




May 2025

Medford Public Schools 6-12 Lunch Menu

Please note that while the first meal is free, second meals, single milks, and single fruits or vegetables are **not free**.

Add student account funds at:
family.schoolcafe.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 28 French Toast Sticks* Tater tots Mixed Berry cup 	April 29 Chicken Patty Sandwich* Local Lettuce Tomato Veg Baked Beans Applesauce	April 30 Beef & Cheese Nachos* Seasoned Black Beans Salsa Sour Cream Fruit Selection	1 Chicken and Broccoli Ziti* Garlic Bread* Fruit Selection	2 SCHOOL LUNCH HERO DAY Cheese or Pepperoni Pizza Garden Salad Fresh Strawberries 
 5 Chicken or Cheese Quesadilla* Pico de Gallo Sour Cream & Guacamole Applesauce 	6 Popcorn Chicken & Dutch Waffle* Veg Baked Beans Fruit Selection	7 Early Release! Super SnackPack Crackers* Beef Jerky Spicy Sunflower Seeds Crunchy Fava Beans Apple Juice 	8 Egg & Cheese Croissant* Tater Tots Orange Wedges 	9 Pizza Crunchers* Garden Salad Fruit Selection 
12 Jamaican Beef Patty Garden Salad Sliced Peaches	13 Mac and Cheese w/ Deano's pasta Green Beans Garlic Bread* Fruit Selection 	14 General Tso's Chicken* Seasoned Brown Rice* Steamed Broccoli Fortune Cookie Fruit Selection	15 Halal Hot Dog* Pretzel Stick* French Fries Fruit slush	 16 Haitian-style Chicken Riz National* Plantains Pikliz Mandarin Orange
19 Beef or Veggie Burgers* w/ Local Lettuce & Tomato & Pickles Green Beans Mixed Fruit 	20 Chicken Enchilada Empanada* Corn Fruit Selection	21 Cheesesteak* w/ Peppers & Onions French Fries Fruit Selection	22 Chicken Fajita Burrito Bowl Seasoned Brown Rice* Seasoned Black Beans Shredded Cheddar Sour Cream & Salsa Fruit Selection	23 French Toast Sticks* Maple Roasted Butternut Squash Strawberry Cup 
26 Memorial Day 	27 Chicken or Vegan Chik'n Patty Sandwich* Local Lettuce Tomato Corn Sliced Peaches 	28 Beef & Cheese Nachos* Mango Salsa Sour Cream Fruit Selection	 29 Hawaiian Chicken Bowl Brown Rice* Cucumber Rounds Fruit Slush	30 Cheese or Buffalo Chicken Pizza* Garden Salad Fruit Selection 

All meals include choice of milk, daily vegetable, baby carrots, and fruit selection.

 Ovo-lacto vegetarian option

*Whole-grain rich item

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