

Gyeonggi Suwon International School Menu

<May>

				Thu(5.1)	Fri(5.2)
Korean Menu				Stir-Fried Chicken 1,4,5,12,15 Steamed Rice Red Chili Paste Soup w/ Sujebi (ES-Clear Soup w/ Sujebi) 1,4,5,12 Stir-fried Anchovies 1,4,5,12 Seasoned Green 4,5 White Kimchi/Radish Kimchi 7	Pork Belly 1,4,5,8,10,12,13,15 Multigrain Rice/Steamed Rice Bean Paste Soup 1,4,5,12 Seasoned Bean Sprout & Green Onion (ES-Seasoned Bean Sprout & Green Onion) 1,4,5,12 Lettuce Wrap & Ssamjang 4,5 White Kimchi/Kimchi 7
International Menu				Beef Bourguignon 1,2,4,5,7,8,9,10,12,13,15 Steamed Rice Potato Puree 1,2,4,5 Mixed Vegetables 1,4,5,12,15	Mix Pasta 1,2,4,5,8,10,12,13,15 Garlic Bread 1,2,4,5 Cream Mushroom Soup 1,2,4,5,12,19 Hand-Made Pickle
	Mon(5.5)	Tue(5.6)	Wed(5.7)	Thu(5.8)	Fri(5.9)
Korean Menu	No School	No School	Stir-Fried Pork & Bean sprouts (ES-w/ Soy Sauce) 1,4,5,8,12,15 Steamed Rice Pollack Soup 1,4,5,12 Stir-Fried Potatoes & Ham 1,4,5,8,12,13,15 Cabbage Ssam & Kelp Ssam & Ssamjang 4,5 White Kimchi/Radish Kimchi 7	Stir-Fried Rice Cake (ES-w/ Soy Sauce) 1,4,5,12,15 Kimbap-Style Fried Rice 1,4,5,8,12,15 /Steamed Rice Udon Soup 1,2,4,5,6,7,12 Sundae & Salt 4,5,8 Pickled Radish 17 White Kimchi/Kimchi 7	Pork Back bone Stew (ES-Pork Stew) 1,2,4,8,12,15 Multigrain Rice/Steamed Rice Chive Pancakes 1,2,4,8,12 Pickled Onion 4,5 Chili Pepper & Ssamjang 4,5 White Kimchi Radish Kimchi 7
International Menu			Indonesian Fried Rice 1,2,4,5,8,10,12,13,15 Fried Egg 1,4,5 Spring Rolls 4,5 Sweet Chili Noodle 1,4,5,12	Miso Ramen 1,2,4,5,7,8,10,12,13,15 Takoyaki 1,2,4,5 Lotus Root Chip Salad 1,2,4,5,10,17	Poo Phat Pong Curry 1,2,4,5,8,10,12,13,15 Steamed Rice Fried Crab Meat 1,4,5,18 Chickpeas Salad 4,5,17

<Food Allergy Notice> 1.Egg 2.Milk 3.Peanut 4.Soybean 5.Wheat 6.Mackerel 7.Shrimp 8.Pork 9.Peach 10.Tomato 11.Walnut 12.Chicken 13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple

