

CONCUSSION MANAGEMENT

I. Statement of Policy

The District recognizes the importance of identifying, and properly responding to, incidents in which a student receiving instruction or participating in any school related activity sustains a mild traumatic brain injury (concussion).

II. Staff Qualification

Each school coach, physical education teacher, nurse, and athletic trainer, who works with and/or provides instruction to pupils engaged in school sponsored athletic activities, shall document, biennially, that they have completed a course of instruction relating to recognizing the symptoms of mild traumatic brain injuries and monitoring and seeking proper medical treatment for pupils who suffer mild traumatic brain injuries, which course of instruction meets the requirements of Commissioner's Regulation Section 136.5. This course must be approved by the State Education Department.

III. Student Removal From, and Return To, Athletic Activity

1. A student who has sustained, or is believed to have sustained, a mild traumatic brain injury must be immediately removed from participation in athletic activities. Athletic activities, for this purpose, include competition, practices, conditioning, and any other school-sponsored athletic program. In the event there is any doubt as to whether a student has sustained a mild traumatic brain injury, it shall be presumed that the student has been so injured until proven otherwise.
2. A student removed from participation in athletic activity may resume participation in athletic activity when the student:
 - a. has been symptom free for 24 hours,
 - b. has been evaluated by and received written authorization signed by a licensed physician to participate in the particular athletic activity,
 - c. student has completed the district's return to play protocol
 1. no exertional activity until asymptomatic for 72 hours
 2. light aerobic exercise such as walking or stationary bike, etc. no resistance training
 3. sport specific exercise such as skating, running shooting, etc. progressive addition of resistance training may begin

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4. non-contact training/skills drills
5. full contact training in practice setting (medical clearance required)
- d. prior to participating in extra class athletic activities, has received clearance from the District's medical director to participate in that particular activity.
3. Medical authorizations to resume participation in athletic activity shall be kept in the student's permanent health record.
4. School personnel shall follow any directives issued by the student's treating physician with regard to limitations and restrictions on school attendance and activities.

IV. Awareness and Acknowledgement

1. Any permission form or consent form required to be signed and returned as a condition of participation in a school-sponsored activity will include a copy of the information posted on the State Education Department's website relating to mild traumatic brain injury, as referenced in Section 136.5(c)(1) of the Commissioner's Regulations.
2. The District's website shall include a link to the State Education Department's website page relating to mild traumatic brain injury.

V. Concussion Management Team

1. A Concussion Management Team shall be responsible for overseeing the implementation in the District of Section 136.5 of the Commissioner's Regulations, and for making recommendations to the Superintendent for the dissemination of information about mild traumatic brain injury to parents and persons in parental relation to students.
2. The Concussion Management Team shall consist of the Athletic Director, the school nurse, the school physician, and an athletic trainer.

Holland Patent Central School District

Legal Ref: 8 NYCRR 136.5; NYS Education Law Sections 207, 305(42), 2854

Adopted: 01/09/13