



This institution is an equal opportunity providers



May 2025

# Rye Neck Middle/High School LUNCH MENU

April 28 – May 2

Powering  
potential.

## ENTREE

## PASTA

Offered with Fresh Breads

## GRILL

## PIZZA

## SIDE

	MON	TUES	WED	THURS	FRI
ENTREE	Brunch For Lunch Pancakes, Turkey Sausage	Chicken Tikka Masala with Rice & Warm Pita	Greek Gyro Bar: Chicken or Beef with Pita, Lettuce, Tomato, Onion, Tzatziki, Hummus	Eggplant Parmesan with Warm Biscuit	Fish Tacos Soft Shell Taco with Sriracha Coleslaw
PASTA	Pasta with Garlic & Oil With or without Grilled Chicken	Pasta Bolognese or Marinara	Penne A La Vodka with or without Grilled Chicken	Pasta Primavera with or without Grilled Chicken	Pasta in Alfredo Sauce with or without Grilled Chicken
GRILL	Vegetarian Burger	Pepperoni & Cheese Stromboli	Meatball Parmesan Grinder	Provolone & Mozzarella Cheese Panini	Philly Cheese Steak with Peppers & Onions
PIZZA	Pepper & Onion	White Pizza	Chicken Bacon Ranch	Buffalo Chicken	Pepperoni
SIDE	Hash Browns Roasted Brussel Sprouts French Fries	Quinoa Tabbouleh Sauteed Spinach Roasted Cauliflower French Fries	Roasted Garbanzo Beans Steamed Green Beans French Fries	Sautéed Green Beans Fresh Spinach Salad French Fries	Seasoned Black Beans 3 Blend Veg Mix French Fries Mandarin Orange



All Lunches Include Choice of:  
Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate (no high fructose corn syrup)

### Available Daily

#### Made To Order Deli Bar

All Natural Boar's Head Turkey, Ham, Buffalo Chicken, Grilled Chicken, Assorted Cheese & Toppings  
Served on Choice of Breads, Rolls & Wraps  
\$4.00

#### Made To Order Salad Bar

Fresh Mixed Greens or Romaine, Seasonal Veggies, Choice of Proteins, Toppings and Dressings  
\$4.00

### Pizza/Burgers/Pasta/Daily Features

\$3.00

### Fresh Made Parfaits/Smoothies/Fruit Cups

\$3.00

### Self Serve Salads & Grab and Go Sandwiches

### Rotating Seasonal Fresh Fruit Selection

Kiwi, Pear, Apple, Banana, Orange, Grapefruit, Strawberries, Grapes, Melon

### Additional Daily Vegetable Options May Include

Cucumber Slices, Pepper Strips, Baby Carrots, Bean Salads

For any questions contact the Food Service Department at 914-777-4845

Director- Kaycee Czyzak  
kczynzak@ryeneck.org



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# Rye Neck Middle/High School LUNCH MENU

May 5 - 9

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	MON	TUES	WED	THURS	FRI
ENTREE	Teriyaki Chicken with Vegetable Fried Rice & Scallion	Baked Chicken Breast with Garlic Breadstick	Soft Shell Taco Seasoned Ground Beef, Shredded Cheddar, Salsa, Guacamole, Sour Cream	Burger Bar Beef, Turkey, or Veggie with Bacon, Cheese, Lettuce, Tomato, Onion, Pickle on a Whole Grain Bun	Chicken Parmesan with Garlic Bread
PASTA <small>Offered with Fresh Breads</small>	Pasta with Garlic & Oil with or without Grilled Chicken	Pasta with Choice of Bolognese or Marinara Sauce	Penne A La Vodka with or without Grilled Chicken	Buttered Pasta with or without Grilled Chicken	Alfredo Pasta with or without Chicken Strips
GRILL	Corn & Black Bean Quesadilla	Meatball Parmesan Grinder	Toasted Ham & Cheese Bagel Melt	Chicken Caesar Salad Wrap (Cold)	Tuscan Grill Flatbread
PIZZA	Buffalo Chicken	Pepperoni	Pepperoni Pinwheels	Chicken Bacon Ranch	Pepper & Onion
SIDE	Sautéed Mushrooms Sauteed Peas French Fries	Fresh Corn on the Cob Homemade Coleslaw French Fries	Seasoned Black Bean Roasted Brussel Sprout French Fries	BBQ Vegetarian Beans Steamed Broccoli Sweet Potato Fries	Steamed Green Beans Mixed Vegetable Blend French Fries