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<May>

	Mon(5.12)	Tue(5.13)	Wed(5.14)	Thu(5.15)	Fri(5.16)
Korean Menu	Spicy Sausage Stew (ES-Clear Sausage Soup) 1,2,4,5,7, 8,12,13,15 Steamed Rice Squid Cutlet 1,2,4,5,12,14 Braised Potatoes 1,4,5,12 Seasoned Radish (ES-Seasoned Radish) 1,4,5,12,22 White Kimchi/Radish Kimchi 7	Stir Fried Pork w/ Red Chili Paste (ES-w/ Soy Sauce) 1,4,5,8,12 Steamed Rice w/ Radish & Soy sauce 4,5 /Steamed Rice Bean Paste Soup 1,4,5,12 Grilled Seaweed 4,5 Seasoned Pollack & Vegetables (ES-Seasoned Pollack & Vegetables) 1,4,5,12 White Kimchi/Kimchi 7	Korean-Style Beef Soup 1,4,5,12,13,15 Steamed Rice Seafood & Green Onion Pancake 1,2,4,5,7,12,14,15 Braised Tofu 1,4,5,12 (ES-Braised Tofu) 1,2,4,5,7,10,12,13,15 Seasoned Sea String 1,4,5,12 (Seasoned Sea String) White Kimchi/Radish Kimchi 7	Lunch Box Bibimbap /Steamed Rice 1,2,4,5,7,8,10,12,13,15 Corndog & Ketchup 1,2,4,5,8,10 Fish Cake Soup 1,4,5,12 Potatoes & Crab Meat Salad 1,4,5,12,18 White Kimchi/Radish Kimchi 7	Stir-Fried Chicken w/ Kimchi 1,4,5,7,12,15 (ES-w/ Soy Sauce) 1,4,5,12,15 Steamed Rice Chilled Cucumber Soup 1,4,5,12 Steamed Soft Tofu & Black Sesame Sauce 1,2,4,5,12 Seasoned Green 1,4,5,12 (ES-Seasoned Green) White Kimchi/Radish Kimchi 7
International Menu	Texas Pork Barbeque 1,2,4,5,7,8,10,12,13,15 Steamed Rice Dinner Roll 1,2,4,5 Grilled Vegetables 1,4,5,12,15 Coleslaw 1,2,4,5	Chicken Cutlet 1,2,4,5,12 Steamed Rice Ricotta Cheese Salad 1,2,4,5,10,17	Creamy Garlic Hotdog 1,2,4,5,7,8,9,10,12,13,15 Fried Potatoes & Ketchup 4,5,10 Pickled Cucumber & Jalapeno 17	Tandoori Chicken 1,2,4,5,7,8,9,10,12,13,15 Steamed Rice Indian Salad 4,5,10,17	Shanghai Pasta 1,2,4,5,7,8,9,10,12,13,15 Sweat Bread 1,2,4,5 Cucumber & Tomato Salad 1,2,4,5,10,17
	Mon(5.19)	Tue(5.20)	Wed(5.21)	Thu(5.22)	Fri(5.23)
Korean Menu	Chicken Mayo Rice 1,2,4,5,12,15 Fried Tofu Soup 1,4,5,12 Fried Dumpling & Vegetables in Spicy Sauce (ES-Fried Dumpling & Vegetables) 1,2,4,5,8,10,12,13,15 Broccoli w/ Sesame Seed Salad 1,2,4,5,12 White Kimchi/Kimchi 7	Stir-Fried Chicken w/ Cheese (ES-w/ Soy Sauce) 1,4,5,12 Steamed Rice Bean Sprout Soup 1,4,5,12 Braised Lotus Root 1,4,5,12 Seasoned Tofu & Green 4,5 White Kimchi/Radish Kimchi 7	Kimchi Soup w/ Pork 1,4,5,8,12,15 Steamed Rice & Seaweed Flake Egg Roll & Ketchup 1,2,4,5,10,12 Stir-fried Fish Cake 1,4,5,12,15 Pickled Perilla Leaves 4,5 White Kimchi/Radish Kimchi 7	Stir-Fried Pork (ES-w/ Soy Sauce) 1,4,5,8,12,15 Steamed Rice Seaweed Soup 1,4,5,12 Braised Egg 1,4,5,12 Lettuce Wraps & Ssamjang 4,5 White Kimchi/Kimchi 7	Spicy Beef Soup (ES-Clear Beef Soup) 1,4,5,8,12,13 Steamed Rice Korean Meat Balls 1,2,4,5,7,8,12,13,15 Stir-fried Garlic Stems w/ Shrimp 1,4,5,7,12,15 Braised Beans 4,5 White Kimchi/Radish Kimchi 7
International Menu	Grilled Pork 1,2,4,5,7,8,10,12,13,15 Steamed Rice Green beans & Onion 1,4,5,12,15 Dutch Salad 1,2,4,5,8,12	Bulgogi Taco 1,2,4,5,7,8,10,12,13,15 Mexican Chili Potatoes 1,4,5,8,10,12 Tomato Salsa 4,5,10 & Sour cream 2 Cabbage Pickle	Cream Onion Chicken 1,2,4,5,12 Steamed Rice Butter Corn 1,2,4,5	Fishcake Skewer Udon 1,2,4,5,8,12,13,15 Fried Mushroom 4,5,19 Pickled Ginger & Rakkyo 17	Pork Cutlet 1,2,4,5,7,8,12,13,15 Steamed Rice Dinner Roll 1,2,4,5 Potato Salad 1,2,4,5,7,8,10,12,13,15 Coleslaw 1,2,4,5,7,8,10,12,13,15 Cream Soup 1,2,4,5,10,17

