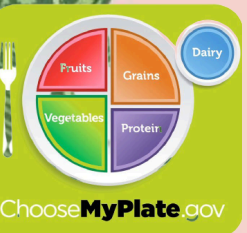


MAY INTERMEDIATE LUNCH MENU

Student Lunch- \$3.05
Student Reduced- Free
Adult Lunch - \$5.50



SERVED DAILY

1% White Milk & 1% Chocolate Milk

*Yogurt Meal with String Cheese,

*Assorted Salads,

*Fresh Deli Sandwich,

*PBJ Sandwich

HARVEST OF THE MONTH:

Asparagus is in the lily family but is very fibrous vegetable that grows similarly to grass. It will change colors from white to green when the sunlight shines on it. The proper way to eat asparagus is with your fingers per the Queen, hence why it is nicknamed the "Queen of Vegetables."

For more information, menus, payment options, SchoolCafe.com, and more, please visit elcosd.org and follow the tabs to Food Services

MON

TUE

WED

THU

FRI

Select one ***lunch entrée**, milk, and up to two fruits and two veggies for a complete meal!

***Chicken Patty on Bun**

***Cheese Pizza**

French Fries

Baked Beans

Fresh Vegetables with Dip

Assorted Fruit

28

***Dutch Waffle with**

Sausage Links

***Cheese Pizza**

Hash Brown Patty

Fresh Vegetables with Dip

Assorted Fruit

29

***Chicken Nuggets**

Dinner Roll

***Cheese Pizza**

Mashed Potatoes

Steamed Green Beans

Fresh Vegetables with Dip

Assorted Fruit

30

***Chicken Parmesan**

over Rotini

***French Bread Pizza**

Garlic Knot

Steamed Asparagus

Romaine Salad

Fresh Vegetables with Dip

Assorted Fruit

1

***Pizza Sticks**

with Dipping Sauce

***Cheeseburger on Bun**

Steamed Carrots

Fresh Vegetables with Dip

Assorted Fruit

Fresh Baked Cookie

2

***Cheeseburger or Bacon**

Cheeseburger on Bun

***Hot Dog on Bun**

Sweet Potato Fries

Baked Beans

Fresh Vegetables with Dip

Assorted Fruit

5

***Mini Pancakes with Syrup**

Sausage Links

***Stuffed Crust Pizza**

Hash Brown Patty

Fresh Vegetables with Dip

Assorted Fruit

6

***Chicken Tenders with**

Dinner Roll

***Hot Dog on Bun**

French Fries

Steamed Corn

Fresh Vegetables with Dip

Assorted Fruit

7

***Hot Ham & Cheese on**

Pretzel Roll

***Hot Dog on Bun**

Steamed Green Beans

Romaine Salad

Fresh Vegetables with Dip

8

***Taco with**

Tortilla Chips

***Cheese Pizza**

Shredded Lettuce & Diced

Tomatoes

Steamed Corn

Fresh Vegetables with Dip

Churro

9

***Macaroni & Cheese**

***Hot Dog on Bun**

Steamed Green Beans

Spinach Salad

Fresh Vegetables with Dip

Assorted Fruit

12

***Corn Dog Nuggets**

with Cheez It Crackers

***Cheese Pizza**

Baked Beans

Fresh Vegetables with Dip

Assorted Fruit

13

***Mozzarella Sticks with**

Marinara Sauce

Garlic Knot

***Cheeseburger on Bun**

Side Salad

Steamed Carrots

Fresh Vegetables with Dip

Assorted Fruit

14

***Pillsbury Cinnamon Roll**

with Yogurt Cup and

Mozzarella Stick

***Cheese Pizza**

Hash Brown Patty

Fresh Vegetables with Dip

Assorted Fruit

15

***Stuffed Crust Pizza**

***Chicken Nuggets**

with Dinner Roll

Romaine Salad

Fresh Vegetables with Dip

Assorted Fruit

Fresh Baked Cookie

16

This institution is an equal opportunity provider. Menus are subject to change.

MAY INTERMEDIATE LUNCH MENU

Student Lunch- \$3.05
Student Reduced- Free
Adult Lunch - \$5.50

SERVED DAILY

1% White Milk & 1% Chocolate Milk
*Yogurt Meal with String Cheese,
*Assorted Salads,
*Fresh Deli Sandwich,
*PBJ Sandwich

HARVEST OF THE MONTH:

Asparagus is in the lily family but is very fibrous vegetable that grows similarly to grass. It will change colors from white to green when the sunlight shines on it. The proper way to eat asparagus is with your fingers per the Queen, hence why it is nicknamed the "Queen of Vegetables."

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MON

***Hot Dog on Bun**
***Cheeseburger on Bun**
Smiley Fries
Baked Beans
Fresh Vegetables with Dip
Assorted Fruit
Mini Ice Cream Sandwich

19

TUE

***Glazed Cinnamon French Toast**
Sausage Links
***Cheese Pizza**
Hash Brown Patty
Fresh Vegetables with Dip
Assorted Fruit

20

WED

***Popcorn Chicken with Dinner Roll**
***Cheeseburger on Bun**
Mashed Potatoes
Steamed Corn
Fresh Vegetables with Dip
Assorted Fruit

21

THU

***Taco with Tortilla Chips**
***Cheese Pizza**
Shredded Lettuce & Diced Tomatoes
Steamed Corn
Fresh Vegetables with Dip
Churro

22

FRI

NO
School
Today



***Dutch Waffle with Sausage Links**
***Cheese Pizza**
Hash Brown Patty
Fresh Vegetables with Dip
Assorted Fruit

27

***Chicken Nuggets**
Dinner Roll
***Cheese Pizza**
Mashed Potatoes
Steamed Green Beans
Fresh Vegetables with Dip
Assorted Fruit

28

***Rotini with Meatballs and Marinara Sauce**
***French Bread Pizza**
Garlic Knot
Steamed Broccoli
Romaine Salad
Fresh Vegetables with Dip
Assorted Fruit

29

***Pizza Sticks with Dipping Sauce**
***Cheeseburger on Bun**
Steamed Carrots
Fresh Vegetables with Dip
Assorted Fruit
Fresh Baked Cookie

30

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