



ORRHS Guidance Newsletter

Current Guidance Happenings

AP Exams, May 5th -16th



AP Exams will take place May 5th-16th.

AP students should check their email for exam locations and arrival times. Details will be sent to AP students via email by May 1st.

Check out these useful resources here:

[AP Exam Dates](#)

[What to bring and not to bring on AP exam day](#)

[What to Know about AP exams](#)

[Digital Testing](#)

[Specific Course Info](#)

Innovative Career Pathway Opportunities



Are you interested in taking courses in an innovative career pathway that will help you plan for your future goals?

ORR will be offering two pathways beginning in the fall in **Architecture and Business Finance**. Students who are a part of

the pathway will have access to courses designated in their specific pathway and will also have mentoring from community partners, participate in 100 hours of internship training, and will have access to pre-college and college courses all while in high school!

Complete this form to demonstrate interest: [Innovative Career Pathway Interest Form](#)

SAT Registration Information

[Sign up for SAT's here](#)

- Register by **May 22nd** for the June 7th test

Save the dates for 2025-2026:

- August 23rd, 2025
- September 13, 2025
- October 4th, 2025
- November 8, 2025
- December 6, 2025
- March 14, 2026
- May 2, 2026
- June 6, 2026

UMASS Amherst Journalism Department Summer Opportunities

UMASS Amherst is running three two-week, journalism-related pre-college academic programs this summer. All three programs are open to rising sophomores, juniors, and seniors. They are especially helpful for students who are considering UMass Amherst as an option for college since the programs allow you to get a sense of what it's like to be a student on the UMass Amherst campus. Two of the programs have a **May 1 registration deadline**, and the third (Intro to Play-By-Play) has a May 15 deadline.

Interested in writing about social issues that matter to you? The Writing Journalistic Stories About Social Issues program will teach you every step of the writing process, from pitching a story to interviewing subjects to writing and editing a finished piece, with a chance for them to submit your finished work for publication at a local news outlet. Students can [learn more and apply here](#).

They also have a Sports Broadcasting program and an Intro to Play-By-Play program (students can sign up for either, or both). In those programs, students will get a chance to produce their own show, step behind the mic, work a camera and everything in between in a studio with state-of-the-art equipment. Students can learn more and [apply for Sports Broadcasting here](#), and for [Intro to Play-by-Play here](#).

Tree Talk Natives - Bulldog Block on April 29th



Jennifer Andreson, who owns [Tree Talk Natives](#), a nursery in Rochester, will be speaking to the Environmental Club about native plants and bringing a few to show students.

With a Grant from Mattapoissett Land Trust, students will then choose some plants to plant in the Native Garden that the Environmental Club is making.

You do not need to be in the Environmental Club to hear this presentation. **All students are encouraged to sign up with your mentor to attend.**

Worcester Polytechnic Institute, Summer Programs

WPI offers a wide array of classes and opportunities ranging from day and residential programs to virtual college credit experiences. No matter what option you choose, you'll be sure to get a taste of college life. Learn from WPI faculty and expert instructors all while enjoying state-of-the-art labs, classrooms, and campus facilities. Visit [Summer Programs 2025](#) to learn more!

Local Scholarship Award Letters

Local scholarship award letters are due to the guidance office by **Monday, May 19th**. Please submit a copy or email your award notification(s) to your guidance counselor by the deadline if you would like to be recognized on the scholarship recipients list. (This list is for local scholarship awards only, not college/university scholarship awards.)

College Acceptance Letters and/or Future Plans

Attention Seniors: Don't forget to bring a copy of your [college acceptance letters](#) to your guidance counselor. It does not need to be the original - it can be a copy, screenshot, email, etc.

Students who will be entering the workforce, traveling, training, taking a gap year, or joining the military, please share your plans with your counselor.

Scholarships

You can find AVAILABLE SCHOLARSHIPS in the Guidance Office and also on the Guidance website. Visit the [guidance page](#) on the school website and click on Scholarship Information on the right side of the page. Scholarships are updated often, so check back regularly.


Attention Juniors, BSU College Fair

Please join the guidance department for a great field trip to BSU for a college fair on May 29th, 2025. Please sign up on the attached form: [BSU College Fair Interest Form](#). 106 colleges and universities will be in attendance!

Career of the Week

CAREER OF THE WEEK

TAX EXAMINERS & COLLECTORS & REVENUE AGENTS


<https://www.bls.gov/ooh/>

WHAT DO THEY DO?	HOW TO BECOME ONE	JOB OUTLOOK & SALARY
<ul style="list-style-type: none">REVIEW FILED TAX RETURNS TO DETERMINE WHETHER CREDITS AND DEDUCTIONS CLAIMED ARE ALLOWED BY LAWCONTACT TAXPAYERS TO ADDRESS PROBLEMS AND TO REQUEST SUPPORTING DOCUMENTATIONCONDUCT FIELD AUDITS AND INVESTIGATIONS OF INCOME TAX RETURNS TO VERIFY INFORMATION OR TO UPDATE TAX LIABILITIESEVALUATE FINANCIAL INFORMATION, USING THEIR UNDERSTANDING OF ACCOUNTING PROCEDURES AND KNOWLEDGE OF CHANGES TO TAX LAWS AND REGULATIONSKEEP RECORDS ON EACH ACTIVE CASE INCLUDING TELEPHONE NUMBERS AND ACTIONS TAKENNOTIFY TAXPAYERS OF OVERPAYMENT OR UNDERPAYMENT AND ISSUE A REFUND OR REQUEST ADDITIONAL PAYMENT	TAX EXAMINERS AND COLLECTORS, AND REVENUE AGENTS TYPICALLY NEED A BACHELOR'S DEGREE IN ACCOUNTING OR A RELATED FIELD, SUCH AS BUSINESS. FOR SOME JOBS, WORK EXPERIENCE MAY SUBSTITUTE FOR A DEGREE.	PROJECTED JOB GROWTH 2% BETWEEN 2023-2033 MEDIAN SALARY: \$59,740

SEL Tip of the Week

10 Tips
to Boost Resilience

 Communicate regularly and effectively.

 Maintain **positive and personal connections**.

 **Avoid** seeing a crisis as unconquerable.

 **Be accepting of change.**

 Move **toward your goals**.

 Take **positive, decisive actions**.

 Look for opportunities for self-discovery.

 Keep things in **perspective**.

 Nurture a **positive view of yourself**.

 Look to a **hopeful future**.

Learn to Boost Resilience:

Reframe challenges as opportunities for growth. When you face setbacks—whether it's a poor grade, a conflict with a friend, or not making a team—ask yourself, “What can I learn from this?” Shifting from a fixed mindset to a growth mindset builds emotional resilience and empowers you to see adversity as a stepping stone rather than a roadblock. Celebrate effort, not just outcomes, and practice self-talk that emphasizes persistence and self-compassion.