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13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple

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<May>

	Mon(5.26)	Tue(5.27)	Wed(5.28)	Thu(5.29)	Fri(5.30)
Korean Menu	Buckwheat Noodles 1,2,4,5,7,8,10,12,13,15,16 Steamed Rice Stir-Fried Pork 1,2,4,5,7,8,12,13,15 Seasoned Greens White Kimchi/Kimchi 7	Kimchi & Fish Cake Stew 1,2,4,5,8,10,12,13,15 Steamed Rice Steamed Egg 1,2,4,5 Japchae 1,2,4,5,7,8,10,12,13,15 Acorn Jelly Salad 4,5 White Kimchi/Radish Kimchi 7	Stewed Pork & Egg 1,2,4,5,8,10,12,13,15 Steamed Rice Kimchi Soup 1,2,4,5,7,8,10,12,13,15 (ES-Tofu Soup) 1,2,4,5,8,10,12,13,15 Fried Sweet Potato w/ Honey 4,5 Stir-Fried Potato & Ham 1,2,4,5,8,10,12,13,15 White Kimchi/Radish Kimchi 7	Spicy Noodle Soup (ES-Clear Noodle Soup) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Sweet & Sour Pork 1,2,4,5,7,8,10,12,13,15 Pickled Radish 17 White Kimchi/Kimchi 7	Korean-Style Chicken Soup 1,2,4,5,7,8,10,12,13,15 Brown Rice/Steamed Rice Sweet & Sour Squid Salad (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,14,15 Seasoned Bean Sprouts 1,2,4,5,7,8,10,12,13,15 Chili Pepper & Ssamjang 4,5 Pickles Perilla Leaves White Kimchi/Radish Kimchi 7
International Menu	Barbequed Pork 1,2,4,5,8,10,12,13,15 Steamed Rice Grilled Vegetables 1,2,4,5,7,8,10,12,13,15 Macaroni Salad 1,4,5	Black Bean Chicken & Wedger Potatoes 1,2,4,5,7,8,10,12,13,15 Steamed Rice Bock Choy & Baby Corn 1,2,4,5,7,8,10,12,13,15	Garlic & Olive Oil Pasta 1,2,4,5,7,8,9,10,12,13,15 Tortilla Pizza 2,4,5,10,12 Pickle & Jalapeno 17	Stir-Fried Teriyaki Chicken Rice Bowl 1,2,4,5,7,8,9,10,12,13,15 Bean Paste Soup 1,2,4,5,7,8,9,10,12,13,15 Pickled Chilli Pepper	Sweet Chili Chicken 1,2,4,5,8,9,10,12,13,15 Steamed Rice Mexican Corn 1,4,5
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<Salad Bar>

	Mon	Tue	Wed	Thu	Fri
S a l a d	Lettuce & Romain lettuce & Red cabbage Broccoli Paprika Onion Vegetable Stick Black Olive Baked Beans 4 Oat Dried Cranberry Fruit Dressing 2,4,5	Lettuce & Kale & Red Beet Paprika Onion Vegetable Stick Sweet Corn Blue berry Tofu 4,5 Barley Dried Banana Chips Fruit Dressing 1,4,5	Lettuce & Spinach & Radicchio Broccoli Paprika Onion Vegetable Stick Couscous Chick peas 4 Oat Raisin Fruit Dressing 4,5	Lettuce & Blue Lettuce & Red cabbage Paprika Onion Vegetable Stick Green Olive Sweet Corn Rosted Mushrooms 4,5,19 Barley Dried Cranberry Fruit Dressing 1,4,5	Lettuce & Romain lettuce & Carrot Paprika Onion Vegetable Stick Kidney Beans 4 Egg 1 Oat Dried Banana Chips Fruit Dressing 2,4,5
S a n d w i c h	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice 20 Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Wheat Baguette 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Corn Bread 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5

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