



May 2025

Mt Vernon High School Lunch Menu

DAILY OFFERINGS UPON AVAILABILITY

Sunbutter & Jelly Sandwich
Cheese Sandwich
Turkey Sandwich
Chicken Ham Sandwich
Popcorn Chicken Salad
Yogurt Parfait
Baby Carrots

Powering potential.

MON	TUES	WED	THURS	FRI
			French Toast Sticks ¹ Chicken Sausages Tater Tots Oranges	Sloppy Joe Sliders ² Peas & Carrots Apples
Chicken Mashed ⁵ Potato Bowl w/Corn Carrot Slices Apples	Beef Nacho w/Brown ⁶ Rice Kickin Pinto Beans Orange Slices	Asian Chicken w/Orange ⁷ Sauce & Rice Broccoli Banana	Pancake w/ Chicken ⁸ Sausages Tater Tots Mix Fruit Cup	Pasta w/Meat Sauce ⁹ Green Beans Apple Slices
Tyson Chicken ¹² Nuggets w/Dinner Roll Toss Salad Apples	Grill Cheese w/Bacon ¹³ French Fries Celery Sticks Applesauce	Hamburger Bar ¹⁴ Veggie Beans Banana	Waffles w/Chicken ¹⁵ Sausage Tater Tots Orange Smiles	BBQ Chicken w/Sweet ¹⁶ Potatoes Fruit Cup
Chicken Parm ¹⁹ Sandwich Green Bean Apples	Pizza Cruncher ²⁰ w/Breadstick 3 Bean Salad Orange	Italian Meatball Sub ²¹ Carrot Slices Banana	French Toast Sticks ²² Chicken Sausages Tater Tots Apples	Jerk Chicken Burrito ²³ Roasted Broccoli Peach Cup
Memorial Day ²⁶ Schools Closed	Chilli Hot Dog ²⁷ French Fries Veggie Beans Apples	Tyson Chicken ²⁸ Tenders w/Dinner Roll Celery & Carrot Sticks Banana	Pancake w/Chicken ²⁹ Sausage Tater Tots Mix Fruit Cup	BBQ Chicken w/Sweet ³⁰ Potatoes Spinach Salad Orange Slices

Menus are subject to change.

Please be advised of the following requirements which are mandated by the NYSED-Child Nutrition "National School Lunch Program" regarding second meal pricing within the school district:

Student Second Meal Pricing:

Grades K-8 Breakfast \$1.25 Lunch \$2.00
Grades 9-12 Breakfast \$1.50 Lunch \$2.25
Adult Meals: Breakfast \$2.95 (plus Tax) Lunch \$5.05 (plus tax)

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal opportunity provider.

