



INSTRUCTIONS Sports Physical /Preparticipation Physical Examination (PPE)

According to CHSAA bylaw 1780.1, an adequate physical examination by a licensed practitioner is required within 365 days of sports participation. [CHSAA Bylaws](#)

Parent/Athlete Checklist

- _____ Access PPE forms [HERE](#)
- _____ Parent and athlete to both complete forms (Page 1, 2) , including important medical information pertaining to your student athlete that the school will need to know
- _____ Bring page 1-4 of forms to licensed practitioner for physical examination in timely manner prior to sports season
- _____ Upload or turn in ONLY PAGE 4 [PPE Medical Eligibility Form](#) to appropriate school portal/personnel

Scan QR Link for quick access to CHSAA Preparticipation Physical Form

