

MAY MIDDLE SCHOOL LUNCH MENU

Student Paid-\$3.25
Student Reduced -Free
Adult Lunch- \$5.50



SERVED DAILY

1% White Milk & 1% Chocolate Milk,
*Hamburger, *Cheeseburger,
*Spicy Chicken Bites,
*Crispy Chicken Sandwich,
*Stromboli with Marinara
*Assorted Salads,
*Fresh Deli Sandwiches,
*PBJ Sandwich

HARVEST OF THE MONTH:

Asparagus is in the lily family but is very fibrous vegetable that grows similarly to grass. It will change colors from white to green when the sunlight shines on it. The proper way to eat asparagus is with your fingers per the Queen, hence why it is nicknamed the "Queen of Vegetables."

For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

MON

TUE

WED

THU

FRI

Select one ***lunch entrée**, milk, and up to two fruits and two veggies for a complete meal!

*Penne Pasta with Meatballs
or Grilled Chicken Strips
Red Sauce or Alfredo Sauce
Garlic Knot
*Big Daddy's Pizza
Fresh Vegetables with Dip
Assorted Fruit

28

*Hot Ham and Cheese on
Pretzel Roll
*Big Daddy's Pizza
Baby Baker Potatoes
Fresh Vegetables with Dip
Assorted Fruit

29

*Pillsbury Cinnamon Roll
with Sausage Links
*Big Daddy's Pizza
Hash Brown Patty
Fresh Vegetables with Dip
Assorted Fruit

30

*Chicken and Cheese
Quesadilla
*Big Daddy's Pizza
Steamed Broccoli
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie

1

*Justino's Pizza
Goldfish Crackers
Tossed Salad
Fresh Vegetables with Dip
Assorted Fruit

2

*BBQ Rib
Macaroni & Cheese
Baked Beans
Corn Muffin
*Big Daddy's Pizza
Coleslaw
Fresh Vegetables with Dip
Assorted Fruit

5

*Chicken Bacon Ranch
Sandwich
*Big Daddy's Pizza
Sweet Potato Fries
Steamed Green Beans
Romaine Salad
Fresh Vegetables with Dip
Assorted Fruit

6

*Pizza Sticks with Meatballs
Dipping Sauce
*Big Daddy's Pizza
Romaine Salad
Fresh Vegetables with Dip
Assorted Fruit

7

*Beef Taco with Choice of
Tortilla Chips or Soft Shell
*Big Daddy's Pizza
Steamed Rice
Steamed Corn
Fresh Vegetables with Dip
Assorted Fruit
Churro

8

*Tossed Boneless
Chicken Wings
BBQ or Ranch Sauce
Dinner Roll
*Big Daddy's Pizza
French Fries
Steamed Swiss Chard
Fresh Vegetables with Dip
Assorted Fruit

9

*Italian Duo
Stuffed Shells, Meatballs
Garlic Knot
*BBQ Beef Rib Sandwich
*Big Daddy's Pizza
Winter Mix Vegetables
Fresh Vegetables with Dip
Assorted Fruit

12

*Popcorn Chicken
Mashed Potatoes with Gravy
Steamed Corn
Dinner Roll
*Big Daddy's Pizza
Romaine Salad
Fresh Vegetables with Dip
Assorted Fruit

13

*Cowboy BBQ Burger
French Fries
*Big Daddy's Pizza
Steamed Green Beans
Fresh Vegetables with Dip
Assorted Fruit
Mini Ice Cream Sandwich

14

*Cheese Steak Sandwich
Tater Tots
*Big Daddy's Pizza
Romaine Salad
Fresh Vegetables with Dip
Assorted Fruit

15

*Justino's Pizza
Goldfish Crackers
Tossed Salad
Fresh Vegetables with Dip
Assorted Fruit

16

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*Spicy Chicken Bites,
*Crispy Chicken Sandwich,
*Stromboli with Marinara
*Assorted Salads,
*Fresh Deli Sandwiches,
*PBJ Sandwich

HARVEST OF THE MONTH:

Asparagus is in the lily family but is very fibrous vegetable that grows similarly to grass. It will change colors from white to green when the sunlight shines on it. The proper way to eat asparagus is with your fingers per the Queen, hence why it is nicknamed the "Queen of Vegetables."

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MON

*French Toast Sticks or
*Mini Pancakes
*Big Daddy's Pizza
Sausage Links
Hash Browns
Fresh Vegetables with Dip
Assorted Fruit

19

TUE

Select one *lunch entrée, milk, and up to two fruits and two veggies for a complete meal!

*Hot Dogs
*Big Daddy's Pizza
Baked Beans
Baby Baker Potatoes
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie

20

WED

*Chicken Tenders with
Dinner Roll
*Big Daddy's Pizza
Curly Fries
California Blend
Fresh Vegetables with Dip
Assorted Fruit

21

THU

*Chicken Potstickers
with Teriyaki Sauce
Egg Roll
Steamed Asparagus
*Big Daddy's Pizza
Side Spinach Salad
Fresh Vegetables with Dip
Assorted Fruit

22

FRI

NO
School
Today



*Penne Pasta with Meatballs
or Grilled Chicken Strips
Red Sauce or Alfredo Sauce
Garlic Knot
*Big Daddy's Pizza
Fresh Vegetables with Dip
Assorted Fruit

27

*Pillsbury Cinnamon Roll
with Sausage Links
*Big Daddy's Pizza
Hash Brown Patty
Fresh Vegetables with Dip
Assorted Fruit

28

*General Tso's Chicken
over Steamed Rice
Fortune Cookie
*Big Daddy's Pizza
Steamed Broccoli
Fresh Vegetables with Dip
Assorted Fruit

29

*Justino's Pizza
Goldfish Crackers
Tossed Salad
Fresh Vegetables with Dip
Assorted Fruit

30

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