

# H.E.S. Ice Cream Sale

**Friday, May 2nd**  
**Purchase during lunch period**

**Rich's ICE CREAM**  
**Cool Watermelon Bar**  
Watermelon Naturally and Artificially Flavored Juice Pop

**Nutrition Facts**  
1 serving per container  
Serving size 1 bar (70g)  
Amount per serving  
**Calories 60**

	% Daily Value*
Total Fat 5g	0%
Saturated Fat 5g	0%
Trans Fat 5g	0%
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 14g	5%
Dietary Fiber 5g	0%
Total Sugars 15g	
Includes 7g Added Sugars	14%
Protein 5g	
Vit D 5mg 0% • Calcium 50mg 0%	
Iron 0mg 0% • Potas. 60mg 2%	

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. A diet of 2,000 calories a day is used for general nutrition advice.

**Size:** 2.5 FL. OZ (74mL)  
**UPC:** 0-75455-86270-1  
**Allergens:** NONE  
**Ingredients:** APPLE JUICE (RECONSTITUTED), CORN SYRUP, CANE SUGAR, STABILIZER (GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), NATURAL AND ARTIFICIAL FLAVORS, RED BEET EXTRACT, TURMERIC EXTRACT, SPIRULINA EXTRACT.

**Cool Watermelon**

NOT FREE NO ARTIFICIAL FLAVORS NO HIGH FRUCTOSE CORN SYRUP SESAME SEED FREE GLUTEN FREE DAIRY FREE SMART SNACK FACILITY DYES

UPDATED: 02/21/2024

**Rich's ICE CREAM**  
**Savagely Sour Cherry Bar**  
Sour Cherry Artificially Flavored Juice Pop

**Nutrition Facts**  
1 serving per container  
Serving size 1 bar (70g)  
Amount per serving  
**Calories 60**

	% Daily Value*
Total Fat 5g	0%
Saturated Fat 5g	0%
Trans Fat 5g	0%
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 14g	5%
Dietary Fiber 5g	0%
Total Sugars 15g	
Includes 7g Added Sugars	14%
Protein 5g	
Vit D 5mg 0% • Calcium 50mg 0%	
Iron 0mg 0% • Potas. 60mg 2%	

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. A diet of 2,000 calories a day is used for general nutrition advice.

**Size:** 2.5 FL. OZ (74mL)  
**UPC:** 0-75455-86266-4  
**Allergens:** NONE  
**Ingredients:** APPLE JUICE (RECONSTITUTED), CORN SYRUP, CANE SUGAR, STABILIZER (GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), NATURAL AND ARTIFICIAL FLAVORS, RED BEET EXTRACT, TURMERIC EXTRACT, SPIRULINA EXTRACT, CITRIC ACID.

**Sour Cherry**

NOT FREE NO ARTIFICIAL FLAVORS NO HIGH FRUCTOSE CORN SYRUP SESAME SEED FREE GLUTEN FREE DAIRY FREE SMART SNACK FACILITY DYES

UPDATED: 02/21/2024

**\$1**

**Rich's ICE CREAM**  
**Cotton Candy Twirl Bar**  
Cotton Candy Artificially Flavored Juice Pop

**Nutrition Facts**  
1 serving per container  
Serving size 1 bar (70g)  
Amount per serving  
**Calories 60**

	% Daily Value*
Total Fat 5g	0%
Saturated Fat 5g	0%
Trans Fat 5g	0%
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 14g	5%
Dietary Fiber 5g	0%
Total Sugars 15g	
Includes 7g Added Sugars	14%
Protein 5g	
Vit D 5mg 0% • Calcium 50mg 0%	
Iron 0mg 0% • Potas. 60mg 2%	

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. A diet of 2,000 calories a day is used for general nutrition advice.

**Size:** 2.5 FL. OZ (74mL)  
**UPC:** 0-75455-86260-2  
**Allergens:** NONE  
**Ingredients:** APPLE JUICE (RECONSTITUTED), CORN SYRUP, CANE SUGAR, STABILIZER (GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), ARTIFICIAL FLAVOR, RED BEET EXTRACT, SPIRULINA EXTRACT.

**Cotton Candy Twirl**

NOT FREE NO ARTIFICIAL FLAVORS NO HIGH FRUCTOSE CORN SYRUP SESAME SEED FREE GLUTEN FREE DAIRY FREE SMART SNACK FACILITY DYES

UPDATED: 02/21/2024

**Rich's ICE CREAM**  
**Strawberry Shortcake Bar**  
Strawberry Shortcake Artificially Flavored Frozen Dairy Snack with Crunch Coating

**Nutrition Facts**  
1 serving per container  
Serving size 1 bar (70g)  
Amount per serving  
**Calories 140**

	% Daily Value*
Total Fat 5g	0%
Saturated Fat 1.5g	0%
Trans Fat 5g	0%
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 23g	0%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 12g Added Sugars	24%
Protein 5g	
Vit D 5mg 0% • Calcium 30mg 0%	
Iron 0mg 0% • Potas. 60mg 0%	

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. A diet of 2,000 calories a day is used for general nutrition advice.

**Size:** 3 FL. OZ (89mL)  
**UPC:** 0-75455-85050-0  
**Allergens:** MILK, WHEAT, SOY  
**Ingredients:** FROZEN DAIRY SNACK: SKIM MILK, WHEY, WATER, CANE SUGAR, CORN SYRUP, MALTODEXTRIN (CORN), BUTTERFAT (CREAM), STABILIZER (MCMG & POLYGLYCERIDES, GUAR GUM, CAROB BEAN GUM, CARRAGEENAN), ARTIFICIAL FLAVOR, RED BEET EXTRACT, CITRIC ACID. COATING: SOYBEAN OIL AND PALM OIL. CRUNCH: WHOLE WHEAT FLOUR, WHEAT FLOUR, SUGAR, VEGETABLE OIL (SOYBEAN AND PALM OIL) CONTAINS 2% OR LESS OF THE FOLLOWING: SOY LECITHIN, SALT, NATURAL FLAVOR, RED BEET EXTRACT, ANNATTO EXTRACT, BAKING SODA.

**Strawberry Shortcake**

NOT FREE NO ARTIFICIAL FLAVORS NO HIGH FRUCTOSE CORN SYRUP SESAME SEED FREE WHOLE OIL GOAN SMART SNACK FACILITY DYES

UPDATED: 02/21/2024