

SERVED DAILY

1% White Milk & 1% Chocolate Milk *Yogurt Meal with String Cheese, *Assorted Salads *Fresh Deli Sandwich

HARVEST OF THE

Asparagus is in the lily family but is very fibrous vegetable that grows similarly to grass. It will change colors from vhite to green when the sunlight shines on it. The proper way to eat asparagus is with your fingers per the Queen, hence why it is nicknamed the "Queen of Vegetables."

For more information, menus, payment options, <u>SchoolCafe.com</u>, and more, please visit elcosd.org and follow the tabs to Food Services



Student Paid-\$3.05 Student Reduced-Free Adult Lunch-\$5.50



MON

over Rotini

Garlic Knot

Assorted Fruit

Select one *lunch entrée, milk, and up to two fruits and two veggies for a complete meal!

*Chicken Patty on Bun *Ham & Cheese Sandwich **French Fries Baked Beans** Fresh Vegetables with Dip **Assorted Fruit**

*Dutch Waffle with Sausage Links *Ham & Cheese Sandwich **Hash Brown Patty** Fresh Vegetables with Dip **Assorted Fruit**

*Chicken Nuggets with Dinner Roll *Ham & Cheese Sandwich **Mashed Potatoes** Steamed Green Beans Fresh Vegetables with Dip **Assorted Fruit**

*Hot Ham & Cheese on **Pretzel Roll** *Turkey & Cheese Sandwich **Steamed Green Beans Romaine Salad** Fresh Vegetables with Dip

*Chicken Parmesan *Ham & Cheese Sandwich **Steamed Asparagus** Side Spinach Salad Fresh Vegetables with Dip

*Ham & Cheese Sandwich **Steamed Carrots** Fresh Vegetables with Dip **Assorted Fruit** Fresh Baked Cookie *Taco with

*Pizza Sticks

with Dipping Sauce

*Mini Pancakes with *Cheeseburger or **Bacon Cheeseburger on Bun** Sausage Links *Turkey & Cheese Sandwich *Turkey & Cheese Sandwich **Hash Brown Patty Sweet Potato Fries** Fresh Vegetables with Dip **Baked Beans** Fresh Vegetables with Dip **Assorted Fruit**



*Chicken Tenders with **Dinner Roll French Fries** *Turkey & Cheese Sandwich Steamed Corn Fresh Vegetables with Dip **Assorted Fruit**

Mini Ice Cream Sandwich

Tortilla Chips *Turkey & Cheese Sandwich **Shredded Lettuce & Diced Tomatoes** Steamed Corn Fresh Vegetables with Dip Churro

*Macaroni & Cheese *Ham & Cheese Sandwich Steamed Green Beans **Romaine Salad** Fresh Vegetables with Dip **Assorted Fruit**

Assorted Fruit

*Corn Dog Nuggets with Cheez it Crackers *Ham & Cheese Sandwich **Baked Beans** Fresh Vegetables with Dip **Assorted Fruit**

*Mozzarella Sticks with Marinara Sauce **Garlic Knot** *Ham & Cheese Sandwich Side Salad **Steamed Carrots** Fresh Vegetables with Dip **Assorted Fruit**

*Pillsbury Cinnamon Roll with Yogurt Cup and Mozzarella Stick *Ham & Cheese Sandwich **Hash Brown Patty** Fresh Vegetables with Dip **Assorted Fruit**

*Stuffed Crust Pizza **Romaine Salad** *Ham & Cheese Sandwich Fresh Vegetables with Dip **Assorted Fruit** Fresh Baked Cookie

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THU MON

Select one *lunch entrée, milk, and up to two fruits and two veggies for a complete meal!

*Hot Dog on Bun *Turkey & Cheese Sandwich **Smiley Fries Baked Beans** Fresh Vegetables with Dip **Assorted Fruit**

> Mini Ice Cream Sandwich

MEMORIAL

DAY

*Glazed Cinnamon **French Toast** with Sausage Links *Turkey & Cheese Sandwich **Hash Brown Patty** Fresh Vegetables with Dip

*Dutch Waffle with

Sausage Links

*Ham & Cheese Sandwich

Hash Brown Patty

Fresh Vegetables with Dip

Assorted Fruit

*Popcorn Chicken with Dinner Roll *Turkey & Cheese Sandwich **Mashed Potatoes Steamed Corn** Fresh Vegetables with Dip

*Chicken Nuggets with Dinner Roll *Ham & Cheese Sandwich Mashed Potatoes Steamed Green Beans Fresh Vegetables with Dip

Assorted Fruit

*Taco with **Tortilla Chips** *Turkey & Cheese Sandwich **Lettuce & Diced Tomatoes** Steamed Corn Fresh Vegetables with Dip Churro

*Rotini with Meatballs and Sauce **Garlic Knot** *Ham & Cheese Sandwich Steamed Broccoli Side Spinach Salad Fresh Vegetables with Dip **Assorted Fruit**

School Todau

*Pizza Sticks with Dipping Sauce *Ham & Cheese Sandwich Steamed Carrots Fresh Vegetables with Dip **Assorted Fruit** Fresh Baked Cookie

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