



Photos from 2024 Flanders Field & Forest 5K

## Don't miss this event! This is more than your average Trail Run!

The Flanders Field & Forest 5K is an all-age walk/run through the woods and fields of Flanders, officially timed by Fast Track Timing.

Enjoy the picturesque nature sanctuary and a post-race celebration with local food trucks, craft beer, and live entertainment.

Come celebrate our 10th anniversary with us! Special prizes for ten year participants.

Register by **MAY 5TH** to guarantee a **FREE** race shirt for participants 13+ years old.

**DATE:** Friday, June 6th @ 6:00 PM

**LOCATION:** Van Vleck Farm & Nature Sanctuary  
5 Church Hill Rd, Woodbury, CT

**COST:** **13+ BY 6/5:** \$32.80  
**SAME-DAY:** \$40  
**<13 BY 6/5:** \$22.20  
**SAME-DAY:** \$30

**REGISTER:** Online at [flandersnaturecenter.org/5K/](https://flandersnaturecenter.org/5K/)  
or call 203-263-3711 x12



Sponsorship Opportunities Available | All proceeds from the Field & Forest 5K benefit Flanders Nature Center & Land Trust.