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 Served on Choice of Breads, Rolls & Wraps  
 \$4.00  
**Made To Order Salad Bar**  
 Fresh Mixed Greens or Romaine, Seasonal Veggies, Choice of Proteins, Toppings and Dressings  
 \$4.00

Pizza/Burgers/Pasta/Daily Features  
 \$3.00  
**Fresh Made**  
Parfaits/Smoothies/Fruit Cups  
 \$3.00  
Self Serve Salads & Grab and Go Sandwiches

Rotating Seasonal Fresh Fruit Selection  
 Kiwi, Pear, Apple, Banana, Orange, Grapefruit, Strawberries, Grapes, Melon  
**Additional Daily Vegetable Options May Include**  
 Cucumber Slices, Pepper Strips, Baby Carrots, Bean Salads

**All Lunches Include Choice of:**  
 Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate  
 (no high fructose corn syrup)  
 For any questions contact the Food Service Department at 914-777-4845  
 Director- Kaycee Czyzak  
 kczyzak@ryeneck.org

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Powering potential.

ENTREE

PASTA

Offered with Fresh Breads

GRILL

PIZZA

SIDE



Available Daily  
Made To Order Deli Bar  
 All Natural Boar's Head Turkey, Ham, Buffalo Chicken, Grilled Chicken, Assorted Cheese & Toppings Served on Choice of Breads, Rolls & Wraps \$4.00  
Made To Order Salad Bar  
 Fresh Mixed Greens or Romaine, Seasonal Veggies, Choice of Proteins, Toppings and Dressings \$4.00

Pizza/Burgers/Pasta/Daily Features  
 \$3.00  
Fresh Made  
Parfaits/Smoothies/Fruit Cups  
 \$3.00  
Self Serve Salads & Grab and Go Sandwiches

Rotating Seasonal Fresh Fruit Selection  
 Kiwi, Pear, Apple, Banana, Orange, Grapefruit, Strawberries, Grapes, Melon  
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 Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate  
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 kczyzak@ryeneck.org

	MON	TUES	WED	THURS	FRI
ENTREE	Roasted Bone in Chicken with Dipping Sauces Baked Dinner Roll	Chicken Fajitas Whole Grain Tortilla, Seasoned Chicken, Peppers & Onions, Salsa	Chicken Lo Mein with Teriyaki Sauce	Build Your Own Beef Burrito Salsa, Sour Cream, Shredded Cheddar	Breaded Pollock Fish Sticks with Tartar or Cocktail Sauce
PASTA Offered with Fresh Breads	Mac & Cheese	Buttered Pasta with or without Grilled Chicken	Penne Vodka with or without Grilled Chicken	Pasta Primavera with Bread Stick	Pasta with Marinara or Bolognese Sauce
GRILL	Cheese or Pepperoni Calzone	Chicken Caesar Salad Wrap (Served Cold)	Buffalo Chicken & Cheese Wrap	Grilled Cuban Flatbread	Chicken & Cheese Quesadilla
PIZZA	Chicken Ranch	Veggie	Mushroom & Onion	Buffalo Chicken	Meat Lovers
SIDE	Sautéed Spinach & Local Mushrooms Butternut Squash French Fries	Roasted Cauliflower Steamed Green Beans French Fries	Steamed Broccoli Grilled Zucchini French Fries	Mexicali Corn Seasoned Black Beans French Fries	Arugula Salad Roasted Radish French Fries



# May 2025

## Rye Neck Middle/High School LUNCH MENU

May 12 - 16



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May 2025

## Rye Neck Middle/High School LUNCH MENU

May 19 - 23

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	MON	TUES	WED	THURS	FRI
<b>ENTREE</b>	Vegetable Eggroll with Fried Rice & Beef and Broccoli	Chicken and Cheese Quesadilla Salsa, Sour Cream, Guacamole	Boneless Wing Bar Plain, BBQ, or Spicy Southern Biscuit	Tostitos Nachos Seasoned Ground Beef, Tortilla Chips, Shredded Cheddar, Lettuce, Pico de Gallo, Mexicali Rice	
<b>PASTA</b> Offered with Fresh Breads	Baked Ziti	Spaghetti & Meatballs	Mac & Cheese	Pasta with Vodka Sauce with or without Grilled Chicken	<b>School</b>
<b>GRILL</b>	Beef Burrito with Rice, Beans & Cheese	Pepperoni Stromboli	Sausage, Peppers & Onions on Whole Grain Club Roll	Toasted Ham & Cheese Bagel Melt	<b>Closed</b>
<b>PIZZA</b>	Buffalo Chicken	Chicken Ranch	Meat Lovers	Pepperoni	
<b>SIDES</b>	Steamed Edamame Sautéed Carrots French Fries	Sautéed Corn Butternut Squash French Fries	Carrot & Celery Sticks Steamed Broccoli French Fries	Seasoned Black Beans Roasted Brussel Sprouts French Fries	

