



# Spencer Public School

## Nutrition and Lunch Menus

May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
			1  Pancakes <u>Juice/Fresh Fruit</u> Pizza Carrots Pears Fresh Fruit	2  Cake Donut Cheese Stick <u>Juice/Fruit</u> Grilled Cheese TomatoSoup/Crackers Peaches Fresh Fruit
5  Pancake on a Stick <u>Juice/Fresh Fruit</u> Nachos Salsa & Sour Cream Applesauce Corn Fresh Fruit	6  Cereal/Frudels <u>Juice / Fresh Fruit</u> Chicken Nugget Mashed Potatoes Cheesy Broccoli Strawberries	7  Breakfast Pizza <u>Juice/Fresh Fruit</u> Spaghetti Bread Stick Steamed Green Beans Mandarin Oranges Fresh Fruit	8  ELEM Jumpstart MS/HS Breakfast Sandwich <u>Juice/Fresh Fruit</u> Cheeseburger Curly Fries Baked Beans Peaches Fresh Fruit	9  Cinnamon Roll Yogurt <u>Juice/Fresh Fruit</u> Garlic Cheese Bread W/Sauce Carrots Pears Fresh Fruit
12  Cereal/Muffin <u>Juice/ Fruit</u> Chicken Patty Broccoli Pears Fresh Fruit	13  French Toast <u>Juice/Fresh Fruit</u> Pizza Carrots Applesauce Fresh Fruit	14  Breakfast Scrambler <u>Juice/Fresh Fruit</u> Hot Dogs Sun Chip Baked Beans Peaches Fresh Fruit	15  Breakfast Pizza <u>Juice/Fresh Fruit</u> Chicken Tenders Rice Pilaf Peas Strawberries Fresh Fruit	16  Long John Cheese Stix <u>Juice/Fresh Fruit</u> Cheese Fries w/Sauce Roasted Veggies Pineapple
19  Cereal/Donut Holes <u>Juice/Fresh Fruit</u> Mini Corn Dogs Buttered Noodles Mixed Veggies Strawberries Fresh Fruit	20  Breakfast Bites <u>Juice/Fresh Fruit</u> Turkey n Gravy Mashed Potatoes Green Beans Peaches	21  Breakfast Pizza <u>Juice/Fresh Fruit</u> Tacos Soft Shell/Chip Corn Strawberries Fresh Fruit  ALT Chicken Fajita	22  Waffles <u>Juice / Fresh Fruit</u> Breakfast for Lunch French Toast/Syrup Sausage Hash Brown Cinnamon Applesauce	23  Cake Donut Cheese Stick <u>Juice/Fruit</u> Quesadilla Sour Cream & Salsa Spanish Rice Corn Pears
26  No School	27  Quick Bread <u>Juice/Fresh Fruit</u> Pizza Carrots Peaches Fresh Fruit	28  Pancakes <u>Juice/Fresh Fruit</u> Cheeseburger Curly Fries Baked Beans Pears Fresh Fruit	29  Breakfast Pizza <u>Juice/Fresh Fruit</u> Popcorn Chicken Sun Chip Broccoli Applesauce Fresh Fruit	30  Long John Cheese Stix <u>Juice/Fresh Fruit</u> Sub Sun Chips Roasted Veggies Applesauce Fresh Fruit Cookie

Menu is subject to change without notice. Fresh fruit and veggie bar served daily. Milk is served daily, 1% Skim & Chocolate. Reminder that you are able to fill out the free and reduced application yearly. This is an equal opportunity provider. Breakfast is FREE to all students.