sandwich  
Southwest Chicken Salad

May 29<sup>th</sup> is the last day of school for OUSD. Summer School starts on June 9<sup>th</sup> for most sites.

Use the QR Code to see more Nutritional Information and to View Menus



### May's Harvest of the Month: Strawberries

Strawberries are beneficial for your overall health due to their high nutrient and antioxidant content. They are a good source of Vitamin C which supports your immune system and may lower your chances of getting sick. Strawberries also provide fiber for digestion. They may also help curb inflammation, manage your blood sugar and guard against health conditions like heart disease, high cholesterol, and diabetes. Try these delicious berries from your Produce Bar today.

"This institution is an equal opportunity provider."

Menu Subject to change

We serve items that are Whole Grain Rich

1% & Nonfat Milk are available every day





# May 2025

## Child Development Center Snack Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Everyday Students will be served one of the following:  
Red Apples, Petite Bananas,  
**HOTM Strawberries,**  
or Oranges

**Cracker (1 oz)**  
+  
Fruit (1/2 cup)

Cheese Stick (1 oz eq)  
+  
Fruit (1/2 cup)

**Cracker (1 oz)**  
+  
Fruit (1/2 cup)

Cheese Stick (1 oz eq)  
+  
Fruit (1/2 cup)

**Cracker (1 oz)**  
+  
Fruit (1/2 cup)

**Cracker (1 oz)**  
+  
Fruit (1/2 cup)

Cheese Stick (1 oz eq)  
+  
Fruit (1/2 cup)

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Fruit (1/2 cup)

Cheese Stick (1 oz eq)  
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+  
Fruit (1/2 cup)

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Fruit (1/2 cup)

Cheese Stick (1 oz eq)  
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Fruit (1/2 cup)

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+  
Fruit (1/2 cup)

Cheese Stick (1 oz eq)  
+  
Fruit (1/2 cup)

**Cracker (1 oz)**  
+  
Fruit (1/2 cup)

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**Bolded Foods**  
are Whole  
Grain Rich.



### May Fun Facts

- Celebrate your school's Cafeteria Staff on May 2<sup>nd</sup>! Let them know how much you appreciate them with a note or picture
- May 12<sup>th</sup> check out the "Flower" Full Moon. It is called that because of all the flowers that bloom in Spring.
- Consider planting a pollinator garden to attract hummingbirds and butterflies to your yard.
- May is the only month where the day the week it starts and ends on do not match any other month.

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Menu Subject to change

# May 2025

## K-12 Supper Menu

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Each day Students will receive a compliant Supper made up 2 ounce eq Meat or Meat alternate, 1 ounce eq grains, 1/4 cup Fruit, 1/2 Vegetable, 8 fluid ounces of Milk.

5 Turkey & Cheese Sandwich, Sliced Apples, 100% Juice Box, Milk, Mayo Packet	6 Sweet Heat Trail Mix, Nacho Cheese Doritos®, String Cheese, Mini Carrots, Milk	7 Wheat Crackers, Colby Jack Cheese Cubes, Strawberry Banana Yogurt, Apples & Cinnamon Fruit Cup, 100% Juice Box, Milk	8 Turkey Pepperoni Pizza Kit, Pineapple Fruit Cup, Mini Carrots, Milk	9 Sun Butter Cup, Vanilla Graham Crackers, Sliced Apples, String Cheese 100% Juice Box, Milk
12 Italian Combo Sandwich, Apples & Cinnamon Fruit Cup, 100% Juice, Milk, Mayo Packet	13 Jack Links® Chicken Bites, String Cheese, Sliced Apples, Cheez-it® Crackers, 100% Juice box, Milk	14 Tortilla Chips, Mini Carrots, Cheese Sauce Cup, 100% Juice Box, Milk	15 Coca Hummus Sandwich, Honey Roasted Sunflower Seeds, Celery Sticks, 100% Juice Box, Milk, Ranch Packet	16 Honey Cranberry Trail Mix, Doritos® Cool Ranch Chips, Colby Jack Cheese Cubes, 100% Juice Box, Milk
19 Turkey & Cheese Sandwich, Sliced Apples, 100% Juice Box, Milk, Mayo Packet	20 Sweet Heat Trail Mix, Nacho Cheese Doritos®, String Cheese, Mini Carrots, Milk	21 Wheat Crackers, Colby Jack Cheese Cubes, Strawberry Banana Yogurt, Apples & Cinnamon Fruit Cup, 100% Juice Box, Milk	22 Turkey Pepperoni Pizza Kit, Pineapple Fruit Cup, Mini Carrots, Milk	23 Sun Butter Cup, Vanilla Graham Crackers, Sliced Apples, String Cheese 100% Juice Box, Milk
26  No School	27 Jack Links® Chicken Bites, String Cheese, Sliced Apples, Cheez-it® Crackers, 100% Juice box, Milk	28 Tortilla Chips, Mini Carrots, Cheese Sauce Cup, 100% Juice Box, Milk	29 Cocoa Hummus Sandwich, Honey Roasted Sunflower Seeds, Celery Sticks, 100% Juice Box, Milk, Ranch Packet	30 May 29 <sup>th</sup> is the last day of school for OUSD. Summer School starts on June 9 <sup>th</sup> for most school sites.

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