**aramark**  
STUDENT  
NUTRITION

### Available Daily

#### Made To Order Deli Bar

All Natural Boar's Head Turkey, Ham, Buffalo Chicken, Grilled Chicken, Assorted Cheese & Toppings Served on Choice of Breads, Rolls & Wraps  
\$4.00

#### Made To Order Salad Bar

Fresh Mixed Greens or Romaine, Seasonal Veggies, Choice of Proteins, Toppings and Dressings  
\$4.00

### Pizza/Burgers/Pasta/Daily Feature

\$3.00

### Fresh Made Parfaits/Smoothies/Fruit

Cups

\$3.00

### Self Serve Salads & Grab and Go

### Sandwiches

### Rotating Seasonal Fresh Fruit Selection

Kiwi, Pear, Apple, Banana, Orange, Grapefruit, Strawberries, Grapes, Melon

### Additional Daily Vegetable Options May Include

Cucumber Slices, Pepper Strips, Baby Carrots, Bean Salads

All Lunches Include Choice of:

Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate  
(no high fructose corn syrup)

For any questions contact the Food Service Department at 914-777-4845

Director- Kaycee Czyzak  
kczynak@ryneck.org





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# May 2025

## Rye Neck Middle/High School LUNCH MENU

May 26 - 30

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### ENTREE

### PASTA

Offered with Fresh Breads

### GRILL

### PIZZA

### SIDE

**aramark**  
STUDENT  
NUTRITION

	MON	TUES	WED	THURS	FRI
ENTREE		Brunch for Lunch French Toast, Turkey Sausage, Warm Berry Compote	Curry Chicken with Rice and Warmed Pita Bread	BBQ or Plain Pulled Pork Sandwich on Whole Grain Bun	General Tso Chicken with Vegetable Fried Rice
PASTA	<b>Memorial Day</b>	Pasta with Garlic & Oil with or without Grilled Chicken	Alfredo Pasta with or without Grilled Chicken	Spaghetti & Meatballs	Butter Pasta with or without Chicken Cutlet
GRILL		Breaded Chicken Cutlet BLT on Kaiser Roll	Grilled Vegetable Panini	Ham & Cheese Bagel Melt	Sausage & Peppers on Whole Grain Roll
PIZZA	<b>School Closed</b>	White Pizza	Sausage	Pepper & Onion	Pepperoni
SIDE		Tater Tots Sautéed Carrots French Fries	Roasted Garbanzo Beans Sautéed Spinach French Fries	Homemade Coleslaw Golden Corn French Fries	Steamed Broccoli Roasted Red Pepper Strips Sweet Potato Fries



#### Available Daily

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All Natural Boar's Head Turkey, Ham, Buffalo Chicken,  
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Served on Choice of Breads, Rolls & Wraps  
\$4.00

#### Made To Order Salad Bar

Fresh Mixed Greens or Romaine, Seasonal Veggies,  
Choice of Proteins, Toppings and Dressings  
\$4.00

#### Pizza/Burgers/Pasta/Daily Feature

\$3.00

#### Fresh Made

#### Parfaits/Smoothies/Fruit Cups

\$3.00

#### Self Serve Salads & Grab and Go

#### Sandwiches

#### Rotating Seasonal Fresh Fruit Selection

Kiwi, Pear, Apple, Banana,  
Orange, Grapefruit, Strawberries,  
Grapes, Melon

#### Additional Daily Vegetable

#### Options May Include

Cucumber Slices, Pepper Strips,  
Baby Carrots, Bean Salads

All Lunches Include Choice of:  
Whole Grains, Meat/Meat  
Alternative, Vegetables, Fresh  
Fruit, 100% Juice and 1% White,  
Skim White or Skim Chocolate  
(no high fructose corn syrup)

For any questions contact the Food

Service Department at

914-777-4845

Director- Kaycee Czyzak

kcczyzak@ryeneck.org