

May 2025

Menu Subject to Creativity



Middle School Lunch Menu

The Falmouth School Nutrition Program

MEATLESS MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch Pricing All Students Free Staff & Visitors \$5.75 Milk Only .50¢	Everyday Offerings Cheese Pizza Slices, Chicken Patty Sandwich, Sun Butter & Jelly Sandwich. The Farmers Market Salad Bar.		1	2 School Lunch Hero Day!
			Tangerine Chicken Savory Brown Rice Seasoned Green Beans Farmers Market Salad Bar	Pancakes w/ Syrup Hashbrown Chicken Sausage Patty Farmers Market Salad Bar
5	6	7	8	9
Cheese Tortellini Baked in Tomato Sauce Garlic Knots Farmers Market Salad Bar	Hot Dog Baked Beans Crunchy Cole Slaw Farmers Market Salad Bar	WW Rotini w/ Meat Sauce Whole Grain Breadstick Farmers Market Salad Bar	Bosco Sticks w/ Dipping Sauce Edamame Salad Farmers Market Salad Bar	Breaded Chicken Drumstick Buttered Noodles Farmers Market Salad Bar
12	13	14	15	16
Macaroni & Cheese Buffalo Roasted Cauliflower Farmers Market Salad Bar	Fresh Steak & Cheese Sub Broccoli Salad Farmers Market Salad Bar	<u>EARLY RELEASE BAGGED LUNCH DAY</u> Turkey or Cheese Italian Sandwich (V)(GF) Baked Chips, Fruit, Vegetables & Milk	Pizza w/ Assorted Toppings on Fresh WW Dough Quinoa Salad Farmers Market Salad Bar	Fresh Panko Breaded Chicken Tenders WG Biscuit Seasoned Green Beans Farmers Market Salad Bar
19	20	21	22	23
Toasted Cheese Sandwich Tomato Soup Farmers Market Salad Bar	Creamy Chicken Alfredo Whole Grain Breadstick Steamed Peas Farmers Market Salad Bar	Pulled Pork Sandwich Baked Beans Farmers Market Salad Bar	Pazzo Bread w/ Dipping Sauce Chick Pea Salad Farmers Market Salad Bar	<u>Annual FMS Cookout</u> Hamburgers, Hot Dog, Veggie Burgers, Salads, Chips, Watermelon Frozen Treat
26	27	28	29	30
	Popcorn Shrimp Steamed Broccoli Sweet Potato Fries Farmers Market Salad Bar	Terriyaki Chicken Savory Brown Rice Vegetable Egg Roll Farmers Market Salad Bar	Beef & Bean Chili w/ Cheddar Cheese WG Biscuit Farmers Market Salad Bar	Egg, Cheese, Bacon, Croissant Sandwich Hashbrown Patty Farmers Market Salad Bar

This institution is an equal opportunity provider.

Kitchen Manager - John Sayles (john.sayles@falmouthschools.org)